2026 Commonwealth Cup - 11/6/2026 to 11/8/2026

Session Report

Session: 1A Friday Prelims

Day of Meet: 1 Starts at 08:30 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round		Event	Entries	Heats		Starts at	
Prelims	1	Women 13 & Over 200 Freestyle	132	17	u	08:30 AM	_____
Prelims	2	Men 13 & Over 200 Freestyle	146	19	u	09:11 AM	_____
Prelims	3	Women 13 & Over 50 Backstroke	85	11	u	09:52 AM	_____
Prelims	4	Men 13 & Over 50 Backstroke	66	9	u	10:04 AM	_____
Prelims	5	Women 13 & Over 100 Breaststroke	86	11	u	10:14 AM	_____
Prelims	6	Men 13 & Over 100 Breaststroke	86	11	u	10:30 AM	_____
Prelims	7	Women 13 & Over 100 Butterfly	113	15	u	10:46 AM	_____
Prelims	8	Men 13 & Over 100 Butterfly	117	15	u	11:07 AM	_____
		Swimmers Counts for Warm-ups: 432	====	====			
		Entry / Heat Totals:	831	108			
		Finish Time				11:26 AM	_____

Session: 1C 400 IM - Boys Pool

Day of Meet: 1 Starts at 11:31 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round		Event	Entries	Heats		Starts at	
Prelims	10	Men 13 & Over 400 IM	57	8	u	11:31 AM	_____
Finals-S	12	Men 13 & Over 800 Freestyle Relay	10	2	u	12:09 PM	_____
		Swimmers Counts for Warm-ups: 89	====	====			
		Entry / Heat Totals:	67	10			
		Finish Time				12:24 PM	_____

Session: 1B 400 IM - Girls Pool

Day of Meet: 1 Starts at 11:32 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round		Event	Entries	Heats		Starts at	
Prelims	9	Women 13 & Over 400 IM	55	7	u	11:32 AM	_____
Finals-S	11	Women 13 & Over 800 Freestyle Relay	9	2	u	12:09 PM	_____
		Swimmers Counts for Warm-ups: 90	====	====			
		Entry / Heat Totals:	64	9			
		Finish Time				12:26 PM	_____

2026 Commonwealth Cup - 11/6/2026 to 11/8/2026

Session Report

Session: 2 Friday Finals

Day of Meet: 1 Starts at 05:30 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	1	Women 13 & Over 200 Freestyle	40	5 u	05:30 PM	_____
Finals	2	Men 13 & Over 200 Freestyle	40	5 u	05:45 PM	_____
Finals	3	Women 13 & Over 50 Backstroke	40	5 u	05:59 PM	_____
Finals	4	Men 13 & Over 50 Backstroke	40	5 u	06:07 PM	_____
Finals	5	Women 13 & Over 100 Breaststroke	40	5 u	06:16 PM	_____
Finals	6	Men 13 & Over 100 Breaststroke	40	5 u	06:26 PM	_____
Finals	7	Women 13 & Over 100 Butterfly	40	5 u	06:36 PM	_____
Finals	8	Men 13 & Over 100 Butterfly	40	5 u	06:46 PM	_____
Finals	9	Women 13 & Over 400 IM	24	3 u	06:55 PM	_____
Finals	10	Men 13 & Over 400 IM	24	3 u	07:12 PM	_____
		Break: 5 Minutes:				
Finals-1	11	Women 13 & Over 800 Freestyle Relay	8	1 u	07:32 PM	_____
Finals-1	12	Men 13 & Over 800 Freestyle Relay	8	1 u	07:42 PM	_____
		Swimmers Counts for Warm-ups: 248	====	====		
		Entry / Heat Totals:	384	48		
		Finish Time			07:50 PM	_____

Session: 3A Saturday Prelims

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	13	Women 13 & Over 200 Freestyle Relay	22	3 u	08:30 AM	_____
Finals	14	Men 13 & Over 200 Freestyle Relay	22	3 u	08:37 AM	_____
		Break: 5 Minutes:				
Prelims	15	Women 13 & Over 200 Butterfly	66	9 u	08:47 AM	_____
Prelims	16	Men 13 & Over 200 Butterfly	64	8 u	09:11 AM	_____
Prelims	17	Women 13 & Over 50 Freestyle	163	21 u	09:30 AM	_____
Prelims	18	Men 13 & Over 50 Freestyle	148	19 u	09:47 AM	_____
Prelims	19	Women 13 & Over 200 Breaststroke	86	11 u	10:00 AM	_____
Prelims	20	Men 13 & Over 200 Breaststroke	79	10 u	10:32 AM	_____
Prelims	21	Women 13 & Over 100 Backstroke	127	16 u	10:59 AM	_____
Prelims	22	Men 13 & Over 100 Backstroke	98	13 u	11:25 AM	_____
		Swimmers Counts for Warm-ups: 470	====	====		
		Entry / Heat Totals:	875	113		
		Finish Time			11:45 AM	_____

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Session Report

Session: 3C 500 Free - Boys Pool

Day of Meet: 2 Starts at 11:49 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Prelims	24	Men 13 & Over 500 Freestyle	103	13 u	11:49 AM	_____
Finals-S	26	Men 13 & Over 400 Medley Relay	6	1 u	12:59 PM	_____
		Swimmers Counts for Warm-ups: 129	====	====		
		Entry / Heat Totals:	109	14		
		Finish Time			01:03 PM	_____

Session: 3B 500 Free - Girls Pool

Day of Meet: 2 Starts at 11:50 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Prelims	23	Women 13 & Over 500 Freestyle	84	11 u	11:50 AM	_____
Finals-S	25	Women 13 & Over 400 Medley Relay	4	1 u	12:54 PM	_____
		Swimmers Counts for Warm-ups: 113	====	====		
		Entry / Heat Totals:	88	12		
		Finish Time			12:58 PM	_____

Session: 4 Saturday Finals

Day of Meet: 2 Starts at 05:30 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	15	Women 13 & Over 200 Butterfly	40	5 u	05:30 PM	_____
Finals	16	Men 13 & Over 200 Butterfly	40	5 u	05:46 PM	_____
Finals	17	Women 13 & Over 50 Freestyle	40	5 u	06:01 PM	_____
Finals	18	Men 13 & Over 50 Freestyle	40	5 u	06:08 PM	_____
Finals	19	Women 13 & Over 200 Breaststroke	40	5 u	06:15 PM	_____
Finals	20	Men 13 & Over 200 Breaststroke	40	5 u	06:32 PM	_____
Finals	21	Women 13 & Over 100 Backstroke	40	5 u	06:48 PM	_____
Finals	22	Men 13 & Over 100 Backstroke	40	5 u	07:00 PM	_____
Finals	23	Women 13 & Over 500 Freestyle	24	3 u	07:10 PM	_____
Finals	24	Men 13 & Over 500 Freestyle	24	3 u	07:28 PM	_____
		Break: 5 Minutes:				
Finals-2	25	Women 13 & Over 400 Medley Relay	16	2 u	07:50 PM	_____
Finals-2	26	Men 13 & Over 400 Medley Relay	16	2 u	08:01 PM	_____
		Swimmers Counts for Warm-ups: 265	====	====		
		Entry / Heat Totals:	400	50		
		Finish Time			08:11 PM	_____

2026 Commonwealth Cup - 11/6/2026 to 11/8/2026

Session Report

Session: 5A Sunday Prelims

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	27	Women 13 & Over 200 Medley Relay	22	3 u	08:30 AM	_____
Finals	28	Men 13 & Over 200 Medley Relay	23	3 u	08:38 AM	_____
		Break: 5 Minutes:				
Prelims	29	Women 13 & Over 200 Backstroke	82	11 u	08:50 AM	_____
Prelims	30	Men 13 & Over 200 Backstroke	70	9 u	09:21 AM	_____
Prelims	31	Women 13 & Over 50 Breaststroke	89	12 u	09:46 AM	_____
Prelims	32	Men 13 & Over 50 Breaststroke	62	8 u	09:56 AM	_____
Prelims	33	Women 13 & Over 100 Freestyle	154	20 u	10:03 AM	_____
Prelims	34	Men 13 & Over 100 Freestyle	152	19 u	10:29 AM	_____
Prelims	35	Women 13 & Over 200 IM	116	15 u	10:51 AM	_____
Prelims	36	Men 13 & Over 200 IM	111	14 u	11:31 AM	_____
Prelims	37	Women 13 & Over 50 Butterfly	132	17 u	12:05 PM	_____
Prelims	38	Men 13 & Over 50 Butterfly	98	13 u	12:18 PM	_____
		Break: 5 Minutes:				
Finals-S	39	Women 13 & Over 400 Freestyle Relay	4	1 u	12:33 PM	_____
Finals-S	40	Men 13 & Over 400 Freestyle Relay	7	1 u	12:37 PM	_____
		Swimmers Counts for Warm-ups: 475	====	====		
		Entry / Heat Totals:	1,122	146		
		Finish Time			12:41 PM	_____

Session: 5C 1650 Free - Boys Pool

Day of Meet: 3 Starts at 01:20 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	42	Men 13 & Over 1650 Freestyle	53	7 u	01:20 PM	_____
		Swimmers Counts for Warm-ups: 53	====	====		
		Entry / Heat Totals:	53	7		
		Finish Time			03:25 PM	_____

Session: 5B 1650 Free - Girls Pool

Day of Meet: 3 Starts at 01:21 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	41	Women 13 & Over 1650 Freestyle	41	6 u	01:21 PM	_____
		Swimmers Counts for Warm-ups: 41	====	====		
		Entry / Heat Totals:	41	6		
		Finish Time			03:16 PM	_____

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Session Report

Session: 6 Sunday Finals

Day of Meet: 3 Starts at 04:30 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round		Event	Entries	Heats		Starts at	
Finals	29	Women 13 & Over 200 Backstroke	40	5	u	04:30 PM	_____
Finals	30	Men 13 & Over 200 Backstroke	40	5	u	04:47 PM	_____
Finals	31	Women 13 & Over 50 Breaststroke	40	5	u	05:03 PM	_____
Finals	32	Men 13 & Over 50 Breaststroke	40	5	u	05:11 PM	_____
Finals	33	Women 13 & Over 100 Freestyle	40	5	u	05:18 PM	_____
Finals	34	Men 13 & Over 100 Freestyle	40	5	u	05:28 PM	_____
Finals	35	Women 13 & Over 200 IM	40	5	u	05:37 PM	_____
Finals	36	Men 13 & Over 200 IM	40	5	u	05:53 PM	_____
Finals	37	Women 13 & Over 50 Butterfly	40	5	u	06:07 PM	_____
Finals	38	Men 13 & Over 50 Butterfly	40	5	u	06:15 PM	_____
		Break: 5 Minutes:					
Finals-2	39	Women 13 & Over 400 Freestyle Relay	16	2	u	06:27 PM	_____
Finals-2	40	Men 13 & Over 400 Freestyle Relay	16	2	u	06:36 PM	_____
		Swimmers Counts for Warm-ups: 260	====	====			
		Entry / Heat Totals:	432	54			
		Finish Time				06:45 PM	_____