2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 1 Women 13 & Over 200 Yard Freestyle

Meet Record: **1:47.14 ! 11/3/2023 Nicole Venema TIDE -VA**
1:49.09 WJR USA-S Winter JRs
1:52.29 FUT USA-S Futures
1:55.69 YNAT YMCA SCY Nationals
1:58.99 VSR VSI SR Champs

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	Venema, Nicole	22	Tide Swimming	1:53.03	1:47.14 !	WJR
	24.98	51.97 (26.99)	1:19.60 (27.63)	1:47.14 (27.54)		
2	Callis, Emerson	15	Quest Swimming	1:50.57	1:50.08	FUT
	26.16	54.20 (28.04)	1:22.46 (28.26)	1:50.08 (27.62)		
3	Vernon, Allison	15	Quest Swimming	1:52.18	1:50.41	FUT
	26.21	54.31 (28.10)	1:22.70 (28.39)	1:50.41 (27.71)		
4	Duffy, Kayleigh	18	Tide Swimming	1:51.00	1:51.08	FUT
	25.96	54.36 (28.40)	1:22.75 (28.39)	1:51.08 (28.33)		
5	Duffy, Dara	16	Tide Swimming	1:53.30	1:52.78	YNAT
	26.54	54.93 (28.39)	1:23.74 (28.81)	1:52.78 (29.04)		
6	Canada, Raegan	16	Quest Swimming	1:52.53	1:53.21	YNAT
	26.91	55.40 (28.49)	1:23.97 (28.57)	1:53.21 (29.24)		
7	Teague, Sara	16	Tide Swimming	1:54.70	1:54.16	YNAT
	26.83	55.86 (29.03)	1:24.95 (29.09)	1:54.16 (29.21)		
8	Sherman, Lila	14	The Fish	1:54.43	1:54.51	YNAT
	26.31	55.35 (29.04)	1:25.24 (29.89)	1:54.51 (29.27)		
B - Final						
9	Perry, Sophie	16	YMCA of the Triangle Area	1:55.31	1:53.59	YNAT
	27.17	56.18 (29.01)	1:24.98 (28.80)	1:53.59 (28.61)		
10	Strickland, Virginia	14	The Fish	1:54.78	1:54.14	YNAT
	26.78	55.41 (28.63)	1:24.70 (29.29)	1:54.14 (29.44)		
11	Wells, Sara	16	Cavalier Aquatics - Piedmont Y	1:57.25	1:55.11	YNAT
	26.81	56.01 (29.20)	1:25.54 (29.53)	1:55.11 (29.57)		
12	Cosner, Emerson	17	Quest Swimming	1:56.18	1:56.49	VSR
	27.19	56.98 (29.79)	1:26.91 (29.93)	1:56.49 (29.58)		
13	McCardle, Grace	17	Battlefiels Area Star Swimmers	1:57.14	1:56.99	VSR
	26.69	55.85 (29.16)	1:25.93 (30.08)	1:56.99 (31.06)		
14	Nicholson, Lucille	16	Cavalier Aquatics - Piedmont Y	1:57.17	1:57.26	VSR
	27.78	57.90 (30.12)	1:27.88 (29.98)	1:57.26 (29.38)		
15	Ayres, Meghan	13	Cavalier Aquatics - Piedmont Y	1:56.36	1:57.41	VSR
	27.38	56.74 (29.36)	1:27.49 (30.75)	1:57.41 (29.92)		
16	Duffy, Savannah	14	Stingrays Swim Team	1:57.12	2:01.00	
	27.22	57.26 (30.04)	1:29.57 (32.31)	2:01.00 (31.43)		
C - Final						
17	Kohler, Sofia	17	Tide Swimming	1:57.56	1:55.27	YNAT
	27.05	56.21 (29.16)	1:25.79 (29.58)	1:55.27 (29.48)		
18	Gahagan, Maggie	17	Tide Swimming	1:57.78	1:56.06	VSR
	27.29	56.82 (29.53)	1:26.91 (30.09)	1:56.06 (29.15)		
19	Rawlins, Afsana	16	Tide Swimming	1:57.73	1:56.54	VSR
	27.41	57.19 (29.78)	1:27.02 (29.83)	1:56.54 (29.52)		
20	Jones, London	16	Stingrays Swim Team	1:57.53	1:57.02	VSR
	27.66	57.36 (29.70)	1:27.04 (29.68)	1:57.02 (29.98)		
21	Sowers, Samantha	16	Stingrays Swim Team	1:57.93	1:57.36	VSR
	27.02	56.28 (29.26)	1:26.21 (29.93)	1:57.36 (31.15)		
22	Wright, Margaret Ann	15	Tide Swimming	1:57.62	1:57.54	VSR
	27.76	57.53 (29.77)	1:27.73 (30.20)	1:57.54 (29.81)		

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Results

C - Final ... (Event 1 Women 13 & Over 200 Yard Freestyle)

	Name	Age	Team	Prelim Time	Finals Time	
23	Scherer, Anne	16	Cavalier Aquatics - Piedmont Y	1:57.87	1:57.95	VSR
	27.64	57.65 (30.01)	1:27.93 (30.28)	1:57.95 (30.02)		
24	Brown, Sarah	18	Quest Swimming	1:57.95	1:58.46	VSR
	27.97	58.06 (30.09)	1:28.57 (30.51)	1:58.46 (29.89)		

D - Final

25	Meyer, Amelie	14	Cavalier Aquatics - Piedmont Y	1:57.95	1:56.63	VSR
	26.71	56.64 (29.93)	1:26.96 (30.32)	1:56.63 (29.67)		
26	Holt, Ann-Margaret	14	Lynchburg YMCA	2:01.08	1:57.83	VSR
	28.17	58.07 (29.90)	1:28.35 (30.28)	1:57.83 (29.48)		
27	Snyder, Paige	14	YMCA of the Triangle Area	2:02.47	2:00.68	
	28.20	59.54 (31.34)	1:30.66 (31.12)	2:00.68 (30.02)		
28	Walker, Madison	14	SwimRVA	2:00.20	2:01.05	
	27.83	58.38 (30.55)	1:29.88 (31.50)	2:01.05 (31.17)		
29	Eubanks, Leah	13	The Fish	2:01.99	2:01.17	
	28.42	59.15 (30.73)	1:30.31 (31.16)	2:01.17 (30.86)		
30	Durrette, Sierra	13	SwimRVA	2:02.00	2:01.89	
	28.31	59.64 (31.33)	1:31.27 (31.63)	2:01.89 (30.62)		
31	Seward, Ella	14	SwimRVA	2:01.72	2:02.19	
	28.61	59.68 (31.07)	1:31.41 (31.73)	2:02.19 (30.78)		
32	Baker, Haley	13	SwimRVA	2:02.05	2:02.68	
	28.64	59.77 (31.13)	1:31.61 (31.84)	2:02.68 (31.07)		

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Meet Record: **1:47.14** **!** **11/3/2023** **Nicole Venema** **TIDE -VA**
1:49.09 **WJR USA-S Winter JRs**
1:52.29 **FUT USA-S Futures**
1:55.69 **YNAT YMCA SCY Nationals**
1:58.99 **VSR VSI SR Champs**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Callis, Emerson	15	Quest Swimming	1:51.06	1:50.57	qFUT
	26.24	54.07 (27.83)	1:22.25 (28.18)	1:50.57 (28.32)		
2	Duffy, Kayleigh	18	Tide Swimming	1:50.77	1:51.00	qFUT
	25.71	53.91 (28.20)	1:22.36 (28.45)	1:51.00 (28.64)		
3	Vernon, Allison	15	Quest Swimming	1:51.87	1:52.18	qFUT
	26.83	55.89 (29.06)	1:24.30 (28.41)	1:52.18 (27.88)		
4	Canada, Raegan	16	Quest Swimming	1:50.56	1:52.53	qYNAT
	27.06	56.32 (29.26)	1:24.58 (28.26)	1:52.53 (27.95)		
5	Venema, Nicole	22	Tide Swimming	1:44.79	1:53.03	qYNAT
	25.82	54.51 (28.69)	1:23.85 (29.34)	1:53.03 (29.18)		
6	Duffy, Dara	16	Tide Swimming	1:50.48	1:53.30	qYNAT
	26.45	54.77 (28.32)	1:23.67 (28.90)	1:53.30 (29.63)		
7	Sherman, Lila	14	The Fish	1:54.25	1:54.43	qYNAT
	26.71	55.98 (29.27)	1:25.51 (29.53)	1:54.43 (28.92)		
8	Teague, Sara	16	Tide Swimming	1:53.31	1:54.70	qYNAT
	27.13	56.28 (29.15)	1:25.33 (29.05)	1:54.70 (29.37)		
9	Strickland, Virginia	14	The Fish	1:54.48	1:54.78	qYNAT
	26.54	55.35 (28.81)	1:24.94 (29.59)	1:54.78 (29.84)		
10	Perry, Sophie	16	YMCA of the Triangle Area	1:53.65	1:55.31	qYNAT
	27.56	57.53 (29.97)	1:26.71 (29.18)	1:55.31 (28.60)		
11	Cosner, Emerson	17	Quest Swimming	1:54.23	1:56.18	qVSR
	27.07	56.07 (29.00)	1:26.05 (29.98)	1:56.18 (30.13)		
12	Ayres, Meghan	13	Cavalier Aquatics - Piedmont Y	1:54.51	1:56.36	qVSR
	26.60	55.63 (29.03)	1:25.62 (29.99)	1:56.36 (30.74)		
13	Duffy, Savannah	14	Stingrays Swim Team	1:57.57	1:57.12	qVSR
	27.21	57.01 (29.80)	1:27.26 (30.25)	1:57.12 (29.86)		
14	McCardle, Grace	17	Battlefiels Area Star Swimmers	1:52.50	1:57.14	qVSR
	26.95	56.08 (29.13)	1:26.09 (30.01)	1:57.14 (31.05)		
15	Nicholson, Lucille	16	Cavalier Aquatics - Piedmont Y	1:57.16	1:57.17	qVSR
	27.62	57.42 (29.80)	1:27.47 (30.05)	1:57.17 (29.70)		
16	Wells, Sara	16	Cavalier Aquatics - Piedmont Y	1:55.03	1:57.25	qVSR
	26.95	56.89 (29.94)	1:27.19 (30.30)	1:57.25 (30.06)		
17	Jones, London	16	Stingrays Swim Team	1:56.44	1:57.53	qVSR
	27.49	56.83 (29.34)	1:26.77 (29.94)	1:57.53 (30.76)		
18	Davis, Grey	17	Battlefiels Area Star Swimmers	1:52.27	1:57.55	qVSR
	26.34	55.74 (29.40)	1:26.97 (31.23)	1:57.55 (30.58)		
19	Kohler, Sofia	17	Tide Swimming	1:54.64	1:57.56	qVSR
	27.63	57.37 (29.74)	1:27.53 (30.16)	1:57.56 (30.03)		
20	Wright, Margaret Ann	15	Tide Swimming	1:57.65	1:57.62	qVSR
	27.87	57.92 (30.05)	1:27.89 (29.97)	1:57.62 (29.73)		
21	Rawlins, Afsana	16	Tide Swimming	1:56.71	1:57.73	qVSR
	27.25	56.98 (29.73)	1:27.35 (30.37)	1:57.73 (30.38)		
22	Gahagan, Maggie	17	Tide Swimming	1:55.84	1:57.78	qVSR
	27.52	57.34 (29.82)	1:27.88 (30.54)	1:57.78 (29.90)		
23	Scherer, Anne	16	Cavalier Aquatics - Piedmont Y	2:00.49	1:57.87	qVSR
	28.14	57.91 (29.77)	1:28.16 (30.25)	1:57.87 (29.71)		

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Results

Preliminaries ... (Event 1 Women 13 & Over 200 Yard Freestyle)

	Name	Age	Team	Seed Time	Prelim Time	
24	Sowers, Samantha	16	Stingrays Swim Team	1:55.24	1:57.93	qVSR
	26.92	56.42 (29.50)	1:26.96 (30.54)	1:57.93 (30.97)		
25	Brown, Sarah	18	Quest Swimming	1:57.15	1:57.95	qVSR
	28.11	57.86 (29.75)	1:28.08 (30.22)	1:57.95 (29.87)		
26	Meyer, Amelie	14	Cavalier Aquatics - Piedmont Y	1:56.23	J1:57.95	qVSR
	26.67	56.89 (30.22)	1:27.69 (30.80)	1:57.95 (30.26)		
27	Gallant, Emma	15	Tide Swimming	2:00.37	1:57.97	qVSR
	27.65	57.30 (29.65)	1:28.08 (30.78)	1:57.97 (29.89)		
28	Phillips, Lily	15	Cavalier Aquatics - Piedmont Y	1:56.96	1:58.01	qVSR
	28.40	58.94 (30.54)	1:28.74 (29.80)	1:58.01 (29.27)		
29	Brecke, Avery	15	Tide Swimming	1:59.06	1:58.09	qVSR
	27.55	57.72 (30.17)	1:28.56 (30.84)	1:58.09 (29.53)		
30	Shaps, Katherine	15	Battlefiels Area Star Swimmers	1:55.54	1:58.63	qVSR
	27.87	57.93 (30.06)	1:28.61 (30.68)	1:58.63 (30.02)		
31	Grabowski, Arielle	16	Stingrays Swim Team	1:59.23	1:59.04	q
	27.70	57.92 (30.22)	1:28.60 (30.68)	1:59.04 (30.44)		
32	Ix, Sara	17	Quest Swimming	1:58.22	1:59.16	q
	28.30	58.57 (30.27)	1:29.10 (30.53)	1:59.16 (30.06)		
33	Smith, Breanna	17	YMCA of the Triangle Area	1:55.69	1:59.44	
	27.90	58.08 (30.18)	1:28.81 (30.73)	1:59.44 (30.63)		
34	Witthoefft, Charlotte	15	Quest Swimming	1:59.67	1:59.54	
	28.07	58.23 (30.16)	1:29.01 (30.78)	1:59.54 (30.53)		
35	Rawlins, Sohalya	16	Tide Swimming	1:57.83	1:59.82	
	27.95	58.09 (30.14)	1:28.69 (30.60)	1:59.82 (31.13)		
36	Hoover, Davia	17	Stingrays Swim Team	2:02.13	1:59.92	
	27.56	58.12 (30.56)	1:29.23 (31.11)	1:59.92 (30.69)		
37	Womble, Peyton	15	YMCA of the Triangle Area	2:01.02	2:00.19	
	27.96	58.87 (30.91)	1:29.68 (30.81)	2:00.19 (30.51)		
*38	O'Keefe, Paige	17	YMCA of the Triangle Area	1:55.06	2:00.20	
	28.07	58.19 (30.12)	1:29.00 (30.81)	2:00.20 (31.20)		
*38	Walker, Madison	14	SwimRVA	2:02.05	2:00.20	
	28.14	58.57 (30.43)	1:29.58 (31.01)	2:00.20 (30.62)		
40	Roberts, Addyson	17	Tide Swimming	1:58.44	2:00.31	
	28.02	58.41 (30.39)	1:29.40 (30.99)	2:00.31 (30.91)		
41	Stein, Abigail	16	The Fish	2:00.24	2:00.32	
	28.04	58.81 (30.77)	1:29.97 (31.16)	2:00.32 (30.35)		
42	Eberle, Layla	15	Tide Swimming	1:58.55	2:00.64	
	28.45	58.67 (30.22)	1:30.09 (31.42)	2:00.64 (30.55)		
43	Kryszon, Madison	17	Quest Swimming	1:56.70	2:00.71	
	28.29	58.62 (30.33)	1:29.78 (31.16)	2:00.71 (30.93)		
44	Taylor, Avery	16	Tide Swimming	1:59.22	2:00.84	
	27.47	57.90 (30.43)	1:29.19 (31.29)	2:00.84 (31.65)		
45	Brown, Scotia	17	YMCA of the Triangle Area	2:04.01	2:00.85	
	27.96	58.68 (30.72)	1:30.16 (31.48)	2:00.85 (30.69)		
46	Barrett, Calista	15	Stingrays Swim Team	2:00.83	2:00.95	
	28.05	58.52 (30.47)	1:29.75 (31.23)	2:00.95 (31.20)		
47	Ismailova, Diana	15	Cavalier Aquatics - Piedmont Y	1:57.80	2:00.99	
	27.76	58.21 (30.45)	1:29.67 (31.46)	2:00.99 (31.32)		
48	Gentile, Morgan	17	YMCA of the Triangle Area	1:59.44	2:01.00	
	28.06	58.17 (30.11)	1:29.45 (31.28)	2:01.00 (31.55)		
49	Pogorzelski, Camryn Elise	15	Tide Swimming	2:00.41	2:01.06	
	28.17	58.78 (30.61)	1:29.91 (31.13)	2:01.06 (31.15)		

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Preliminaries ... (Event 1 Women 13 & Over 200 Yard Freestyle)

	Name	Age	Team	Seed Time	Prelim Time
50	Holt, Ann-Margaret	14	Lynchburg YMCA	2:00.82	2:01.08
	28.56	58.97 (30.41)	1:29.93 (30.96)	2:01.08 (31.15)	
51	Seward, Ella	14	SwimRVA	2:01.22	2:01.72
	28.19	59.00 (30.81)	1:30.82 (31.82)	2:01.72 (30.90)	
52	Pirone, Luca	16	YMCA of the Triangle Area	1:57.02	2:01.85
	27.72	57.83 (30.11)	1:29.35 (31.52)	2:01.85 (32.50)	
53	Eubanks, Leah	13	The Fish	2:01.93	2:01.99
	28.33	58.98 (30.65)	1:30.76 (31.78)	2:01.99 (31.23)	
54	Durrette, Sierra	13	SwimRVA	2:01.31	2:02.00
	27.82	58.51 (30.69)	1:30.04 (31.53)	2:02.00 (31.96)	
55	Woolley, Jamison	17	Tide Swimming	2:03.19	2:02.04
	28.36	59.19 (30.83)	1:30.90 (31.71)	2:02.04 (31.14)	
56	Baker, Haley	13	SwimRVA	2:02.81	2:02.05
	29.14	1:00.10 (30.96)	1:31.66 (31.56)	2:02.05 (30.39)	
57	Mierenfeld, Ellie	15	SwimRVA	2:02.52	2:02.08
	28.57	59.79 (31.22)	1:31.67 (31.88)	2:02.08 (30.41)	
58	Schmidt, Meghan	18	SwimRVA	1:58.25	2:02.35
	28.97	59.87 (30.90)	1:30.90 (31.03)	2:02.35 (31.45)	
59	Thesing, Holly	17	YMCA of the Triangle Area	1:59.72	2:02.40
	28.91	59.86 (30.95)	1:31.07 (31.21)	2:02.40 (31.33)	
60	Schoenfeld, Elyse	15	Tide Swimming	2:02.03	2:02.44
	27.50	58.52 (31.02)	1:30.87 (32.35)	2:02.44 (31.57)	
61	Snyder, Paige	14	YMCA of the Triangle Area	2:00.24	2:02.47
	28.06	58.86 (30.80)	1:30.67 (31.81)	2:02.47 (31.80)	
62	Hinton, Carter	16	Quest Swimming	2:01.17	2:02.61
	28.38	59.28 (30.90)	1:30.53 (31.25)	2:02.61 (32.08)	
63	Fishburn, Poppy	14	YMCA of the Triangle Area	2:03.43	2:02.79
	28.81	59.95 (31.14)	1:31.88 (31.93)	2:02.79 (30.91)	
64	Organ, Macy	16	YMCA of the Triangle Area	2:01.54	2:03.08
	27.42	57.33 (29.91)	1:28.88 (31.55)	2:03.08 (34.20)	
65	Giroud, Caroline	16	Tide Swimming	2:00.53	2:03.25
	28.78	59.52 (30.74)	1:31.55 (32.03)	2:03.25 (31.70)	
66	Miller, Molly	16	Stingrays Swim Team	1:55.68	2:03.72
	28.16	59.26 (31.10)	1:31.07 (31.81)	2:03.72 (32.65)	
67	Rancka, Hadley	14	SwimRVA	2:05.29	2:04.30
	27.65	59.13 (31.48)	1:31.53 (32.40)	2:04.30 (32.77)	
68	Vernon, Anne	17	Quest Swimming	1:59.87	2:04.47
	29.35	1:00.56 (31.21)	1:32.84 (32.28)	2:04.47 (31.63)	
69	Lange, Campbell	13	YMCA of the Triangle Area	2:06.61	2:04.70
	28.53	1:00.22 (31.69)	1:32.84 (32.62)	2:04.70 (31.86)	
70	Hodulik, Sydney	16	YMCA of the Triangle Area	2:03.59	2:04.71
	28.50	59.57 (31.07)	1:32.25 (32.68)	2:04.71 (32.46)	
71	Moore, Morgan	18	Stingrays Swim Team	2:02.41	2:04.78
	29.42	1:01.18 (31.76)	1:33.02 (31.84)	2:04.78 (31.76)	
72	Rogerson, Annika	16	SwimRVA	2:06.08	2:04.80
	28.01	1:00.08 (32.07)	1:33.03 (32.95)	2:04.80 (31.77)	
73	Mears, Annalise	16	SwimRVA	2:02.45	2:04.89
	28.69	59.92 (31.23)	1:32.14 (32.22)	2:04.89 (32.75)	
74	Smithson, Parker	14	Quest Swimming	2:08.27	2:05.02
	29.27	1:01.00 (31.73)	1:33.21 (32.21)	2:05.02 (31.81)	
75	Webb, Elizabeth	13	Lynchburg YMCA	2:04.96	2:05.05
	28.66	1:00.56 (31.90)	1:32.92 (32.36)	2:05.05 (32.13)	
76	Lerch, Savannah	13	Stingrays Swim Team	2:04.92	2:05.07
	29.17	1:00.74 (31.57)	1:33.05 (32.31)	2:05.07 (32.02)	

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Preliminaries ... (Event 1 Women 13 & Over 200 Yard Freestyle)

	Name	Age	Team	Seed Time	Prelim Time
77	Timmons, Madeline	17	Tide Swimming	2:02.93	2:05.14
	28.48	1:00.31 (31.83)	1:32.87 (32.56)	2:05.14 (32.27)	
78	Musto, Bernadette	16	Tide Swimming	2:00.11	2:05.36
	28.15	59.65 (31.50)	1:32.43 (32.78)	2:05.36 (32.93)	
79	Zimmer, Emily	16	Quest Swimming	2:01.58	2:05.40
	29.49	1:01.31 (31.82)	1:33.10 (31.79)	2:05.40 (32.30)	
80	Crotts, Kylee	14	SwimRVA	2:03.87	2:05.73
	27.99	59.44 (31.45)	1:32.38 (32.94)	2:05.73 (33.35)	
81	Peters, Riley	15	The Fish	2:04.74	2:05.76
	28.68	1:00.23 (31.55)	1:33.25 (33.02)	2:05.76 (32.51)	
82	McCardle, Reese	15	Battlefiels Area Star Swimmers	2:01.74	2:05.99
	27.58	59.00 (31.42)	1:32.18 (33.18)	2:05.99 (33.81)	
83	Sheehan, Kate	15	The Fish	2:04.42	2:06.20
	28.48	1:00.10 (31.62)	1:33.02 (32.92)	2:06.20 (33.18)	
84	Woodruff, Taylor	13	Lynchburg YMCA	2:06.92	2:06.34
	29.44	1:02.64 (33.20)	1:35.27 (32.63)	2:06.34 (31.07)	
85	Ilina, Paulina	16	Stingrays Swim Team	2:06.95	2:06.46
	29.61	1:01.72 (32.11)	1:34.06 (32.34)	2:06.46 (32.40)	
86	Miller, Evie	15	Stingrays Swim Team	1:59.40	2:06.48
	28.37	59.68 (31.31)	1:32.61 (32.93)	2:06.48 (33.87)	
87	Wertzler, Eleanor	14	The Fish	2:06.46	2:06.62
	28.27	59.40 (31.13)	1:33.15 (33.75)	2:06.62 (33.47)	
88	Mitchell, Aubrey	15	YMCA of the Triangle Area	2:02.11	2:06.86
	29.24	1:01.60 (32.36)	1:34.40 (32.80)	2:06.86 (32.46)	
89	Oluwabusola, Mya	16	Tide Swimming	2:04.45	2:07.73
	29.84	1:02.52 (32.68)	1:35.62 (33.10)	2:07.73 (32.11)	
90	Pittenger, Olivia	13	YMCA of the Triangle Area	2:22.93	2:07.92
	29.15	1:01.27 (32.12)	1:34.76 (33.49)	2:07.92 (33.16)	
91	Cobean, Evelyn	15	Quest Swimming	2:15.38	2:08.04
	31.06	1:03.92 (32.86)	1:36.99 (33.07)	2:08.04 (31.05)	
92	Palace, Kelly	62	Un-Fl	2:11.22	2:08.34
	30.25	1:02.31 (32.06)	1:35.31 (33.00)	2:08.34 (33.03)	
93	Scott, Bentley	15	YMCA of the Triangle Area	2:06.46	2:08.53
	30.38	1:02.65 (32.27)	1:36.02 (33.37)	2:08.53 (32.51)	
94	Christopherson, Virginia	14	YMCA of the Triangle Area	2:14.21	2:08.92
	29.77	1:02.75 (32.98)	1:36.39 (33.64)	2:08.92 (32.53)	
95	Mason, Ansley	14	YMCA of the Triangle Area	2:06.56	2:09.04
	29.54	1:02.26 (32.72)	1:35.46 (33.20)	2:09.04 (33.58)	
96	McNutt, Payton	14	YMCA of the Triangle Area	2:08.85	2:09.13
	29.28	1:01.66 (32.38)	1:35.47 (33.81)	2:09.13 (33.66)	
97	Volpe, Alena	15	YMCA of the Triangle Area	2:05.45	2:09.21
	30.47	1:03.10 (32.63)	1:36.39 (33.29)	2:09.21 (32.82)	
98	Wright, Ava	17	YMCA of the Triangle Area	2:13.02	2:09.33
	30.01	1:02.69 (32.68)	1:36.71 (34.02)	2:09.33 (32.62)	
99	Skelly, Marilyn	16	YMCA of the Triangle Area	2:05.42	2:09.46
	30.49	1:03.05 (32.56)	1:36.21 (33.16)	2:09.46 (33.25)	
100	Bentley, Grace	17	Eastern Shore YMCA	2:02.46	2:09.86
	29.43	1:02.46 (33.03)	1:36.99 (34.53)	2:09.86 (32.87)	
101	Modrak, Payton	15	Quest Swimming	2:14.58	2:10.54
	30.69	1:04.11 (33.42)	1:37.60 (33.49)	2:10.54 (32.94)	
102	Lehmann, Zofia	15	Tide Swimming	2:13.48	2:10.62
	28.99	1:01.88 (32.89)	1:36.50 (34.62)	2:10.62 (34.12)	
103	Trovero, Valentina	13	YMCA of the Triangle Area	2:13.74	2:11.59
	30.68	1:03.89 (33.21)	1:38.35 (34.46)	2:11.59 (33.24)	

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 1 Women 13 & Over 200 Yard Freestyle)

	Name	Age	Team	Seed Time	Prelim Time
104	Caress, Lula	17	YMCA of the Triangle Area	2:04.03	2:11.75
	30.26	1:03.16 (32.90)	1:37.66 (34.50)	2:11.75 (34.09)	
105	Huelsberg, Alexis	16	Tide Swimming	2:05.39	2:12.35
	30.72	1:04.56 (33.84)	1:38.78 (34.22)	2:12.35 (33.57)	
106	Crowder, Audrey	16	YMCA of the Triangle Area	1:58.58	2:12.62
	29.76	1:03.51 (33.75)	1:38.32 (34.81)	2:12.62 (34.30)	
107	Cheng, Helen	16	YMCA of the Triangle Area	2:11.00	2:13.34
	31.03	1:04.80 (33.77)	1:39.39 (34.59)	2:13.34 (33.95)	
108	Brunk, Grace	17	YMCA of the Triangle Area	1:55.31	2:14.67
	31.41	1:05.54 (34.13)	1:40.35 (34.81)	2:14.67 (34.32)	
109	Hines, Nelle	17	Battlefiels Area Star Swimmers	2:08.02	2:15.75
	31.00	1:05.56 (34.56)	1:40.65 (35.09)	2:15.75 (35.10)	
110	Brewer, Lauren	15	YMCA of the Triangle Area	2:11.57	2:17.25
	29.38	1:03.35 (33.97)	1:39.41 (36.06)	2:17.25 (37.84)	
111	Freeman, Casey	16	YMCA of the Triangle Area	2:23.03	2:22.13
	33.44	1:09.12 (35.68)	1:46.17 (37.05)	2:22.13 (35.96)	
---	Bailey, Brooke	17	SwimRVA	1:54.26	DFS
---	Henry, Emani	16	SwimRVA	2:04.37	DFS

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 2 Men 13 & Over 200 Yard Freestyle

Meet Record: **1:36.91 ! 11/4/2022 Brendan Whitfield LY -VA**
1:38.79 WJR USA-S Winter JRs
1:41.59 FUT USA-S Futures
1:45.19 YNAT YMCA SCY Nationals
1:48.59 VSR VSI SR Champs

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	Mills, Jack	18	Lynchburg YMCA	1:41.94	1:39.75	FUT
	22.73	48.45 (25.72)	1:14.38 (25.93)	1:39.75 (25.37)		
2	Gordon, Jerry	18	Lynchburg YMCA	1:42.13	1:41.98	YNAT
	23.78	49.55 (25.77)	1:15.88 (26.33)	1:41.98 (26.10)		
3	Lugo, Andrew	17	Winchester Swim Team	1:43.61	1:42.56	YNAT
	23.82	50.10 (26.28)	1:16.87 (26.77)	1:42.56 (25.69)		
4	Hu, Charles	17	The Fish	1:43.28	1:43.69	YNAT
	23.62	50.00 (26.38)	1:17.27 (27.27)	1:43.69 (26.42)		
5	Easton, Chase	15	Cavalier Aquatics - Piedmont Y	1:45.34	1:44.16	YNAT
	24.16	50.50 (26.34)	1:17.40 (26.90)	1:44.16 (26.76)		
6	Wiese, Cooper	17	YMCA of the Triangle Area	1:45.81	1:44.63	YNAT
	24.44	51.05 (26.61)	1:17.99 (26.94)	1:44.63 (26.64)		
7	Keenan, Nathaniel	18	Tide Swimming	1:44.93	1:44.89	YNAT
	24.11	50.45 (26.34)	1:17.40 (26.95)	1:44.89 (27.49)		
8	Wang, Richard	16	Cavalier Aquatics - Piedmont Y	1:44.28	1:44.95	YNAT
	23.98	50.44 (26.46)	1:18.10 (27.66)	1:44.95 (26.85)		
B - Final						
9	Knapp, Parker	15	Tide Swimming	1:46.18	1:44.00	YNAT
	24.37	51.27 (26.90)	1:17.58 (26.31)	1:44.00 (26.42)		
10	Wilkerson, Chase	15	Tide Swimming	1:46.69	1:45.71	VSR
	25.22	52.11 (26.89)	1:19.51 (27.40)	1:45.71 (26.20)		
11	Sawyer, Bradley	15	Cavalier Aquatics - Piedmont Y	1:47.46	1:45.75	VSR
	24.43	51.24 (26.81)	1:18.41 (27.17)	1:45.75 (27.34)		
12	Knight, Benjamin	16	Tide Swimming	1:48.28	1:47.03	VSR
	25.09	52.37 (27.28)	1:20.20 (27.83)	1:47.03 (26.83)		
13	VanSlyke, John	17	Tide Swimming	1:47.52	1:47.49	VSR
	25.12	52.60 (27.48)	1:20.26 (27.66)	1:47.49 (27.23)		
14	Brooks, Henry	16	SwimRVA	1:47.91	1:47.79	VSR
	24.58	52.27 (27.69)	1:20.94 (28.67)	1:47.79 (26.85)		
15	Harris, Bennett	17	YMCA of the Triangle Area	1:48.77	1:47.98	VSR
	24.91	52.49 (27.58)	1:20.30 (27.81)	1:47.98 (27.68)		
16	Moore, Ryan	15	Stingrays Swim Team	1:46.54	1:49.41	
	24.74	52.04 (27.30)	1:20.57 (28.53)	1:49.41 (28.84)		
C - Final						
17	McOsker, Ryan	17	Stingrays Swim Team	1:49.00	1:47.68	VSR
	24.77	52.09 (27.32)	1:19.34 (27.25)	1:47.68 (28.34)		
18	Lajoie, Benjamin	16	YMCA of the Triangle Area	1:49.09	1:48.00	VSR
	25.79	53.26 (27.47)	1:20.96 (27.70)	1:48.00 (27.04)		
19	Struder IV, Leonard	17	Stingrays Swim Team	1:49.24	1:48.04	VSR
	25.30	52.27 (26.97)	1:20.19 (27.92)	1:48.04 (27.85)		
20	Stratton, Nicholas	15	Tide Swimming	1:49.05	1:48.67	
	25.29	52.61 (27.32)	1:20.50 (27.89)	1:48.67 (28.17)		
21	Adye, Timothy	16	The Fish	1:48.86	1:49.04	
	25.55	53.32 (27.77)	1:21.58 (28.26)	1:49.04 (27.46)		
22	Alexander, Charles	15	Cavalier Aquatics - Piedmont Y	1:49.02	1:49.69	
	25.67	53.21 (27.54)	1:21.43 (28.22)	1:49.69 (28.26)		

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

C - Final ... (Event 2 Men 13 & Over 200 Yard Freestyle)

	Name	Age	Team	Prelim Time	Finals Time	
23	Humbert, Jack	16	YMCA of the Triangle Area	1:48.96	1:49.91	
	26.06	53.93 (27.87)	1:22.00 (28.07)	1:49.91 (27.91)		
24	Webster, Andrew	17	Quest Swimming	1:49.06	1:50.16	
	25.31	52.78 (27.47)	1:21.52 (28.74)	1:50.16 (28.64)		

D - Final

25	Woodruff, Graham	14	Lynchburg YMCA	1:50.20	1:48.50	VSR
	26.07	54.79 (28.72)	1:22.41 (27.62)	1:48.50 (26.09)		
26	Euker, Aaron	14	Stingrays Swim Team	1:49.47	1:48.74	
	26.16	54.89 (28.73)	1:22.29 (27.40)	1:48.74 (26.45)		
27	Weber, Josiah	14	SwimRVA	1:50.34	1:51.16	
	26.86	55.93 (29.07)	1:24.06 (28.13)	1:51.16 (27.10)		
28	Sanchez, Luca	14	The Fish	1:51.13	1:51.50	
	26.00	54.60 (28.60)	1:23.16 (28.56)	1:51.50 (28.34)		
29	Rice, Hudson	14	Lynchburg YMCA	1:53.46	1:53.19	
	26.41	55.77 (29.36)	1:25.25 (29.48)	1:53.19 (27.94)		
30	Fisher, Zach	13	Quest Swimming	1:53.27	1:53.47	
	26.99	56.81 (29.82)	1:25.57 (28.76)	1:53.47 (27.90)		
31	Suggs DeSorbo, Matthew	14	Cavalier Aquatics - Piedmont Y	1:53.45	1:53.78	
	26.27	55.70 (29.43)	1:25.12 (29.42)	1:53.78 (28.66)		
32	Feighner, Nolan	13	SwimRVA	1:56.32	1:58.08	
	27.32	57.00 (29.68)	1:27.92 (30.92)	1:58.08 (30.16)		

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 2 Men 13 & Over 200 Yard Freestyle

Meet Record: 1:36.91 ! 11/4/2022 Brendan Whitfield LY -VA

1:38.79 WJR USA-S Winter JRs

1:41.59 FUT USA-S Futures

1:45.19 YNAT YMCA SCY Nationals

1:48.59 VSR VSI SR Champs

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Mills, Jack	18	Lynchburg YMCA	1:39.48	1:41.94	qYNAT
	24.03	50.36 (26.33)	1:16.58 (26.22)	1:41.94 (25.36)		
2	Gordon, Jerry	18	Lynchburg YMCA	1:39.69	1:42.13	qYNAT
	24.04	49.88 (25.84)	1:15.91 (26.03)	1:42.13 (26.22)		
3	Hu, Charles	17	The Fish	1:43.38	1:43.28	qYNAT
	23.75	50.93 (27.18)	1:17.31 (26.38)	1:43.28 (25.97)		
4	Lugo, Andrew	17	Winchester Swim Team	1:43.94	1:43.61	qYNAT
	24.02	50.10 (26.08)	1:17.18 (27.08)	1:43.61 (26.43)		
5	Wang, Richard	16	Cavalier Aquatics - Piedmont Y	1:43.28	1:44.28	qYNAT
	24.01	50.21 (26.20)	1:17.26 (27.05)	1:44.28 (27.02)		
6	Keenan, Nathaniel	18	Tide Swimming	1:40.64	1:44.93	qYNAT
	24.89	51.86 (26.97)	1:18.58 (26.72)	1:44.93 (26.35)		
7	Easton, Chase	15	Cavalier Aquatics - Piedmont Y	1:44.35	1:45.34	qVSR
	24.58	51.54 (26.96)	1:18.67 (27.13)	1:45.34 (26.67)		
8	Mori, Axel	18	YMCA of the Triangle Area	1:45.32	1:45.77	qVSR
	24.08	50.26 (26.18)	1:17.84 (27.58)	1:45.77 (27.93)		
9	Wiese, Cooper	17	YMCA of the Triangle Area	1:42.42	1:45.81	qVSR
	24.94	51.43 (26.49)	1:18.88 (27.45)	1:45.81 (26.93)		
10	Knapp, Parker	15	Tide Swimming	1:43.05	1:46.18	qVSR
	24.45	51.20 (26.75)	1:18.52 (27.32)	1:46.18 (27.66)		
11	Moore, Ryan	15	Stingrays Swim Team	1:45.83	1:46.54	qVSR
	24.10	50.71 (26.61)	1:18.72 (28.01)	1:46.54 (27.82)		
12	Wilkerson, Chase	15	Tide Swimming	1:44.75	1:46.69	qVSR
	24.90	52.35 (27.45)	1:19.44 (27.09)	1:46.69 (27.25)		
13	Lange, Carter	16	YMCA of the Triangle Area	1:47.90	1:46.80	qVSR
	24.88	52.15 (27.27)	1:19.79 (27.64)	1:46.80 (27.01)		
14	Wang, Edward	18	YMCA of the Triangle Area	1:50.19	1:46.93	qVSR
	23.76	50.56 (26.80)	1:19.08 (28.52)	1:46.93 (27.85)		
15	West, Ryan	17	YMCA of the Triangle Area	1:47.86	1:47.00	qVSR
	25.02	52.38 (27.36)	1:20.02 (27.64)	1:47.00 (26.98)		
16	Sawyer, Bradley	15	Cavalier Aquatics - Piedmont Y	1:52.95	1:47.46	qVSR
	24.74	52.02 (27.28)	1:19.79 (27.77)	1:47.46 (27.67)		
17	VanSlyke, John	17	Tide Swimming	1:42.10	1:47.52	qVSR
	25.21	52.47 (27.26)	1:20.14 (27.67)	1:47.52 (27.38)		
18	Brooks, Henry	16	SwimRVA	1:52.38	1:47.91	qVSR
	24.43	51.49 (27.06)	1:20.12 (28.63)	1:47.91 (27.79)		
19	Knight, Benjamin	16	Tide Swimming	1:46.47	1:48.28	qVSR
	24.89	52.44 (27.55)	1:20.82 (28.38)	1:48.28 (27.46)		
20	Harris, Bennett	17	YMCA of the Triangle Area	1:45.27	1:48.77	q
	24.74	52.03 (27.29)	1:20.13 (28.10)	1:48.77 (28.64)		
21	Adye, Timothy	16	The Fish	1:51.08	1:48.86	q
	25.49	53.25 (27.76)	1:21.31 (28.06)	1:48.86 (27.55)		
22	Humbert, Jack	16	YMCA of the Triangle Area	1:45.00	1:48.96	q
	25.50	53.45 (27.95)	1:21.25 (27.80)	1:48.96 (27.71)		
23	McOsker, Ryan	17	Stingrays Swim Team	1:45.78	1:49.00	q
	25.11	52.98 (27.87)	1:20.20 (27.22)	1:49.00 (28.80)		

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 2 Men 13 & Over 200 Yard Freestyle)

	Name	Age	Team	Seed Time	Prelim Time	
24	Alexander, Charles	15	Cavalier Aquatics - Piedmont Y	1:49.33	1:49.02	q
	25.11	52.74 (27.63)	1:20.88 (28.14)	1:49.02 (28.14)		
25	Stratton, Nicholas	15	Tide Swimming	1:48.17	1:49.05	q
	25.35	52.81 (27.46)	1:20.84 (28.03)	1:49.05 (28.21)		
26	Webster, Andrew	17	Quest Swimming	1:49.65	1:49.06	q
	25.82	53.26 (27.44)	1:21.29 (28.03)	1:49.06 (27.77)		
27	Lajoie, Benjamin	16	YMCA of the Triangle Area	1:49.66	1:49.09	q
	25.15	52.71 (27.56)	1:21.11 (28.40)	1:49.09 (27.98)		
28	Struder IV, Leonard	17	Stingrays Swim Team	1:49.15	1:49.24	q
	25.51	52.61 (27.10)	1:21.15 (28.54)	1:49.24 (28.09)		
29	Senfield, Thomas	15	SwimRVA	1:48.29	1:49.25	q
	25.18	52.79 (27.61)	1:20.98 (28.19)	1:49.25 (28.27)		
30	Tungate, Benjamin	15	Cavalier Aquatics - Piedmont Y	1:47.82	1:49.32	q
	25.14	52.38 (27.24)	1:21.14 (28.76)	1:49.32 (28.18)		
31	Swartz, Tyler	17	Tide Swimming	1:50.40	1:49.40	q
	25.53	53.16 (27.63)	1:21.17 (28.01)	1:49.40 (28.23)		
32	Euker, Aaron	14	Stingrays Swim Team	1:47.90	1:49.47	q
	26.34	54.43 (28.09)	1:22.29 (27.86)	1:49.47 (27.18)		
33	Pearce, William	17	YMCA of the Triangle Area	1:47.85	1:49.64	
	25.60	53.41 (27.81)	1:21.54 (28.13)	1:49.64 (28.10)		
34	Temple, Austin	15	Tide Swimming	1:47.55	1:49.84	
	24.94	52.37 (27.43)	1:20.82 (28.45)	1:49.84 (29.02)		
35	Kashinejad, Kaleb	17	SwimRVA	1:47.44	1:49.87	
	25.01	52.39 (27.38)	1:20.73 (28.34)	1:49.87 (29.14)		
36	Woodruff, Graham	14	Lynchburg YMCA	1:49.55	1:50.20	
	26.10	54.28 (28.18)	1:22.72 (28.44)	1:50.20 (27.48)		
*37	Weber, Josiah	14	SwimRVA	1:49.38	1:50.34	
	24.61	52.32 (27.71)	1:21.19 (28.87)	1:50.34 (29.15)		
*37	Winston, Gabriel	16	Tide Swimming	1:53.87	1:50.34	
	25.30	53.54 (28.24)	1:21.95 (28.41)	1:50.34 (28.39)		
39	Dykman, Robert	16	Stingrays Swim Team	1:50.81	1:50.43	
	24.82	52.51 (27.69)	1:21.55 (29.04)	1:50.43 (28.88)		
40	Barger, Andrew	15	YMCA of the Triangle Area	1:56.28	1:51.04	
	25.72	53.27 (27.55)	1:21.81 (28.54)	1:51.04 (29.23)		
41	Ferreira, Lucas	18	YMCA of the Triangle Area	1:53.85	1:51.10	
	25.28	52.86 (27.58)	1:21.86 (29.00)	1:51.10 (29.24)		
42	Sanchez, Luca	14	The Fish	1:53.25	1:51.13	
	25.20	53.06 (27.86)	1:22.57 (29.51)	1:51.13 (28.56)		
43	Soliman, David	16	YMCA of the Triangle Area	1:53.31	1:51.23	
	24.76	52.67 (27.91)	1:22.54 (29.87)	1:51.23 (28.69)		
44	Salpeter, Troy	15	Tide Swimming	1:51.46	1:51.28	
	25.25	53.42 (28.17)	1:22.21 (28.79)	1:51.28 (29.07)		
45	Spade, Gage	17	Tide Swimming	1:47.53	1:51.52	
	26.02	54.13 (28.11)	1:23.18 (29.05)	1:51.52 (28.34)		
46	Bradley, Connor	15	Tide Swimming	1:52.76	1:51.79	
	25.70	53.71 (28.01)	1:22.82 (29.11)	1:51.79 (28.97)		
47	Shelton, Evan	17	Tide Swimming	1:55.87	1:51.82	
	26.50	54.95 (28.45)	1:23.71 (28.76)	1:51.82 (28.11)		
48	Guthrie, Hunter	15	The Fish	1:55.52	1:51.89	
	25.20	53.34 (28.14)	1:22.64 (29.30)	1:51.89 (29.25)		
49	Bergmann, Theodor	16	Cavalier Aquatics - Piedmont Y	1:54.77	1:52.02	
	25.73	54.25 (28.52)	1:23.21 (28.96)	1:52.02 (28.81)		

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 2 Men 13 & Over 200 Yard Freestyle)

	Name	Age	Team	Seed Time	Prelim Time
50	Morris, Cameron	15	YMCA of the Triangle Area	1:53.74	1:52.08
	25.51	53.20 (27.69)	1:22.53 (29.33)	1:52.08 (29.55)	
51	McCoy, Colt	16	Tide Swimming	1:53.02	1:52.13
	26.76	55.57 (28.81)	1:23.73 (28.16)	1:52.13 (28.40)	
52	Stevenson, Declund	16	Lynchburg YMCA	1:52.27	1:52.44
	25.43	55.18 (29.75)	1:25.12 (29.94)	1:52.44 (27.32)	
53	Dingman, Casey	17	SwimRVA	1:53.74	1:52.61
	25.65	53.95 (28.30)	1:23.17 (29.22)	1:52.61 (29.44)	
54	Harmon, Dahmon	17	Tide Swimming	1:48.79	1:52.69
	25.63	53.26 (27.63)	1:22.59 (29.33)	1:52.69 (30.10)	
55	Edmondson, Josiah	18	YMCA of the Triangle Area	1:50.17	1:52.87
	25.17	53.27 (28.10)	1:22.97 (29.70)	1:52.87 (29.90)	
56	Parker, Austin	15	Stingrays Swim Team	1:50.88	1:52.90
	25.28	53.60 (28.32)	1:23.36 (29.76)	1:52.90 (29.54)	
57	Garth, Ian	15	Tide Swimming	1:45.55	1:52.91
	27.03	55.70 (28.67)	1:24.45 (28.75)	1:52.91 (28.46)	
58	Bradbury, Charles	15	SwimRVA	1:56.59	1:53.09
	25.75	54.83 (29.08)	1:24.00 (29.17)	1:53.09 (29.09)	
59	Fisher, Zach	13	Quest Swimming	1:54.39	1:53.27
	26.78	55.57 (28.79)	1:25.00 (29.43)	1:53.27 (28.27)	
60	Fulayter, Brandon	16	Stingrays Swim Team	1:51.80	1:53.29
	25.34	53.57 (28.23)	1:23.16 (29.59)	1:53.29 (30.13)	
61	Suggs DeSorbo, Matthew	14	Cavalier Aquatics - Piedmont Y	1:57.58	1:53.45
	26.33	55.10 (28.77)	1:24.18 (29.08)	1:53.45 (29.27)	
62	Rice, Hudson	14	Lynchburg YMCA	1:54.57	1:53.46
	26.53	55.72 (29.19)	1:25.31 (29.59)	1:53.46 (28.15)	
63	Warren, Joshua	16	Lynchburg YMCA	1:51.37	1:53.71
	26.26	55.12 (28.86)	1:24.62 (29.50)	1:53.71 (29.09)	
64	Goedecke, Colin	17	Tide Swimming	1:49.23	1:53.80
	26.76	55.56 (28.80)	1:24.74 (29.18)	1:53.80 (29.06)	
65	Tran, Patrick	17	Tide Swimming	1:53.24	1:54.13
	26.31	55.32 (29.01)	1:24.30 (28.98)	1:54.13 (29.83)	
66	Hess, Malcolm	15	Quest Swimming	1:55.41	1:54.19
	26.98	55.23 (28.25)	1:24.46 (29.23)	1:54.19 (29.73)	
67	Burnett, Edward	16	SwimRVA	1:51.35	1:54.58
	26.12	54.64 (28.52)	1:24.30 (29.66)	1:54.58 (30.28)	
68	McOsker, Patrick	16	Stingrays Swim Team	1:54.95	1:54.87
	26.23	55.35 (29.12)	1:24.85 (29.50)	1:54.87 (30.02)	
69	Kasper, Noah	16	Lynchburg YMCA	1:57.01	1:55.35
	26.75	55.75 (29.00)	1:25.79 (30.04)	1:55.35 (29.56)	
70	Newman, Cole	16	YMCA of the Triangle Area	1:49.88	1:55.56
	26.37	54.81 (28.44)	1:24.90 (30.09)	1:55.56 (30.66)	
71	Gajowski, John	15	YMCA of the Triangle Area	1:56.47	1:55.72
	26.66	55.73 (29.07)	1:25.84 (30.11)	1:55.72 (29.88)	
72	Rogers, Andrew	18	Lynchburg YMCA	1:53.14	1:55.82
	26.46	55.74 (29.28)	1:25.45 (29.71)	1:55.82 (30.37)	
73	Bennett, Craig	16	Stingrays Swim Team	1:52.69	1:55.86
	26.63	56.63 (30.00)	1:26.54 (29.91)	1:55.86 (29.32)	
74	Walker, Demetrius	16	SwimRVA	1:55.59	1:56.00
	26.62	55.77 (29.15)	1:25.84 (30.07)	1:56.00 (30.16)	
75	Feighner, Nolan	13	SwimRVA	2:10.01	1:56.32
	27.40	57.07 (29.67)	1:27.01 (29.94)	1:56.32 (29.31)	
76	Nelson, Broderick	13	Lynchburg YMCA	1:54.99	1:56.40
	26.92	56.07 (29.15)	1:26.47 (30.40)	1:56.40 (29.93)	

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 2 Men 13 & Over 200 Yard Freestyle)

	Name	Age	Team	Seed Time	Prelim Time
77	Lineberry, Alexander	18	Tide Swimming	1:48.92	1:56.64
	25.81	55.37 (29.56)	1:25.85 (30.48)	1:56.64 (30.79)	
78	Davis, James	15	YMCA of the Triangle Area	2:01.20	1:56.66
	26.15	55.62 (29.47)	1:26.17 (30.55)	1:56.66 (30.49)	
79	Smith, Henry	13	Cavalier Aquatics - Piedmont Y	1:56.41	1:56.73
	26.53	56.71 (30.18)	1:27.84 (31.13)	1:56.73 (28.89)	
80	Nabors, Carter	17	SwimRVA	1:51.79	1:56.76
	25.79	55.32 (29.53)	1:25.74 (30.42)	1:56.76 (31.02)	
81	Sample, Finnian	16	The Fish	1:53.90	1:56.95
	25.18	54.52 (29.34)	1:26.14 (31.62)	1:56.95 (30.81)	
82	Snyder, Avery	15	Lynchburg YMCA	1:54.74	1:57.17
	26.02	55.55 (29.53)	1:26.35 (30.80)	1:57.17 (30.82)	
83	Salpeter, Brody	17	Tide Swimming	1:50.77	1:57.29
	26.82	56.40 (29.58)	1:26.72 (30.32)	1:57.29 (30.57)	
84	Shenk, Cole	16	SwimRVA	1:59.29	1:58.01
	26.77	56.85 (30.08)	1:27.75 (30.90)	1:58.01 (30.26)	
85	Irvine, Jackson	14	Quest Swimming	1:54.40	1:58.11
	27.10	56.86 (29.76)	1:27.64 (30.78)	1:58.11 (30.47)	
86	Stowell, Ethan	16	Tide Swimming	1:57.35	1:58.23
	28.01	57.38 (29.37)	1:27.91 (30.53)	1:58.23 (30.32)	
87	Campbell, Cole	14	Lynchburg YMCA	1:54.99	2:01.72
	26.80	56.35 (29.55)	1:28.35 (32.00)	2:01.72 (33.37)	
88	Simons, Carden	16	Stingrays Swim Team	2:01.22	2:02.74
	27.51	58.02 (30.51)	1:30.61 (32.59)	2:02.74 (32.13)	
89	Kessler, Jared	16	Stingrays Swim Team	1:59.42	2:02.76
	27.29	57.94 (30.65)	1:30.90 (32.96)	2:02.76 (31.86)	
90	Boyden, Matthew	15	Tide Swimming	1:58.54	2:03.03
	28.30	59.14 (30.84)	1:31.55 (32.41)	2:03.03 (31.48)	
91	Watterson, Landon	16	Stingrays Swim Team	2:06.41	2:06.27
	28.78	1:00.74 (31.96)	1:33.34 (32.60)	2:06.27 (32.93)	
---	Fraser, Jared	15	SwimRVA	1:58.90	DFS

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 3 Women 13 & Over 100 Yard Breaststroke

Meet Record: **1:02.56 ! 11/3/2023 Emma Redman FISH -PV**
1:03.09 WJR USA-S Winter JRs
1:05.49 FUT USA-S Futures
1:08.19 YNAT YMCA SCY Nationals
1:10.49 VSR VSI SR Champs

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	Redman, Emma	17	The Fish	1:03.14	1:02.56 !	WJR
	29.49	1:02.56 (33.07)				
2	Czirjak, Sara	16	Cavalier Aquatics - Piedmont Y	1:03.80	1:03.39	FUT
	30.28	1:03.39 (33.11)				
3	Price, Piper	16	SwimRVA	1:05.95	1:05.78	YNAT
	31.31	1:05.78 (34.47)				
4	Smith, Cameron	17	Cavalier Aquatics - Piedmont Y	1:07.36	1:06.48	YNAT
	31.32	1:06.48 (35.16)				
5	Moreno, Caprie	15	Tide Swimming	1:07.25	1:06.52	YNAT
	31.12	1:06.52 (35.40)				
6	Welsch, Layla	17	Cavalier Aquatics - Piedmont Y	1:06.95	1:06.67	YNAT
	31.84	1:06.67 (34.83)				
7	Smith, Breanna	17	YMCA of the Triangle Area	1:06.81	1:06.84	YNAT
	31.40	1:06.84 (35.44)				
8	Lundeberg, Ilsa	17	Quest Swimming	1:07.88	1:07.22	YNAT
	31.71	1:07.22 (35.51)				
B - Final						
9	Wright, Ava	17	YMCA of the Triangle Area	1:08.37	1:07.98	YNAT
	32.49	1:07.98 (35.49)				
10	Watts, Emma	15	The Fish	1:09.30	1:08.21	VSR
	31.92	1:08.21 (36.29)				
11	Schundler, Elizabeth	17	Battlefiels Area Star Swimmers	1:08.72	1:08.22	VSR
	32.18	1:08.22 (36.04)				
12	Bendall, Allisan	17	Cavalier Aquatics - Piedmont Y	1:08.56	1:09.39	VSR
	32.57	1:09.39 (36.82)				
13	Whiteman, Sydney	15	Tide Swimming	1:08.87	1:10.13	VSR
	33.11	1:10.13 (37.02)				
14	Gray, Lauren	16	Tide Swimming	1:09.19	1:10.25	VSR
	33.36	1:10.25 (36.89)				
15	Young, Arianna	15	SwimRVA	1:09.19	1:10.30	VSR
	32.79	1:10.30 (37.51)				
16	Duffy, Kayleigh	18	Tide Swimming	1:08.48	1:10.98	
	33.11	1:10.98 (37.87)				
C - Final						
17	Oluwabusola, Mya	16	Tide Swimming	1:09.62	1:07.37	YNAT
	32.17	1:07.37 (35.20)				
18	Mortimer, Marcy	17	SwimRVA	1:09.32	1:07.86	YNAT
	32.10	1:07.86 (35.76)				
19	Cuce, Elianna	14	SwimRVA	1:11.18	1:09.79	VSR
	32.96	1:09.79 (36.83)				
20	Cobean, Evelyn	15	Quest Swimming	1:10.91	1:10.03	VSR
	32.84	1:10.03 (37.19)				
21	Creasey, Marshall	14	Quest Swimming	1:10.44	1:10.19	VSR
	33.50	1:10.19 (36.69)				
22	Scherer, Anne	16	Cavalier Aquatics - Piedmont Y	1:10.25	1:10.54	
	33.48	1:10.54 (37.06)				

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

C - Final ... (Event 3 Women 13 & Over 100 Yard Breaststroke)

	Name	Age	Team	Prelim Time	Finals Time
23	Everhart, Norah	15	Tide Swimming	1:10.75	1:10.67
	33.10	1:10.67 (37.57)			
24	Everhart, Charlotte	17	Tide Swimming	1:10.40	1:11.07
	34.35	1:11.07 (36.72)			

D - Final

25	Durrette, Sierra	13	SwimRVA	1:11.84	1:11.09
	33.76	1:11.09 (37.33)			
26	Wang, Sophie	13	Cavalier Aquatics - Piedmont Y	1:12.76	1:11.62
	33.70	1:11.62 (37.92)			
27	Webb, Elizabeth	13	Lynchburg YMCA	1:13.97	1:12.32
	34.14	1:12.32 (38.18)			
28	Ellis, Hannah	14	Stingrays Swim Team	1:11.48	1:12.56
	33.85	1:12.56 (38.71)			
29	Brown, Chloe	13	SwimRVA	1:14.90	1:12.87
	34.64	1:12.87 (38.23)			
30	Pittenger, Olivia	13	YMCA of the Triangle Area	1:13.17	1:13.02
	34.33	1:13.02 (38.69)			
31	Crotts, Kylee	14	SwimRVA	1:15.55	1:13.37
	34.15	1:13.37 (39.22)			
32	Nicholson, Samantha	14	Cavalier Aquatics - Piedmont Y	1:15.51	1:16.35
	36.57	1:16.35 (39.78)			

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 3 Women 13 & Over 100 Yard Breaststroke

Meet Record: **1:02.56** **!** **11/3/2023** **Emma Redman** **FISH -PV**
1:03.09 **WJR USA-S Winter JRs**
1:05.49 **FUT USA-S Futures**
1:08.19 **YNAT YMCA SCY Nationals**
1:10.49 **VSR VSI SR Champs**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Redman, Emma	17	The Fish	1:02.71	1:03.14	qFUT
	29.78	1:03.14 (33.36)				
2	Czirjak, Sara	16	Cavalier Aquatics - Piedmont Y	1:02.44	1:03.80	qFUT
	30.47	1:03.80 (33.33)				
3	Price, Piper	16	SwimRVA	1:04.36	1:05.95	qYNAT
	31.47	1:05.95 (34.48)				
4	Smith, Breanna	17	YMCA of the Triangle Area	1:06.13	1:06.81	qYNAT
	31.76	1:06.81 (35.05)				
5	Welsch, Layla	17	Cavalier Aquatics - Piedmont Y	1:04.57	1:06.95	qYNAT
	31.91	1:06.95 (35.04)				
6	Moreno, Caprie	15	Tide Swimming	1:06.05	1:07.25	qYNAT
	31.39	1:07.25 (35.86)				
7	Smith, Cameron	17	Cavalier Aquatics - Piedmont Y	1:05.76	1:07.36	qYNAT
	31.61	1:07.36 (35.75)				
8	Lundeberg, Ilsa	17	Quest Swimming	1:06.93	1:07.88	qYNAT
	31.83	1:07.88 (36.05)				
9	Wright, Ava	17	YMCA of the Triangle Area	1:08.96	1:08.37	qVSR
	32.95	1:08.37 (35.42)				
10	Duffy, Kayleigh	18	Tide Swimming	1:10.58	1:08.48	qVSR
	32.18	1:08.48 (36.30)				
11	Bendall, Allisan	17	Cavalier Aquatics - Piedmont Y	1:05.49	1:08.56	qVSR
	32.15	1:08.56 (36.41)				
12	Schundler, Elizabeth	17	Battlefiels Area Star Swimmers	1:07.57	1:08.72	qVSR
	32.72	1:08.72 (36.00)				
13	Whiteman, Sydney	15	Tide Swimming	1:10.69	1:08.87	qVSR
	32.73	1:08.87 (36.14)				
*14	Young, Arianna	15	SwimRVA	1:11.81	1:09.19	qVSR
	32.41	1:09.19 (36.78)				
*14	Gray, Lauren	16	Tide Swimming	1:11.15	1:09.19	qVSR
	32.84	1:09.19 (36.35)				
16	Watts, Emma	15	The Fish	1:07.99	1:09.30	qVSR
	32.50	1:09.30 (36.80)				
17	Mortimer, Marcy	17	SwimRVA	1:09.02	1:09.32	qVSR
	32.71	1:09.32 (36.61)				
18	Oluwabusola, Mya	16	Tide Swimming	1:09.07	1:09.62	qVSR
	32.47	1:09.62 (37.15)				
19	Scherer, Anne	16	Cavalier Aquatics - Piedmont Y	1:10.43	1:10.25	qVSR
	33.72	1:10.25 (36.53)				
20	Everhart, Charlotte	17	Tide Swimming	1:12.32	1:10.40	qVSR
	34.07	1:10.40 (36.33)				
21	Creasey, Marshall	14	Quest Swimming	1:10.47	1:10.44	qVSR
	33.61	1:10.44 (36.83)				
22	Everhart, Norah	15	Tide Swimming	1:10.27	1:10.75	q
	33.40	1:10.75 (37.35)				
23	Cobean, Evelyn	15	Quest Swimming	1:12.39	1:10.91	q
	33.30	1:10.91 (37.61)				

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 3 Women 13 & Over 100 Yard Breaststroke)

	Name	Age	Team	Seed Time	Prelim Time	
24	Cuce, Elianna	14	SwimRVA	1:10.54	1:11.18	q
	33.30	1:11.18 (37.88)				
25	Ellis, Hannah	14	Stingrays Swim Team	1:11.12	1:11.48	q
	33.45	1:11.48 (38.03)				
26	Perry, Sophie	16	YMCA of the Triangle Area	1:11.15	1:11.49	q
	33.90	1:11.49 (37.59)				
27	Rawlins, Afsana	16	Tide Swimming	1:07.76	1:11.50	q
	33.60	1:11.50 (37.90)				
28	Cox, Madelynn	15	YMCA of the Triangle Area	1:13.64	1:11.54	q
	33.25	1:11.54 (38.29)				
29	Durrette, Sierra	13	SwimRVA	1:12.54	1:11.84	q
	34.23	1:11.84 (37.61)				
30	Kaufman, Sidney	16	SwimRVA	1:14.81	1:11.93	q
	34.01	1:11.93 (37.92)				
31	Roberts, Addyson	17	Tide Swimming	1:11.03	1:12.38	q
	33.50	1:12.38 (38.88)				
32	Healey, Caroline	17	YMCA of the Triangle Area	NT	1:12.59	q
	34.48	1:12.59 (38.11)				
33	Gahagan, Maggie	17	Tide Swimming	1:10.30	1:12.64	
	34.21	1:12.64 (38.43)				
34	Marcussen, Lise	17	Tide Swimming	1:11.66	1:12.70	
	34.31	1:12.70 (38.39)				
35	Wang, Sophie	13	Cavalier Aquatics - Piedmont Y	1:11.76	1:12.76	
	34.52	1:12.76 (38.24)				
36	Pittenger, Olivia	13	YMCA of the Triangle Area	1:14.16	1:13.17	
	34.60	1:13.17 (38.57)				
37	Swafford, Elizabeth	16	YMCA of the Triangle Area	1:12.05	1:13.22	
	35.50	1:13.22 (37.72)				
38	Marchione, Maris	15	Tide Swimming	1:14.94	1:13.29	
	35.67	1:13.29 (37.62)				
39	Stuart, Winifred	15	YMCA of the Triangle Area	1:11.12	1:13.60	
	34.59	1:13.60 (39.01)				
40	Vernon, Anne	17	Quest Swimming	1:11.40	1:13.64	
	34.35	1:13.64 (39.29)				
41	Van Schaften, Josie	16	SwimRVA	1:15.85	1:13.81	
	34.64	1:13.81 (39.17)				
42	Webb, Elizabeth	13	Lynchburg YMCA	1:13.19	1:13.97	
	34.49	1:13.97 (39.48)				
43	VanderBroek, Allie	17	YMCA of the Triangle Area	1:15.41	1:14.08	
	35.22	1:14.08 (38.86)				
44	Buckner, Adelaide	16	Battlefiels Area Star Swimmers	1:15.69	1:14.36	
	34.78	1:14.36 (39.58)				
45	Lehmann, Zofia	15	Tide Swimming	1:13.26	1:14.67	
	34.87	1:14.67 (39.80)				
46	Musto, Bernadette	16	Tide Swimming	1:11.58	1:14.78	
	35.49	1:14.78 (39.29)				
47	Brown, Chloe	13	SwimRVA	1:14.84	1:14.90	
	35.18	1:14.90 (39.72)				
48	Hinton, Carter	16	Quest Swimming	1:14.95	1:14.91	
	35.94	1:14.91 (38.97)				
49	Granger, Bermuda	18	Tide Swimming	1:16.47	1:15.00	
	35.40	1:15.00 (39.60)				

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 3 Women 13 & Over 100 Yard Breaststroke)

	Name	Age	Team	Seed Time	Prelim Time
50	Schoenfeld, Elyse	15	Tide Swimming	1:15.47	1:15.03
	35.93	1:15.03 (39.10)			
51	Peters, Riley	15	The Fish	1:16.16	1:15.12
	35.07	1:15.12 (40.05)			
52	Nicholson, Samantha	14	Cavalier Aquatics - Piedmont Y	1:15.39	1:15.51
	35.77	1:15.51 (39.74)			
53	Crotts, Kylee	14	SwimRVA	1:16.41	1:15.55
	35.05	1:15.55 (40.50)			
54	Schmidt, Meghan	18	SwimRVA	1:12.46	1:15.67
	35.79	1:15.67 (39.88)			
55	Baker, Haley	13	SwimRVA	1:15.92	1:16.22
	36.35	1:16.22 (39.87)			
56	Seward, Ella	14	SwimRVA	1:15.37	1:16.35
	36.28	1:16.35 (40.07)			
57	Walker, Madison	14	SwimRVA	1:16.41	1:16.46
	36.35	1:16.46 (40.11)			
58	Carden, Cadence	13	SwimRVA	1:18.47	1:16.57
	35.36	1:16.57 (41.21)			
59	Brown, Scotia	17	YMCA of the Triangle Area	1:14.51	1:18.96
	37.14	1:18.96 (41.82)			
60	Mears, Annalise	16	SwimRVA	1:18.35	1:19.41
	38.25	1:19.41 (41.16)			
61	Gao, Annie	15	The Fish	1:29.49	1:24.94
	40.19	1:24.94 (44.75)			
---	Garzon, Sasha	16	SwimRVA	1:09.15	DFS

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 4 Men 13 & Over 100 Yard Breaststroke

Meet Record: **53.86** **!** **11/3/2023** **John Taylor** **YOTA-NC**

55.89 **WJR USA-S Winter JRs**

57.99 **FUT USA-S Futures**

1:00.89 **YNAT YMCA SCY Nationals**

1:03.39 **VSR VSI SR Champs**

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	Taylor, John	19	YMCA of the Triangle Area	53.86	54.26	WJR
	25.72	54.26 (28.54)				
2	Moore, Maxwell	18	Cavalier Aquatics - Piedmont Y	57.16	55.81	WJR
	26.43	55.81 (29.38)				
3	Hoban, Owen	17	Stingrays Swim Team	57.72	56.98	FUT
	26.83	56.98 (30.15)				
4	Hodges, Joshua	16	Battlefiels Area Star Swimmers	58.17	58.00	YNAT
	27.13	58.00 (30.87)				
5	Warnagiris, Joseph	16	Winchester Swim Team	58.75	58.08	YNAT
	27.09	58.08 (30.99)				
6	Hepburn, Evan	16	YMCA of the Triangle Area	59.24	58.45	YNAT
	27.43	58.45 (31.02)				
7	Clippinger, Jack	16	SwimRVA	59.80	58.99	YNAT
	28.22	58.99 (30.77)				
8	Luzak, Landon	17	Tide Swimming	59.69	1:00.44	YNAT
	28.64	1:00.44 (31.80)				
B - Final						
9	Hathaway, Jacques	16	Battlefiels Area Star Swimmers	1:01.29	58.83	YNAT
	27.77	58.83 (31.06)				
10	Weber, Josiah	14	SwimRVA	1:01.40	59.66	YNAT
	28.02	59.66 (31.64)				
11	Schonfelder, Maxwell	17	Lynchburg YMCA	1:00.60	1:00.12	YNAT
	28.67	1:00.12 (31.45)				
12	Page, Logan	17	YMCA of the Triangle Area	1:01.55	1:00.63	YNAT
	28.93	1:00.63 (31.70)				
13	Lange, Carter	16	YMCA of the Triangle Area	1:01.82	1:00.87	YNAT
	28.01	1:00.87 (32.86)				
14	Tran, Patrick	17	Tide Swimming	1:02.05	1:01.83	VSR
	29.18	1:01.83 (32.65)				
15	Sawyer, Bradley	15	Cavalier Aquatics - Piedmont Y	1:01.60	1:01.87	VSR
	29.11	1:01.87 (32.76)				
16	Hu, Charles	17	The Fish	1:01.46	1:03.11	VSR
	28.75	1:03.11 (34.36)				
C - Final						
17	Volpe, Andrew	17	YMCA of the Triangle Area	1:02.70	1:00.55	YNAT
	28.53	1:00.55 (32.02)				
18	Lineberry, Alexander	18	Tide Swimming	1:03.01	1:01.36	VSR
	29.01	1:01.36 (32.35)				
*19	Sample, Finnian	16	The Fish	1:02.20	1:01.67	VSR
	28.54	1:01.67 (33.13)				
*19	DeVizia, Gabriel	15	YMCA of the Triangle Area	1:02.29	1:01.67	VSR
	29.65	1:01.67 (32.02)				
21	Robertson, Thatcher	15	Quest Swimming	1:02.77	1:02.57	VSR
	29.39	1:02.57 (33.18)				
22	Greer, Ayden	13	SwimRVA	1:02.46	1:02.78	VSR
	30.17	1:02.78 (32.61)				

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

C - Final ... (Event 4 Men 13 & Over 100 Yard Breaststroke)

	Name	Age	Team	Prelim Time	Finals Time	
23	Buckner, Theodore	17	Battlefiels Area Star Swimmers	1:02.97	1:02.89	VSR
	29.68	1:02.89 (33.21)				
24	Young, Floyd	14	SwimRVA	1:02.97	1:03.16	VSR
	29.81	1:03.16 (33.35)				

D - Final

25	Keough, Shane	14	YMCA of the Triangle Area	1:03.14	1:02.71	VSR
	30.05	1:02.71 (32.66)				
26	Hottle, Luke	14	Lynchburg YMCA	1:03.85	1:02.87	VSR
	30.06	1:02.87 (32.81)				
27	Wispelwey, Garrett	14	Cavalier Aquatics - Piedmont Y	1:05.00	1:04.66	
	30.82	1:04.66 (33.84)				
28	Zimmer, Julian	14	Quest Swimming	1:05.66	1:05.15	
	30.83	1:05.15 (34.32)				
29	Davidson, Charles	14	Cavalier Aquatics - Piedmont Y	1:05.49	1:05.24	
	31.34	1:05.24 (33.90)				
30	Cheatham, Zachary	14	SwimRVA	1:05.52	1:06.04	
	31.07	1:06.04 (34.97)				
31	Nelson, Broderick	13	Lynchburg YMCA	1:06.07	1:06.65	
	31.56	1:06.65 (35.09)				
---	Irvine, Jackson	14	Quest Swimming	1:09.56	DQ	
	31.94	DQ (35.22)				

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 4 Men 13 & Over 100 Yard Breaststroke

Meet Record: **53.86** **!** **11/3/2023** **John Taylor** **YOTA-NC**

55.89 **WJR USA-S Winter JRs**

57.99 **FUT USA-S Futures**

1:00.89 **YNAT YMCA SCY Nationals**

1:03.39 **VSR VSI SR Champs**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Taylor, John	19	YMCA of the Triangle Area	55.37	53.86 !	qWJR
	25.36	53.86 (28.50)				
2	Moore, Maxwell	18	Cavalier Aquatics - Piedmont Y	55.67	57.16	qFUT
	27.14	57.16 (30.02)				
3	Hoban, Owen	17	Stingrays Swim Team	58.66	57.72	qFUT
	27.13	57.72 (30.59)				
4	Hodges, Joshua	16	Battlefiels Area Star Swimmers	57.67	58.17	qYNAT
	27.03	58.17 (31.14)				
5	Warnagiris, Joseph	16	Winchester Swim Team	1:00.17	58.75	qYNAT
	27.72	58.75 (31.03)				
6	Hepburn, Evan	16	YMCA of the Triangle Area	58.69	59.24	qYNAT
	27.82	59.24 (31.42)				
7	Luzak, Landon	17	Tide Swimming	58.14	59.69	qYNAT
	28.18	59.69 (31.51)				
8	Clippinger, Jack	16	SwimRVA	59.49	59.80	qYNAT
	28.35	59.80 (31.45)				
9	Schonfelder, Maxwell	17	Lynchburg YMCA	58.19	1:00.60	qYNAT
	28.40	1:00.60 (32.20)				
10	Brehm, Alexander	16	SwimRVA	1:04.45	1:00.77	qYNAT
	28.86	1:00.77 (31.91)				
11	Hathaway, Jacques	16	Battlefiels Area Star Swimmers	59.07	1:01.29	qVSR
	28.68	1:01.29 (32.61)				
12	Weber, Josiah	14	SwimRVA	1:03.02	1:01.40	qVSR
	28.97	1:01.40 (32.43)				
13	Kelley, Collum	16	SwimRVA	1:04.70	1:01.41	qVSR
	28.45	1:01.41 (32.96)				
14	Hu, Charles	17	The Fish	1:01.84	1:01.46	qVSR
	28.76	1:01.46 (32.70)				
15	Page, Logan	17	YMCA of the Triangle Area	1:01.47	1:01.55	qVSR
	29.35	1:01.55 (32.20)				
16	Sawyer, Bradley	15	Cavalier Aquatics - Piedmont Y	1:00.75	1:01.60	qVSR
	29.29	1:01.60 (32.31)				
17	Lange, Carter	16	YMCA of the Triangle Area	1:04.77	1:01.82	qVSR
	29.02	1:01.82 (32.80)				
18	Tran, Patrick	17	Tide Swimming	1:00.73	1:02.05	qVSR
	29.59	1:02.05 (32.46)				
19	Sample, Finnian	16	The Fish	1:03.74	1:02.20	qVSR
	28.47	1:02.20 (33.73)				
20	DeVizia, Gabriel	15	YMCA of the Triangle Area	1:01.06	1:02.29	qVSR
	29.82	1:02.29 (32.47)				
21	Greer, Ayden	13	SwimRVA	1:07.64	1:02.46	qVSR
	30.19	1:02.46 (32.27)				
22	Volpe, Andrew	17	YMCA of the Triangle Area	59.45	1:02.70	qVSR
	29.02	1:02.70 (33.68)				
23	Robertson, Thatcher	15	Quest Swimming	1:03.23	1:02.77	qVSR
	29.31	1:02.77 (33.46)				

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 4 Men 13 & Over 100 Yard Breaststroke)

	Name	Age	Team	Seed Time	Prelim Time	
24	Young, Floyd	14	SwimRVA	1:01.61	1:02.97	qVSR
	29.70	1:02.97 (33.27)				
25	Buckner, Theodore	17	Battlefiels Area Star Swimmers	1:05.80	J1:02.97	qVSR
	29.39	1:02.97 (33.58)				
26	Lineberry, Alexander	18	Tide Swimming	1:03.14	1:03.01	qVSR
	29.36	1:03.01 (33.65)				
27	Keough, Shane	14	YMCA of the Triangle Area	1:05.55	1:03.14	qVSR
	30.67	1:03.14 (32.47)				
28	Olson, Thomas	17	Cavalier Aquatics - Piedmont Y	1:02.03	1:03.19	qVSR
	30.04	1:03.19 (33.15)				
29	Ross, Bennett	17	Tide Swimming	1:02.91	1:03.39	qVSR
	29.80	1:03.39 (33.59)				
30	Stevenson, Declund	16	Lynchburg YMCA	1:05.14	1:03.44	q
	29.60	1:03.44 (33.84)				
31	Loftin, Robert	18	SwimRVA	NT	1:03.52	q
	31.19	1:03.52 (32.33)				
32	White, John	16	YMCA of the Triangle Area	1:03.83	1:03.67	q
	30.50	1:03.67 (33.17)				
33	Hottle, Luke	14	Lynchburg YMCA	1:01.51	1:03.85	
	30.13	1:03.85 (33.72)				
34	Craig, Crawford	15	SwimRVA	1:07.92	1:03.89	
	29.96	1:03.89 (33.93)				
35	Salpeter, Troy	15	Tide Swimming	1:02.41	1:04.15	
	30.21	1:04.15 (33.94)				
36	Klimkiewicz, Owen	16	Tide Swimming	1:01.13	1:04.38	
	29.92	1:04.38 (34.46)				
37	Dugas, Graham	16	Battlefiels Area Star Swimmers	1:03.37	1:04.46	
	30.22	1:04.46 (34.24)				
38	Flores, Ayden	17	Tide Swimming	1:07.98	1:04.60	
	30.57	1:04.60 (34.03)				
39	Davies, Brody	16	Stingrays Swim Team	1:01.54	1:04.63	
	29.87	1:04.63 (34.76)				
40	Fulayter, Brandon	16	Stingrays Swim Team	1:02.97	1:04.68	
	30.01	1:04.68 (34.67)				
41	Salpeter, Brody	17	Tide Swimming	1:00.81	1:04.71	
	30.28	1:04.71 (34.43)				
42	Prudhomme, John	15	Tide Swimming	1:07.01	1:04.92	
	30.50	1:04.92 (34.42)				
43	Swartz, Tyler	17	Tide Swimming	1:00.22	1:04.98	
	30.81	1:04.98 (34.17)				
44	Wispelwey, Garrett	14	Cavalier Aquatics - Piedmont Y	1:08.97	1:05.00	
	30.94	1:05.00 (34.06)				
45	Stephens, Aden	16	Stingrays Swim Team	1:07.82	1:05.11	
	30.33	1:05.11 (34.78)				
46	Shelton, Evan	17	Tide Swimming	1:04.01	1:05.16	
	31.23	1:05.16 (33.93)				
47	Kessler, Jared	16	Stingrays Swim Team	1:03.59	1:05.20	
	30.73	1:05.20 (34.47)				
48	McCoy, Colt	16	Tide Swimming	1:03.95	1:05.33	
	30.72	1:05.33 (34.61)				
49	Harris, Bennett	17	YMCA of the Triangle Area	1:04.74	1:05.42	
	30.52	1:05.42 (34.90)				

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 4 Men 13 & Over 100 Yard Breaststroke)

	Name	Age	Team	Seed Time	Prelim Time
50	Spade, Gage	17	Tide Swimming	1:07.13	1:05.45
	30.61	1:05.45 (34.84)			
51	Davidson, Charles	14	Cavalier Aquatics - Piedmont Y	1:07.59	1:05.49
	31.99	1:05.49 (33.50)			
52	Cheatham, Zachary	14	SwimRVA	1:08.68	1:05.52
	31.17	1:05.52 (34.35)			
53	Zimmer, Julian	14	Quest Swimming	1:04.83	1:05.66
	31.16	1:05.66 (34.50)			
54	Kashinejad, Kaleb	17	SwimRVA	1:05.76	1:05.97
	30.96	1:05.97 (35.01)			
55	Nelson, Broderick	13	Lynchburg YMCA	1:06.68	1:06.07
	31.15	1:06.07 (34.92)			
56	Watterson, Landon	16	Stingrays Swim Team	1:05.25	1:06.40
	30.94	1:06.40 (35.46)			
57	Simons, Carden	16	Stingrays Swim Team	1:07.43	1:06.41
	31.60	1:06.41 (34.81)			
58	Garth, Ian	15	Tide Swimming	1:11.75	1:06.72
	31.43	1:06.72 (35.29)			
59	Boyden, Matthew	15	Tide Swimming	1:09.40	1:06.75
	31.17	1:06.75 (35.58)			
60	Babic, Sasha	17	SwimRVA	1:05.22	1:07.17
	31.02	1:07.17 (36.15)			
61	Lychak, Michael	15	YMCA of the Triangle Area	1:06.27	1:07.35
	31.13	1:07.35 (36.22)			
62	McCarthy, Connor	16	Quest Swimming	1:04.50	1:07.56
	31.88	1:07.56 (35.68)			
63	Wells, Gregory	16	Quest Swimming	1:09.19	1:07.75
	32.22	1:07.75 (35.53)			
64	Snyder, Avery	15	Lynchburg YMCA	1:04.64	1:07.98
	32.17	1:07.98 (35.81)			
65	McOsker, Patrick	16	Stingrays Swim Team	1:06.47	1:08.09
	32.24	1:08.09 (35.85)			
66	Grinsell, Patrick	15	Quest Swimming	1:10.27	1:08.58
	32.36	1:08.58 (36.22)			
67	Goad, Jackson	17	Quest Swimming	1:04.13	1:09.25
	32.54	1:09.25 (36.71)			
68	Harmon, Dahmon	17	Tide Swimming	1:05.49	1:09.27
	31.98	1:09.27 (37.29)			
69	Irvine, Jackson	14	Quest Swimming	1:06.98	1:09.56
	32.66	1:09.56 (36.90)			
70	Ferreira, Lucas	18	YMCA of the Triangle Area	1:09.92	1:09.74
	33.49	1:09.74 (36.25)			
71	Bradley, Connor	15	Tide Swimming	1:04.40	1:10.74
	33.14	1:10.74 (37.60)			
72	Kibler, Christian	13	Battlefiels Area Star Swimmers	1:08.73	1:11.63
	32.89	1:11.63 (38.74)			
73	Stowell, Ethan	16	Tide Swimming	1:12.06	1:12.87
	34.75	1:12.87 (38.12)			
74	Campbell, Cole	14	Lynchburg YMCA	1:08.55	1:14.64
	34.41	1:14.64 (40.23)			
---	Cullaty, John	15	Cavalier Aquatics - Piedmont Y	1:04.14	DQ
	29.80	DQ (33.24)			
---	Goad, Zachary	16	Quest Swimming	1:01.03	DQ
	29.19	DQ (33.85)			

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 4 Men 13 & Over 100 Yard Breaststroke)

	Name	Age	Team	Seed Time	Prelim Time
---	Bradbury, Charles	15	SwimRVA	1:09.96	DQ
	30.61	DQ (35.55)			

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 5 Women 13 & Over 100 Yard Butterfly

Meet Record: **54.25** **!** **11/3/2023** **Nicole Venema** **TIDE -VA**
54.69 **WJR USA-S Winter JRs**
56.59 **FUT USA-S Futures**
58.99 **YNAT YMCA SCY Nationals**
1:00.19 **VSR VSI SR Champs**

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	Venema, Nicole	22	Tide Swimming	57.22	54.25 !	WJR
	25.65	54.25 (28.60)				
2	Davis, Grey	17	Battlefiels Area Star Swimmers	56.29	54.83	FUT
	25.40	54.83 (29.43)				
3	Callis, Emerson	15	Quest Swimming	55.03	54.91	FUT
	25.89	54.91 (29.02)				
4	Duffy, Savannah	14	Stingrays Swim Team	56.41	55.45	FUT
	26.15	55.45 (29.30)				
5	Redman, Emma	17	The Fish	56.10	56.02	FUT
	26.19	56.02 (29.83)				
6	Kohler, Sofia	17	Tide Swimming	58.05	58.02	YNAT
	27.25	58.02 (30.77)				
7	Cosner, Emerson	17	Quest Swimming	58.15	58.26	YNAT
	27.22	58.26 (31.04)				
8	Vernon, Allison	15	Quest Swimming	57.18	58.42	YNAT
	26.85	58.42 (31.57)				
B - Final						
9	Osada, Elizabeth	15	Cavalier Aquatics - Piedmont Y	58.22	56.56	FUT
	26.41	56.56 (30.15)				
10	Canada, Raegan	16	Quest Swimming	58.54	57.85	YNAT
	26.99	57.85 (30.86)				
11	Phillips, Lily	15	Cavalier Aquatics - Piedmont Y	58.19	58.10	YNAT
	27.30	58.10 (30.80)				
12	Duffy, Dara	16	Tide Swimming	58.57	58.22	YNAT
	27.17	58.22 (31.05)				
13	Van Schaften, Josie	16	SwimRVA	59.13	58.49	YNAT
	26.95	58.49 (31.54)				
14	Marchione, Maris	15	Tide Swimming	58.18	58.63	YNAT
	27.67	58.63 (30.96)				
15	Hoover, Davia	17	Stingrays Swim Team	58.75	58.80	YNAT
	27.52	58.80 (31.28)				
16	Sherman, Lila	14	The Fish	58.88	59.06	VSR
	27.80	59.06 (31.26)				
C - Final						
17	Kang, Sarah	17	SwimRVA	59.30	57.86	YNAT
	27.19	57.86 (30.67)				
18	Oluwabusola, Mya	16	Tide Swimming	59.24	58.32	YNAT
	27.64	58.32 (30.68)				
19	Sullivan, Sophia	18	SwimRVA	59.24	58.41	YNAT
	27.45	58.41 (30.96)				
20	Miyashita, Libby	16	SwimRVA	59.44	58.48	YNAT
	27.97	58.48 (30.51)				
21	Ix, Sara	17	Quest Swimming	59.46	59.01	VSR
	27.60	59.01 (31.41)				
22	Organ, Macy	16	YMCA of the Triangle Area	59.44	59.28	VSR
	27.94	59.28 (31.34)				

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

C - Final ... (Event 5 Women 13 & Over 100 Yard Butterfly)

	Name	Age	Team	Prelim Time	Finals Time	
23	Mierenfeld, Ellie	15	SwimRVA	59.52	59.63	VSR
	28.63	59.63 (31.00)				
24	McCardle, Grace	17	Battlefiels Area Star Swimmers	59.86	1:01.43	
	28.48	1:01.43 (32.95)				

D - Final

25	Meyer, Amelie	14	Cavalier Aquatics - Piedmont Y	1:00.14	59.83	VSR
	28.32	59.83 (31.51)				
26	Ellis, Hannah	14	Stingrays Swim Team	59.93	1:00.31	
	27.61	1:00.31 (32.70)				
27	Keith, Ashlyn	13	SwimRVA	1:01.43	1:01.04	
	29.71	1:01.04 (31.33)				
28	Holt, Ann-Margaret	14	Lynchburg YMCA	1:04.26	1:01.84	
	29.11	1:01.84 (32.73)				
29	Rancka, Hadley	14	SwimRVA	1:02.30	1:02.65	
	28.86	1:02.65 (33.79)				
30	Crotts, Kylee	14	SwimRVA	1:04.34	1:02.78	
	29.32	1:02.78 (33.46)				
31	Smithson, Parker	14	Quest Swimming	1:03.74	1:03.69	
	29.66	1:03.69 (34.03)				
32	McNutt, Payton	14	YMCA of the Triangle Area	1:04.39	1:03.80	
	29.37	1:03.80 (34.43)				

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 5 Women 13 & Over 100 Yard Butterfly

Meet Record: **54.25** **!** **11/3/2023** **Nicole Venema** **TIDE -VA**
54.69 **WJR USA-S Winter JRs**
56.59 **FUT USA-S Futures**
58.99 **YNAT YMCA SCY Nationals**
1:00.19 **VSR VSI SR Champs**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Callis, Emerson	15	Quest Swimming	54.03	55.03	qFUT
	25.95	55.03 (29.08)				
2	Redman, Emma	17	The Fish	53.80	56.10	qFUT
	26.35	56.10 (29.75)				
3	Davis, Grey	17	Battlefiels Area Star Swimmers	53.04	56.29	qFUT
	26.01	56.29 (30.28)				
4	Duffy, Savannah	14	Stingrays Swim Team	56.72	56.41	qFUT
	26.49	56.41 (29.92)				
5	Vernon, Allison	15	Quest Swimming	57.00	57.18	qYNAT
	26.88	57.18 (30.30)				
6	Venema, Nicole	22	Tide Swimming	51.95	57.22	qYNAT
	27.10	57.22 (30.12)				
7	Kohler, Sofia	17	Tide Swimming	57.49	58.05	qYNAT
	27.53	58.05 (30.52)				
8	Cosner, Emerson	17	Quest Swimming	57.63	58.15	qYNAT
	27.54	58.15 (30.61)				
9	Marchione, Maris	15	Tide Swimming	58.92	58.18	qYNAT
	27.51	58.18 (30.67)				
10	Phillips, Lily	15	Cavalier Aquatics - Piedmont Y	59.95	58.19	qYNAT
	27.87	58.19 (30.32)				
11	Osada, Elizabeth	15	Cavalier Aquatics - Piedmont Y	56.64	58.22	qYNAT
	26.80	58.22 (31.42)				
12	Canada, Raegan	16	Quest Swimming	56.68	58.54	qYNAT
	26.58	58.54 (31.96)				
13	Duffy, Dara	16	Tide Swimming	57.39	58.57	qYNAT
	27.23	58.57 (31.34)				
14	Hoover, Davia	17	Stingrays Swim Team	59.86	58.75	qYNAT
	27.36	58.75 (31.39)				
15	Sherman, Lila	14	The Fish	59.15	58.88	qYNAT
	27.71	58.88 (31.17)				
16	Van Schaften, Josie	16	SwimRVA	57.70	59.13	qVSR
	27.11	59.13 (32.02)				
17	Oluwabusola, Mya	16	Tide Swimming	59.64	59.24	qVSR
	28.05	59.24 (31.19)				
18	Sullivan, Sophia	18	SwimRVA	1:00.52	J59.24	qVSR
	27.49	59.24 (31.75)				
19	Kang, Sarah	17	SwimRVA	58.80	59.30	qVSR
	27.18	59.30 (32.12)				
*20	Organ, Macy	16	YMCA of the Triangle Area	58.94	59.44	qVSR
	28.34	59.44 (31.10)				
*20	Miyashita, Libby	16	SwimRVA	59.01	59.44	qVSR
	27.92	59.44 (31.52)				
22	Ix, Sara	17	Quest Swimming	1:00.49	59.46	qVSR
	27.93	59.46 (31.53)				
23	Mierenfeld, Ellie	15	SwimRVA	1:03.29	59.52	qVSR
	28.31	59.52 (31.21)				

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 5 Women 13 & Over 100 Yard Butterfly)

	Name	Age	Team	Seed Time	Prelim Time	
24	McCardle, Grace	17	Battlefiels Area Star Swimmers	58.12	59.86	qVSR
	27.61	59.86 (32.25)				
25	Ellis, Hannah	14	Stingrays Swim Team	1:00.69	59.93	qVSR
	27.84	59.93 (32.09)				
26	Wells, Sara	16	Cavalier Aquatics - Piedmont Y	58.69	1:00.11	qVSR
	28.41	1:00.11 (31.70)				
27	Meyer, Amelie	14	Cavalier Aquatics - Piedmont Y	59.77	1:00.14	qVSR
	28.07	1:00.14 (32.07)				
28	Schundler, Elizabeth	17	Battlefiels Area Star Swimmers	59.32	1:00.25	q
	28.30	1:00.25 (31.95)				
29	Lundeberg, Ilsa	17	Quest Swimming	58.85	1:00.29	q
	28.03	1:00.29 (32.26)				
30	Mitchell, Aubrey	15	YMCA of the Triangle Area	1:01.93	1:00.89	q
	28.65	1:00.89 (32.24)				
*31	Brecke, Avery	15	Tide Swimming	1:00.46	1:01.05	q
	29.12	1:01.05 (31.93)				
*31	Wright, Margaret Ann	15	Tide Swimming	1:00.59	1:01.05	q
	28.74	1:01.05 (32.31)				
33	Woolley, Jamison	17	Tide Swimming	1:02.07	1:01.23	
	28.38	1:01.23 (32.85)				
34	Gallant, Emma	15	Tide Swimming	1:01.88	1:01.25	
	28.89	1:01.25 (32.36)				
35	Grabowski, Arielle	16	Stingrays Swim Team	1:01.59	1:01.33	
	28.59	1:01.33 (32.74)				
36	Keith, Ashlyn	13	SwimRVA	58.46	1:01.43	
	29.17	1:01.43 (32.26)				
37	Everhart, Norah	15	Tide Swimming	1:00.12	1:01.53	
	28.73	1:01.53 (32.80)				
38	Rogerson, Annika	16	SwimRVA	1:02.03	1:01.57	
	28.42	1:01.57 (33.15)				
39	Fickenscher, Elliot	16	Tide Swimming	1:00.12	1:01.65	
	29.05	1:01.65 (32.60)				
40	Healey, Caroline	17	YMCA of the Triangle Area	1:00.17	1:01.70	
	29.22	1:01.70 (32.48)				
41	Brown, Sarah	18	Quest Swimming	59.66	1:01.74	
	28.94	1:01.74 (32.80)				
42	Kaufman, Sidney	16	SwimRVA	NT	1:01.79	
	28.35	1:01.79 (33.44)				
43	Timmons, Madeline	17	Tide Swimming	1:02.62	1:01.80	
	29.28	1:01.80 (32.52)				
44	Watts, Emma	15	The Fish	59.67	1:01.87	
	28.44	1:01.87 (33.43)				
45	Witthoefft, Charlotte	15	Quest Swimming	1:02.26	1:01.97	
	29.12	1:01.97 (32.85)				
46	Taylor, Avery	16	Tide Swimming	1:03.12	1:02.00	
	28.94	1:02.00 (33.06)				
47	Jones, London	16	Stingrays Swim Team	1:03.24	1:02.20	
	29.03	1:02.20 (33.17)				
48	Rancka, Hadley	14	SwimRVA	1:01.21	1:02.30	
	28.59	1:02.30 (33.71)				
49	DiGiacomo, Sirena	15	SwimRVA	1:02.05	1:02.52	
	29.45	1:02.52 (33.07)				

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 5 Women 13 & Over 100 Yard Butterfly)

	Name	Age	Team	Seed Time	Prelim Time
50	Bryant, Maeve	17	Quest Swimming	1:00.46	1:02.75
	29.21	1:02.75 (33.54)			
51	Gentile, Morgan	17	YMCA of the Triangle Area	1:03.28	1:02.80
	29.64	1:02.80 (33.16)			
*52	Sowers, Samantha	16	Stingrays Swim Team	57.47	1:03.06
	28.10	1:03.06 (34.96)			
*52	Zimmer, Emily	16	Quest Swimming	1:05.02	1:03.06
	29.70	1:03.06 (33.36)			
54	Eberle, Layla	15	Tide Swimming	59.88	1:03.17
	29.60	1:03.17 (33.57)			
55	Whiteman, Sydney	15	Tide Swimming	1:00.97	1:03.37
	29.84	1:03.37 (33.53)			
56	Seward, Ella	14	SwimRVA	1:00.87	1:03.54
	30.34	1:03.54 (33.20)			
57	Skelly, Marilyn	16	YMCA of the Triangle Area	1:01.03	1:03.67
	30.19	1:03.67 (33.48)			
58	Smithson, Parker	14	Quest Swimming	1:01.32	1:03.74
	29.61	1:03.74 (34.13)			
59	Modrak, Payton	15	Quest Swimming	1:04.96	1:03.88
	29.81	1:03.88 (34.07)			
60	Granger, Bermuda	18	Tide Swimming	1:02.00	1:03.98
	29.63	1:03.98 (34.35)			
61	Jones, Kyrsten	15	Tide Swimming	1:03.25	1:04.13
	30.76	1:04.13 (33.37)			
62	Holt, Ann-Margaret	14	Lynchburg YMCA	1:05.60	1:04.26
	30.13	1:04.26 (34.13)			
*63	Crotts, Kylee	14	SwimRVA	1:03.17	1:04.34
	29.59	1:04.34 (34.75)			
*63	Giroud, Caroline	16	Tide Swimming	1:04.79	1:04.34
	30.30	1:04.34 (34.04)			
65	McNutt, Payton	14	YMCA of the Triangle Area	1:05.55	1:04.39
	29.48	1:04.39 (34.91)			
66	Hodulik, Sydney	16	YMCA of the Triangle Area	1:05.73	1:04.68
	30.11	1:04.68 (34.57)			
67	Ilina, Paulina	16	Stingrays Swim Team	1:07.39	1:04.80
	30.67	1:04.80 (34.13)			
68	Christopherson, Virginia	14	YMCA of the Triangle Area	1:06.90	1:04.99
	30.68	1:04.99 (34.31)			
69	VanderBroek, Allie	17	YMCA of the Triangle Area	1:03.93	1:05.09
	29.90	1:05.09 (35.19)			
70	O'Keefe, Paige	17	YMCA of the Triangle Area	1:00.77	1:05.37
	31.19	1:05.37 (34.18)			
71	Woodruff, Taylor	13	Lynchburg YMCA	1:07.21	1:05.68
	30.82	1:05.68 (34.86)			
72	Pirone, Luca	16	YMCA of the Triangle Area	1:02.20	1:05.82
	30.20	1:05.82 (35.62)			
73	Lerch, Savannah	13	Stingrays Swim Team	1:08.71	1:05.92
	30.45	1:05.92 (35.47)			
*74	Hines, Nelle	17	Battlefiels Area Star Swimmers	1:02.44	1:06.03
	30.65	1:06.03 (35.38)			
*74	Crowder, Audrey	16	YMCA of the Triangle Area	1:02.26	1:06.03
	30.77	1:06.03 (35.26)			
76	Swafford, Elizabeth	16	YMCA of the Triangle Area	1:05.83	1:06.24
	31.51	1:06.24 (34.73)			

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 5 Women 13 & Over 100 Yard Butterfly)

	Name	Age	Team	Seed Time	Prelim Time
77	Cheng, Helen	16	YMCA of the Triangle Area	1:11.88	1:06.38
	31.05	1:06.38 (35.33)			
78	Lange, Campbell	13	YMCA of the Triangle Area	1:09.13	1:06.62
	30.77	1:06.62 (35.85)			
79	Mason, Ansley	14	YMCA of the Triangle Area	1:06.78	1:06.80
	30.94	1:06.80 (35.86)			
80	Volpe, Alena	15	YMCA of the Triangle Area	1:05.57	1:06.89
	31.43	1:06.89 (35.46)			
81	Snyder, Paige	14	YMCA of the Triangle Area	1:04.82	1:06.94
	31.46	1:06.94 (35.48)			
82	Fishburn, Poppy	14	YMCA of the Triangle Area	1:06.61	1:07.31
	31.80	1:07.31 (35.51)			
83	Wang, Sophie	13	Cavalier Aquatics - Piedmont Y	1:05.61	1:07.42
	31.31	1:07.42 (36.11)			
84	Moore, Morgan	18	Stingrays Swim Team	1:07.35	1:07.58
	31.61	1:07.58 (35.97)			
85	Musto, Bernadette	16	Tide Swimming	1:00.27	1:07.63
	30.85	1:07.63 (36.78)			
86	Sheehan, Kate	15	The Fish	1:08.45	1:08.14
	31.38	1:08.14 (36.76)			
87	Eubanks, Leah	13	The Fish	1:13.69	1:08.21
	31.76	1:08.21 (36.45)			
88	Carden, Cadence	13	SwimRVA	1:07.21	1:08.23
	30.41	1:08.23 (37.82)			
89	Cox, Madelynn	15	YMCA of the Triangle Area	1:10.35	1:08.42
	30.97	1:08.42 (37.45)			
90	Cobean, Evelyn	15	Quest Swimming	1:12.67	1:09.00
	32.11	1:09.00 (36.89)			
91	Bentley, Grace	17	Eastern Shore YMCA	1:04.30	1:09.02
	30.92	1:09.02 (38.10)			
92	Wertzler, Eleanor	14	The Fish	1:07.06	1:10.00
	31.29	1:10.00 (38.71)			
93	Gao, Annie	15	The Fish	1:06.44	1:10.31
	32.03	1:10.31 (38.28)			
94	Brewer, Lauren	15	YMCA of the Triangle Area	1:09.57	1:10.72
	32.38	1:10.72 (38.34)			
95	Brown, Chloe	13	SwimRVA	1:13.77	1:11.51
	33.04	1:11.51 (38.47)			
96	Cuce, Elianna	14	SwimRVA	1:16.15	1:13.07
	32.68	1:13.07 (40.39)			
97	Freeman, Casey	16	YMCA of the Triangle Area	1:24.17	1:19.58
	37.04	1:19.58 (42.54)			
---	Ismailova, Diana	15	Cavalier Aquatics - Piedmont Y	58.71	DQ
	28.38	DQ (31.95)			
---	Everhart, Charlotte	17	Tide Swimming	1:01.02	DQ
	29.30	DQ (31.93)			
---	Womble, Peyton	15	YMCA of the Triangle Area	1:00.86	DQ
	27.95	DQ (31.76)			
---	Henry, Emani	16	SwimRVA	1:07.59	DFS
---	Bailey, Brooke	17	SwimRVA	58.36	DFS
---	Sherrill, Hannah	16	SwimRVA	1:02.48	DFS

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 6 Men 13 & Over 100 Yard Butterfly

Meet Record: **48.81 ! 11/3/2023 Jack Mills LY-VA**
48.99 WJR USA-S Winter JRs
50.59 FUT USA-S Futures
52.79 YNAT YMCA SCY Nationals
54.39 VSR VSI SR Champs

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	Mills, Jack	18	Lynchburg YMCA	49.56	48.81 !	WJR
	23.04	48.81 (25.77)				
2	Hoban, Owen	17	Stingrays Swim Team	49.33	48.97	WJR
	22.57	48.97 (26.40)				
3	Lugo, Andrew	17	Winchester Swim Team	50.82	50.57	FUT
	23.81	50.57 (26.76)				
4	Mori, Axel	18	YMCA of the Triangle Area	52.62	52.14	YNAT
	23.87	52.14 (28.27)				
5	Wang, Richard	16	Cavalier Aquatics - Piedmont Y	52.20	52.17	YNAT
	24.12	52.17 (28.05)				
6	Edmondson, Eli	16	YMCA of the Triangle Area	52.10	52.19	YNAT
	24.84	52.19 (27.35)				
7	Keenan, Nathaniel	18	Tide Swimming	52.38	52.79	YNAT
	25.01	52.79 (27.78)				
8	Cullaty, John	15	Cavalier Aquatics - Piedmont Y	52.71	53.14	VSR
	24.82	53.14 (28.32)				
B - Final						
9	Knapp, Parker	15	Tide Swimming	52.88	52.29	YNAT
	24.92	52.29 (27.37)				
10	Easton, Chase	15	Cavalier Aquatics - Piedmont Y	52.80	52.55	YNAT
	24.70	52.55 (27.85)				
11	Humbert, Jack	16	YMCA of the Triangle Area	52.94	52.68	YNAT
	24.59	52.68 (28.09)				
12	Marshall, Connor	17	Cavalier Aquatics - Piedmont Y	52.71	53.14	VSR
	24.97	53.14 (28.17)				
13	Soliman, David	16	YMCA of the Triangle Area	53.79	53.72	VSR
	25.15	53.72 (28.57)				
14	Edmondson, Josiah	18	YMCA of the Triangle Area	53.66	54.22	VSR
	25.64	54.22 (28.58)				
15	VanSlyke, John	17	Tide Swimming	53.13	54.23	VSR
	25.34	54.23 (28.89)				
16	Hodges, Joshua	16	Battlefiels Area Star Swimmers	53.52	55.08	
	24.97	55.08 (30.11)				
C - Final						
17	McOsker, Ryan	17	Stingrays Swim Team	54.38	53.35	VSR
	24.77	53.35 (28.58)				
18	Dykman, Robert	16	Stingrays Swim Team	54.56	53.70	VSR
	25.02	53.70 (28.68)				
19	Alexander, Jonathan	18	Battlefiels Area Star Swimmers	54.23	53.78	VSR
	26.07	53.78 (27.71)				
20	Sawyer, Bradley	15	Cavalier Aquatics - Piedmont Y	53.98	54.17	VSR
	25.14	54.17 (29.03)				
21	Moore, Ryan	15	Stingrays Swim Team	54.35	54.22	VSR
	25.45	54.22 (28.77)				
22	Garth, Ian	15	Tide Swimming	54.62	54.23	VSR
	24.93	54.23 (29.30)				

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

C - Final ... (Event 6 Men 13 & Over 100 Yard Butterfly)

	Name	Age	Team	Prelim Time	Finals Time
23	Alexander, Charles	15	Cavalier Aquatics - Piedmont Y	54.56	54.93
	25.86	54.93 (29.07)			
24	Knight, Benjamin	16	Tide Swimming	54.47	55.37
	25.62	55.37 (29.75)			

D - Final

25	Zimmer, Julian	14	Quest Swimming	55.69	54.54
	25.92	54.54 (28.62)			
26	Young, Floyd	14	SwimRVA	54.92	54.78
	25.73	54.78 (29.05)			
27	Feighner, Nolan	13	SwimRVA	56.45	56.15
	26.35	56.15 (29.80)			
28	Woodruff, Graham	14	Lynchburg YMCA	58.17	56.24
	26.19	56.24 (30.05)			
29	Greer, Ayden	13	SwimRVA	56.58	56.92
	27.05	56.92 (29.87)			
30	Rice, Hudson	14	Lynchburg YMCA	57.36	57.01
	27.00	57.01 (30.01)			
31	Dilber, Sarp	14	The Fish	56.67	57.99
	27.06	57.99 (30.93)			
32	Fisher, Zach	13	Quest Swimming	57.82	58.56
	27.05	58.56 (31.51)			

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 6 Men 13 & Over 100 Yard Butterfly

Meet Record: **48.81** **!** **11/3/2023** **Jack Mills** **LY-VA**
48.99 **WJR USA-S Winter JRs**
50.59 **FUT USA-S Futures**
52.79 **YNAT YMCA SCY Nationals**
54.39 **VSR VSI SR Champs**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Hoban, Owen	17	Stingrays Swim Team	49.80	49.33	qFUT
	22.97	49.33 (26.36)				
2	Mills, Jack	18	Lynchburg YMCA	48.21	49.56	qFUT
	23.11	49.56 (26.45)				
3	Pfannenstein, Jeffrey	26	SwimRVA	49.87	50.47	qFUT
	23.22	50.47 (27.25)				
4	Lugo, Andrew	17	Winchester Swim Team	50.29	50.82	qYNAT
	23.91	50.82 (26.91)				
5	Edmondson, Eli	16	YMCA of the Triangle Area	51.53	52.10	qYNAT
	24.79	52.10 (27.31)				
6	Wang, Richard	16	Cavalier Aquatics - Piedmont Y	50.87	52.20	qYNAT
	24.16	52.20 (28.04)				
7	Keenan, Nathaniel	18	Tide Swimming	51.10	52.38	qYNAT
	24.85	52.38 (27.53)				
8	Mori, Axel	18	YMCA of the Triangle Area	51.73	52.62	qYNAT
	24.31	52.62 (28.31)				
9	Cullaty, John	15	Cavalier Aquatics - Piedmont Y	53.62	52.71	qYNAT
	24.62	52.71 (28.09)				
10	Marshall, Connor	17	Cavalier Aquatics - Piedmont Y	52.17	J52.71	qYNAT
	24.97	52.71 (27.74)				
11	Easton, Chase	15	Cavalier Aquatics - Piedmont Y	53.63	52.80	qVSR
	24.76	52.80 (28.04)				
12	Knapp, Parker	15	Tide Swimming	53.07	52.88	qVSR
	24.62	52.88 (28.26)				
13	Humbert, Jack	16	YMCA of the Triangle Area	51.83	52.94	qVSR
	24.76	52.94 (28.18)				
14	Loftin, Robert	18	SwimRVA	53.25	53.06	qVSR
	24.91	53.06 (28.15)				
15	VanSlyke, John	17	Tide Swimming	52.98	53.13	qVSR
	25.05	53.13 (28.08)				
16	Hodges, Joshua	16	Battlefiels Area Star Swimmers	55.34	53.52	qVSR
	24.80	53.52 (28.72)				
17	Edmondson, Josiah	18	YMCA of the Triangle Area	53.07	53.66	qVSR
	24.67	53.66 (28.99)				
18	Soliman, David	16	YMCA of the Triangle Area	53.87	53.79	qVSR
	25.11	53.79 (28.68)				
19	Sawyer, Bradley	15	Cavalier Aquatics - Piedmont Y	54.52	53.98	qVSR
	24.96	53.98 (29.02)				
20	Kelley, Collum	16	SwimRVA	54.15	54.03	qVSR
	24.72	54.03 (29.31)				
21	Alexander, Jonathan	18	Battlefiels Area Star Swimmers	53.30	54.23	qVSR
	26.03	54.23 (28.20)				
22	Moore, Ryan	15	Stingrays Swim Team	55.92	54.35	qVSR
	25.18	54.35 (29.17)				
23	McOsker, Ryan	17	Stingrays Swim Team	52.07	54.38	qVSR
	24.99	54.38 (29.39)				

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 6 Men 13 & Over 100 Yard Butterfly)

	Name	Age	Team	Seed Time	Prelim Time	
24	Knight, Benjamin	16	Tide Swimming	54.19	54.47	q
	25.35	54.47 (29.12)				
*25	Dykman, Robert	16	Stingrays Swim Team	55.70	54.56	q
	24.91	54.56 (29.65)				
*25	Alexander, Charles	15	Cavalier Aquatics - Piedmont Y	54.04	54.56	q
	25.70	54.56 (28.86)				
27	Garth, Ian	15	Tide Swimming	53.70	54.62	q
	25.22	54.62 (29.40)				
28	Goad, Zachary	16	Quest Swimming	52.04	54.64	q
	25.52	54.64 (29.12)				
29	Schonfelder, Maxwell	17	Lynchburg YMCA	52.18	54.68	q
	25.51	54.68 (29.17)				
30	Hu, Charles	17	The Fish	54.10	54.80	q
	25.32	54.80 (29.48)				
31	Wiese, Cooper	17	YMCA of the Triangle Area	55.50	54.83	q
	25.61	54.83 (29.22)				
*32	Adye, Timothy	16	The Fish	56.68	54.92	q
	25.87	54.92 (29.05)				
*32	Young, Floyd	14	SwimRVA	55.16	54.92	q
	25.35	54.92 (29.57)				
Swim-Off Required						
34	Burkey, Tucker	16	Quest Swimming	54.26	54.93	
	25.62	54.93 (29.31)				
35	Goedecke, Colin	17	Tide Swimming	54.27	55.08	
	26.38	55.08 (28.70)				
36	Lajoie, Benjamin	16	YMCA of the Triangle Area	55.31	55.21	
	26.24	55.21 (28.97)				
37	Spade, Gage	17	Tide Swimming	55.88	55.29	
	25.91	55.29 (29.38)				
38	Tran, Vincent	16	Tide Swimming	56.51	55.38	
	25.93	55.38 (29.45)				
39	Dingman, Casey	17	SwimRVA	55.18	55.46	
	25.37	55.46 (30.09)				
40	Jones, Joshua	15	YMCA of the Triangle Area	56.62	55.49	
	25.98	55.49 (29.51)				
41	Pearce, William	17	YMCA of the Triangle Area	55.42	55.51	
	26.06	55.51 (29.45)				
42	Zimmer, Julian	14	Quest Swimming	55.04	55.69	
	26.24	55.69 (29.45)				
43	Brooks, Henry	16	SwimRVA	55.72	55.77	
	26.46	55.77 (29.31)				
44	Bergmann, Theodor	16	Cavalier Aquatics - Piedmont Y	55.80	56.03	
	27.04	56.03 (28.99)				
45	Hathaway, Jacques	16	Battlefiels Area Star Swimmers	56.68	56.04	
	25.86	56.04 (30.18)				
46	Warren, Joshua	16	Lynchburg YMCA	56.65	56.10	
	26.32	56.10 (29.78)				
47	Bradbury, Charles	15	SwimRVA	57.76	56.15	
	26.27	56.15 (29.88)				
48	Shelton, Evan	17	Tide Swimming	55.36	56.38	
	26.71	56.38 (29.67)				
49	Feighner, Nolan	13	SwimRVA	56.35	56.45	
	26.38	56.45 (30.07)				

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 6 Men 13 & Over 100 Yard Butterfly)

	Name	Age	Team	Seed Time	Prelim Time
50	Hottle, Davis	16	Lynchburg YMCA	53.88	56.49
	26.36	56.49 (30.13)			
51	Greer, Ayden	13	SwimRVA	57.11	56.58
	27.19	56.58 (29.39)			
52	Dilber, Sarp	14	The Fish	1:02.44	56.67
	26.98	56.67 (29.69)			
53	Guthrie, Hunter	15	The Fish	57.66	56.69
	26.75	56.69 (29.94)			
54	Nabors, Carter	17	SwimRVA	54.85	56.84
	25.62	56.84 (31.22)			
55	Sample, Finnian	16	The Fish	1:03.27	56.85
	26.93	56.85 (29.92)			
56	Keenan, Alexander	15	Tide Swimming	57.40	56.86
	26.81	56.86 (30.05)			
57	Luzak, Landon	17	Tide Swimming	53.69	56.88
	26.65	56.88 (30.23)			
58	Shenk, Cole	16	SwimRVA	54.97	56.97
	25.78	56.97 (31.19)			
59	Burnett, Edward	16	SwimRVA	56.50	57.00
	26.90	57.00 (30.10)			
60	Buckner, Theodore	17	Battlefiels Area Star Swimmers	58.15	57.07
	26.78	57.07 (30.29)			
61	Stratton, Nicholas	15	Tide Swimming	57.40	57.09
	26.82	57.09 (30.27)			
62	Flores, Ayden	17	Tide Swimming	58.92	57.21
	27.12	57.21 (30.09)			
63	Craig, Crawford	15	SwimRVA	58.86	57.25
	27.00	57.25 (30.25)			
64	Rice, Hudson	14	Lynchburg YMCA	56.05	57.36
	27.20	57.36 (30.16)			
65	Hess, Malcolm	15	Quest Swimming	56.63	57.49
	26.71	57.49 (30.78)			
66	Rogers, Andrew	18	Lynchburg YMCA	55.71	57.52
	26.98	57.52 (30.54)			
67	Robertson, Thatcher	15	Quest Swimming	58.85	57.62
	26.85	57.62 (30.77)			
68	Stephens, Aden	16	Stingrays Swim Team	55.82	57.65
	26.86	57.65 (30.79)			
69	White, John	16	YMCA of the Triangle Area	58.85	57.71
	26.79	57.71 (30.92)			
70	Dugas, Graham	16	Battlefiels Area Star Swimmers	57.70	57.75
	26.66	57.75 (31.09)			
71	Fisher, Zach	13	Quest Swimming	58.63	57.82
	26.87	57.82 (30.95)			
72	Woodruff, Graham	14	Lynchburg YMCA	56.39	58.17
	26.94	58.17 (31.23)			
73	Klimkiewicz, Owen	16	Tide Swimming	57.22	58.42
	27.42	58.42 (31.00)			
74	Kashinejad, Kaleb	17	SwimRVA	58.05	58.43
	26.67	58.43 (31.76)			
75	Temple, Austin	15	Tide Swimming	56.62	58.45
	26.55	58.45 (31.90)			
76	Davis, James	15	YMCA of the Triangle Area	57.72	58.50
	27.47	58.50 (31.03)			

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 6 Men 13 & Over 100 Yard Butterfly)

	Name	Age	Team	Seed Time	Prelim Time
77	Newman, Cole	16	YMCA of the Triangle Area	59.54	58.71
	26.93	58.71 (31.78)			
78	Ross, Bennett	17	Tide Swimming	56.91	58.72
	27.71	58.72 (31.01)			
79	Harmon, Dahmon	17	Tide Swimming	56.62	59.11
	26.93	59.11 (32.18)			
80	Winston, Gabriel	16	Tide Swimming	59.62	59.18
	27.88	59.18 (31.30)			
81	Kasper, Noah	16	Lynchburg YMCA	59.17	59.34
	28.32	59.34 (31.02)			
82	Walker, Demetrius	16	SwimRVA	58.42	59.73
	27.78	59.73 (31.95)			
83	Gajowski, John	15	YMCA of the Triangle Area	1:01.49	1:00.09
	28.29	1:00.09 (31.80)			
84	Keough, Shane	14	YMCA of the Triangle Area	1:02.81	1:00.44
	28.67	1:00.44 (31.77)			
85	Bennett, Craig	16	Stingrays Swim Team	1:01.09	1:01.39
	29.03	1:01.39 (32.36)			
86	Barger, Andrew	15	YMCA of the Triangle Area	1:05.71	1:01.65
	28.78	1:01.65 (32.87)			
87	Simons, Carden	16	Stingrays Swim Team	1:03.53	1:01.68
	30.27	1:01.68 (31.41)			
88	Babic, Sasha	17	SwimRVA	1:03.69	1:02.37
	28.25	1:02.37 (34.12)			
89	Prudhomme, John	15	Tide Swimming	1:03.93	1:02.46
	28.59	1:02.46 (33.87)			
90	Lychak, Michael	15	YMCA of the Triangle Area	1:02.09	1:03.52
	29.06	1:03.52 (34.46)			
---	Wang, Edward	18	YMCA of the Triangle Area	58.84	DQ
	26.22	DQ (34.03)			
---	Fraser, Jared	15	SwimRVA	55.99	DFS

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 7 Women 13 & Over 400 Yard IM

Meet Record: **4:21.73 ! 11/3/2023 Emerson Callis QSTS -VA**
4:21.69 WJR USA-S Winter JRs
4:30.69 FUT USA-S Futures
4:36.59 YNAT YMCA SCY Nationals
4:47.99 VSR VSI SR Champs

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	Callis, Emerson	15	Quest Swimming	4:22.80	4:21.73 !	FUT
	26.96	57.62 (30.66)	1:32.11 (34.49)	2:05.84 (33.73)		
	2:43.72 (37.88)	3:21.59 (37.87)	3:52.69 (31.10)	4:21.73 (29.04)		
2	Vernon, Allison	15	Quest Swimming	4:34.12	4:27.72	FUT
	28.03	59.70 (31.67)	1:34.39 (34.69)	2:08.38 (33.99)		
	2:48.15 (39.77)	3:27.98 (39.83)	3:58.62 (30.64)	4:27.72 (29.10)		
3	Welsch, Layla	17	Cavalier Aquatics - Piedmont Y	4:32.62	4:31.82	YNAT
	28.84	1:01.47 (32.63)	1:37.56 (36.09)	2:12.83 (35.27)		
	2:51.96 (39.13)	3:30.03 (38.07)	4:01.35 (31.32)	4:31.82 (30.47)		
4	Sherman, Lila	14	The Fish	4:33.67	4:32.82	YNAT
	28.47	1:01.51 (33.04)	1:35.69 (34.18)	2:08.91 (33.22)		
	2:50.86 (41.95)	3:33.12 (42.26)	4:03.46 (30.34)	4:32.82 (29.36)		
5	Ayres, Meghan	13	Cavalier Aquatics - Piedmont Y	4:35.95	4:33.46	YNAT
	28.53	1:02.18 (33.65)	1:37.76 (35.58)	2:13.33 (35.57)		
	2:52.04 (38.71)	3:32.35 (40.31)	4:03.24 (30.89)	4:33.46 (30.22)		
6	Price, Piper	16	SwimRVA	4:32.30	4:35.14	YNAT
	28.46	1:01.08 (32.62)	1:36.48 (35.40)	2:11.47 (34.99)		
	2:50.46 (38.99)	3:30.16 (39.70)	4:03.11 (32.95)	4:35.14 (32.03)		
7	Strickland, Virginia	14	The Fish	4:36.70	4:35.64	YNAT
	29.98	1:05.07 (35.09)	1:39.03 (33.96)	2:12.22 (33.19)		
	2:53.71 (41.49)	3:35.81 (42.10)	4:05.86 (30.05)	4:35.64 (29.78)		
8	Duffy, Kayleigh	18	Tide Swimming	4:34.38	4:37.07	VSR
	28.36	1:01.40 (33.04)	1:36.57 (35.17)	2:12.24 (35.67)		
	2:53.20 (40.96)	3:35.24 (42.04)	4:06.15 (30.91)	4:37.07 (30.92)		
B - Final						
9	Smith, Cameron	17	Cavalier Aquatics - Piedmont Y	4:37.20	4:30.95	YNAT
	28.47	1:01.90 (33.43)	1:36.50 (34.60)	2:10.95 (34.45)		
	2:48.97 (38.02)	3:27.25 (38.28)	3:59.87 (32.62)	4:30.95 (31.08)		
10	Lundeberg, Ilsa	17	Quest Swimming	4:37.34	4:31.46	YNAT
	28.52	1:01.76 (33.24)	1:38.55 (36.79)	2:14.36 (35.81)		
	2:52.53 (38.17)	3:30.87 (38.34)	4:02.29 (31.42)	4:31.46 (29.17)		
11	Kohler, Sofia	17	Tide Swimming	4:39.57	4:32.54	YNAT
	29.24	1:02.08 (32.84)	1:36.57 (34.49)	2:11.44 (34.87)		
	2:51.14 (39.70)	3:31.89 (40.75)	4:02.60 (30.71)	4:32.54 (29.94)		
12	Osada, Elizabeth	15	Cavalier Aquatics - Piedmont Y	4:40.55	4:35.28	YNAT
	28.35	1:01.46 (33.11)	1:35.60 (34.14)	2:10.29 (34.69)		
	2:51.49 (41.20)	3:32.76 (41.27)	4:04.49 (31.73)	4:35.28 (30.79)		
13	Shaps, Katherine	15	Battlefiels Area Star Swimmers	4:38.14	4:36.35	YNAT
	28.89	1:01.46 (32.57)	1:38.11 (36.65)	2:12.85 (34.74)		
	2:53.87 (41.02)	3:34.92 (41.05)	4:06.75 (31.83)	4:36.35 (29.60)		
14	Nicholson, Lucille	16	Cavalier Aquatics - Piedmont Y	4:37.53	4:36.94	VSR
	29.25	1:02.91 (33.66)	1:38.48 (35.57)	2:12.99 (34.51)		
	2:53.59 (40.60)	3:34.14 (40.55)	4:06.01 (31.87)	4:36.94 (30.93)		
15	Gray, Lauren	16	Tide Swimming	4:38.21	4:40.79	VSR
	30.20	1:05.71 (35.51)	1:41.27 (35.56)	2:16.21 (34.94)		
	2:56.41 (40.20)	3:37.44 (41.03)	4:09.92 (32.48)	4:40.79 (30.87)		

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

B - Final ... (Event 7 Women 13 & Over 400 Yard IM)

	Name	Age	Team	Prelim Time	Finals Time	
16	Teague, Sara	16	Tide Swimming	4:43.27	4:41.84	VSR
	29.81	1:04.03 (34.22)	1:38.79 (34.76)	2:13.59 (34.80)		
	2:54.89 (41.30)	3:37.63 (42.74)	4:09.97 (32.34)	4:41.84 (31.87)		

C - Final

17	Moreno, Caprie	15	Tide Swimming	4:43.36	4:38.03	VSR
	29.74	1:04.45 (34.71)	1:41.15 (36.70)	2:17.37 (36.22)		
	2:56.70 (39.33)	3:36.28 (39.58)	4:07.20 (30.92)	4:38.03 (30.83)		
18	Kryszon, Madison	17	Quest Swimming	4:45.43	4:42.23	VSR
	30.63	1:06.46 (35.83)	1:43.71 (37.25)	2:20.28 (36.57)		
	3:00.51 (40.23)	3:40.07 (39.56)	4:11.86 (31.79)	4:42.23 (30.37)		
19	Brecke, Avery	15	Tide Swimming	4:46.39	4:43.39	VSR
	29.58	1:03.40 (33.82)	1:41.19 (37.79)	2:16.92 (35.73)		
	2:58.78 (41.86)	3:40.97 (42.19)	4:13.28 (32.31)	4:43.39 (30.11)		
20	Eberle, Layla	15	Tide Swimming	4:46.01	4:45.18	VSR
	30.99	1:06.84 (35.85)	1:43.38 (36.54)	2:19.67 (36.29)		
	3:00.48 (40.81)	3:42.49 (42.01)	4:14.91 (32.42)	4:45.18 (30.27)		
21	Ix, Sara	17	Quest Swimming	4:47.88	4:47.18	VSR
	30.59	1:05.98 (35.39)	1:43.13 (37.15)	2:19.64 (36.51)		
	3:01.69 (42.05)	3:43.30 (41.61)	4:16.20 (32.90)	4:47.18 (30.98)		
22	Avery, Anne	17	Tide Swimming	4:45.29	4:47.50	VSR
	31.63	1:06.62 (34.99)	1:45.19 (38.57)	2:21.69 (36.50)		
	3:01.89 (40.20)	3:42.48 (40.59)	4:14.87 (32.39)	4:47.50 (32.63)		
23	Hoover, Davia	17	Stingrays Swim Team	4:47.28	4:47.56	VSR
	29.50	1:03.83 (34.33)	1:40.55 (36.72)	2:16.70 (36.15)		
	2:58.77 (42.07)	3:42.60 (43.83)	4:15.01 (32.41)	4:47.56 (32.55)		
---	Everhart, Charlotte	17	Tide Swimming	4:46.42	DQ	
	31.43	1:07.67 (36.24)	1:46.05 (38.38)	2:25.04 (38.99)		
	3:06.78 (41.74)	3:50.94 (44.16)	4:25.76 (34.82)			

D - Final

25	Baker, Haley	13	SwimRVA	4:53.18	4:47.94	VSR
	31.90	1:09.02 (37.12)	1:45.10 (36.08)	2:20.62 (35.52)		
	3:02.66 (42.04)	3:44.87 (42.21)	4:17.49 (32.62)	4:47.94 (30.45)		
26	Webb, Elizabeth	13	Lynchburg YMCA	4:50.90	4:49.50	
	31.23	1:09.23 (38.00)	1:45.79 (36.56)	2:22.80 (37.01)		
	3:03.93 (41.13)	3:46.77 (42.84)	4:18.25 (31.48)	4:49.50 (31.25)		
27	Nicholson, Samantha	14	Cavalier Aquatics - Piedmont Y	4:53.93	4:50.91	
	31.82	1:09.17 (37.35)	1:46.47 (37.30)	2:22.89 (36.42)		
	3:03.96 (41.07)	3:45.38 (41.42)	4:19.29 (33.91)	4:50.91 (31.62)		
28	Creasey, Marshall	14	Quest Swimming	4:54.65	4:54.91	
	31.84	1:09.05 (37.21)	1:47.21 (38.16)	2:23.90 (36.69)		
	3:04.67 (40.77)	3:45.96 (41.29)	4:21.12 (35.16)	4:54.91 (33.79)		

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 7 Women 13 & Over 400 Yard IM

Meet Record: **4:21.73 ! 11/3/2023 Emerson Callis QSTS -VA**
4:21.69 WJR USA-S Winter JRs
4:30.69 FUT USA-S Futures
4:36.59 YNAT YMCA SCY Nationals
4:47.99 VSR VSI SR Champs

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Callis, Emerson	15	Quest Swimming	4:21.28	4:22.80	qFUT
	27.49	59.21 (31.72)	1:33.43 (34.22)	2:06.66 (33.23)		
	2:43.86 (37.20)	3:21.53 (37.67)	3:53.07 (31.54)	4:22.80 (29.73)		
2	Price, Piper	16	SwimRVA	4:28.47	4:32.30	qYNAT
	28.77	1:01.51 (32.74)	1:37.16 (35.65)	2:12.28 (35.12)		
	2:49.65 (37.37)	3:27.83 (38.18)	4:00.06 (32.23)	4:32.30 (32.24)		
3	Welsch, Layla	17	Cavalier Aquatics - Piedmont Y	4:27.20	4:32.62	qYNAT
	29.60	1:02.08 (32.48)	1:37.93 (35.85)	2:13.22 (35.29)		
	2:51.84 (38.62)	3:31.33 (39.49)	4:02.46 (31.13)	4:32.62 (30.16)		
4	Sherman, Lila	14	The Fish	4:34.93	4:33.67	qYNAT
	28.49	1:02.45 (33.96)	1:35.75 (33.30)	2:09.73 (33.98)		
	2:51.69 (41.96)	3:33.24 (41.55)	4:04.65 (31.41)	4:33.67 (29.02)		
5	Vernon, Allison	15	Quest Swimming	4:37.41	4:34.12	qYNAT
	28.58	1:01.02 (32.44)	1:37.07 (36.05)	2:11.54 (34.47)		
	2:53.28 (41.74)	3:34.07 (40.79)	4:05.14 (31.07)	4:34.12 (28.98)		
6	Duffy, Kayleigh	18	Tide Swimming	4:50.83	4:34.38	qYNAT
	28.09	1:01.41 (33.32)	1:36.47 (35.06)	2:11.15 (34.68)		
	2:51.46 (40.31)	3:32.87 (41.41)	4:03.33 (30.46)	4:34.38 (31.05)		
7	Ayres, Meghan	13	Cavalier Aquatics - Piedmont Y	4:31.75	4:35.95	qYNAT
	29.44	1:03.18 (33.74)	1:40.49 (37.31)	2:16.19 (35.70)		
	2:53.85 (37.66)	3:32.85 (39.00)	4:05.44 (32.59)	4:35.95 (30.51)		
8	Strickland, Virginia	14	The Fish	4:40.19	4:36.70	qVSR
	30.23	1:04.37 (34.14)	1:38.43 (34.06)	2:11.56 (33.13)		
	2:52.79 (41.23)	3:34.80 (42.01)	4:05.90 (31.10)	4:36.70 (30.80)		
9	Smith, Cameron	17	Cavalier Aquatics - Piedmont Y	4:29.69	4:37.20	qVSR
	28.45	1:01.16 (32.71)	1:37.64 (36.48)	2:12.58 (34.94)		
	2:51.89 (39.31)	3:31.99 (40.10)	4:05.32 (33.33)	4:37.20 (31.88)		
10	Lundeberg, Ilsa	17	Quest Swimming	4:34.96	4:37.34	qVSR
	29.23	1:03.30 (34.07)	1:40.24 (36.94)	2:16.24 (36.00)		
	2:55.41 (39.17)	3:35.45 (40.04)	4:07.47 (32.02)	4:37.34 (29.87)		
11	Nicholson, Lucille	16	Cavalier Aquatics - Piedmont Y	4:37.13	4:37.53	qVSR
	29.59	1:03.00 (33.41)	1:38.60 (35.60)	2:12.64 (34.04)		
	2:53.34 (40.70)	3:34.26 (40.92)	4:06.56 (32.30)	4:37.53 (30.97)		
12	Shaps, Katherine	15	Battlefiels Area Star Swimmers	4:33.61	4:38.14	qVSR
	29.50	1:03.02 (33.52)	1:39.68 (36.66)	2:14.98 (35.30)		
	2:55.71 (40.73)	3:35.81 (40.10)	4:07.79 (31.98)	4:38.14 (30.35)		
13	Gray, Lauren	16	Tide Swimming	4:34.60	4:38.21	qVSR
	29.60	1:03.70 (34.10)	1:38.02 (34.32)	2:11.68 (33.66)		
	2:51.53 (39.85)	3:32.56 (41.03)	4:05.86 (33.30)	4:38.21 (32.35)		
14	Kohler, Sofia	17	Tide Swimming	4:39.22	4:39.57	qVSR
	29.70	1:02.88 (33.18)	1:38.35 (35.47)	2:14.04 (35.69)		
	2:54.68 (40.64)	3:36.53 (41.85)	4:08.22 (31.69)	4:39.57 (31.35)		
15	Osada, Elizabeth	15	Cavalier Aquatics - Piedmont Y	4:37.71	4:40.55	qVSR
	28.93	1:02.03 (33.10)	1:38.67 (36.64)	2:13.92 (35.25)		
	2:55.77 (41.85)	3:37.12 (41.35)	4:09.01 (31.89)	4:40.55 (31.54)		

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 7 Women 13 & Over 400 Yard IM)

	Name	Age	Team	Seed Time	Prelim Time	
16	Teague, Sara	16	Tide Swimming	4:42.67	4:43.27	qVSR
	30.49	1:05.65 (35.16)	1:41.08 (35.43)	2:16.99 (35.91)		
	2:57.84 (40.85)	3:39.72 (41.88)	4:12.05 (32.33)	4:43.27 (31.22)		
17	Moreno, Caprie	15	Tide Swimming	4:49.28	4:43.36	qVSR
	29.18	1:03.89 (34.71)	1:41.95 (38.06)	2:18.18 (36.23)		
	2:59.36 (41.18)	3:41.07 (41.71)	4:12.54 (31.47)	4:43.36 (30.82)		
18	Avery, Anne	17	Tide Swimming	4:42.79	4:45.29	qVSR
	31.00	1:07.11 (36.11)	1:43.88 (36.77)	2:19.75 (35.87)		
	2:59.27 (39.52)	3:39.89 (40.62)	4:12.94 (33.05)	4:45.29 (32.35)		
19	Kryszon, Madison	17	Quest Swimming	4:43.66	4:45.43	qVSR
	30.85	1:05.70 (34.85)	1:44.05 (38.35)	2:20.90 (36.85)		
	3:01.15 (40.25)	3:41.84 (40.69)	4:14.57 (32.73)	4:45.43 (30.86)		
20	Eberle, Layla	15	Tide Swimming	4:46.50	4:46.01	qVSR
	30.81	1:05.83 (35.02)	1:42.08 (36.25)	2:17.19 (35.11)		
	2:59.27 (42.08)	3:41.39 (42.12)	4:14.68 (33.29)	4:46.01 (31.33)		
21	Brecke, Avery	15	Tide Swimming	5:01.34	4:46.39	qVSR
	31.09	1:05.72 (34.63)	1:43.89 (38.17)	2:19.35 (35.46)		
	3:02.36 (43.01)	3:44.19 (41.83)	4:16.53 (32.34)	4:46.39 (29.86)		
22	Everhart, Charlotte	17	Tide Swimming	4:42.28	4:46.42	qVSR
	31.50	1:05.29 (33.79)	1:43.01 (37.72)	2:20.66 (37.65)		
	3:00.89 (40.23)	3:41.34 (40.45)	4:14.96 (33.62)	4:46.42 (31.46)		
23	Hoover, Davia	17	Stingrays Swim Team	4:55.07	4:47.28	qVSR
	29.68	1:04.92 (35.24)	1:41.81 (36.89)	2:17.42 (35.61)		
	3:00.42 (43.00)	3:42.02 (41.60)	4:15.50 (33.48)	4:47.28 (31.78)		
24	Ix, Sara	17	Quest Swimming	4:47.34	4:47.88	qVSR
	30.40	1:04.59 (34.19)	1:41.75 (37.16)	2:18.06 (36.31)		
	3:00.39 (42.33)	3:42.86 (42.47)	4:16.56 (33.70)	4:47.88 (31.32)		
25	Jones, London	16	Stingrays Swim Team	4:48.25	4:48.09	q
	30.53	1:05.09 (34.56)	1:41.38 (36.29)	2:16.52 (35.14)		
	2:58.45 (41.93)	3:41.46 (43.01)	4:15.38 (33.92)	4:48.09 (32.71)		
26	Bendall, Allisan	17	Cavalier Aquatics - Piedmont Y	4:50.62	4:48.28	q
	31.88	1:08.48 (36.60)	1:45.11 (36.63)	2:20.94 (35.83)		
	3:02.34 (41.40)	3:44.36 (42.02)	4:16.60 (32.24)	4:48.28 (31.68)		
27	Stein, Abigail	16	The Fish	4:51.85	4:49.12	q
	30.94	1:07.55 (36.61)	1:44.72 (37.17)	2:20.81 (36.09)		
	3:03.17 (42.36)	3:46.14 (42.97)	4:18.56 (32.42)	4:49.12 (30.56)		
28	Miyashita, Libby	16	SwimRVA	4:53.36	4:49.33	q
	29.57	1:02.80 (33.23)	1:41.57 (38.77)	2:19.09 (37.52)		
	3:01.62 (42.53)	3:44.10 (42.48)	4:17.56 (33.46)	4:49.33 (31.77)		
29	Roberts, Addyson	17	Tide Swimming	4:48.19	4:49.92	q
	29.77	1:04.76 (34.99)	1:42.82 (38.06)	2:19.88 (37.06)		
	3:01.78 (41.90)	3:45.10 (43.32)	4:18.17 (33.07)	4:49.92 (31.75)		
30	Barrett, Calista	15	Stingrays Swim Team	4:49.28	4:50.02	q
	30.69	1:04.36 (33.67)	1:41.81 (37.45)	2:18.11 (36.30)		
	3:00.23 (42.12)	3:42.81 (42.58)	4:16.94 (34.13)	4:50.02 (33.08)		
31	Webb, Elizabeth	13	Lynchburg YMCA	5:01.96	4:50.90	q
	31.99	1:09.28 (37.29)	1:46.73 (37.45)	2:22.59 (35.86)		
	3:04.43 (41.84)	3:46.47 (42.04)	4:19.43 (32.96)	4:50.90 (31.47)		
32	Mierenfeld, Ellie	15	SwimRVA	4:51.22	4:51.16	q
	30.11	1:04.92 (34.81)	1:41.22 (36.30)	2:16.83 (35.61)		
	3:00.03 (43.20)	3:43.96 (43.93)	4:18.53 (34.57)	4:51.16 (32.63)		

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 7 Women 13 & Over 400 Yard IM)

	Name	Age	Team	Seed Time	Prelim Time
33	Gahagan, Maggie	17	Tide Swimming	4:43.78	4:51.74
	31.36	1:07.92 (36.56)	1:45.53 (37.61)	2:21.97 (36.44)	
	3:04.68 (42.71)	3:48.07 (43.39)	4:20.23 (32.16)	4:51.74 (31.51)	
34	Baker, Haley	13	SwimRVA	5:01.57	4:53.18
	33.89	1:12.72 (38.83)	1:49.85 (37.13)	2:26.07 (36.22)	
	3:07.54 (41.47)	3:49.13 (41.59)	4:22.25 (33.12)	4:53.18 (30.93)	
35	Nicholson, Samantha	14	Cavalier Aquatics - Piedmont Y	4:53.20	4:53.93
	31.58	1:08.86 (37.28)	1:46.87 (38.01)	2:23.28 (36.41)	
	3:04.96 (41.68)	3:46.44 (41.48)	4:21.05 (34.61)	4:53.93 (32.88)	
36	Pogorzelski, Camryn Elise	15	Tide Swimming	4:53.44	4:54.19
	32.55	1:09.67 (37.12)	1:46.96 (37.29)	2:25.25 (38.29)	
	3:06.88 (41.63)	3:49.41 (42.53)	4:22.33 (32.92)	4:54.19 (31.86)	
37	Creasey, Marshall	14	Quest Swimming	4:52.85	4:54.65
	32.38	1:09.82 (37.44)	1:47.61 (37.79)	2:23.68 (36.07)	
	3:04.24 (40.56)	3:45.32 (41.08)	4:20.89 (35.57)	4:54.65 (33.76)	
38	Brown, Sarah	18	Quest Swimming	4:53.21	4:56.15
	30.79	1:06.89 (36.10)	1:44.99 (38.10)	2:22.75 (37.76)	
	3:07.44 (44.69)	3:52.34 (44.90)	4:25.34 (33.00)	4:56.15 (30.81)	
39	Stuart, Winifred	15	YMCA of the Triangle Area	4:55.63	4:57.35
	31.16	1:08.68 (37.52)	1:45.57 (36.89)	2:22.22 (36.65)	
	3:05.45 (43.23)	3:47.92 (42.47)	4:23.40 (35.48)	4:57.35 (33.95)	
40	Jones, Kyrsten	15	Tide Swimming	5:02.10	4:57.92
	32.41	1:08.55 (36.14)	1:45.95 (37.40)	2:22.99 (37.04)	
	3:07.19 (44.20)	3:50.88 (43.69)	4:24.64 (33.76)	4:57.92 (33.28)	
41	Fickenscher, Elliot	16	Tide Swimming	4:46.88	4:58.64
	29.79	1:03.78 (33.99)	1:42.09 (38.31)	2:20.96 (38.87)	
	3:06.06 (45.10)	3:50.82 (44.76)	4:24.52 (33.70)	4:58.64 (34.12)	
42	Witthoefft, Charlotte	15	Quest Swimming	4:52.24	4:58.99
	30.27	1:06.57 (36.30)	1:44.09 (37.52)	2:23.00 (38.91)	
	3:07.34 (44.34)	3:51.17 (43.83)	4:25.55 (34.38)	4:58.99 (33.44)	
43	Caress, Lula	17	YMCA of the Triangle Area	4:46.29	5:01.17
	32.04	1:08.96 (36.92)	1:45.28 (36.32)	2:21.88 (36.60)	
	3:05.19 (43.31)	3:49.82 (44.63)	4:26.02 (36.20)	5:01.17 (35.15)	
44	Marcussen, Lise	17	Tide Swimming	4:53.16	5:01.72
	31.81	1:09.72 (37.91)	1:49.36 (39.64)	2:27.48 (38.12)	
	3:10.64 (43.16)	3:53.06 (42.42)	4:27.52 (34.46)	5:01.72 (34.20)	
45	Bryant, Maeve	17	Quest Swimming	4:47.90	5:02.32
	30.41	1:05.90 (35.49)	1:44.85 (38.95)	2:23.30 (38.45)	
	3:08.57 (45.27)	3:53.51 (44.94)	4:28.11 (34.60)	5:02.32 (34.21)	
46	McCardle, Reese	15	Battlefiels Area Star Swimmers	4:52.81	5:03.12
	30.81	1:07.41 (36.60)	1:46.64 (39.23)	2:24.91 (38.27)	
	3:08.64 (43.73)	3:53.96 (45.32)	4:29.33 (35.37)	5:03.12 (33.79)	
47	Miller, Evie	15	Stingrays Swim Team	4:56.24	5:13.10
	32.64	1:10.92 (38.28)	1:50.01 (39.09)	2:29.54 (39.53)	
	3:14.37 (44.83)	4:01.07 (46.70)	4:37.26 (36.19)	5:13.10 (35.84)	
48	Huelsberg, Alexis	16	Tide Swimming	4:58.32	5:15.82
	34.10	1:14.00 (39.90)	1:55.49 (41.49)	2:35.06 (39.57)	
	3:21.02 (45.96)	4:07.07 (46.05)	4:42.07 (35.00)	5:15.82 (33.75)	
---	Cosner, Emerson	17	Quest Swimming	4:40.59	DQ
	29.21	1:02.14 (32.93)	1:38.71 (36.57)	2:14.32 (35.61)	
	2:58.10 (43.78)	3:41.40 (43.30)	4:13.35 (31.95)	DQ (31.27)	
---	Canada, Raegan	16	Quest Swimming	4:36.74	DQ
	29.80	1:05.01 (35.21)	1:43.74 (38.73)	2:20.15 (36.41)	
	3:02.59 (42.44)	3:44.99 (42.40)	4:16.97 (31.98)	DQ (31.03)	

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 7 Women 13 & Over 400 Yard IM)

	Name	Age	Team	Seed Time	Prelim Time
---	Czirjak, Sara	16	Cavalier Aquatics - Piedmont Y	4:36.96	DQ
	31.23	1:04.92 (33.69)	1:40.51 (35.59)	2:14.92 (34.41)	
	2:52.71 (37.79)	3:31.01 (38.30)	4:03.04 (32.03)	DQ (30.42)	

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 8 Men 13 & Over 400 Yard IM

Meet Record: **3:55.35 ! 11/3/2023 Owen Hoban RAYS -VA**
3:57.59 WJR USA-S Winter JRs
4:06.99 FUT USA-S Futures
4:14.99 YNAT YMCA SCY Nationals
4:25.99 VSR VSI SR Champs

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	Hoban, Owen	17	Stingrays Swim Team	4:00.88	3:55.35 !	WJR
	24.39	52.45 (28.06)	1:22.51 (30.06)	1:52.55 (30.04)		
	2:25.84 (33.29)	3:00.26 (34.42)	3:28.72 (28.46)	3:55.35 (26.63)		
2	Moore, Maxwell	18	Cavalier Aquatics - Piedmont Y	4:06.59	4:02.44	FUT
	26.49	56.09 (29.60)	1:27.86 (31.77)	1:59.12 (31.26)		
	2:32.05 (32.93)	3:06.27 (34.22)	3:35.04 (28.77)	4:02.44 (27.40)		
3	Senfield, Thomas	15	SwimRVA	4:13.41	4:05.44	FUT
	26.14	55.93 (29.79)	1:27.20 (31.27)	1:57.65 (30.45)		
	2:33.41 (35.76)	3:09.40 (35.99)	3:38.05 (28.65)	4:05.44 (27.39)		
4	Warnagiris, Joseph	16	Winchester Swim Team	4:08.47	4:09.74	YNAT
	26.06	55.88 (29.82)	1:28.40 (32.52)	2:00.12 (31.72)		
	2:35.70 (35.58)	3:12.33 (36.63)	3:41.98 (29.65)	4:09.74 (27.76)		
5	Edmondson, Eli	16	YMCA of the Triangle Area	4:15.19	4:12.60	YNAT
	26.18	56.34 (30.16)	1:30.70 (34.36)	2:03.30 (32.60)		
	2:39.13 (35.83)	3:15.90 (36.77)	3:44.91 (29.01)	4:12.60 (27.69)		
6	West, Ryan	17	YMCA of the Triangle Area	4:18.30	4:13.75	YNAT
	26.67	56.98 (30.31)	1:28.81 (31.83)	2:00.59 (31.78)		
	2:38.05 (37.46)	3:15.71 (37.66)	3:45.45 (29.74)	4:13.75 (28.30)		
7	Marshall, Connor	17	Cavalier Aquatics - Piedmont Y	4:14.66	4:15.30	VSR
	25.99	55.61 (29.62)	1:28.62 (33.01)	2:01.30 (32.68)		
	2:38.47 (37.17)	3:16.77 (38.30)	3:46.31 (29.54)	4:15.30 (28.99)		
8	Swartz, Tyler	17	Tide Swimming	4:19.17	4:16.85	VSR
	26.47	56.62 (30.15)	1:31.33 (34.71)	2:05.13 (33.80)		
	2:41.16 (36.03)	3:17.74 (36.58)	3:47.61 (29.87)	4:16.85 (29.24)		
B - Final						
9	Wilkerson, Chase	15	Tide Swimming	4:20.13	4:17.04	VSR
	27.16	59.11 (31.95)	1:31.77 (32.66)	2:03.96 (32.19)		
	2:41.54 (37.58)	3:19.84 (38.30)	3:49.66 (29.82)	4:17.04 (27.38)		
10	Clippinger, Jack	16	SwimRVA	4:19.77	4:17.12	VSR
	26.53	57.14 (30.61)	1:32.78 (35.64)	2:06.76 (33.98)		
	2:43.81 (37.05)	3:20.11 (36.30)	3:50.23 (30.12)	4:17.12 (26.89)		
11	Tungate, Benjamin	15	Cavalier Aquatics - Piedmont Y	4:20.31	4:19.93	VSR
	27.08	58.22 (31.14)	1:32.80 (34.58)	2:07.02 (34.22)		
	2:44.69 (37.67)	3:22.81 (38.12)	3:51.90 (29.09)	4:19.93 (28.03)		
12	Sanchez, Luca	14	The Fish	4:22.47	4:22.48	VSR
	26.86	58.78 (31.92)	1:31.54 (32.76)	2:04.10 (32.56)		
	2:43.00 (38.90)	3:23.31 (40.31)	3:54.04 (30.73)	4:22.48 (28.44)		
13	Page, Logan	17	YMCA of the Triangle Area	4:21.75	4:22.69	VSR
	28.04	59.86 (31.82)	1:35.96 (36.10)	2:10.86 (34.90)		
	2:46.14 (35.28)	3:22.26 (36.12)	3:53.00 (30.74)	4:22.69 (29.69)		
14	Hottle, Luke	14	Lynchburg YMCA	4:23.38	4:22.83	VSR
	28.26	1:00.65 (32.39)	1:35.97 (35.32)	2:10.51 (34.54)		
	2:47.82 (37.31)	3:24.95 (37.13)	3:54.85 (29.90)	4:22.83 (27.98)		
15	Zimmer, Julian	14	Quest Swimming	4:24.22	4:24.86	VSR
	27.32	58.43 (31.11)	1:32.25 (33.82)	2:04.84 (32.59)		
	2:43.93 (39.09)	3:24.03 (40.10)	3:55.31 (31.28)	4:24.86 (29.55)		

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

B - Final ... (Event 8 Men 13 & Over 400 Yard IM)

	Name	Age	Team	Prelim Time	Finals Time	
16	Morris, Cameron	15	YMCA of the Triangle Area	4:22.41	4:26.19	
	28.17	1:00.09 (31.92)	1:35.19 (35.10)	2:09.58 (34.39)		
	2:47.04 (37.46)	3:25.41 (38.37)	3:56.05 (30.64)	4:26.19 (30.14)		

C - Final

17	Rice, Hudson	14	Lynchburg YMCA	4:26.07	4:23.17	VSR
	27.99	59.87 (31.88)	1:34.24 (34.37)	2:07.72 (33.48)		
	2:46.37 (38.65)	3:24.49 (38.12)	3:54.67 (30.18)	4:23.17 (28.50)		
18	Smith, Henry	13	Cavalier Aquatics - Piedmont Y	4:27.71	4:24.98	VSR
	29.60	1:02.39 (32.79)	1:35.73 (33.34)	2:09.85 (34.12)		
	2:47.50 (37.65)	3:26.41 (38.91)	3:55.94 (29.53)	4:24.98 (29.04)		
19	Dilber, Sarp	14	The Fish	4:27.02	4:25.36	VSR
	27.62	58.64 (31.02)	1:32.71 (34.07)	2:05.70 (32.99)		
	2:46.49 (40.79)	3:26.68 (40.19)	3:56.63 (29.95)	4:25.36 (28.73)		
20	Salpeter, Troy	15	Tide Swimming	4:28.06	4:26.78	
	27.75	1:00.28 (32.53)	1:34.33 (34.05)	2:08.80 (34.47)		
	2:47.13 (38.33)	3:27.37 (40.24)	3:57.46 (30.09)	4:26.78 (29.32)		
21	Hottle, Davis	16	Lynchburg YMCA	4:28.12	4:29.00	
	27.36	59.35 (31.99)	1:33.73 (34.38)	2:07.34 (33.61)		
	2:47.17 (39.83)	3:26.79 (39.62)	3:58.47 (31.68)	4:29.00 (30.53)		
22	Stratton, Nicholas	15	Tide Swimming	4:30.31	4:34.57	
	28.23	1:01.22 (32.99)	1:36.05 (34.83)	2:10.73 (34.68)		
	2:51.25 (40.52)	3:34.32 (43.07)	4:05.20 (30.88)	4:34.57 (29.37)		
23	Parker, Austin	15	Stingrays Swim Team	4:28.72	4:35.28	
	27.93	1:00.92 (32.99)	1:36.01 (35.09)	2:10.99 (34.98)		
	2:51.38 (40.39)	3:33.55 (42.17)	4:04.89 (31.34)	4:35.28 (30.39)		
---	Guthrie, Hunter	15	The Fish	4:30.05	DQ	
	27.37	59.18 (31.81)	1:32.29 (33.11)	2:05.19 (32.90)		
	2:44.34 (39.15)	3:24.36 (40.02)	3:53.63 (29.27)	DQ (28.76)		

D - Final

25	Suggs DeSorbo, Matthew	14	Cavalier Aquatics - Piedmont Y	4:32.28	4:29.50	
	29.18	1:03.31 (34.13)	1:37.81 (34.50)	2:11.64 (33.83)		
	2:50.59 (38.95)	3:30.89 (40.30)	4:01.25 (30.36)	4:29.50 (28.25)		
26	Nelson, Broderick	13	Lynchburg YMCA	4:32.18	4:30.29	
	28.39	1:01.99 (33.60)	1:38.06 (36.07)	2:13.37 (35.31)		
	2:50.62 (37.25)	3:29.22 (38.60)	4:00.62 (31.40)	4:30.29 (29.67)		
27	Davidson, Charles	14	Cavalier Aquatics - Piedmont Y	4:41.94	4:36.34	
	30.51	1:05.23 (34.72)	1:41.21 (35.98)	2:16.33 (35.12)		
	2:54.92 (38.59)	3:32.86 (37.94)	4:05.20 (32.34)	4:36.34 (31.14)		
---	Wispelwey, Garrett	14	Cavalier Aquatics - Piedmont Y	4:41.84	DQ	
	29.59	1:05.17 (35.58)	1:42.75 (37.58)	2:18.28 (35.53)		
	2:57.40 (39.12)	3:37.16 (39.76)	4:08.79 (31.63)	DQ (31.16)		

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 8 Men 13 & Over 400 Yard IM

Meet Record: **3:55.35 ! 11/3/2023 Owen Hoban RAYS -VA**
3:57.59 WJR USA-S Winter JRs
4:06.99 FUT USA-S Futures
4:14.99 YNAT YMCA SCY Nationals
4:25.99 VSR VSI SR Champs

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Hoban, Owen	17	Stingrays Swim Team	3:59.48	4:00.88	qFUT
	25.45	53.60 (28.15)	1:24.56 (30.96)	1:55.08 (30.52)		
	2:29.04 (33.96)	3:04.12 (35.08)	3:33.18 (29.06)	4:00.88 (27.70)		
2	Moore, Maxwell	18	Cavalier Aquatics - Piedmont Y	4:03.12	4:06.59	qFUT
	26.17	56.15 (29.98)	1:28.60 (32.45)	2:00.19 (31.59)		
	2:34.32 (34.13)	3:08.95 (34.63)	3:38.08 (29.13)	4:06.59 (28.51)		
3	Warnagiris, Joseph	16	Winchester Swim Team	4:12.43	4:08.47	qYNAT
	25.37	54.41 (29.04)	1:26.64 (32.23)	1:57.42 (30.78)		
	2:33.40 (35.98)	3:09.76 (36.36)	3:39.83 (30.07)	4:08.47 (28.64)		
4	Senfield, Thomas	15	SwimRVA	4:07.68	4:13.41	qYNAT
	27.02	57.73 (30.71)	1:30.30 (32.57)	2:01.58 (31.28)		
	2:38.39 (36.81)	3:15.50 (37.11)	3:44.89 (29.39)	4:13.41 (28.52)		
5	Marshall, Connor	17	Cavalier Aquatics - Piedmont Y	4:14.53	4:14.66	qYNAT
	26.61	56.35 (29.74)	1:29.23 (32.88)	2:01.51 (32.28)		
	2:39.06 (37.55)	3:16.02 (36.96)	3:45.60 (29.58)	4:14.66 (29.06)		
6	Edmondson, Eli	16	YMCA of the Triangle Area	4:10.36	4:15.19	qVSR
	26.10	55.61 (29.51)	1:29.45 (33.84)	2:02.71 (33.26)		
	2:40.02 (37.31)	3:17.21 (37.19)	3:46.94 (29.73)	4:15.19 (28.25)		
7	Taylor, John	19	YMCA of the Triangle Area	4:14.94	4:15.29	qVSR
	27.48	59.00 (31.52)	1:35.44 (36.44)	2:10.31 (34.87)		
	2:43.32 (33.01)	3:16.48 (33.16)	3:49.15 (32.67)	4:15.29 (26.14)		
8	West, Ryan	17	YMCA of the Triangle Area	4:25.11	4:18.30	qVSR
	26.97	57.63 (30.66)	1:30.75 (33.12)	2:03.75 (33.00)		
	2:40.88 (37.13)	3:19.23 (38.35)	3:49.43 (30.20)	4:18.30 (28.87)		
9	Lugo, Andrew	17	Winchester Swim Team	4:19.07	4:18.96	qVSR
	25.26	54.31 (29.05)	1:27.91 (33.60)	2:00.59 (32.68)		
	2:40.34 (39.75)	3:19.98 (39.64)	3:50.35 (30.37)	4:18.96 (28.61)		
10	Swartz, Tyler	17	Tide Swimming	4:08.20	4:19.17	qVSR
	26.71	57.03 (30.32)	1:31.47 (34.44)	2:05.92 (34.45)		
	2:42.74 (36.82)	3:19.59 (36.85)	3:49.68 (30.09)	4:19.17 (29.49)		
11	Clippinger, Jack	16	SwimRVA	4:19.57	4:19.77	qVSR
	27.02	57.83 (30.81)	1:33.08 (35.25)	2:07.92 (34.84)		
	2:44.49 (36.57)	3:20.85 (36.36)	3:51.33 (30.48)	4:19.77 (28.44)		
12	Wilkerson, Chase	15	Tide Swimming	4:27.70	4:20.13	qVSR
	27.57	59.53 (31.96)	1:32.49 (32.96)	2:05.05 (32.56)		
	2:44.63 (39.58)	3:23.84 (39.21)	3:52.99 (29.15)	4:20.13 (27.14)		
13	Tungate, Benjamin	15	Cavalier Aquatics - Piedmont Y	4:28.10	4:20.31	qVSR
	27.69	58.78 (31.09)	1:33.83 (35.05)	2:08.00 (34.17)		
	2:45.86 (37.86)	3:24.44 (38.58)	3:53.40 (28.96)	4:20.31 (26.91)		
14	Page, Logan	17	YMCA of the Triangle Area	4:19.45	4:21.75	qVSR
	27.64	59.42 (31.78)	1:35.58 (36.16)	2:10.11 (34.53)		
	2:45.00 (34.89)	3:21.00 (36.00)	3:52.11 (31.11)	4:21.75 (29.64)		
15	Morris, Cameron	15	YMCA of the Triangle Area	4:32.65	4:22.41	qVSR
	28.64	1:01.05 (32.41)	1:35.32 (34.27)	2:08.87 (33.55)		
	2:45.73 (36.86)	3:22.84 (37.11)	3:53.18 (30.34)	4:22.41 (29.23)		

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 8 Men 13 & Over 400 Yard IM)

	Name	Age	Team	Seed Time	Prelim Time	
16	Sanchez, Luca	14	The Fish	4:28.03	4:22.47	qVSR
	27.87	59.74 (31.87)	1:32.22 (32.48)	2:04.53 (32.31)		
	2:42.92 (38.39)	3:22.31 (39.39)	3:53.07 (30.76)	4:22.47 (29.40)		
17	Brehm, Alexander	16	SwimRVA	4:32.63	4:23.17	qVSR
	26.85	56.75 (29.90)	1:30.62 (33.87)	2:03.11 (32.49)		
	2:41.83 (38.72)	3:19.50 (37.67)	3:51.44 (31.94)	4:23.17 (31.73)		
18	Hottle, Luke	14	Lynchburg YMCA	4:15.86	4:23.38	qVSR
	28.19	1:00.93 (32.74)	1:35.20 (34.27)	2:09.09 (33.89)		
	2:46.32 (37.23)	3:24.41 (38.09)	3:54.94 (30.53)	4:23.38 (28.44)		
19	Zimmer, Julian	14	Quest Swimming	4:23.01	4:24.22	qVSR
	27.45	58.50 (31.05)	1:33.20 (34.70)	2:07.07 (33.87)		
	2:45.48 (38.41)	3:23.77 (38.29)	3:54.92 (31.15)	4:24.22 (29.30)		
20	Rice, Hudson	14	Lynchburg YMCA	4:19.83	4:26.07	q
	28.78	1:01.77 (32.99)	1:37.10 (35.33)	2:10.99 (33.89)		
	2:49.72 (38.73)	3:27.58 (37.86)	3:57.78 (30.20)	4:26.07 (28.29)		
21	Dilber, Sarp	14	The Fish	4:33.31	4:27.02	q
	27.34	58.63 (31.29)	1:33.09 (34.46)	2:06.82 (33.73)		
	2:48.09 (41.27)	3:28.43 (40.34)	3:58.51 (30.08)	4:27.02 (28.51)		
22	Smith, Henry	13	Cavalier Aquatics - Piedmont Y	4:30.39	4:27.71	q
	28.92	1:02.40 (33.48)	1:36.78 (34.38)	2:11.28 (34.50)		
	2:48.74 (37.46)	3:26.95 (38.21)	3:57.95 (31.00)	4:27.71 (29.76)		
23	Salpeter, Troy	15	Tide Swimming	4:20.34	4:28.06	q
	28.47	1:01.35 (32.88)	1:35.74 (34.39)	2:10.02 (34.28)		
	2:47.74 (37.72)	3:26.82 (39.08)	3:58.06 (31.24)	4:28.06 (30.00)		
24	Hottle, Davis	16	Lynchburg YMCA	4:33.95	4:28.12	q
	27.41	59.45 (32.04)	1:33.28 (33.83)	2:07.59 (34.31)		
	2:46.93 (39.34)	3:27.03 (40.10)	3:58.79 (31.76)	4:28.12 (29.33)		
25	Parker, Austin	15	Stingrays Swim Team	4:36.23	4:28.72	q
	28.78	1:00.96 (32.18)	1:35.52 (34.56)	2:09.33 (33.81)		
	2:48.40 (39.07)	3:28.50 (40.10)	3:59.00 (30.50)	4:28.72 (29.72)		
26	Guthrie, Hunter	15	The Fish	4:27.47	4:30.05	q
	27.69	1:00.04 (32.35)	1:34.35 (34.31)	2:08.52 (34.17)		
	2:49.42 (40.90)	3:30.06 (40.64)	4:00.29 (30.23)	4:30.05 (29.76)		
27	Stratton, Nicholas	15	Tide Swimming	4:31.66	4:30.31	q
	28.36	1:00.87 (32.51)	1:35.67 (34.80)	2:10.86 (35.19)		
	2:50.48 (39.62)	3:30.21 (39.73)	4:00.82 (30.61)	4:30.31 (29.49)		
28	Nelson, Broderick	13	Lynchburg YMCA	4:31.81	4:32.18	q
	28.48	1:02.17 (33.69)	1:38.18 (36.01)	2:14.22 (36.04)		
	2:51.62 (37.40)	3:30.15 (38.53)	4:01.89 (31.74)	4:32.18 (30.29)		
29	Suggs DeSorbo, Matthew	14	Cavalier Aquatics - Piedmont Y	4:44.84	4:32.28	q
	30.64	1:03.49 (32.85)	1:38.52 (35.03)	2:12.56 (34.04)		
	2:51.01 (38.45)	3:31.12 (40.11)	4:02.03 (30.91)	4:32.28 (30.25)		
30	Grinsell, Patrick	15	Quest Swimming	4:31.07	4:32.71	q
	28.75	1:01.43 (32.68)	1:37.79 (36.36)	2:13.41 (35.62)		
	2:51.87 (38.46)	3:31.06 (39.19)	4:02.82 (31.76)	4:32.71 (29.89)		
31	Hepburn, Evan	16	YMCA of the Triangle Area	4:30.75	4:33.58	q
	29.63	1:04.09 (34.46)	1:40.57 (36.48)	2:16.46 (35.89)		
	2:53.45 (36.99)	3:30.60 (37.15)	4:02.67 (32.07)	4:33.58 (30.91)		
32	Volpe, Andrew	17	YMCA of the Triangle Area	4:21.57	4:33.75	q
	28.18	1:01.58 (33.40)	1:38.05 (36.47)	2:15.29 (37.24)		
	2:52.75 (37.46)	3:32.92 (40.17)	4:04.95 (32.03)	4:33.75 (28.80)		

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 8 Men 13 & Over 400 Yard IM)

	Name	Age	Team	Seed Time	Prelim Time
33	Olson, Thomas	17	Cavalier Aquatics - Piedmont Y	4:16.15	4:34.01
	29.61	1:03.73 (34.12)	1:39.02 (35.29)	2:13.96 (34.94)	
	2:51.68 (37.72)	3:30.22 (38.54)	4:02.57 (32.35)	4:34.01 (31.44)	
34	Euker, Aaron	14	Stingrays Swim Team	4:22.50	4:34.15
	29.75	1:03.58 (33.83)	1:38.37 (34.79)	2:14.08 (35.71)	
	2:53.91 (39.83)	3:34.48 (40.57)	4:05.98 (31.50)	4:34.15 (28.17)	
35	DeVizia, Gabriel	15	YMCA of the Triangle Area	4:30.01	4:34.37
	29.35	1:04.25 (34.90)	1:40.06 (35.81)	2:15.57 (35.51)	
	2:53.71 (38.14)	3:32.92 (39.21)	4:03.65 (30.73)	4:34.37 (30.72)	
36	Webster, Andrew	17	Quest Swimming	4:45.82	4:34.52
	28.85	1:02.17 (33.32)	1:37.54 (35.37)	2:12.33 (34.79)	
	2:54.61 (42.28)	3:37.18 (42.57)	4:06.28 (29.10)	4:34.52 (28.24)	
37	McCarthy, Connor	16	Quest Swimming	4:21.24	4:34.95
	28.34	1:00.72 (32.38)	1:35.45 (34.73)	2:09.86 (34.41)	
	2:49.92 (40.06)	3:30.73 (40.81)	4:03.49 (32.76)	4:34.95 (31.46)	
38	Wells, Gregory	16	Quest Swimming	4:49.83	4:37.12
	29.47	1:02.71 (33.24)	1:40.77 (38.06)	2:16.84 (36.07)	
	2:56.24 (39.40)	3:35.14 (38.90)	4:07.16 (32.02)	4:37.12 (29.96)	
39	McOsker, Patrick	16	Stingrays Swim Team	4:48.87	4:37.23
	29.47	1:02.15 (32.68)	1:37.80 (35.65)	2:13.07 (35.27)	
	2:54.21 (41.14)	3:36.36 (42.15)	4:07.72 (31.36)	4:37.23 (29.51)	
40	Goedecke, Colin	17	Tide Swimming	4:25.17	4:37.52
	29.19	1:01.43 (32.24)	1:39.06 (37.63)	2:15.94 (36.88)	
	2:55.80 (39.86)	3:35.80 (40.00)	4:07.81 (32.01)	4:37.52 (29.71)	
41	Struder IV, Leonard	17	Stingrays Swim Team	4:32.08	4:38.61
	28.71	1:01.00 (32.29)	1:35.48 (34.48)	2:09.98 (34.50)	
	2:53.03 (43.05)	3:37.16 (44.13)	4:07.54 (30.38)	4:38.61 (31.07)	
42	McCoy, Colt	16	Tide Swimming	4:28.33	4:38.76
	28.22	1:00.83 (32.61)	1:36.97 (36.14)	2:12.90 (35.93)	
	2:52.37 (39.47)	3:33.00 (40.63)	4:05.62 (32.62)	4:38.76 (33.14)	
43	Goad, Jackson	17	Quest Swimming	4:24.32	4:39.12
	29.16	1:02.17 (33.01)	1:38.89 (36.72)	2:14.83 (35.94)	
	2:55.96 (41.13)	3:36.40 (40.44)	4:07.95 (31.55)	4:39.12 (31.17)	
44	Wispelwey, Garrett	14	Cavalier Aquatics - Piedmont Y	4:43.06	4:41.84
	30.10	1:05.70 (35.60)	1:44.04 (38.34)	2:21.29 (37.25)	
	3:00.15 (38.86)	3:39.37 (39.22)	4:11.50 (32.13)	4:41.84 (30.34)	
45	Davidson, Charles	14	Cavalier Aquatics - Piedmont Y	4:39.30	4:41.94
	30.50	1:06.23 (35.73)	1:42.96 (36.73)	2:19.42 (36.46)	
	2:58.44 (39.02)	3:38.12 (39.68)	4:10.82 (32.70)	4:41.94 (31.12)	
46	Burkey, Tucker	16	Quest Swimming	4:32.25	4:42.44
	28.27	1:01.78 (33.51)	1:38.97 (37.19)	2:15.02 (36.05)	
	2:55.96 (40.94)	3:37.15 (41.19)	4:10.27 (33.12)	4:42.44 (32.17)	
47	Davies, Brody	16	Stingrays Swim Team	4:58.82	4:44.62
	29.21	1:04.84 (35.63)	1:40.66 (35.82)	2:15.60 (34.94)	
	2:56.53 (40.93)	3:38.53 (42.00)	4:12.71 (34.18)	4:44.62 (31.91)	
48	McOsker, Ryan	17	Stingrays Swim Team	4:26.49	4:45.26
	26.72	58.75 (32.03)	1:35.55 (36.80)	2:12.99 (37.44)	
	2:53.71 (40.72)	3:37.57 (43.86)	4:11.97 (34.40)	4:45.26 (33.29)	
49	Tran, Vincent	16	Tide Swimming	4:39.71	4:45.33
	28.56	1:02.40 (33.84)	1:38.83 (36.43)	2:14.66 (35.83)	
	2:58.59 (43.93)	3:42.16 (43.57)	4:13.94 (31.78)	4:45.33 (31.39)	
50	Salpeter, Brody	17	Tide Swimming	4:23.43	4:45.59
	29.50	1:04.47 (34.97)	1:42.36 (37.89)	2:19.66 (37.30)	
	2:59.39 (39.73)	3:40.79 (41.40)	4:13.41 (32.62)	4:45.59 (32.18)	

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 8 Men 13 & Over 400 Yard IM)

	Name	Age	Team	Seed Time	Prelim Time
51	Bennett, Craig	16	Stingrays Swim Team	4:56.57	4:45.67
	30.01	1:04.26 (34.25)	1:42.06 (37.80)	2:17.75 (35.69)	
	3:02.28 (44.53)	3:45.06 (42.78)	4:15.82 (30.76)	4:45.67 (29.85)	
---	Weber, Josiah	14	SwimRVA	4:20.02	DQ
	26.54	57.72 (31.18)	1:34.26 (36.54)	2:09.77 (35.51)	
	2:46.96 (37.19)	3:24.63 (37.67)	3:54.94 (30.31)	DQ (28.59)	

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 9 Women 13 & Over 800 Yard Freestyle Relay

Meet Record: 7:29.61 ! 11/3/2023 Quest Swimming QSTS -VA

R Canada, E Cosner, A Vernon, E Callis

7:32.79 WJR USA-S Winter JRs

7:46.99 YNAT YMCA SCY Nationals

	Team	Relay	Seed Time	Finals Time	
1	Quest Swimming	A	7:27.72	7:29.61 !	WJR
	26.98	55.82 (55.82)	1:24.31 (1:24.31)	1:53.36 (1:53.36)	
	2:19.47 (26.11)	2:48.09 (54.73)	3:17.80 (1:24.44)	3:47.53 (1:54.17)	
	4:13.51 (25.98)	4:42.01 (54.48)	5:10.73 (1:23.20)	5:38.94 (1:51.41)	
	6:04.48 (25.54)	6:33.03 (54.09)	7:01.24 (1:22.30)	7:29.61 (1:50.67)	
2	Tide Swimming	A	7:29.20	7:34.47	YNAT
	26.32	54.87 (54.87)	1:24.07 (1:24.07)	1:53.09 (1:53.09)	
	2:18.68 (25.59)	2:47.06 (53.97)	3:15.85 (1:22.76)	3:45.19 (1:52.10)	
	4:03.51 (18.32)	4:39.31 (54.12)	5:08.88 (1:23.69)	5:39.03 (1:53.84)	
	6:04.50 (25.47)	6:33.40 (54.37)	7:03.42 (1:24.39)	7:34.47 (1:55.44)	
3	The Fish	A	7:38.04	7:45.96	YNAT
	27.35	57.34 (57.34)	1:28.57 (1:28.57)	1:59.72 (1:59.72)	
	2:25.61 (25.89)	2:54.92 (55.20)	3:25.22 (1:25.50)	3:55.45 (1:55.73)	
	4:21.25 (25.80)	4:50.82 (55.37)	5:22.44 (1:26.99)	5:54.29 (1:58.84)	
	6:19.06 (24.77)	6:47.13 (52.84)	7:16.57 (1:22.28)	7:45.96 (1:51.67)	
4	Cavalier Aquatics - Piedmont Y	B	7:54.89	7:48.61	
	27.11	56.61 (56.61)	1:26.65 (1:26.65)	1:56.29 (1:56.29)	
	2:14.35 (18.06)	2:52.94 (56.65)	3:23.59 (1:27.30)	3:54.14 (1:57.85)	
	4:21.45 (27.31)	4:50.99 (56.85)	5:21.01 (1:26.87)	5:51.06 (1:56.92)	
	6:17.96 (26.90)	6:47.94 (56.88)	7:18.48 (1:27.42)	7:48.61 (1:57.55)	
5	Cavalier Aquatics - Piedmont Y	A	7:45.89	7:52.00	
	26.42	55.58 (55.58)	1:25.70 (1:25.70)	1:55.69 (1:55.69)	
	2:14.06 (18.37)	2:52.78 (57.09)	3:24.05 (1:28.36)	3:54.26 (1:58.57)	
	4:21.41 (27.15)	4:51.52 (57.26)	5:22.31 (1:28.05)	5:52.67 (1:58.41)	
	6:19.54 (26.87)	6:49.95 (57.28)	7:21.58 (1:28.91)	7:52.00 (1:59.33)	
6	YMCA of the Triangle Area	A	7:39.71	7:52.82	
	27.56	58.04 (58.04)	1:29.27 (1:29.27)	2:00.75 (2:00.75)	
	2:27.57 (26.82)	2:57.79 (57.04)	3:29.02 (1:28.27)	4:00.32 (1:59.57)	
	4:27.47 (27.15)	4:57.11 (56.79)	5:27.50 (1:27.18)	5:58.23 (1:57.91)	
	6:25.16 (26.93)	6:54.40 (56.17)	7:23.87 (1:25.64)	7:52.82 (1:54.59)	
7	Tide Swimming	B	7:47.53	7:54.29	
	27.21	57.35 (57.35)	1:28.17 (1:28.17)	1:58.61 (1:58.61)	
	2:25.97 (27.36)	2:56.05 (57.44)	3:27.04 (1:28.43)	3:57.89 (1:59.28)	
	4:24.41 (26.52)	4:54.33 (56.44)	5:25.45 (1:27.56)	5:56.37 (1:58.48)	
	6:14.51 (18.14)	6:52.72 (56.35)	7:23.38 (1:27.01)	7:54.29 (1:57.92)	
8	SwimRVA	A	7:47.71	7:56.09	
	27.16	57.18 (57.18)	1:28.15 (1:28.15)	1:59.64 (1:59.64)	
	2:17.69 (18.05)	2:57.22 (57.58)	3:28.28 (1:28.64)	3:58.77 (1:59.13)	
	4:26.56 (27.79)	4:56.70 (57.93)	5:27.01 (1:28.24)	5:57.39 (1:58.62)	
	6:15.54 (18.15)	6:54.18 (56.79)	7:24.67 (1:27.28)	7:56.09 (1:58.70)	
9	Quest Swimming	B	7:52.49	7:56.80	
	28.16	58.04 (58.04)	1:28.64 (1:28.64)	1:58.56 (1:58.56)	
	2:26.66 (28.10)	2:57.45 (58.89)	3:28.62 (1:30.06)	3:59.43 (2:00.87)	
	4:27.20 (27.77)	4:57.81 (58.38)	5:28.59 (1:29.16)	5:58.84 (1:59.41)	
	6:26.07 (27.23)	6:56.05 (57.21)	7:26.36 (1:27.52)	7:56.80 (1:57.96)	
10	Stingrays Swim Team	A	7:44.93	7:59.02	
	27.49	57.50 (57.50)	1:28.09 (1:28.09)	1:59.22 (1:59.22)	
	2:25.38 (26.16)	2:55.43 (56.21)	3:26.71 (1:27.49)	3:57.73 (1:58.51)	
	4:24.53 (26.80)	4:54.52 (56.79)	5:25.74 (1:28.01)	5:56.97 (1:59.24)	
	6:23.72 (26.75)	6:53.70 (56.73)	7:25.85 (1:28.88)	7:59.02 (2:02.05)	

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Results

(Event 9 Women 13 & Over 800 Yard Freestyle Relay)

	Team	Relay	Seed Time	Finals Time
11	YMCA of the Triangle Area	B	7:54.76	8:00.36
	27.47	57.82 (57.82)	1:27.48 (1:27.48)	1:58.14 (1:58.14)
	2:26.12 (27.98)	2:56.83 (58.69)	3:27.93 (1:29.79)	3:58.80 (2:00.66)
	4:26.38 (27.58)	4:57.44 (58.64)	5:28.69 (1:29.89)	5:59.19 (2:00.39)
	6:26.02 (26.83)	6:56.49 (57.30)	7:28.55 (1:29.36)	8:00.36 (2:01.17)
12	SwimRVA	B	8:03.44	8:11.37
	28.40	59.87 (59.87)	1:31.63 (1:31.63)	2:02.37 (2:02.37)
	2:30.04 (27.67)	3:00.64 (58.27)	3:32.18 (1:29.81)	4:03.71 (2:01.34)
	4:32.39 (28.68)	5:04.71 (1:01.00)	5:37.47 (1:33.76)	6:09.08 (2:05.37)
	6:37.00 (27.92)	7:08.12 (59.04)	7:39.99 (1:30.91)	8:11.37 (2:02.29)
13	Stingrays Swim Team	B	8:01.59	8:24.08
	27.83	59.72 (59.72)	1:32.32 (1:32.32)	2:04.87 (2:04.87)
	2:34.38 (29.51)	3:07.31 (1:02.44)	3:40.56 (1:35.69)	4:12.80 (2:07.93)
	4:41.86 (29.06)	5:14.03 (1:01.23)	5:47.41 (1:34.61)	6:19.96 (2:07.16)
	6:48.25 (28.29)	7:19.28 (59.32)	7:51.61 (1:31.65)	8:24.08 (2:04.12)

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 10 Men 13 & Over 800 Yard Freestyle Relay

Meet Record: 6:57.99 ! 11/4/2022 Cavalier Aquatics/Piedmont YMC Caval
D King, A Garono, W Charlton, J Smith
6:49.59 WJR USA-S Winter JRs
7:04.09 YNAT YMCA SCY Nationals

	Team	Relay	Seed Time	Finals Time	
1	Cavalier Aquatics - Piedmont Y	A	7:04.89	6:58.12	YNAT
	24.18	50.34 (50.34)	1:17.29 (1:17.29)	1:44.07 (1:44.07)	
	2:07.81 (23.74)	2:34.15 (50.08)	3:01.09 (1:17.02)	3:28.44 (1:44.37)	
	3:51.70 (23.26)	4:17.70 (49.26)	4:44.84 (1:16.40)	5:12.75 (1:44.31)	
	5:36.56 (23.81)	6:03.60 (50.85)	6:31.09 (1:18.34)	6:58.12 (1:45.37)	
2	Lynchburg YMCA	A	6:52.91	7:01.83	YNAT
	23.71	49.47 (49.47)	1:16.20 (1:16.20)	1:41.82 (1:41.82)	
	2:07.58 (25.76)	2:35.73 (53.91)	3:04.40 (1:22.58)	3:31.74 (1:49.92)	
	3:56.33 (24.59)	4:23.62 (51.88)	4:51.88 (1:20.14)	5:19.78 (1:48.04)	
	5:43.16 (23.38)	6:09.02 (49.24)	6:35.52 (1:15.74)	7:01.83 (1:42.05)	
3	YMCA of the Triangle Area	A	6:57.79	7:02.96	YNAT
	24.01	50.18 (50.18)	1:17.53 (1:17.53)	1:45.22 (1:45.22)	
	2:08.29 (23.07)	2:34.98 (49.76)	3:02.42 (1:17.20)	3:30.36 (1:45.14)	
	3:54.38 (24.02)	4:21.78 (51.42)	4:49.92 (1:19.56)	5:18.02 (1:47.66)	
	5:42.47 (24.45)	6:09.41 (51.39)	6:36.37 (1:18.35)	7:02.96 (1:44.94)	
4	Stingrays Swim Team	A	7:01.10	7:05.55	
	23.83	49.94 (49.94)	1:15.73 (1:15.73)	1:41.25 (1:41.25)	
	2:05.00 (23.75)	2:32.22 (50.97)	3:00.72 (1:19.47)	3:28.74 (1:47.49)	
	3:52.42 (23.68)	4:19.34 (50.60)	4:47.70 (1:18.96)	5:16.78 (1:48.04)	
	5:41.21 (24.43)	6:08.30 (51.52)	6:36.63 (1:19.85)	7:05.55 (1:48.77)	
5	Tide Swimming	A	6:50.54	7:07.51	
	24.67	51.69 (51.69)	1:19.32 (1:19.32)	1:46.75 (1:46.75)	
	2:10.88 (24.13)	2:37.83 (51.08)	3:05.34 (1:18.59)	3:32.31 (1:45.56)	
	3:56.58 (24.27)	4:24.16 (51.85)	4:52.84 (1:20.53)	5:21.08 (1:48.77)	
	5:44.94 (23.86)	6:11.97 (50.89)	6:39.70 (1:18.62)	7:07.51 (1:46.43)	
6	SwimRVA	A	7:06.42	7:16.17	
	24.99	52.19 (52.19)	1:20.99 (1:20.99)	1:50.75 (1:50.75)	
	2:15.55 (24.80)	2:43.08 (52.33)	3:11.43 (1:20.68)	3:38.82 (1:48.07)	
	4:04.25 (25.43)	4:32.32 (53.50)	5:01.08 (1:22.26)	5:29.36 (1:50.54)	
	5:54.54 (25.18)	6:21.75 (52.39)	6:49.28 (1:19.92)	7:16.17 (1:46.81)	
7	Cavalier Aquatics - Piedmont Y	B	7:14.89	7:16.65	
	24.72	51.94 (51.94)	1:19.83 (1:19.83)	1:47.71 (1:47.71)	
	2:12.97 (25.26)	2:40.97 (53.26)	3:09.58 (1:21.87)	3:37.50 (1:49.79)	
	4:02.25 (24.75)	4:30.26 (52.76)	4:59.46 (1:21.96)	5:28.70 (1:51.20)	
	5:53.05 (24.35)	6:19.97 (51.27)	6:48.10 (1:19.40)	7:16.65 (1:47.95)	
8	YMCA of the Triangle Area	B	7:08.39	7:16.70	
	24.92	52.23 (52.23)	1:20.44 (1:20.44)	1:48.39 (1:48.39)	
	2:14.10 (25.71)	2:42.30 (53.91)	3:10.81 (1:22.42)	3:38.97 (1:50.58)	
	3:57.50 (18.53)	4:32.71 (53.74)	5:01.15 (1:22.18)	5:29.13 (1:50.16)	
	5:47.28 (18.15)	6:22.12 (52.99)	6:50.04 (1:20.91)	7:16.70 (1:47.57)	
9	Quest Swimming	A	7:23.40	7:19.13	
	24.44	51.67 (51.67)	1:19.41 (1:19.41)	1:47.13 (1:47.13)	
	2:13.24 (26.11)	2:41.42 (54.29)	3:09.88 (1:22.75)	3:37.19 (1:50.06)	
	4:02.26 (25.07)	4:30.58 (53.39)	4:59.35 (1:22.16)	5:27.78 (1:50.59)	
	5:54.00 (26.22)	6:22.46 (54.68)	6:51.24 (1:23.46)	7:19.13 (1:51.35)	
10	Tide Swimming	B	7:07.10	7:20.35	
	24.58	52.07 (52.07)	1:21.82 (1:21.82)	1:51.65 (1:51.65)	
	2:16.63 (24.98)	2:44.38 (52.73)	3:12.88 (1:21.23)	3:40.24 (1:48.59)	
	4:06.19 (25.95)	4:33.76 (53.52)	5:02.70 (1:22.46)	5:32.06 (1:51.82)	
	5:55.71 (23.65)	6:22.24 (50.18)	6:50.22 (1:18.16)	7:20.35 (1:48.29)	

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Results

(Event 10 Men 13 & Over 800 Yard Freestyle Relay)

	Team	Relay	Seed Time	Finals Time
11	The Fish	A	7:20.50	7:25.58
	25.28	54.09 (54.09)	1:24.70 (1:24.70)	1:54.15 (1:54.15)
	2:19.13 (24.98)	2:47.86 (53.71)	3:18.34 (1:24.19)	3:48.11 (1:53.96)
	4:12.62 (24.51)	4:40.90 (52.79)	5:10.12 (1:22.01)	5:39.23 (1:51.12)
	6:02.36 (23.13)	6:29.15 (49.92)	6:57.57 (1:18.34)	7:25.58 (1:46.35)
12	SwimRVA	B	7:23.43	7:29.06
	25.36	53.73 (53.73)	1:23.40 (1:23.40)	1:52.89 (1:52.89)
	2:18.86 (25.97)	2:47.62 (54.73)	3:17.07 (1:24.18)	3:44.79 (1:51.90)
	4:10.27 (25.48)	4:38.39 (53.60)	5:07.53 (1:22.74)	5:36.92 (1:52.13)
	6:02.08 (25.16)	6:30.22 (53.30)	6:59.33 (1:22.41)	7:29.06 (1:52.14)
13	Stingrays Swim Team	B	7:24.29	7:32.96
	25.59	54.31 (54.31)	1:23.99 (1:23.99)	1:53.32 (1:53.32)
	2:11.72 (18.40)	2:48.54 (55.22)	3:18.99 (1:25.67)	3:48.99 (1:55.67)
	4:14.88 (25.89)	4:44.58 (55.59)	5:15.64 (1:26.65)	5:45.58 (1:56.59)
	6:09.38 (23.80)	6:36.46 (50.88)	7:04.77 (1:19.19)	7:32.96 (1:47.38)
14	Lynchburg YMCA	B	7:21.56	7:34.04
	25.49	53.65 (53.65)	1:22.95 (1:22.95)	1:51.10 (1:51.10)
	2:16.85 (25.75)	2:45.92 (54.82)	3:15.34 (1:24.24)	3:45.27 (1:54.17)
	4:10.94 (25.67)	4:40.32 (55.05)	5:11.06 (1:25.79)	5:41.13 (1:55.86)
	6:07.30 (26.17)	6:36.19 (55.06)	7:05.64 (1:24.51)	7:34.04 (1:52.91)
15	Quest Swimming	B	7:37.56	7:44.71
	27.49	55.89 (55.89)	1:25.05 (1:25.05)	1:53.92 (1:53.92)
	2:12.18 (18.26)	2:50.55 (56.63)	3:20.85 (1:26.93)	3:50.49 (1:56.57)
	4:16.49 (26.00)	4:46.45 (55.96)	5:17.13 (1:26.64)	5:47.62 (1:57.13)
	6:13.36 (25.74)	6:42.65 (55.03)	7:13.27 (1:25.65)	7:44.71 (1:57.09)

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Results

Event 11 Women 13 & Over 200 Yard Freestyle Relay

Meet Record: 1:35.39 ! 11/4/2023 TIDE Swimming TIDE -VA

K Duffy, S Kohler, D Duffy, S Teague

1:39.69 YNAT YMCA SCY Nationals

	Team	Relay	Seed Time	Finals Time	
1	Tide Swimming	A	1:35.50	1:35.39 !	YNAT
	23.53	47.35 (23.82)	1:11.49 (24.14)	1:35.39 (23.90)	
2	Battlefiels Area Star Swimmers	A	1:35.83	1:36.31	YNAT
	25.10	49.71 (24.61)	1:13.06 (23.35)	1:36.31 (23.25)	
3	Quest Swimming	A	1:36.00	1:37.03	YNAT
	23.96	48.31 (24.35)	1:13.25 (24.94)	1:37.03 (23.78)	
4	Cavalier Aquatics - Piedmont Y	A	1:37.89	1:37.20	YNAT
	24.82	48.90 (24.08)	1:13.15 (24.25)	1:37.20 (24.05)	
5	Tide Swimming	B	1:38.37	1:38.36	YNAT
	24.45	48.92 (24.47)	1:13.76 (24.84)	1:38.36 (24.60)	
6	Cavalier Aquatics - Piedmont Y	B	1:41.89	1:38.43	YNAT
	24.87	49.45 (24.58)	1:14.21 (24.76)	1:38.43 (24.22)	
7	The Fish	A	1:39.22	1:39.14	YNAT
	24.95	49.72 (24.77)	1:15.18 (25.46)	1:39.14 (23.96)	
8	YMCA of the Triangle Area	B	1:42.22	1:39.69	YNAT
	24.83	49.43 (24.60)	1:14.22 (24.79)	1:39.69 (25.47)	
9	SwimRVA	A	1:40.33	1:40.00	
	24.71	49.52 (24.81)	1:14.68 (25.16)	1:40.00 (25.32)	
10	Stingrays Swim Team	A	1:39.05	1:40.47	
	25.14	50.15 (25.01)	1:15.01 (24.86)	1:40.47 (25.46)	
11	YMCA of the Triangle Area	A	1:38.80	1:40.72	
	24.85	49.92 (25.07)	1:15.73 (25.81)	1:40.72 (24.99)	
12	Stingrays Swim Team	B	1:40.89	1:41.76	
	25.32	51.81 (26.49)	1:16.51 (24.70)	1:41.76 (25.25)	
13	Quest Swimming	B	1:42.11	1:42.33	
	25.85	51.38 (25.53)	1:16.96 (25.58)	1:42.33 (25.37)	
14	SwimRVA	B	1:42.05	1:42.88	
	25.25	51.67 (26.42)	1:17.35 (25.68)	1:42.88 (25.53)	
15	Battlefiels Area Star Swimmers	B	1:44.36	1:46.21	
	26.01	52.00 (25.99)	1:18.97 (26.97)	1:46.21 (27.24)	

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 12 Men 13 & Over 200 Yard Freestyle Relay

Meet Record: 1:22.27 ! 11/4/2023 Cavalier Aquatics - Piedmont Y CA-Y-VA

T Heilman, D King, W Browne, M Moore

1:29.49 YNAT YMCA SCY Nationals

	Team	Relay	Seed Time	Finals Time	
1	Cavalier Aquatics - Piedmont Y	A	1:24.89	1:22.27 !	YNAT
	19.87	39.94 (20.07)	1:00.85 (20.91)	1:22.27 (21.42)	
2	YMCA of the Triangle Area	A	1:26.61	1:24.52	YNAT
	21.63	43.25 (21.62)	1:03.78 (20.53)	1:24.52 (20.74)	
3	Tide Swimming	A	1:27.26	1:25.73	YNAT
	21.83	43.06 (21.23)	1:04.92 (21.86)	1:25.73 (20.81)	
4	SwimRVA	A	1:26.32	1:26.29	YNAT
	20.84	42.39 (21.55)	1:04.13 (21.74)	1:26.29 (22.16)	
5	Stingrays Swim Team	A	1:25.00	1:26.63	YNAT
	21.20	43.17 (21.97)	1:05.36 (22.19)	1:26.63 (21.27)	
6	Lynchburg YMCA	A	1:25.88	1:27.46	YNAT
	21.35	43.78 (22.43)	1:05.55 (21.77)	1:27.46 (21.91)	
7	Cavalier Aquatics - Piedmont Y	B	1:29.89	1:28.08	YNAT
	22.13	43.80 (21.67)	1:05.89 (22.09)	1:28.08 (22.19)	
8	Battlefiels Area Star Swimmers	A	1:30.61	1:28.11	YNAT
	22.32	45.34 (23.02)	1:06.94 (21.60)	1:28.11 (21.17)	
9	YMCA of the Triangle Area	B	1:28.76	1:28.86	YNAT
	22.22	44.07 (21.85)	1:06.64 (22.57)	1:28.86 (22.22)	
10	Tide Swimming	B	1:29.60	1:29.57	
	22.55	45.74 (23.19)	1:08.08 (22.34)	1:29.57 (21.49)	
11	The Fish	A	1:32.19	1:30.19	
	22.45	44.72 (22.27)	1:08.73 (24.01)	1:30.19 (21.46)	
12	Quest Swimming	A	1:32.33	1:30.29	
	21.96	44.03 (22.07)	1:07.17 (23.14)	1:30.29 (23.12)	
13	SwimRVA	B	1:31.37	1:31.05	
	22.69	45.62 (22.93)	1:08.52 (22.90)	1:31.05 (22.53)	
14	Stingrays Swim Team	B	1:31.50	1:32.88	
	23.12	46.84 (23.72)	1:10.22 (23.38)	1:32.88 (22.66)	
15	Lynchburg YMCA	B	1:31.10	1:33.31	
	23.33	46.94 (23.61)	1:10.35 (23.41)	1:33.31 (22.96)	
16	Quest Swimming	B	1:35.95	1:35.87	
	24.07	47.71 (23.64)	1:10.86 (23.15)	1:35.87 (25.01)	
17	Battlefiels Area Star Swimmers	B	1:38.90	1:38.71	
	24.19	50.00 (25.81)	1:15.90 (25.90)	1:38.71 (22.81)	

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 13 Women 13 & Over 200 Yard Butterfly

Meet Record: **1:58.67 ! 11/4/2023 Emerson Callis QSTS -VA**
2:01.69 WJR USA-S Winter JRs
2:05.39 FUT USA-S Futures
2:10.79 YNAT YMCA SCY Nationals
2:18.19 VSR VSI SR Champs

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	Callis, Emerson	15	Quest Swimming	2:02.48	1:58.67 !	WJR
	26.44	56.81 (30.37)	1:27.55 (30.74)	1:58.67 (31.12)		
2	Davis, Grey	17	Battlefiels Area Star Swimmers	2:06.78	2:02.82	FUT
	26.95	58.17 (31.22)	1:30.71 (32.54)	2:02.82 (32.11)		
3	Osada, Elizabeth	15	Cavalier Aquatics - Piedmont Y	2:05.10	2:03.07	FUT
	27.33	58.68 (31.35)	1:30.89 (32.21)	2:03.07 (32.18)		
4	Cosner, Emerson	17	Quest Swimming	2:07.90	2:06.17	YNAT
	27.89	59.15 (31.26)	1:31.98 (32.83)	2:06.17 (34.19)		
5	Shaps, Katherine	15	Battlefiels Area Star Swimmers	2:08.61	2:06.91	YNAT
	28.50	1:00.68 (32.18)	1:33.36 (32.68)	2:06.91 (33.55)		
6	Ismailova, Diana	15	Cavalier Aquatics - Piedmont Y	2:09.49	2:07.56	YNAT
	28.43	1:01.14 (32.71)	1:34.43 (33.29)	2:07.56 (33.13)		
7	Phillips, Lily	15	Cavalier Aquatics - Piedmont Y	2:10.26	2:08.94	YNAT
	28.72	1:01.88 (33.16)	1:35.41 (33.53)	2:08.94 (33.53)		
8	Browne, Virginia	13	Cavalier Aquatics - Piedmont Y	2:10.19	2:09.81	YNAT
	28.21	1:00.69 (32.48)	1:35.85 (35.16)	2:09.81 (33.96)		
B - Final						
9	Lundeberg, Ilsa	17	Quest Swimming	2:10.29	2:07.02	YNAT
	28.50	1:00.73 (32.23)	1:34.10 (33.37)	2:07.02 (32.92)		
10	Kohler, Sofia	17	Tide Swimming	2:10.57	2:07.09	YNAT
	29.48	1:01.21 (31.73)	1:34.37 (33.16)	2:07.09 (32.72)		
11	Bakelaar, Katherine	16	YMCA of the Triangle Area	2:11.35	2:08.96	YNAT
	29.55	1:02.11 (32.56)	1:35.37 (33.26)	2:08.96 (33.59)		
12	Marchione, Maris	15	Tide Swimming	2:10.58	2:09.34	YNAT
	28.84	1:02.00 (33.16)	1:35.13 (33.13)	2:09.34 (34.21)		
13	Miyashita, Libby	16	SwimRVA	2:11.77	2:10.11	YNAT
	29.50	1:02.49 (32.99)	1:36.06 (33.57)	2:10.11 (34.05)		
14	Duffy, Dara	16	Tide Swimming	2:11.87	2:10.42	YNAT
	29.34	1:02.60 (33.26)	1:36.21 (33.61)	2:10.42 (34.21)		
15	Welsch, Layla	17	Cavalier Aquatics - Piedmont Y	2:12.15	2:11.26	VSR
	29.05	1:02.53 (33.48)	1:36.51 (33.98)	2:11.26 (34.75)		
16	Duffy, Savannah	14	Stingrays Swim Team	2:10.27	2:13.83	VSR
	28.11	1:00.24 (32.13)	1:35.99 (35.75)	2:13.83 (37.84)		
C - Final						
17	Price, Piper	16	SwimRVA	2:13.43	2:09.81	YNAT
	28.78	1:01.18 (32.40)	1:34.71 (33.53)	2:09.81 (35.10)		
18	Wells, Sara	16	Cavalier Aquatics - Piedmont Y	2:12.27	2:10.75	YNAT
	28.94	1:01.82 (32.88)	1:36.04 (34.22)	2:10.75 (34.71)		
19	Wright, Margaret Ann	15	Tide Swimming	2:13.46	2:10.95	VSR
	28.69	1:03.35 (34.66)	1:37.17 (33.82)	2:10.95 (33.78)		
20	Organ, Macy	16	YMCA of the Triangle Area	2:12.47	2:11.17	VSR
	30.31	1:03.70 (33.39)	1:37.29 (33.59)	2:11.17 (33.88)		
21	Bailey, Brooke	17	SwimRVA	2:14.44	2:11.50	VSR
	29.51	1:02.68 (33.17)	1:37.03 (34.35)	2:11.50 (34.47)		
22	Everhart, Charlotte	17	Tide Swimming	2:13.80	2:12.14	VSR
	30.17	1:04.50 (34.33)	1:38.76 (34.26)	2:12.14 (33.38)		

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

C - Final ... (Event 13 Women 13 & Over 200 Yard Butterfly)

	Name	Age	Team	Prelim Time	Finals Time	
23	Nicholson, Lucille	16	Cavalier Aquatics - Piedmont Y	2:13.34	2:13.23	VSR
	29.45	1:03.00 (33.55)	1:37.59 (34.59)	2:13.23 (35.64)		
24	Mortimer, Marcy	17	SwimRVA	2:15.34	2:13.86	VSR
	29.53	1:02.91 (33.38)	1:38.05 (35.14)	2:13.86 (35.81)		

D - Final

25	Woodruff, Taylor	13	Lynchburg YMCA	2:19.31	2:15.59	VSR
	31.80	1:05.72 (33.92)	1:40.34 (34.62)	2:15.59 (35.25)		
26	Keith, Ashlyn	13	SwimRVA	2:17.41	2:16.27	VSR
	31.22	1:06.65 (35.43)	1:42.60 (35.95)	2:16.27 (33.67)		
27	Ellis, Hannah	14	Stingrays Swim Team	2:16.34	2:16.54	VSR
	30.38	1:05.40 (35.02)	1:40.29 (34.89)	2:16.54 (36.25)		
28	Rancka, Hadley	14	SwimRVA	2:21.48	2:18.00	VSR
	29.78	1:04.66 (34.88)	1:40.39 (35.73)	2:18.00 (37.61)		
29	King, Sedona	13	Cavalier Aquatics - Piedmont Y	2:20.07	2:18.65	
	30.50	1:05.99 (35.49)	1:42.79 (36.80)	2:18.65 (35.86)		
30	Nicholson, Samantha	14	Cavalier Aquatics - Piedmont Y	2:24.40	2:21.86	
	31.32	1:07.66 (36.34)	1:45.27 (37.61)	2:21.86 (36.59)		

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 13 Women 13 & Over 200 Yard Butterfly

Meet Record: **1:58.67** **!** **11/4/2023** **Emerson Callis** **QSTS -VA**

2:01.69 **WJR USA-S Winter JRs**

2:05.39 **FUT USA-S Futures**

2:10.79 **YNAT YMCA SCY Nationals**

2:18.19 **VSR VSI SR Champs**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Callis, Emerson	15	Quest Swimming	1:59.32	2:02.48	qFUT
	27.31	58.27 (30.96)	1:30.42 (32.15)	2:02.48 (32.06)		
2	Osada, Elizabeth	15	Cavalier Aquatics - Piedmont Y	2:04.83	2:05.10	qFUT
	27.97	1:00.03 (32.06)	1:33.10 (33.07)	2:05.10 (32.00)		
3	Davis, Grey	17	Battlefiels Area Star Swimmers	1:59.91	2:06.78	qYNAT
	27.50	59.80 (32.30)	1:33.25 (33.45)	2:06.78 (33.53)		
4	Cosner, Emerson	17	Quest Swimming	2:06.69	2:07.90	qYNAT
	28.61	1:00.90 (32.29)	1:34.21 (33.31)	2:07.90 (33.69)		
5	Shaps, Katherine	15	Battlefiels Area Star Swimmers	2:08.08	2:08.61	qYNAT
	29.05	1:02.77 (33.72)	1:35.58 (32.81)	2:08.61 (33.03)		
6	Ismailova, Diana	15	Cavalier Aquatics - Piedmont Y	2:08.30	2:09.49	qYNAT
	28.64	1:01.63 (32.99)	1:35.50 (33.87)	2:09.49 (33.99)		
7	Browne, Virginia	13	Cavalier Aquatics - Piedmont Y	2:07.47	2:10.19	qYNAT
	28.26	1:01.13 (32.87)	1:35.59 (34.46)	2:10.19 (34.60)		
8	Phillips, Lily	15	Cavalier Aquatics - Piedmont Y	2:16.01	2:10.26	qYNAT
	29.85	1:02.96 (33.11)	1:36.06 (33.10)	2:10.26 (34.20)		
9	Duffy, Savannah	14	Stingrays Swim Team	2:09.69	2:10.27	qYNAT
	28.90	1:02.37 (33.47)	1:35.99 (33.62)	2:10.27 (34.28)		
10	Lundeberg, Ilsa	17	Quest Swimming	2:11.02	2:10.29	qYNAT
	29.15	1:02.33 (33.18)	1:36.33 (34.00)	2:10.29 (33.96)		
11	Kohler, Sofia	17	Tide Swimming	2:10.25	2:10.57	qYNAT
	29.89	1:03.41 (33.52)	1:37.36 (33.95)	2:10.57 (33.21)		
12	Marchione, Maris	15	Tide Swimming	2:12.65	2:10.58	qYNAT
	29.37	1:02.66 (33.29)	1:36.56 (33.90)	2:10.58 (34.02)		
13	Bakelaar, Katherine	16	YMCA of the Triangle Area	2:08.89	2:11.35	qVSR
	29.12	1:01.57 (32.45)	1:36.00 (34.43)	2:11.35 (35.35)		
14	Miyashita, Libby	16	SwimRVA	2:12.84	2:11.77	qVSR
	29.49	1:02.08 (32.59)	1:35.71 (33.63)	2:11.77 (36.06)		
15	Duffy, Dara	16	Tide Swimming	2:17.34	2:11.87	qVSR
	30.00	1:03.69 (33.69)	1:37.75 (34.06)	2:11.87 (34.12)		
16	Welsch, Layla	17	Cavalier Aquatics - Piedmont Y	2:12.40	2:12.15	qVSR
	29.21	1:02.46 (33.25)	1:37.58 (35.12)	2:12.15 (34.57)		
17	Wells, Sara	16	Cavalier Aquatics - Piedmont Y	2:08.81	2:12.27	qVSR
	29.50	1:02.46 (32.96)	1:37.45 (34.99)	2:12.27 (34.82)		
18	Organ, Macy	16	YMCA of the Triangle Area	2:25.16	2:12.47	qVSR
	31.24	1:05.12 (33.88)	1:38.43 (33.31)	2:12.47 (34.04)		
19	Nicholson, Lucille	16	Cavalier Aquatics - Piedmont Y	2:13.22	2:13.34	qVSR
	29.16	1:02.21 (33.05)	1:37.45 (35.24)	2:13.34 (35.89)		
20	Price, Piper	16	SwimRVA	2:07.43	2:13.43	qVSR
	28.95	1:01.53 (32.58)	1:35.67 (34.14)	2:13.43 (37.76)		
21	Wright, Margaret Ann	15	Tide Swimming	2:20.90	2:13.46	qVSR
	30.38	1:04.52 (34.14)	1:39.43 (34.91)	2:13.46 (34.03)		
22	Everhart, Charlotte	17	Tide Swimming	2:12.65	2:13.80	qVSR
	30.82	1:04.65 (33.83)	1:39.91 (35.26)	2:13.80 (33.89)		
23	Bailey, Brooke	17	SwimRVA	2:05.22	2:14.44	qVSR
	29.29	1:03.18 (33.89)	1:38.36 (35.18)	2:14.44 (36.08)		

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 13 Women 13 & Over 200 Yard Butterfly)

	Name	Age	Team	Seed Time	Prelim Time	
24	Mortimer, Marcy	17	SwimRVA	2:14.29	2:15.34	qVSR
	29.88	1:03.90 (34.02)	1:38.86 (34.96)	2:15.34 (36.48)		
25	Eichberg, Lily	17	Stingrays Swim Team	2:15.97	2:15.61	qVSR
	29.98	1:03.99 (34.01)	1:39.28 (35.29)	2:15.61 (36.33)		
26	Ix, Sara	17	Quest Swimming	2:15.35	2:15.62	qVSR
	30.41	1:05.35 (34.94)	1:40.63 (35.28)	2:15.62 (34.99)		
27	Gallant, Emma	15	Tide Swimming	2:20.33	2:15.86	qVSR
	30.21	1:04.59 (34.38)	1:39.58 (34.99)	2:15.86 (36.28)		
28	Eberle, Layla	15	Tide Swimming	2:18.42	2:16.04	qVSR
	30.99	1:05.67 (34.68)	1:41.48 (35.81)	2:16.04 (34.56)		
29	Ellis, Hannah	14	Stingrays Swim Team	2:18.64	2:16.34	qVSR
	29.28	1:03.24 (33.96)	1:39.44 (36.20)	2:16.34 (36.90)		
30	Keith, Ashlyn	13	SwimRVA	2:11.36	2:17.41	qVSR
	31.50	1:06.39 (34.89)	1:42.84 (36.45)	2:17.41 (34.57)		
31	Oluwabusola, Mya	16	Tide Swimming	2:18.65	2:18.14	qVSR
	29.95	1:06.12 (36.17)	1:42.39 (36.27)	2:18.14 (35.75)		
32	Franco, Lucia	18	Tide Swimming	2:14.42	2:18.55	q
	31.21	1:05.52 (34.31)	1:42.10 (36.58)	2:18.55 (36.45)		
33	Fickenscher, Elliot	16	Tide Swimming	2:11.32	2:19.20	
	30.69	1:05.59 (34.90)	1:41.48 (35.89)	2:19.20 (37.72)		
34	Woodruff, Taylor	13	Lynchburg YMCA	2:22.23	2:19.31	
	31.28	1:08.56 (37.28)	1:43.23 (34.67)	2:19.31 (36.08)		
35	Skelly, Marilyn	16	YMCA of the Triangle Area	2:11.98	2:19.79	
	32.00	1:07.85 (35.85)	1:44.24 (36.39)	2:19.79 (35.55)		
36	King, Sedona	13	Cavalier Aquatics - Piedmont Y	2:18.48	2:20.07	
	31.00	1:06.24 (35.24)	1:43.57 (37.33)	2:20.07 (36.50)		
37	Rancka, Hadley	14	SwimRVA	2:19.61	2:21.48	
	30.20	1:04.78 (34.58)	1:41.73 (36.95)	2:21.48 (39.75)		
38	Woolley, Jamison	17	Tide Swimming	2:17.30	2:22.12	
	30.36	1:05.91 (35.55)	1:43.01 (37.10)	2:22.12 (39.11)		
39	Jones, Kyrsten	15	Tide Swimming	2:26.73	2:22.88	
	32.31	1:08.86 (36.55)	1:46.44 (37.58)	2:22.88 (36.44)		
40	Granger, Bermuda	18	Tide Swimming	2:18.75	2:23.04	
	31.75	1:07.58 (35.83)	1:44.94 (37.36)	2:23.04 (38.10)		
41	Stuart, Winifred	15	YMCA of the Triangle Area	2:35.82	2:24.16	
	31.42	1:08.07 (36.65)	1:46.40 (38.33)	2:24.16 (37.76)		
42	Nicholson, Samantha	14	Cavalier Aquatics - Piedmont Y	2:28.14	2:24.40	
	31.32	1:08.03 (36.71)	1:46.26 (38.23)	2:24.40 (38.14)		
43	VanderBroek, Allie	17	YMCA of the Triangle Area	2:20.09	2:25.31	
	31.71	1:08.59 (36.88)	1:47.40 (38.81)	2:25.31 (37.91)		
44	Caress, Lula	17	YMCA of the Triangle Area	2:14.19	2:25.99	
	32.14	1:08.08 (35.94)	1:46.66 (38.58)	2:25.99 (39.33)		
45	Volpe, Alena	15	YMCA of the Triangle Area	2:38.46	2:27.59	
	32.83	1:09.53 (36.70)	1:49.47 (39.94)	2:27.59 (38.12)		
46	DiGiacomo, Sirena	15	SwimRVA	2:25.70	2:28.69	
	31.85	1:08.84 (36.99)	1:48.65 (39.81)	2:28.69 (40.04)		
47	Ilina, Paulina	16	Stingrays Swim Team	2:30.28	2:30.54	
	33.45	1:10.48 (37.03)	1:49.02 (38.54)	2:30.54 (41.52)		
48	Sherrill, Hannah	16	SwimRVA	2:16.36	2:30.70	
	32.92	1:09.86 (36.94)	1:49.88 (40.02)	2:30.70 (40.82)		
49	Strach, Maya	17	Tide Swimming	2:19.93	2:34.15	
	31.78	1:09.79 (38.01)	1:51.08 (41.29)	2:34.15 (43.07)		

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 13 Women 13 & Over 200 Yard Butterfly)

	Name	Age	Team	Seed Time	Prelim Time
---	Bryant, Maeve	17	Quest Swimming	2:14.91	DFS

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 14 Men 13 & Over 200 Yard Butterfly

Meet Record: **1:41.80 ! 11/4/2023 Thomas Heilman CA-Y-VA**
1:49.59 WJR USA-S Winter JRs
1:53.69 FUT USA-S Futures
1:57.79 YNAT YMCA SCY Nationals
2:02.59 VSR VSI SR Champs

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	Heilman, Thomas	16	Cavalier Aquatics - Piedmont Y	1:44.78	1:41.80 !	WJR
	22.77	48.55 (25.78)	1:15.16 (26.61)	1:41.80 (26.64)		
2	King, David	18	Cavalier Aquatics - Piedmont Y	1:48.33	1:47.82	WJR
	23.94	51.29 (27.35)	1:19.44 (28.15)	1:47.82 (28.38)		
3	Hoban, Owen	17	Stingrays Swim Team	1:50.53	1:49.24	WJR
	24.62	53.04 (28.42)	1:21.17 (28.13)	1:49.24 (28.07)		
4	Mills, Jack	18	Lynchburg YMCA	1:52.32	1:50.05	FUT
	23.91	51.83 (27.92)	1:21.21 (29.38)	1:50.05 (28.84)		
5	Keenan, Nathaniel	18	Tide Swimming	1:55.49	1:54.22	YNAT
	25.91	54.82 (28.91)	1:24.20 (29.38)	1:54.22 (30.02)		
6	Marshall, Connor	17	Cavalier Aquatics - Piedmont Y	1:56.20	1:54.77	YNAT
	25.75	54.76 (29.01)	1:24.34 (29.58)	1:54.77 (30.43)		
7	Edmondson, Eli	16	YMCA of the Triangle Area	1:54.10	1:56.98	YNAT
8	Cullaty, John	15	Cavalier Aquatics - Piedmont Y	1:56.28	1:57.50	YNAT
	26.14	55.69 (29.55)	1:26.05 (30.36)	1:57.50 (31.45)		
B - Final						
9	Swartz, Tyler	17	Tide Swimming	1:57.97	1:56.87	YNAT
	26.67	56.70 (30.03)	1:26.70 (30.00)	1:56.87 (30.17)		
10	Goad, Zachary	16	Quest Swimming	1:58.72	1:56.94	YNAT
	26.07	56.78 (30.71)	1:27.25 (30.47)	1:56.94 (29.69)		
11	Humbert, Jack	16	YMCA of the Triangle Area	1:59.95	1:59.89	VSR
	21.59	1:00.50 (38.91)	1:28.34 (27.84)	1:59.89 (31.55)		
12	Jiminez, Patrick	15	The Fish	1:58.65	2:00.07	VSR
	26.72	57.59 (30.87)	1:29.29 (31.70)	2:00.07 (30.78)		
13	Burkey, Tucker	16	Quest Swimming	2:00.61	2:00.33	VSR
	26.97	57.31 (30.34)	1:29.14 (31.83)	2:00.33 (31.19)		
14	King, Brayden	16	Cavalier Aquatics - Piedmont Y	1:59.86	2:00.37	VSR
	26.78	57.09 (30.31)	1:28.34 (31.25)	2:00.37 (32.03)		
15	Clippinger, Jack	16	SwimRVA	2:01.27	2:02.16	VSR
	26.97	58.30 (31.33)	1:30.19 (31.89)	2:02.16 (31.97)		
---	Soliman, David	16	YMCA of the Triangle Area	2:00.03	DQ	
	25.99	55.82 (29.83)	1:26.76 (30.94)	DQ (30.69)		
C - Final						
17	Wang, Richard	16	Cavalier Aquatics - Piedmont Y	2:03.15	1:57.44	YNAT
	25.67	55.38 (29.71)	1:25.90 (30.52)	1:57.44 (31.54)		
18	Charlton, William	15	Cavalier Aquatics - Piedmont Y	2:02.02	1:59.23	VSR
	27.05	49.44 (22.39)	1:19.72 (30.28)	1:59.23 (39.51)		
19	Sawyer, Bradley	15	Cavalier Aquatics - Piedmont Y	2:02.96	1:59.26	VSR
	27.20	57.55 (30.35)	1:28.64 (31.09)	1:59.26 (30.62)		
20	Tungate, Benjamin	15	Cavalier Aquatics - Piedmont Y	2:02.22	2:01.04	VSR
	27.81	58.21 (30.40)	1:29.37 (31.16)	2:01.04 (31.67)		
21	Xu, George	16	Lynchburg YMCA	2:01.32	2:01.38	VSR
	26.59	57.00 (30.41)	1:28.89 (31.89)	2:01.38 (32.49)		
22	Knight, Benjamin	16	Tide Swimming	2:01.91	2:02.03	VSR
	27.16	58.44 (31.28)	1:30.00 (31.56)	2:02.03 (32.03)		

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

C - Final ... (Event 14 Men 13 & Over 200 Yard Butterfly)

	Name	Age	Team	Prelim Time	Finals Time	
23	McCarthy, Connor	16	Quest Swimming	2:01.88	2:02.27	VSR
	27.08	57.68 (30.60)	1:29.49 (31.81)	2:02.27 (32.78)		
24	Morris, Cameron	15	YMCA of the Triangle Area	2:01.44	2:04.38	
	28.09	59.41 (31.32)	1:31.66 (32.25)	2:04.38 (32.72)		

D - Final

25	Weber, Josiah	14	SwimRVA	2:06.12	1:57.95	VSR
	27.05	57.69 (30.64)	1:28.08 (30.39)	1:57.95 (29.87)		
26	Zimmer, Julian	14	Quest Swimming	2:05.52	2:01.67	VSR
	26.66	57.15 (30.49)	1:28.59 (31.44)	2:01.67 (33.08)		
27	Rice, Hudson	14	Lynchburg YMCA	2:05.34	2:02.95	
	27.58	58.75 (31.17)	1:31.09 (32.34)	2:02.95 (31.86)		
28	Sanchez, Luca	14	The Fish	2:04.28	2:03.15	
	27.07	58.32 (31.25)	1:30.64 (32.32)	2:03.15 (32.51)		
29	Feighner, Nolan	13	SwimRVA	2:06.17	2:05.13	
	19.73	59.06 (39.33)	1:31.88 (32.82)	2:05.13 (33.25)		
30	Smith, Henry	13	Cavalier Aquatics - Piedmont Y	2:09.92	2:07.89	
	28.54	1:01.59 (33.05)	1:34.81 (33.22)	2:07.89 (33.08)		

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 14 Men 13 & Over 200 Yard Butterfly

Meet Record: **1:41.80** **!** **11/4/2023** **Thomas Heilman** **CA-Y-VA**

1:49.59 **WJR USA-S Winter JRs**

1:53.69 **FUT USA-S Futures**

1:57.79 **YNAT YMCA SCY Nationals**

2:02.59 **VSR VSI SR Champs**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Heilman, Thomas	16	Cavalier Aquatics - Piedmont Y	1:40.86	1:44.78	qWJR
	23.34	49.58 (26.24)	1:17.07 (27.49)	1:44.78 (27.71)		
2	King, David	18	Cavalier Aquatics - Piedmont Y	1:55.13	1:48.33	qWJR
	24.33	51.92 (27.59)	1:20.03 (28.11)	1:48.33 (28.30)		
3	Hoban, Owen	17	Stingrays Swim Team	1:51.04	1:50.53	qFUT
	24.87	52.85 (27.98)	1:21.01 (28.16)	1:50.53 (29.52)		
4	Mills, Jack	18	Lynchburg YMCA	1:48.77	1:52.32	qFUT
	25.41	54.64 (29.23)	1:23.77 (29.13)	1:52.32 (28.55)		
5	Edmondson, Eli	16	YMCA of the Triangle Area	1:52.57	1:54.10	qYNAT
	25.96	55.18 (29.22)	1:24.47 (29.29)	1:54.10 (29.63)		
6	Keenan, Nathaniel	18	Tide Swimming	1:51.05	1:55.49	qYNAT
	25.76	55.70 (29.94)	1:26.04 (30.34)	1:55.49 (29.45)		
7	Marshall, Connor	17	Cavalier Aquatics - Piedmont Y	1:54.19	1:56.20	qYNAT
	26.20	55.46 (29.26)	1:26.04 (30.58)	1:56.20 (30.16)		
8	Cullaty, John	15	Cavalier Aquatics - Piedmont Y	1:59.09	1:56.28	qYNAT
	26.27	56.48 (30.21)	1:26.21 (29.73)	1:56.28 (30.07)		
9	Swartz, Tyler	17	Tide Swimming	1:54.36	1:57.97	qVSR
	26.10	56.12 (30.02)	1:26.71 (30.59)	1:57.97 (31.26)		
10	Jiminez, Patrick	15	The Fish	1:59.06	1:58.65	qVSR
	26.26	56.55 (30.29)	1:27.43 (30.88)	1:58.65 (31.22)		
11	Goad, Zachary	16	Quest Swimming	1:59.05	1:58.72	qVSR
	26.13	56.79 (30.66)	1:27.89 (31.10)	1:58.72 (30.83)		
12	King, Brayden	16	Cavalier Aquatics - Piedmont Y	2:00.03	1:59.86	qVSR
	26.79	56.76 (29.97)	1:28.15 (31.39)	1:59.86 (31.71)		
13	Humbert, Jack	16	YMCA of the Triangle Area	1:54.84	1:59.95	qVSR
	27.13	57.66 (30.53)	1:28.77 (31.11)	1:59.95 (31.18)		
14	Soliman, David	16	YMCA of the Triangle Area	2:00.49	2:00.03	qVSR
	26.36	56.91 (30.55)	1:28.84 (31.93)	2:00.03 (31.19)		
15	Burkey, Tucker	16	Quest Swimming	2:02.84	2:00.61	qVSR
	26.85	57.43 (30.58)	1:28.48 (31.05)	2:00.61 (32.13)		
16	Clippinger, Jack	16	SwimRVA	1:59.05	2:01.27	qVSR
	26.76	57.22 (30.46)	1:29.38 (32.16)	2:01.27 (31.89)		
17	Xu, George	16	Lynchburg YMCA	2:01.78	2:01.32	qVSR
	27.54	58.63 (31.09)	1:29.90 (31.27)	2:01.32 (31.42)		
18	Morris, Cameron	15	YMCA of the Triangle Area	2:04.84	2:01.44	qVSR
	27.67	58.42 (30.75)	1:29.58 (31.16)	2:01.44 (31.86)		
19	McCarthy, Connor	16	Quest Swimming	2:01.64	2:01.88	qVSR
	26.95	57.91 (30.96)	1:28.63 (30.72)	2:01.88 (33.25)		
20	Knight, Benjamin	16	Tide Swimming	2:00.62	2:01.91	qVSR
	27.35	57.82 (30.47)	1:29.81 (31.99)	2:01.91 (32.10)		
21	Charlton, William	15	Cavalier Aquatics - Piedmont Y	1:57.10	2:02.02	qVSR
	27.47	58.26 (30.79)	1:30.08 (31.82)	2:02.02 (31.94)		
22	Tungate, Benjamin	15	Cavalier Aquatics - Piedmont Y	2:01.55	2:02.22	qVSR
	27.28	58.76 (31.48)	1:30.10 (31.34)	2:02.22 (32.12)		
23	Sawyer, Bradley	15	Cavalier Aquatics - Piedmont Y	2:01.68	2:02.96	q
	27.33	58.27 (30.94)	1:30.30 (32.03)	2:02.96 (32.66)		

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 14 Men 13 & Over 200 Yard Butterfly)

	Name	Age	Team	Seed Time	Prelim Time	
24	Wang, Richard	16	Cavalier Aquatics - Piedmont Y	1:57.16	2:03.15	q
	26.43	57.27 (30.84)	1:29.73 (32.46)	2:03.15 (33.42)		
25	Goedecke, Colin	17	Tide Swimming	2:00.32	2:03.19	q
	28.36	59.67 (31.31)	1:31.07 (31.40)	2:03.19 (32.12)		
26	Lajoie, Benjamin	16	YMCA of the Triangle Area	2:07.90	2:03.27	q
	28.65	1:00.82 (32.17)	1:32.32 (31.50)	2:03.27 (30.95)		
27	Healey, Matthew	15	Tide Swimming	2:04.30	2:04.03	q
	27.02	58.96 (31.94)	1:31.50 (32.54)	2:04.03 (32.53)		
28	Shelton, Evan	17	Tide Swimming	2:00.50	2:04.17	q
	28.07	58.71 (30.64)	1:30.81 (32.10)	2:04.17 (33.36)		
29	Sanchez, Luca	14	The Fish	2:07.31	2:04.28	q
	27.33	58.82 (31.49)	1:31.57 (32.75)	2:04.28 (32.71)		
30	Struder IV, Leonard	17	Stingrays Swim Team	2:04.30	2:04.49	q
	28.38	1:00.08 (31.70)	1:31.89 (31.81)	2:04.49 (32.60)		
31	Jones, Joshua	15	YMCA of the Triangle Area	2:11.35	2:05.32	q
	28.30	1:00.44 (32.14)	1:32.58 (32.14)	2:05.32 (32.74)		
*32	Page, Logan	17	YMCA of the Triangle Area	2:08.08	2:05.34	q
	28.43	1:00.40 (31.97)	1:33.11 (32.71)	2:05.34 (32.23)		
*32	Rice, Hudson	14	Lynchburg YMCA	2:03.83	2:05.34	q
	27.97	1:00.14 (32.17)	1:33.10 (32.96)	2:05.34 (32.24)		

Swim-Off Required

34	Zimmer, Julian	14	Quest Swimming	2:03.32	2:05.52	
	27.24	58.55 (31.31)	1:31.25 (32.70)	2:05.52 (34.27)		
35	Kustowski, Brian	18	Tide Swimming	2:10.78	2:05.58	
	28.42	1:00.15 (31.73)	1:32.44 (32.29)	2:05.58 (33.14)		
36	Weber, Josiah	14	SwimRVA	1:58.96	2:06.12	
	27.12	58.88 (31.76)	1:32.29 (33.41)	2:06.12 (33.83)		
37	Feighner, Nolan	13	SwimRVA	2:08.78	2:06.17	
	28.81	1:01.40 (32.59)	1:33.42 (32.02)	2:06.17 (32.75)		
38	Knapp, Parker	15	Tide Swimming	1:59.44	2:06.56	
	26.92	59.26 (32.34)	1:32.95 (33.69)	2:06.56 (33.61)		
39	Flores, Ayden	17	Tide Swimming	2:07.94	2:06.62	
	28.18	59.79 (31.61)	1:32.48 (32.69)	2:06.62 (34.14)		
40	Zhu, Aiden	17	Cavalier Aquatics - Piedmont Y	2:06.30	2:06.66	
	28.03	1:00.26 (32.23)	1:33.48 (33.22)	2:06.66 (33.18)		
41	Guthrie, Hunter	15	The Fish	2:09.07	2:06.78	
	28.14	1:00.38 (32.24)	1:34.23 (33.85)	2:06.78 (32.55)		
42	Pearce, William	17	YMCA of the Triangle Area	2:19.29	2:07.19	
	27.81	1:00.36 (32.55)	1:33.81 (33.45)	2:07.19 (33.38)		
43	Goad, Jackson	17	Quest Swimming	2:03.12	2:07.20	
	28.50	1:01.10 (32.60)	1:34.56 (33.46)	2:07.20 (32.64)		
44	Parker, Austin	15	Stingrays Swim Team	2:09.54	2:07.75	
	27.79	59.65 (31.86)	1:33.22 (33.57)	2:07.75 (34.53)		
45	Harris, Bennett	17	YMCA of the Triangle Area	2:06.31	2:08.53	
	28.22	1:01.07 (32.85)	1:34.74 (33.67)	2:08.53 (33.79)		
46	Adye, Timothy	16	The Fish	2:32.92	2:08.70	
	27.84	1:00.97 (33.13)	1:35.68 (34.71)	2:08.70 (33.02)		
47	Warren, Joshua	16	Lynchburg YMCA	2:08.61	2:08.96	
	28.43	1:00.29 (31.86)	1:33.82 (33.53)	2:08.96 (35.14)		
48	Salpeter, Troy	15	Tide Swimming	2:10.63	2:09.47	
	27.78	59.61 (31.83)	1:33.17 (33.56)	2:09.47 (36.30)		
49	Hess, Malcolm	15	Quest Swimming	2:10.92	2:09.57	
	28.80	1:01.55 (32.75)	1:35.32 (33.77)	2:09.57 (34.25)		

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 14 Men 13 & Over 200 Yard Butterfly)

	Name	Age	Team	Seed Time	Prelim Time
50	Smith, Henry	13	Cavalier Aquatics - Piedmont Y	2:07.12	2:09.92
	29.35	1:03.66 (34.31)	1:36.81 (33.15)	2:09.92 (33.11)	
51	Rogers, Andrew	18	Lynchburg YMCA	2:06.25	2:10.10
	28.27	1:00.86 (32.59)	1:34.81 (33.95)	2:10.10 (35.29)	
52	Garth, Ian	15	Tide Swimming	2:07.38	2:14.72
	28.76	1:02.81 (34.05)	1:37.63 (34.82)	2:14.72 (37.09)	
53	Newman, Cole	16	YMCA of the Triangle Area	2:05.54	2:15.26
	28.13	1:01.16 (33.03)	1:36.64 (35.48)	2:15.26 (38.62)	
---	Dilber, Sarp	14	The Fish	2:08.84	DQ
	27.76	59.48 (31.72)	1:32.69 (33.21)	DQ (34.02)	

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 15 Women 13 & Over 50 Yard Freestyle

Meet Record: **22.74 ! 11/4/2023 Nicole Venema TIDE -VA**
23.29 WJR USA-S Winter JRs
23.89 FUT USA-S Futures
24.69 YNAT YMCA SCY Nationals
25.29 VSR VSI SR Champs

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	Venema, Nicole	22	Tide Swimming	23.63	22.74 !	WJR
2	Duffy, Kayleigh	18	Tide Swimming	23.59	23.50	FUT
3	Fuller, Alexandra	16	Battlefiels Area Star Swimmers	24.03	23.59	FUT
4	Sullivan, Sophia	18	SwimRVA	24.45	24.27	YNAT
*5	Vernon, Allison	15	Quest Swimming	24.23	24.34	YNAT
*5	Kohler, Sofia	17	Tide Swimming	24.66	24.34	YNAT
7	Lange, Campbell	13	YMCA of the Triangle Area	24.64	24.46	YNAT
8	Duffy, Dara	16	Tide Swimming	24.45	24.57	YNAT
B - Final						
9	Sherman, Lila	14	The Fish	24.76	24.66	YNAT
10	Teague, Sara	16	Tide Swimming	24.85	24.67	YNAT
11	Czirjak, Sara	16	Cavalier Aquatics - Piedmont Y	24.73	24.75	VSR
12	Jones, London	16	Stingrays Swim Team	24.77	24.77	VSR
13	Eddy, Ava	14	Stingrays Swim Team	24.93	24.79	VSR
14	Sowers, Samantha	16	Stingrays Swim Team	24.85	24.81	VSR
15	Phillips, Lily	15	Cavalier Aquatics - Piedmont Y	24.77	24.83	VSR
16	Canada, Raegan	16	Quest Swimming	24.84	24.86	VSR
C - Final						
17	Rawlins, Afsana	16	Tide Swimming	25.06	24.74	VSR
18	Duffy, Savannah	14	Stingrays Swim Team	25.06	24.77	VSR
19	Ismailova, Diana	15	Cavalier Aquatics - Piedmont Y	25.08	24.83	VSR
20	Peters, Riley	15	The Fish	25.02	24.92	VSR
21	Watts, Emma	15	The Fish	25.16	24.93	VSR
22	Kang, Sarah	17	SwimRVA	25.07	25.15	VSR
23	Musto, Bernadette	16	Tide Swimming	25.13	25.24	VSR
24	Green, Sarah	17	Stingrays Swim Team	25.15	25.46	
D - Final						
25	Durrette, Sierra	13	SwimRVA	25.23	24.98	VSR
26	Meyer, Amelie	14	Cavalier Aquatics - Piedmont Y	25.28	25.37	
27	Fishburn, Poppy	14	YMCA of the Triangle Area	25.60	25.51	
28	Strickland, Virginia	14	The Fish	25.58	25.56	
29	Keith, Ashlyn	13	SwimRVA	25.63	25.58	
30	Carden, Cadence	13	SwimRVA	25.93	25.87	
31	Holt, Ann-Margaret	14	Lynchburg YMCA	25.87	25.96	
32	Wang, Sophie	13	Cavalier Aquatics - Piedmont Y	25.79	26.00	

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 15 Women 13 & Over 50 Yard Freestyle

Meet Record: **22.74 ! 11/4/2023 Nicole Venema TIDE -VA**
23.29 WJR USA-S Winter JRs
23.89 FUT USA-S Futures
24.69 YNAT YMCA SCY Nationals
25.29 VSR VSI SR Champs

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Duffy, Kayleigh	18	Tide Swimming	23.41	23.59	qFUT
2	Venema, Nicole	22	Tide Swimming	22.23	23.63	qFUT
3	Fuller, Alexandra	16	Battlefiels Area Star Swimmers	23.47	24.03	qYNAT
4	Vernon, Allison	15	Quest Swimming	23.68	24.23	qYNAT
*5	Sullivan, Sophia	18	SwimRVA	25.08	24.45	qYNAT
*5	Duffy, Dara	16	Tide Swimming	24.04	24.45	qYNAT
7	Lange, Campbell	13	YMCA of the Triangle Area	25.67	24.64	qYNAT
8	Kohler, Sofia	17	Tide Swimming	24.00	24.66	qYNAT
9	Czirjak, Sara	16	Cavalier Aquatics - Piedmont Y	24.85	24.73	qVSR
10	Sherman, Lila	14	The Fish	25.23	24.76	qVSR
*11	Phillips, Lily	15	Cavalier Aquatics - Piedmont Y	24.68	24.77	qVSR
*11	Jones, London	16	Stingrays Swim Team	25.06	24.77	qVSR
13	Canada, Raegan	16	Quest Swimming	23.82	24.84	qVSR
*14	Sowers, Samantha	16	Stingrays Swim Team	24.18	24.85	qVSR
*14	Teague, Sara	16	Tide Swimming	24.05	24.85	qVSR
16	Eddy, Ava	14	Stingrays Swim Team	25.15	24.93	qVSR
17	Peters, Riley	15	The Fish	25.08	25.02	qVSR
*18	Duffy, Savannah	14	Stingrays Swim Team	24.81	25.06	qVSR
*18	Rawlins, Afsana	16	Tide Swimming	24.76	25.06	qVSR
20	Kang, Sarah	17	SwimRVA	24.71	25.07	qVSR
21	Ismailova, Diana	15	Cavalier Aquatics - Piedmont Y	24.58	25.08	qVSR
22	Musto, Bernadette	16	Tide Swimming	24.64	25.13	qVSR
23	Green, Sarah	17	Stingrays Swim Team	24.56	25.15	qVSR
24	Watts, Emma	15	The Fish	25.08	25.16	qVSR
25	Pirone, Luca	16	YMCA of the Triangle Area	24.73	25.17	qVSR
26	Mierenfeld, Ellie	15	SwimRVA	25.43	25.19	qVSR
*27	Mithqal, Mariam	17	Cavalier Aquatics - Piedmont Y	24.70	25.20	qVSR
*27	Smith, Cameron	17	Cavalier Aquatics - Piedmont Y	24.67	25.20	qVSR
29	Hoover, Davia	17	Stingrays Swim Team	25.23	25.22	qVSR
*30	Kaufman, Sidney	16	SwimRVA	25.69	25.23	qVSR
*30	Durrette, Sierra	13	SwimRVA	26.10	25.23	qVSR
32	Meyer, Amelie	14	Cavalier Aquatics - Piedmont Y	24.88	25.28	qVSR
*33	Grabowski, Arielle	16	Stingrays Swim Team	25.40	25.29	VSR
*33	McCardle, Grace	17	Battlefiels Area Star Swimmers	24.21	25.29	VSR
Swim-Off Required						
35	Rawlins, Sohalya	16	Tide Swimming	24.47	25.31	
36	Schundler, Elizabeth	17	Battlefiels Area Star Swimmers	24.84	25.35	
37	Oluwabusola, Mya	16	Tide Swimming	24.87	25.39	
38	Smith, Breanna	17	YMCA of the Triangle Area	24.54	25.46	
39	Twigg, Madelynn	18	Winchester Swim Team	24.94	25.47	
40	Brecke, Avery	15	Tide Swimming	25.37	25.50	
41	Giroud, Caroline	16	Tide Swimming	25.25	25.55	
*42	Barrett, Calista	15	Stingrays Swim Team	26.00	25.57	

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 15 Women 13 & Over 50 Yard Freestyle)

	Name	Age	Team	Seed Time	Prelim Time
*42	Henry, Emani	16	SwimRVA	25.01	25.57
*42	Taylor, Avery	16	Tide Swimming	25.38	25.57
45	Strickland, Virginia	14	The Fish	25.76	25.58
46	Fishburn, Poppy	14	YMCA of the Triangle Area	25.96	25.60
47	Witthoefft, Charlotte	15	Quest Swimming	25.90	25.61
48	Keith, Ashlyn	13	SwimRVA	25.95	25.63
49	Moore, Morgan	18	Stingrays Swim Team	25.58	25.69
50	Brewer, Lauren	15	YMCA of the Triangle Area	25.58	25.70
*51	Gentile, Morgan	17	YMCA of the Triangle Area	25.64	25.74
*51	Everhart, Charlotte	17	Tide Swimming	25.54	25.74
*53	Timmons, Madeline	17	Tide Swimming	25.09	25.77
*53	Osada, Elizabeth	15	Cavalier Aquatics - Piedmont Y	25.12	25.77
*55	Wang, Sophie	13	Cavalier Aquatics - Piedmont Y	25.33	25.79
*55	Shaps, Katherine	15	Battlefiels Area Star Swimmers	25.60	25.79
*57	Healey, Caroline	17	YMCA of the Triangle Area	25.43	25.87
*57	Holt, Ann-Margaret	14	Lynchburg YMCA	25.64	25.87
59	O'Keefe, Paige	17	YMCA of the Triangle Area	25.76	25.90
60	Brown, Scotia	17	YMCA of the Triangle Area	25.66	25.91
*61	Carden, Cadence	13	SwimRVA	25.89	25.93
*61	Mears, Annalise	16	SwimRVA	25.52	25.93
63	Womble, Peyton	15	YMCA of the Triangle Area	26.00	25.94
64	Cosner, Emerson	17	Quest Swimming	24.81	25.96
65	Verbel, Georgia	15	Stingrays Swim Team	27.25	25.97
66	Young, Arianna	15	SwimRVA	26.56	25.98
67	Brown, Sarah	18	Quest Swimming	25.36	26.00
*68	Walker, Madison	14	SwimRVA	26.01	26.01
*68	Hinton, Carter	16	Quest Swimming	25.51	26.01
70	Schoenfeld, Elyse	15	Tide Swimming	26.26	26.02
71	Wells, Sara	16	Cavalier Aquatics - Piedmont Y	25.87	26.04
72	Wertzler, Eleanor	14	The Fish	25.69	26.06
73	Schwartz, Cameron	16	SwimRVA	25.41	26.07
74	Woolley, Jamison	17	Tide Swimming	26.06	26.10
*75	Schmidt, Meghan	18	SwimRVA	25.63	26.13
*75	McCardle, Reese	15	Battlefiels Area Star Swimmers	25.68	26.13
*75	Everhart, Norah	15	Tide Swimming	25.72	26.13
*75	Cox, Madelynn	15	YMCA of the Triangle Area	25.57	26.13
79	Hodulik, Sydney	16	YMCA of the Triangle Area	25.86	26.19
80	Ward, Abigail	16	Quest Swimming	26.24	26.23
81	Miller, Molly	16	Stingrays Swim Team	25.00	26.25
82	Cheng, Helen	16	YMCA of the Triangle Area	26.00	26.27
83	Rancka, Hadley	14	SwimRVA	26.19	26.28
84	Seward, Ella	14	SwimRVA	26.17	26.30
85	Hoang, Angelina	16	Cavalier Aquatics - Piedmont Y	25.41	26.33
86	Swafford, Elizabeth	16	YMCA of the Triangle Area	25.73	26.35
87	Snyder, Paige	14	YMCA of the Triangle Area	26.16	26.37
88	McNutt, Payton	14	YMCA of the Triangle Area	25.80	26.39
89	Vernon, Anne	17	Quest Swimming	25.82	26.41
90	Smithson, Parker	14	Quest Swimming	26.59	26.42
91	Modrak, Payton	15	Quest Swimming	25.73	26.46
92	Rogerson, Annika	16	SwimRVA	26.50	26.47
*93	Derrico, Campbell	15	SwimRVA	25.73	26.50
*93	Bentley, Grace	17	Eastern Shore YMCA	25.37	26.50

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 15 Women 13 & Over 50 Yard Freestyle)

	Name	Age	Team	Seed Time	Prelim Time
*93	Sivak, Audrey	16	Quest Swimming	25.95	26.50
*96	Stein, Abigail	16	The Fish	27.13	26.53
*96	Miller, Evie	15	Stingrays Swim Team	26.00	26.53
*98	Eubanks, Leah	13	The Fish	25.93	26.58
*98	Whiteman, Sydney	15	Tide Swimming	25.69	26.58
100	Thesing, Holly	17	YMCA of the Triangle Area	26.59	26.60
101	Baraceros, Kamille	17	Quest Swimming	25.97	26.68
102	Gallant, Emma	15	Tide Swimming	26.48	26.70
103	Mitchell, Aubrey	15	YMCA of the Triangle Area	27.27	26.74
104	Temple, Peyton	14	SwimRVA	26.98	26.81
*105	Crowder, Audrey	16	YMCA of the Triangle Area	26.30	26.82
*105	Hines, Nelle	17	Battlefiels Area Star Swimmers	25.28	26.82
107	Trovero, Valentina	13	YMCA of the Triangle Area	26.47	26.85
108	Lear, Reagan	15	Quest Swimming	26.29	26.86
*109	Organ, Macy	16	YMCA of the Triangle Area	25.55	26.92
*109	DiGiacomo, Sirena	15	SwimRVA	25.76	26.92
111	Baker, Haley	13	SwimRVA	26.29	26.93
112	Ilina, Paulina	16	Stingrays Swim Team	26.68	26.97
113	Woodruff, Taylor	13	Lynchburg YMCA	26.06	26.99
114	Mason, Ansley	14	YMCA of the Triangle Area	25.96	27.03
115	Pittenger, Olivia	13	YMCA of the Triangle Area	29.80	27.11
116	Cobean, Evelyn	15	Quest Swimming	27.79	27.20
117	Zimmer, Emily	16	Quest Swimming	26.08	27.26
118	Lehmann, Zofia	15	Tide Swimming	26.96	27.29
119	Christopherson, Virginia	14	YMCA of the Triangle Area	27.15	27.52
120	Stuart, Winifred	15	YMCA of the Triangle Area	27.03	27.60
121	Muhlenkamp, Addison	16	Stingrays Swim Team	26.06	27.81
122	Gao, Annie	15	The Fish	26.66	27.87
123	Avery, Anne	17	Tide Swimming	28.46	28.06
124	Cuce, Elianna	14	SwimRVA	28.30	28.08
125	Strach, Maya	17	Tide Swimming	26.48	28.15
126	Ruppert, Madelynn	13	Quest Swimming	28.76	28.61
127	Freeman, Casey	16	YMCA of the Triangle Area	31.56	31.03

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 16 Men 13 & Over 50 Yard Freestyle

Meet Record: **20.36 ! 11/5/2022 Brendan Whitfield LY -VA**
20.59 WJR USA-S Winter JRs
21.29 FUT USA-S Futures
22.09 YNAT YMCA SCY Nationals
22.79 VSR VSI SR Champs

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	Puzon, Patrick	17	SwimRVA	20.91	20.75	FUT
2	Wang, Edward	18	YMCA of the Triangle Area	21.10	20.91	FUT
3	Mills, Jack	18	Lynchburg YMCA	21.27	20.98	FUT
4	Browne, William	16	Cavalier Aquatics - Piedmont Y	21.25	21.26	FUT
5	Taylor, John	19	YMCA of the Triangle Area	21.44	21.35	YNAT
6	Lange, Carter	16	YMCA of the Triangle Area	21.63	21.66	YNAT
7	Hu, Charles	17	The Fish	21.44	21.68	YNAT
8	Temple, Austin	15	Tide Swimming	21.74	21.83	YNAT
B - Final						
9	Spade, Gage	17	Tide Swimming	22.03	21.72	YNAT
10	Brooks, Henry	16	SwimRVA	22.05	21.80	YNAT
11	Moore, Ryan	15	Stingrays Swim Team	21.80	21.87	YNAT
12	Easton, Chase	15	Cavalier Aquatics - Piedmont Y	22.16	21.89	YNAT
13	Lineberry, Alexander	18	Tide Swimming	21.87	22.03	YNAT
14	Kelley, Collum	16	SwimRVA	22.19	22.08	YNAT
15	Hodges, Joshua	16	Battlefiels Area Star Swimmers	21.96	22.11	VSR
16	Buckner, Theodore	17	Battlefiels Area Star Swimmers	22.22	22.48	VSR
C - Final						
*17	Wilkerson, Chase	15	Tide Swimming	22.24	22.01	YNAT
*17	Mori, Axel	18	YMCA of the Triangle Area	22.24	22.01	YNAT
19	Schonfelder, Maxwell	17	Lynchburg YMCA	22.40	22.06	YNAT
*20	Goad, Zachary	16	Quest Swimming	22.35	22.25	VSR
*20	Hathaway, Jacques	16	Battlefiels Area Star Swimmers	22.30	22.25	VSR
22	Gordon, Jerry	18	Lynchburg YMCA	22.27	22.34	VSR
23	Bettis, William	17	Tide Swimming	22.33	22.52	VSR
24	Keenan, Nathaniel	18	Tide Swimming	22.43	22.82	
D - Final						
25	Woodruff, Graham	14	Lynchburg YMCA	22.78	22.54	VSR
26	Zimmer, Julian	14	Quest Swimming	23.77	23.18	
27	Euker, Aaron	14	Stingrays Swim Team	23.57	23.21	
28	Young, Floyd	14	SwimRVA	23.29	23.28	
29	Campbell, Cole	14	Lynchburg YMCA	24.03	23.67	
30	Charlton, Benjamin	13	Cavalier Aquatics - Piedmont Y	24.12	23.82	
31	Fisher, Zach	13	Quest Swimming	24.06	24.02	
32	Wispelwey, Garrett	14	Cavalier Aquatics - Piedmont Y	24.56	24.63	

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 16 Men 13 & Over 50 Yard Freestyle

Meet Record: **20.36 ! 11/5/2022 Brendan Whitfield LY -VA**
20.59 WJR USA-S Winter JRs
21.29 FUT USA-S Futures
22.09 YNAT YMCA SCY Nationals
22.79 VSR VSI SR Champs

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Puzon, Patrick	17	SwimRVA	20.87	20.91	qFUT
2	Wang, Edward	18	YMCA of the Triangle Area	21.45	21.10	qFUT
3	Browne, William	16	Cavalier Aquatics - Piedmont Y	20.54	21.25	qFUT
4	Mills, Jack	18	Lynchburg YMCA	20.78	21.27	qFUT
*5	Taylor, John	19	YMCA of the Triangle Area	21.65	21.44	qYNAT
*5	Hu, Charles	17	The Fish	21.78	21.44	qYNAT
7	Lange, Carter	16	YMCA of the Triangle Area	21.52	21.63	qYNAT
8	Temple, Austin	15	Tide Swimming	21.38	21.74	qYNAT
9	Moore, Ryan	15	Stingrays Swim Team	21.54	21.80	qYNAT
10	Lineberry, Alexander	18	Tide Swimming	21.94	21.87	qYNAT
11	Hodges, Joshua	16	Battlefiels Area Star Swimmers	21.90	21.96	qYNAT
12	Spade, Gage	17	Tide Swimming	21.93	22.03	qYNAT
13	Brooks, Henry	16	SwimRVA	22.11	22.05	qYNAT
14	Easton, Chase	15	Cavalier Aquatics - Piedmont Y	22.08	22.16	qVSR
15	Kelley, Collum	16	SwimRVA	22.84	22.19	qVSR
16	Buckner, Theodore	17	Battlefiels Area Star Swimmers	22.66	22.22	qVSR
17	Mori, Axel	18	YMCA of the Triangle Area	22.01	22.24	qVSR
18	Wilkerson, Chase	15	Tide Swimming	22.16	J22.24	qVSR
19	Gordon, Jerry	18	Lynchburg YMCA	22.04	22.27	qVSR
20	Hathaway, Jacques	16	Battlefiels Area Star Swimmers	22.74	22.30	qVSR
21	Bettis, William	17	Tide Swimming	22.42	22.33	qVSR
22	Goad, Zachary	16	Quest Swimming	22.58	22.35	qVSR
23	Wang, Richard	16	Cavalier Aquatics - Piedmont Y	22.19	22.36	qVSR
24	Schonfelder, Maxwell	17	Lynchburg YMCA	21.51	22.40	qVSR
25	Keenan, Nathaniel	18	Tide Swimming	22.92	22.43	qVSR
26	Wiese, Cooper	17	YMCA of the Triangle Area	21.99	22.44	qVSR
27	McOsker, Ryan	17	Stingrays Swim Team	22.27	22.47	qVSR
28	Edmondson, Josiah	18	YMCA of the Triangle Area	22.40	22.50	qVSR
29	Brehm, Alexander	16	SwimRVA	23.46	22.51	qVSR
30	Adye, Timothy	16	The Fish	22.36	22.52	qVSR
31	Loftin, Robert	18	SwimRVA	23.28	22.54	qVSR
32	Knight, Benjamin	16	Tide Swimming	22.96	22.57	qVSR
33	VanSlyke, John	17	Tide Swimming	22.01	22.62	VSR
34	Sample, Finnian	16	The Fish	23.42	22.63	VSR
*35	Volpe, Andrew	17	YMCA of the Triangle Area	22.09	22.64	VSR
*35	Ellenberger, Carson	15	SwimRVA	22.65	22.64	VSR
37	West, Ryan	17	YMCA of the Triangle Area	23.16	22.77	VSR
38	Woodruff, Graham	14	Lynchburg YMCA	22.33	22.78	VSR
39	Tiller, Grant	17	Quest Swimming	22.80	22.80	
40	Dykman, Robert	16	Stingrays Swim Team	23.17	22.84	
41	Bradbury, Charles	15	SwimRVA	23.47	22.91	
42	Kashinejad, Kaleb	17	SwimRVA	22.71	22.98	
43	Barger, Andrew	15	YMCA of the Triangle Area	22.85	22.99	

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 16 Men 13 & Over 50 Yard Freestyle)

	Name	Age	Team	Seed Time	Prelim Time
44	Alexander, Charles	15	Cavalier Aquatics - Piedmont Y	22.80	23.00
45	Bergmann, Theodor	16	Cavalier Aquatics - Piedmont Y	23.55	23.02
46	McCoy, Colt	16	Tide Swimming	23.11	23.07
47	Stevenson, Declund	16	Lynchburg YMCA	22.72	23.15
*48	Dingman, Casey	17	SwimRVA	23.04	23.18
*48	Nuckols, Cole	17	SwimRVA	22.88	23.18
*50	Klimkiewicz, Owen	16	Tide Swimming	23.06	23.23
*50	Tungate, Benjamin	15	Cavalier Aquatics - Piedmont Y	23.10	23.23
52	Buttram, Noah	15	Stingrays Swim Team	23.58	23.24
53	Young, Floyd	14	SwimRVA	22.92	23.29
*54	Stephens, Aden	16	Stingrays Swim Team	23.44	23.38
*54	Webster, Andrew	17	Quest Swimming	23.40	23.38
56	Bradley, Connor	15	Tide Swimming	23.48	23.42
57	Soliman, David	16	YMCA of the Triangle Area	23.54	23.46
58	Harmon, Dahmon	17	Tide Swimming	23.22	23.47
59	Burnett, Edward	16	SwimRVA	23.22	23.48
60	Garth, Ian	15	Tide Swimming	22.29	23.49
61	Fulayter, Brandon	16	Stingrays Swim Team	23.31	23.51
62	Euker, Aaron	14	Stingrays Swim Team	23.05	23.57
63	Alexander, Jonathan	18	Battlefiels Area Star Swimmers	23.31	23.59
64	Luzak, Landon	17	Tide Swimming	23.07	23.60
65	Pearce, William	17	YMCA of the Triangle Area	23.29	23.66
66	Rogers, Andrew	18	Lynchburg YMCA	23.56	23.72
67	Boyden, Matthew	15	Tide Swimming	24.07	23.74
68	Zimmer, Julian	14	Quest Swimming	23.44	23.77
69	Warren, Joshua	16	Lynchburg YMCA	23.39	23.79
*70	Winston, Gabriel	16	Tide Swimming	24.44	23.80
*70	Hottle, Davis	16	Lynchburg YMCA	23.05	23.80
72	Keenan, Alexander	15	Tide Swimming	23.93	23.83
73	Ferreira, Lucas	18	YMCA of the Triangle Area	23.56	23.85
74	Healey, Matthew	15	Tide Swimming	23.68	23.86
75	Salpeter, Brody	17	Tide Swimming	23.14	23.87
*76	Dowd, Valentin	17	Battlefiels Area Star Swimmers	23.98	23.88
*76	Jones, Joshua	15	YMCA of the Triangle Area	25.12	23.88
78	Hess, Malcolm	15	Quest Swimming	23.31	23.92
79	Ross, Bennett	17	Tide Swimming	23.51	23.93
80	Kasper, Noah	16	Lynchburg YMCA	24.19	24.00
*81	Gajowski, John	15	YMCA of the Triangle Area	23.61	24.03
*81	Tran, Patrick	17	Tide Swimming	23.33	24.03
*81	Campbell, Cole	14	Lynchburg YMCA	23.58	24.03
84	Fisher, Zach	13	Quest Swimming	24.03	24.06
85	McOsker, Patrick	16	Stingrays Swim Team	24.01	24.09
86	Charlton, Benjamin	13	Cavalier Aquatics - Piedmont Y	23.92	24.12
87	Shenk, Cole	16	SwimRVA	23.79	24.13
88	Davis, James	15	YMCA of the Triangle Area	23.46	24.20
*89	Walker, Demetrius	16	SwimRVA	23.97	24.21
*89	Robertson, Thatcher	15	Quest Swimming	23.90	24.21
91	Davies, Brody	16	Stingrays Swim Team	23.29	24.22
92	Guthrie, Hunter	15	The Fish	23.97	24.27
93	Babic, Sasha	17	SwimRVA	24.14	24.35
94	Fenton, Thomas	18	Lynchburg YMCA	23.85	24.38
95	Kessler, Jared	16	Stingrays Swim Team	23.59	24.39

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 16 Men 13 & Over 50 Yard Freestyle)

	Name	Age	Team	Seed Time	Prelim Time
96	Snyder, Avery	15	Lynchburg YMCA	24.08	24.55
97	Wispelwey, Garrett	14	Cavalier Aquatics - Piedmont Y	25.45	24.56
98	Dugas, Graham	16	Battlefiels Area Star Swimmers	23.89	24.59
99	White, John	16	YMCA of the Triangle Area	24.65	24.61
100	Fraser, Jared	15	SwimRVA	24.97	24.68
101	Simons, Carden	16	Stingrays Swim Team	25.11	24.79
102	Cheatham, Zachary	14	SwimRVA	25.22	25.06
103	Bennett, Craig	16	Stingrays Swim Team	24.55	25.09
104	Kibler, Christian	13	Battlefiels Area Star Swimmers	24.74	25.49
105	Watterson, Landon	16	Stingrays Swim Team	27.17	26.36
---	Stratton, Nicholas	15	Tide Swimming	23.91	DQ

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 17 Women 13 & Over 200 Yard Breaststroke

Meet Record: **2:14.69 ! 11/4/2023 Sara Czirjak CA-Y-VA**
2:17.19 WJR USA-S Winter JRs
2:22.69 FUT USA-S Futures
2:27.59 YNAT YMCA SCY Nationals
2:34.99 VSR VSI SR Champs

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	Czirjak, Sara	16	Cavalier Aquatics - Piedmont Y	2:18.93	2:14.69 !	WJR
	30.76	1:05.15 (34.39)	1:40.22 (35.07)	2:14.69 (34.47)		
2	Callis, Emerson	15	Quest Swimming	2:22.61	2:14.99	WJR
	31.45	1:05.63 (34.18)	1:40.32 (34.69)	2:14.99 (34.67)		
3	Redman, Emma	17	The Fish	2:18.16	2:15.21	WJR
	30.76	1:05.26 (34.50)	1:40.24 (34.98)	2:15.21 (34.97)		
4	Price, Piper	16	SwimRVA	2:25.38	2:21.80	FUT
	31.93	1:07.66 (35.73)	1:44.57 (36.91)	2:21.80 (37.23)		
5	Ayres, Meghan	13	Cavalier Aquatics - Piedmont Y	2:27.18	2:22.51	FUT
	32.61	1:08.58 (35.97)	1:46.60 (38.02)	2:22.51 (35.91)		
6	Bendall, Allisan	17	Cavalier Aquatics - Piedmont Y	2:24.43	2:23.62	YNAT
	33.13	1:08.98 (35.85)	1:46.26 (37.28)	2:23.62 (37.36)		
7	Smith, Cameron	17	Cavalier Aquatics - Piedmont Y	2:25.05	2:24.27	YNAT
	32.03	1:08.63 (36.60)	1:46.10 (37.47)	2:24.27 (38.17)		
8	Welsch, Layla	17	Cavalier Aquatics - Piedmont Y	2:27.36	2:25.95	YNAT
	32.53	1:10.07 (37.54)	1:48.03 (37.96)	2:25.95 (37.92)		
B - Final						
9	Smith, Breanna	17	YMCA of the Triangle Area	2:27.48	2:24.11	YNAT
	31.90	1:07.82 (35.92)	1:45.64 (37.82)	2:24.11 (38.47)		
10	Lundeberg, Ilsa	17	Quest Swimming	2:28.59	2:25.16	YNAT
	32.87	1:09.68 (36.81)	1:47.54 (37.86)	2:25.16 (37.62)		
11	Grabowski, Arielle	16	Stingrays Swim Team	2:27.86	2:26.33	YNAT
	32.84	1:09.79 (36.95)	1:47.91 (38.12)	2:26.33 (38.42)		
12	Wright, Ava	17	YMCA of the Triangle Area	2:28.10	2:28.23	VSR
	34.09	1:11.92 (37.83)	1:50.15 (38.23)	2:28.23 (38.08)		
13	Moreno, Caprie	15	Tide Swimming	2:29.80	2:28.86	VSR
	32.95	1:11.13 (38.18)	1:50.20 (39.07)	2:28.86 (38.66)		
14	Schundler, Elizabeth	17	Battlefiels Area Star Swimmers	2:32.10	2:31.31	VSR
	34.14	1:11.87 (37.73)	1:51.23 (39.36)	2:31.31 (40.08)		
15	Gray, Lauren	16	Tide Swimming	2:32.77	2:32.38	VSR
	34.12	1:13.45 (39.33)	1:52.24 (38.79)	2:32.38 (40.14)		
16	Oluwabusola, Mya	16	Tide Swimming	2:33.19	2:33.17	VSR
	33.90	1:12.36 (38.46)	1:52.52 (40.16)	2:33.17 (40.65)		
C - Final						
17	Everhart, Norah	15	Tide Swimming	2:33.72	2:30.58	VSR
	34.03	1:12.19 (38.16)	1:51.20 (39.01)	2:30.58 (39.38)		
18	Rawlins, Afsana	16	Tide Swimming	2:33.67	2:30.72	VSR
	34.17	1:12.33 (38.16)	1:51.42 (39.09)	2:30.72 (39.30)		
19	Kryszon, Madison	17	Quest Swimming	2:35.04	2:31.34	VSR
	34.77	1:12.96 (38.19)	1:51.67 (38.71)	2:31.34 (39.67)		
20	Volpe, Alena	15	YMCA of the Triangle Area	2:35.03	2:32.27	VSR
	34.52	1:13.49 (38.97)	1:52.55 (39.06)	2:32.27 (39.72)		
21	Gahagan, Maggie	17	Tide Swimming	2:33.73	2:32.80	VSR
	34.34	1:13.19 (38.85)	1:53.08 (39.89)	2:32.80 (39.72)		
22	Wang, Sophie	13	Cavalier Aquatics - Piedmont Y	2:35.09	2:33.40	VSR
	35.27	1:14.22 (38.95)	1:53.88 (39.66)	2:33.40 (39.52)		

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

C - Final ... (Event 17 Women 13 & Over 200 Yard Breaststroke)

	Name	Age	Team	Prelim Time	Finals Time	
23	Cobean, Evelyn	15	Quest Swimming	2:34.87	2:33.53	VSR
	34.56	1:13.63 (39.07)	1:53.72 (40.09)	2:33.53 (39.81)		
24	Creasey, Marshall	14	Quest Swimming	2:35.17	2:34.30	VSR
	35.44	1:14.05 (38.61)	1:53.84 (39.79)	2:34.30 (40.46)		

D - Final

25	Durrette, Sierra	13	SwimRVA	2:35.63	2:31.43	VSR
	34.00	1:12.42 (38.42)	1:51.52 (39.10)	2:31.43 (39.91)		
26	Cuce, Elianna	14	SwimRVA	2:37.89	2:33.10	VSR
	35.08	1:13.89 (38.81)	1:52.83 (38.94)	2:33.10 (40.27)		
27	Webb, Elizabeth	13	Lynchburg YMCA	2:39.93	2:34.94	VSR
	35.65	1:15.35 (39.70)	1:55.18 (39.83)	2:34.94 (39.76)		
28	Baker, Haley	13	SwimRVA	2:40.67	2:37.51	
	36.21	1:16.95 (40.74)	1:58.09 (41.14)	2:37.51 (39.42)		
29	Nicholson, Samantha	14	Cavalier Aquatics - Piedmont Y	2:41.07	2:38.65	
	36.67	1:17.70 (41.03)	1:58.31 (40.61)	2:38.65 (40.34)		
30	Pittenger, Olivia	13	YMCA of the Triangle Area	2:43.78	2:40.35	
	34.48	1:15.09 (40.61)	1:57.22 (42.13)	2:40.35 (43.13)		
31	Brown, Chloe	13	SwimRVA	2:43.35	2:41.65	
	36.72	1:18.34 (41.62)	2:00.37 (42.03)	2:41.65 (41.28)		
32	Ruppert, Madelynn	13	Quest Swimming	2:47.69	2:43.74	
	38.83	1:20.58 (41.75)	2:02.44 (41.86)	2:43.74 (41.30)		

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 17 Women 13 & Over 200 Yard Breaststroke

Meet Record: **2:14.69** **!** **11/4/2023** **Sara Czirjak** **CA-Y-VA**

2:17.19 **WJR USA-S Winter JRs**

2:22.69 **FUT USA-S Futures**

2:27.59 **YNAT YMCA SCY Nationals**

2:34.99 **VSR VSI SR Champs**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Redman, Emma	17	The Fish	2:12.79	2:18.16	qFUT
	31.24	1:06.37 (35.13)	1:42.16 (35.79)	2:18.16 (36.00)		
2	Czirjak, Sara	16	Cavalier Aquatics - Piedmont Y	2:13.11	2:18.93	qFUT
	32.31	1:07.48 (35.17)	1:44.15 (36.67)	2:18.93 (34.78)		
3	Callis, Emerson	15	Quest Swimming	2:16.24	2:22.61	qFUT
	32.84	1:09.00 (36.16)	1:45.84 (36.84)	2:22.61 (36.77)		
4	Bendall, Allisan	17	Cavalier Aquatics - Piedmont Y	2:19.34	2:24.43	qYNAT
	32.51	1:09.86 (37.35)	1:47.83 (37.97)	2:24.43 (36.60)		
5	Smith, Cameron	17	Cavalier Aquatics - Piedmont Y	2:20.27	2:25.05	qYNAT
	32.63	1:09.28 (36.65)	1:46.92 (37.64)	2:25.05 (38.13)		
6	Price, Piper	16	SwimRVA	2:19.51	2:25.38	qYNAT
	32.76	1:09.45 (36.69)	1:47.21 (37.76)	2:25.38 (38.17)		
7	Ayres, Meghan	13	Cavalier Aquatics - Piedmont Y	2:24.27	2:27.18	qYNAT
	33.68	1:10.91 (37.23)	1:49.18 (38.27)	2:27.18 (38.00)		
8	Welsch, Layla	17	Cavalier Aquatics - Piedmont Y	2:17.67	2:27.36	qYNAT
	33.61	1:11.28 (37.67)	1:49.53 (38.25)	2:27.36 (37.83)		
9	Smith, Breanna	17	YMCA of the Triangle Area	2:22.60	2:27.48	qYNAT
	33.29	1:10.54 (37.25)	1:48.68 (38.14)	2:27.48 (38.80)		
10	Grabowski, Arielle	16	Stingrays Swim Team	2:25.85	2:27.86	qVSR
	33.62	1:11.42 (37.80)	1:49.14 (37.72)	2:27.86 (38.72)		
11	Wright, Ava	17	YMCA of the Triangle Area	2:29.88	2:28.10	qVSR
	34.38	1:11.96 (37.58)	1:50.33 (38.37)	2:28.10 (37.77)		
12	Lundeberg, Ilsa	17	Quest Swimming	2:23.54	2:28.59	qVSR
	34.15	1:12.00 (37.85)	1:50.63 (38.63)	2:28.59 (37.96)		
13	Moreno, Caprie	15	Tide Swimming	2:35.86	2:29.80	qVSR
	33.94	1:12.71 (38.77)	1:51.85 (39.14)	2:29.80 (37.95)		
14	Schundler, Elizabeth	17	Battlefiels Area Star Swimmers	2:28.47	2:32.10	qVSR
	35.48	1:13.07 (37.59)	1:52.74 (39.67)	2:32.10 (39.36)		
15	Gray, Lauren	16	Tide Swimming	2:32.53	2:32.77	qVSR
	34.87	1:13.38 (38.51)	1:52.63 (39.25)	2:32.77 (40.14)		
16	Oluwabusola, Mya	16	Tide Swimming	2:31.67	2:33.19	qVSR
	34.94	1:14.54 (39.60)	1:54.28 (39.74)	2:33.19 (38.91)		
17	Rawlins, Afsana	16	Tide Swimming	2:30.79	2:33.67	qVSR
	34.32	1:12.89 (38.57)	1:52.86 (39.97)	2:33.67 (40.81)		
18	Everhart, Norah	15	Tide Swimming	2:34.74	2:33.72	qVSR
	35.76	1:14.20 (38.44)	1:54.11 (39.91)	2:33.72 (39.61)		
19	Gahagan, Maggie	17	Tide Swimming	2:32.02	2:33.73	qVSR
	35.12	1:14.18 (39.06)	1:53.62 (39.44)	2:33.73 (40.11)		
20	Cobean, Evelyn	15	Quest Swimming	2:37.59	2:34.87	qVSR
	35.61	1:15.09 (39.48)	1:55.13 (40.04)	2:34.87 (39.74)		
21	Volpe, Alena	15	YMCA of the Triangle Area	2:29.50	2:35.03	q
	36.40	1:17.07 (40.67)	1:56.11 (39.04)	2:35.03 (38.92)		
22	Kryszon, Madison	17	Quest Swimming	2:32.57	2:35.04	q
	35.57	1:15.30 (39.73)	1:54.58 (39.28)	2:35.04 (40.46)		
23	Wang, Sophie	13	Cavalier Aquatics - Piedmont Y	2:42.50	2:35.09	q
	35.75	1:16.15 (40.40)	1:55.78 (39.63)	2:35.09 (39.31)		

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 17 Women 13 & Over 200 Yard Breaststroke)

	Name	Age	Team	Seed Time	Prelim Time	
24	Creasey, Marshall	14	Quest Swimming	2:34.10	2:35.17	q
	36.26	1:15.43 (39.17)	1:55.05 (39.62)	2:35.17 (40.12)		
25	Everhart, Charlotte	17	Tide Swimming	2:34.59	2:35.25	q
	36.38	1:16.41 (40.03)	1:55.84 (39.43)	2:35.25 (39.41)		
26	Franco, Lucia	18	Tide Swimming	2:29.31	2:35.29	q
	36.29	1:14.71 (38.42)	1:55.24 (40.53)	2:35.29 (40.05)		
27	Watts, Emma	15	The Fish	2:28.26	2:35.54	q
	34.90	1:14.17 (39.27)	1:54.66 (40.49)	2:35.54 (40.88)		
28	Durrette, Sierra	13	SwimRVA	2:34.23	2:35.63	q
	35.40	1:15.04 (39.64)	1:55.13 (40.09)	2:35.63 (40.50)		
29	Scherer, Anne	16	Cavalier Aquatics - Piedmont Y	2:33.77	2:35.76	q
	35.98	1:15.68 (39.70)	1:56.11 (40.43)	2:35.76 (39.65)		
30	Bailey, Brooke	17	SwimRVA	2:26.37	2:35.83	q
	35.49	1:14.91 (39.42)	1:55.24 (40.33)	2:35.83 (40.59)		
31	Stuart, Winifred	15	YMCA of the Triangle Area	2:31.70	2:35.95	q
	34.81	1:14.05 (39.24)	1:54.97 (40.92)	2:35.95 (40.98)		
32	Marcussen, Lise	17	Tide Swimming	2:37.96	2:36.62	q
	36.56	1:16.00 (39.44)	1:56.37 (40.37)	2:36.62 (40.25)		
33	Jones, London	16	Stingrays Swim Team	2:42.89	2:36.93	
	34.44	1:14.54 (40.10)	1:55.87 (41.33)	2:36.93 (41.06)		
34	Van Schaften, Josie	16	SwimRVA	2:36.49	2:37.16	
	35.51	1:14.74 (39.23)	1:55.38 (40.64)	2:37.16 (41.78)		
35	Avery, Anne	17	Tide Swimming	2:23.26	2:37.19	
	34.91	1:15.07 (40.16)	1:56.29 (41.22)	2:37.19 (40.90)		
36	Schmidt, Meghan	18	SwimRVA	2:35.62	2:37.62	
	35.65	1:15.37 (39.72)	1:56.24 (40.87)	2:37.62 (41.38)		
*37	Sivak, Audrey	16	Quest Swimming	2:35.76	2:37.82	
	36.56	1:16.92 (40.36)	1:57.37 (40.45)	2:37.82 (40.45)		
*37	Buckner, Adelaide	16	Battlefiels Area Star Swimmers	2:46.30	2:37.82	
	35.44	1:16.05 (40.61)	1:57.06 (41.01)	2:37.82 (40.76)		
39	Cuce, Elianna	14	SwimRVA	2:33.07	2:37.89	
	34.98	1:14.83 (39.85)	1:56.42 (41.59)	2:37.89 (41.47)		
40	Whiteman, Sydney	15	Tide Swimming	2:38.92	2:38.66	
	36.70	1:18.06 (41.36)	1:58.57 (40.51)	2:38.66 (40.09)		
*41	Swafford, Elizabeth	16	YMCA of the Triangle Area	2:42.13	2:39.03	
	36.37	1:16.73 (40.36)	1:57.70 (40.97)	2:39.03 (41.33)		
*41	Vernon, Anne	17	Quest Swimming	2:37.05	2:39.03	
	36.96	1:17.77 (40.81)	1:58.65 (40.88)	2:39.03 (40.38)		
43	Young, Arianna	15	SwimRVA	2:43.53	2:39.24	
	35.01	1:15.62 (40.61)	1:58.05 (42.43)	2:39.24 (41.19)		
44	Webb, Elizabeth	13	Lynchburg YMCA	2:36.71	2:39.93	
	35.71	1:17.37 (41.66)	2:00.07 (42.70)	2:39.93 (39.86)		
45	Pogorzelski, Camryn Elise	15	Tide Swimming	2:37.28	2:40.39	
	37.05	1:17.40 (40.35)	1:58.47 (41.07)	2:40.39 (41.92)		
46	Baker, Haley	13	SwimRVA	2:44.36	2:40.67	
	37.34	1:18.51 (41.17)	2:00.08 (41.57)	2:40.67 (40.59)		
47	Nicholson, Samantha	14	Cavalier Aquatics - Piedmont Y	2:38.01	2:41.07	
	37.39	1:18.70 (41.31)	2:00.04 (41.34)	2:41.07 (41.03)		
48	Schoenfeld, Elyse	15	Tide Swimming	2:41.38	2:41.37	
	37.01	1:16.98 (39.97)	1:59.77 (42.79)	2:41.37 (41.60)		
49	VanderBroek, Allie	17	YMCA of the Triangle Area	2:39.98	2:41.39	
	36.32	1:17.17 (40.85)	1:58.47 (41.30)	2:41.39 (42.92)		

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 17 Women 13 & Over 200 Yard Breaststroke)

	Name	Age	Team	Seed Time	Prelim Time
50	Caress, Lula	17	YMCA of the Triangle Area	2:45.10	2:41.64
	36.34	1:18.06 (41.72)	2:00.27 (42.21)	2:41.64 (41.37)	
51	Hinton, Carter	16	Quest Swimming	2:36.19	2:42.75
	36.98	1:17.80 (40.82)	1:59.48 (41.68)	2:42.75 (43.27)	
52	Lehmann, Zofia	15	Tide Swimming	2:43.58	2:42.94
	36.03	1:17.51 (41.48)	2:00.21 (42.70)	2:42.94 (42.73)	
53	Brown, Chloe	13	SwimRVA	2:43.83	2:43.35
	37.51	1:20.25 (42.74)	2:03.06 (42.81)	2:43.35 (40.29)	
54	Fickenscher, Elliot	16	Tide Swimming	2:48.15	2:43.62
	37.48	1:18.27 (40.79)	2:00.85 (42.58)	2:43.62 (42.77)	
55	Pittenger, Olivia	13	YMCA of the Triangle Area	2:44.63	2:43.78
	36.49	1:18.54 (42.05)	2:01.27 (42.73)	2:43.78 (42.51)	
56	Granger, Bermuda	18	Tide Swimming	2:49.74	2:46.14
	37.34	1:19.33 (41.99)	2:02.36 (43.03)	2:46.14 (43.78)	
57	Ruppert, Madelynn	13	Quest Swimming	2:42.28	2:47.69
	39.19	1:21.71 (42.52)	2:04.98 (43.27)	2:47.69 (42.71)	

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 18 Men 13 & Over 200 Yard Breaststroke

Meet Record: **1:57.17 ! 11/4/2023 John Taylor YOTA-NC**
2:02.29 WJR USA-S Winter JRs
2:07.99 FUT USA-S Futures
2:12.69 YNAT YMCA SCY Nationals
2:19.49 VSR VSI SR Champs

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	Taylor, John	19	YMCA of the Triangle Area	2:02.00	1:57.17 !	WJR
	26.33	55.78 (29.45)	1:26.17 (30.39)	1:57.17 (31.00)		
2	Heilman, Thomas	16	Cavalier Aquatics - Piedmont Y	2:05.60	1:57.94	WJR
	26.64	56.74 (30.10)	1:27.31 (30.57)	1:57.94 (30.63)		
3	Moore, Maxwell	18	Cavalier Aquatics - Piedmont Y	2:06.82	2:02.08	WJR
	27.59	58.48 (30.89)	1:30.39 (31.91)	2:02.08 (31.69)		
4	Hodges, Joshua	16	Battlefiels Area Star Swimmers	2:11.32	2:10.91	YNAT
	28.38	1:00.34 (31.96)	1:35.24 (34.90)	2:10.91 (35.67)		
5	Clippinger, Jack	16	SwimRVA	2:10.84	2:10.92	YNAT
	29.20	1:02.30 (33.10)	1:36.62 (34.32)	2:10.92 (34.30)		
6	Fenton, Thomas	18	Lynchburg YMCA	2:12.25	2:12.90	VSR
	30.28	1:04.71 (34.43)	1:39.16 (34.45)	2:12.90 (33.74)		
7	Brehm, Alexander	16	SwimRVA	2:11.33	2:13.76	VSR
	29.36	1:02.77 (33.41)	1:37.38 (34.61)	2:13.76 (36.38)		
8	Luzak, Landon	17	Tide Swimming	2:10.63	2:14.49	VSR
	30.10	1:03.97 (33.87)	1:38.90 (34.93)	2:14.49 (35.59)		
B - Final						
9	Hepburn, Evan	16	YMCA of the Triangle Area	2:12.50	2:10.88	YNAT
	29.38	1:02.61 (33.23)	1:36.87 (34.26)	2:10.88 (34.01)		
10	Page, Logan	17	YMCA of the Triangle Area	2:15.89	2:12.67	YNAT
	29.56	1:03.05 (33.49)	1:37.10 (34.05)	2:12.67 (35.57)		
11	Greer, Ayden	13	SwimRVA	2:16.39	2:12.99	VSR
	31.16	1:05.43 (34.27)	1:39.78 (34.35)	2:12.99 (33.21)		
12	Hathaway, Jacques	16	Battlefiels Area Star Swimmers	2:16.90	2:13.67	VSR
	29.18	1:03.40 (34.22)	1:38.47 (35.07)	2:13.67 (35.20)		
13	Keough, Shane	14	YMCA of the Triangle Area	2:15.82	2:14.73	VSR
	30.62	1:04.67 (34.05)	1:39.36 (34.69)	2:14.73 (35.37)		
14	Robertson, Thatcher	15	Quest Swimming	2:14.16	2:15.44	VSR
	29.44	1:03.35 (33.91)	1:38.40 (35.05)	2:15.44 (37.04)		
15	Tran, Patrick	17	Tide Swimming	2:16.57	2:17.19	VSR
	29.93	1:04.19 (34.26)	1:40.34 (36.15)	2:17.19 (36.85)		
16	Jiminez, Patrick	15	The Fish	2:16.92	2:17.31	VSR
	31.52	1:06.18 (34.66)	1:41.94 (35.76)	2:17.31 (35.37)		
C - Final						
17	Schonfelder, Maxwell	17	Lynchburg YMCA	2:17.32	2:12.75	VSR
	30.26	1:03.70 (33.44)	1:38.49 (34.79)	2:12.75 (34.26)		
18	Senfield, Thomas	15	SwimRVA	2:17.05	2:13.28	VSR
	30.61	1:04.44 (33.83)	1:38.88 (34.44)	2:13.28 (34.40)		
19	Swartz, Tyler	17	Tide Swimming	2:17.41	2:14.91	VSR
	31.19	1:05.94 (34.75)	1:40.34 (34.40)	2:14.91 (34.57)		
20	Hottle, Luke	14	Lynchburg YMCA	2:18.79	2:16.04	VSR
	30.70	1:05.84 (35.14)	1:41.14 (35.30)	2:16.04 (34.90)		
21	Zhu, Aiden	17	Cavalier Aquatics - Piedmont Y	2:18.01	2:16.15	VSR
	31.35	1:05.61 (34.26)	1:41.09 (35.48)	2:16.15 (35.06)		
22	DeVizia, Gabriel	15	YMCA of the Triangle Area	2:17.59	2:16.83	VSR
	30.70	1:05.00 (34.30)	1:40.84 (35.84)	2:16.83 (35.99)		

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

C - Final ... (Event 18 Men 13 & Over 200 Yard Breaststroke)

	Name	Age	Team	Prelim Time	Finals Time	
23	Olson, Thomas	17	Cavalier Aquatics - Piedmont Y	2:17.37	2:16.87	VSR
	31.48	1:05.67 (34.19)	1:41.22 (35.55)	2:16.87 (35.65)		
24	Prudhomme, John	15	Tide Swimming	2:17.54	2:18.06	VSR
	30.90	1:05.68 (34.78)	1:42.19 (36.51)	2:18.06 (35.87)		

D - Final

25	Young, Floyd	14	SwimRVA	2:21.24	2:18.05	VSR
	31.21	1:06.52 (35.31)	1:42.26 (35.74)	2:18.05 (35.79)		
26	Davidson, Charles	14	Cavalier Aquatics - Piedmont Y	2:24.41	2:19.64	
	32.70	1:08.00 (35.30)	1:44.08 (36.08)	2:19.64 (35.56)		
27	Nelson, Broderick	13	Lynchburg YMCA	2:21.39	2:19.86	
	31.06	1:06.78 (35.72)	1:43.75 (36.97)	2:19.86 (36.11)		
28	Rice, Hudson	14	Lynchburg YMCA	2:24.29	2:23.39	
	32.87	1:09.20 (36.33)	1:46.59 (37.39)	2:23.39 (36.80)		
29	Wispelwey, Garrett	14	Cavalier Aquatics - Piedmont Y	2:29.68	2:24.97	
	32.73	1:10.33 (37.60)	1:48.22 (37.89)	2:24.97 (36.75)		
30	Cheatham, Zachary	14	SwimRVA	2:27.89	2:28.58	
	32.63	1:10.48 (37.85)	1:49.22 (38.74)	2:28.58 (39.36)		
31	Euker, Aaron	14	Stingrays Swim Team	2:35.40	2:33.10	
	34.55	1:14.42 (39.87)	1:54.54 (40.12)	2:33.10 (38.56)		
---	Irvine, Jackson	14	Quest Swimming	2:28.11	DQ	
	33.53	1:10.57 (37.04)	1:49.50 (38.93)	DQ (39.48)		

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 18 Men 13 & Over 200 Yard Breaststroke

Meet Record: **1:57.17 ! 11/4/2023 John Taylor YOTA-NC**
2:02.29 WJR USA-S Winter JRs
2:07.99 FUT USA-S Futures
2:12.69 YNAT YMCA SCY Nationals
2:19.49 VSR VSI SR Champs

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Taylor, John	19	YMCA of the Triangle Area	2:02.99	2:02.00	qWJR
	28.33	59.15 (30.82)	1:30.83 (31.68)	2:02.00 (31.17)		
2	Heilman, Thomas	16	Cavalier Aquatics - Piedmont Y	1:57.80	2:05.60	qFUT
	27.52	59.66 (32.14)	1:32.58 (32.92)	2:05.60 (33.02)		
3	Moore, Maxwell	18	Cavalier Aquatics - Piedmont Y	2:00.22	2:06.82	qFUT
	27.94	59.49 (31.55)	1:32.26 (32.77)	2:06.82 (34.56)		
4	Luzak, Landon	17	Tide Swimming	2:08.08	2:10.63	qYNAT
	29.84	1:03.26 (33.42)	1:37.06 (33.80)	2:10.63 (33.57)		
5	Clippinger, Jack	16	SwimRVA	2:09.38	2:10.84	qYNAT
	28.96	1:02.21 (33.25)	1:36.96 (34.75)	2:10.84 (33.88)		
6	Hodges, Joshua	16	Battlefiels Area Star Swimmers	2:09.91	2:11.32	qYNAT
	29.43	1:02.45 (33.02)	1:36.90 (34.45)	2:11.32 (34.42)		
7	Brehm, Alexander	16	SwimRVA	2:20.71	2:11.33	qYNAT
	29.57	1:02.47 (32.90)	1:36.42 (33.95)	2:11.33 (34.91)		
8	Fenton, Thomas	18	Lynchburg YMCA	2:05.32	2:12.25	qYNAT
	29.56	1:03.47 (33.91)	1:38.84 (35.37)	2:12.25 (33.41)		
9	Hepburn, Evan	16	YMCA of the Triangle Area	2:08.17	2:12.50	qYNAT
	29.94	1:04.12 (34.18)	1:38.59 (34.47)	2:12.50 (33.91)		
10	Robertson, Thatcher	15	Quest Swimming	2:17.74	2:14.16	qVSR
	30.20	1:03.98 (33.78)	1:38.53 (34.55)	2:14.16 (35.63)		
11	Keough, Shane	14	YMCA of the Triangle Area	2:20.06	2:15.82	qVSR
	30.62	1:04.96 (34.34)	1:40.40 (35.44)	2:15.82 (35.42)		
12	Page, Logan	17	YMCA of the Triangle Area	2:12.54	2:15.89	qVSR
	30.80	1:05.40 (34.60)	1:40.33 (34.93)	2:15.89 (35.56)		
13	Greer, Ayden	13	SwimRVA	2:26.05	2:16.39	qVSR
	32.01	1:07.03 (35.02)	1:42.58 (35.55)	2:16.39 (33.81)		
14	Tran, Patrick	17	Tide Swimming	2:13.59	2:16.57	qVSR
	30.92	1:06.08 (35.16)	1:41.85 (35.77)	2:16.57 (34.72)		
15	Hathaway, Jacques	16	Battlefiels Area Star Swimmers	2:21.26	2:16.90	qVSR
	29.81	1:03.94 (34.13)	1:39.86 (35.92)	2:16.90 (37.04)		
16	Jiminez, Patrick	15	The Fish	2:12.07	2:16.92	qVSR
	31.56	1:06.18 (34.62)	1:41.57 (35.39)	2:16.92 (35.35)		
17	Senfield, Thomas	15	SwimRVA	2:11.40	2:17.05	qVSR
	31.59	1:06.38 (34.79)	1:41.55 (35.17)	2:17.05 (35.50)		
18	Schonfelder, Maxwell	17	Lynchburg YMCA	2:10.04	2:17.32	qVSR
	30.79	1:05.57 (34.78)	1:41.51 (35.94)	2:17.32 (35.81)		
19	Olson, Thomas	17	Cavalier Aquatics - Piedmont Y	2:14.64	2:17.37	qVSR
	31.89	1:06.62 (34.73)	1:41.79 (35.17)	2:17.37 (35.58)		
20	Swartz, Tyler	17	Tide Swimming	2:09.27	2:17.41	qVSR
	30.90	1:05.58 (34.68)	1:41.46 (35.88)	2:17.41 (35.95)		
21	Prudhomme, John	15	Tide Swimming	2:20.80	2:17.54	qVSR
	30.67	1:05.50 (34.83)	1:41.81 (36.31)	2:17.54 (35.73)		
22	DeVizia, Gabriel	15	YMCA of the Triangle Area	2:12.54	2:17.59	qVSR
	31.71	1:06.64 (34.93)	1:41.82 (35.18)	2:17.59 (35.77)		
23	Zhu, Aiden	17	Cavalier Aquatics - Piedmont Y	2:17.79	2:18.01	qVSR
	31.19	1:06.38 (35.19)	1:42.29 (35.91)	2:18.01 (35.72)		

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 18 Men 13 & Over 200 Yard Breaststroke)

	Name	Age	Team	Seed Time	Prelim Time	
24	Hottle, Luke	14	Lynchburg YMCA	2:13.04	2:18.79	qVSR
	30.82	1:05.77 (34.95)	1:42.36 (36.59)	2:18.79 (36.43)		
25	Stevenson, Declund	16	Lynchburg YMCA	2:22.38	2:20.68	q
	30.73	1:06.63 (35.90)	1:43.61 (36.98)	2:20.68 (37.07)		
26	Young, Floyd	14	SwimRVA	2:16.67	2:21.24	q
	31.72	1:07.65 (35.93)	1:44.07 (36.42)	2:21.24 (37.17)		
27	Nelson, Broderick	13	Lynchburg YMCA	2:24.81	2:21.39	q
	31.09	1:07.03 (35.94)	1:43.58 (36.55)	2:21.39 (37.81)		
28	Salpeter, Troy	15	Tide Swimming	2:18.38	2:21.96	q
	32.65	1:10.01 (37.36)	1:45.93 (35.92)	2:21.96 (36.03)		
29	Sawyer, Bradley	15	Cavalier Aquatics - Piedmont Y	2:14.80	2:22.10	q
	31.60	1:07.50 (35.90)	1:44.70 (37.20)	2:22.10 (37.40)		
30	Fulayter, Brandon	16	Stingrays Swim Team	2:20.48	2:23.34	q
	30.49	1:06.43 (35.94)	1:44.19 (37.76)	2:23.34 (39.15)		
31	McCoy, Colt	16	Tide Swimming	2:22.62	2:23.52	q
	32.37	1:08.85 (36.48)	1:45.78 (36.93)	2:23.52 (37.74)		
32	Rice, Hudson	14	Lynchburg YMCA	2:19.57	2:24.29	q
	32.93	1:09.88 (36.95)	1:47.29 (37.41)	2:24.29 (37.00)		
33	Davidson, Charles	14	Cavalier Aquatics - Piedmont Y	2:23.14	2:24.41	
	33.03	1:11.03 (38.00)	1:47.82 (36.79)	2:24.41 (36.59)		
34	Salpeter, Brody	17	Tide Swimming	2:14.65	2:24.56	
	31.67	1:07.89 (36.22)	1:45.10 (37.21)	2:24.56 (39.46)		
35	Ross, Bennett	17	Tide Swimming	2:17.79	2:24.59	
	33.47	1:10.46 (36.99)	1:47.36 (36.90)	2:24.59 (37.23)		
36	Shelton, Evan	17	Tide Swimming	2:19.39	2:25.49	
	33.55	1:11.60 (38.05)	1:49.20 (37.60)	2:25.49 (36.29)		
37	Kessler, Jared	16	Stingrays Swim Team	2:18.42	2:26.29	
	31.75	1:08.47 (36.72)	1:47.08 (38.61)	2:26.29 (39.21)		
38	Wells, Gregory	16	Quest Swimming	2:28.82	2:26.39	
	33.61	1:11.49 (37.88)	1:49.79 (38.30)	2:26.39 (36.60)		
39	Simons, Carden	16	Stingrays Swim Team	2:25.16	2:27.43	
	34.02	1:12.76 (38.74)	1:50.50 (37.74)	2:27.43 (36.93)		
40	Ellenberger, Carson	15	SwimRVA	2:28.08	2:27.56	
	32.22	1:10.08 (37.86)	1:49.17 (39.09)	2:27.56 (38.39)		
41	Watterson, Landon	16	Stingrays Swim Team	2:24.83	2:27.85	
	34.33	1:11.11 (36.78)	1:50.54 (39.43)	2:27.85 (37.31)		
42	Cheatham, Zachary	14	SwimRVA	2:29.68	2:27.89	
	33.87	1:11.47 (37.60)	1:50.32 (38.85)	2:27.89 (37.57)		
43	Irvine, Jackson	14	Quest Swimming	2:25.62	2:28.11	
	33.49	1:10.16 (36.67)	1:49.13 (38.97)	2:28.11 (38.98)		
44	Dugas, Graham	16	Battlefiels Area Star Swimmers	2:24.84	2:29.14	
	32.69	1:10.49 (37.80)	1:49.63 (39.14)	2:29.14 (39.51)		
45	McCarthy, Connor	16	Quest Swimming	2:21.17	2:29.49	
	33.27	1:11.65 (38.38)	1:51.35 (39.70)	2:29.49 (38.14)		
46	Goad, Jackson	17	Quest Swimming	2:18.36	2:29.67	
	33.85	1:12.00 (38.15)	1:50.60 (38.60)	2:29.67 (39.07)		
47	Wispelwey, Garrett	14	Cavalier Aquatics - Piedmont Y	2:30.76	2:29.68	
	34.05	1:12.82 (38.77)	1:52.88 (40.06)	2:29.68 (36.80)		
48	Lychak, Michael	15	YMCA of the Triangle Area	2:28.54	2:29.76	
	32.36	1:10.32 (37.96)	1:50.00 (39.68)	2:29.76 (39.76)		
49	Snyder, Avery	15	Lynchburg YMCA	2:24.86	2:29.82	
	33.67	1:11.86 (38.19)	1:51.09 (39.23)	2:29.82 (38.73)		

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 18 Men 13 & Over 200 Yard Breaststroke)

	Name	Age	Team	Seed Time	Prelim Time
50	Babic, Sasha	17	SwimRVA	2:30.70	2:30.02
	33.07	1:11.92 (38.85)	1:51.11 (39.19)	2:30.02 (38.91)	
51	Boyden, Matthew	15	Tide Swimming	2:29.76	2:30.11
	32.67	1:10.93 (38.26)	1:50.60 (39.67)	2:30.11 (39.51)	
52	McOsker, Patrick	16	Stingrays Swim Team	2:30.21	2:30.16
	33.17	1:11.19 (38.02)	1:50.02 (38.83)	2:30.16 (40.14)	
53	Tiller, Grant	17	Quest Swimming	2:33.21	2:32.56
	34.18	1:12.96 (38.78)	1:53.07 (40.11)	2:32.56 (39.49)	
54	Grinsell, Patrick	15	Quest Swimming	2:32.34	2:33.95
	35.28	1:14.50 (39.22)	1:54.01 (39.51)	2:33.95 (39.94)	
55	Euker, Aaron	14	Stingrays Swim Team	2:23.03	2:35.40
	34.78	1:14.29 (39.51)	1:54.09 (39.80)	2:35.40 (41.31)	
56	Spade, Gage	17	Tide Swimming	2:39.26	2:35.50
	35.15	1:16.23 (41.08)	1:57.38 (41.15)	2:35.50 (38.12)	
57	Stowell, Ethan	16	Tide Swimming	2:34.50	2:39.21
	34.85	1:14.70 (39.85)	1:57.64 (42.94)	2:39.21 (41.57)	
58	Kibler, Christian	13	Battlefiels Area Star Swimmers	2:30.66	2:42.49
	35.24	1:17.16 (41.92)	2:00.93 (43.77)	2:42.49 (41.56)	
59	Campbell, Cole	14	Lynchburg YMCA	2:28.15	2:43.36
	35.12	1:15.97 (40.85)	1:58.80 (42.83)	2:43.36 (44.56)	
---	Bettis, William	17	Tide Swimming	2:19.96	DQ
	31.84	1:08.03 (36.19)	1:45.96 (37.93)	DQ (36.65)	
---	Klimkiewicz, Owen	16	Tide Swimming	2:25.01	DQ
	32.98	1:09.96 (36.98)	1:49.52 (39.56)	DQ (40.05)	
---	Davies, Brody	16	Stingrays Swim Team	2:16.09	DQ
	31.58	1:08.77 (37.19)	1:47.51 (38.74)	DQ (39.57)	
---	Flores, Ayden	17	Tide Swimming	2:22.62	DQ
	32.22	1:08.19 (35.97)	1:45.71 (37.52)	DQ (38.49)	

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 19 Women 13 & Over 100 Yard Backstroke

Meet Record:	**54.77**	**!**	**11/4/2023**	**Grey Davis** **BASS-VA**
	55.09	**WJR USA-S Winter JRs**		
	57.09	**FUT USA-S Futures**		
	59.09	**YNAT YMCA SCY Nationals**		
	1:00.99	**VSR VSI SR Champs**		

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	Davis, Grey	17	Battlefiels Area Star Swimmers	56.12	54.77 !	WJR
	26.62	54.77 (28.15)				
2	Redman, Emma	17	The Fish	55.95	55.42	FUT
	27.02	55.42 (28.40)				
3	Fuller, Alexandra	16	Battlefiels Area Star Swimmers	58.15	56.72	FUT
	27.06	56.72 (29.66)				
4	Mierenfeld, Ellie	15	SwimRVA	57.99	57.23	YNAT
	28.24	57.23 (28.99)				
5	Canada, Raegan	16	Quest Swimming	57.53	57.25	YNAT
6	Meyer, Amelie	14	Cavalier Aquatics - Piedmont Y	57.60	57.37	YNAT
	28.12	57.37 (29.25)				
7	Kaufman, Sidney	16	SwimRVA	58.54	57.78	YNAT
	28.34	57.78 (29.44)				
8	Sherman, Lila	14	The Fish	58.10	57.90	YNAT
	28.43	57.90 (29.47)				
B - Final						
9	Perry, Sophie	16	YMCA of the Triangle Area	58.98	57.99	YNAT
	28.63	57.99 (29.36)				
10	McCardle, Grace	17	Battlefiels Area Star Swimmers	1:00.52	58.41	YNAT
	27.96	58.41 (30.45)				
11	Wright, Margaret Ann	15	Tide Swimming	59.62	59.55	VSR
	29.12	59.55 (30.43)				
12	Kang, Sarah	17	SwimRVA	1:00.15	59.99	VSR
	29.19	59.99 (30.80)				
13	Eddy, Ava	14	Stingrays Swim Team	1:00.44	1:00.22	VSR
	29.48	1:00.22 (30.74)				
14	Sowers, Samantha	16	Stingrays Swim Team	59.94	1:00.46	VSR
	29.17	1:00.46 (31.29)				
15	Vernon, Allison	15	Quest Swimming	58.64	1:00.82	VSR
	29.81	1:00.82 (31.01)				
16	Keith, Ashlyn	13	SwimRVA	1:00.35	1:01.22	
	30.76	1:01.22 (30.46)				
C - Final						
17	Rawlins, Sohalya	16	Tide Swimming	1:00.71	59.40	VSR
	28.75	59.40 (30.65)				
18	Twigg, Madelynn	18	Winchester Swim Team	1:00.95	1:00.29	VSR
	29.24	1:00.29 (31.05)				
19	Smithson, Parker	14	Quest Swimming	1:00.67	1:00.34	VSR
	29.24	1:00.34 (31.10)				
20	Scherer, Anne	16	Cavalier Aquatics - Piedmont Y	1:00.62	1:00.51	VSR
	29.99	1:00.51 (30.52)				
21	Eichberg, Lily	17	Stingrays Swim Team	1:01.19	1:00.95	VSR
	29.82	1:00.95 (31.13)				
22	Zimmer, Emily	16	Quest Swimming	1:00.99	1:01.09	
	30.06	1:01.09 (31.03)				

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

C - Final ... (Event 19 Women 13 & Over 100 Yard Backstroke)

	Name	Age	Team	Prelim Time	Finals Time	
23	Hoover, Davia	17	Stingrays Swim Team	1:01.15	1:01.18	
	29.49	1:01.18 (31.69)				
24	Musto, Bernadette	16	Tide Swimming	1:01.07	1:02.15	
	29.39	1:02.15 (32.76)				

D - Final

25	Strickland, Virginia	14	The Fish	1:01.20	1:00.75	VSR
	30.06	1:00.75 (30.69)				
26	Duffy, Savannah	14	Stingrays Swim Team	1:02.02	1:00.86	VSR
	29.86	1:00.86 (31.00)				
27	Baker, Haley	13	SwimRVA	1:02.56	1:01.31	
	30.31	1:01.31 (31.00)				
28	Christopherson, Virginia	14	YMCA of the Triangle Area	1:03.48	1:02.26	
	30.07	1:02.26 (32.19)				
29	Creasey, Marshall	14	Quest Swimming	1:02.63	1:02.32	
	30.23	1:02.32 (32.09)				
30	Durrette, Sierra	13	SwimRVA	1:03.56	1:02.51	
	30.76	1:02.51 (31.75)				
31	Browne, Virginia	13	Cavalier Aquatics - Piedmont Y	1:02.67	1:02.91	
	30.74	1:02.91 (32.17)				
32	King, Sedona	13	Cavalier Aquatics - Piedmont Y	1:02.95	1:03.87	
	31.35	1:03.87 (32.52)				

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 19 Women 13 & Over 100 Yard Backstroke

Meet Record: **54.77** **!** **11/4/2023** **Grey Davis** **BASS-VA**

55.09 **WJR USA-S Winter JRs**

57.09 **FUT USA-S Futures**

59.09 **YNAT YMCA SCY Nationals**

1:00.99 **VSR VSI SR Champs**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Redman, Emma	17	The Fish	55.10	55.95	qFUT
	27.31	55.95 (28.64)				
2	Davis, Grey	17	Battlefiels Area Star Swimmers	53.56	56.12	qFUT
	27.03	56.12 (29.09)				
3	Canada, Raegan	16	Quest Swimming	57.60	57.53	qYNAT
	27.87	57.53 (29.66)				
4	Meyer, Amelie	14	Cavalier Aquatics - Piedmont Y	58.75	57.60	qYNAT
	28.38	57.60 (29.22)				
5	Mierenfeld, Ellie	15	SwimRVA	57.78	57.99	qYNAT
	28.31	57.99 (29.68)				
6	Sherman, Lila	14	The Fish	58.43	58.10	qYNAT
	28.43	58.10 (29.67)				
7	Fuller, Alexandra	16	Battlefiels Area Star Swimmers	56.83	58.15	qYNAT
	27.88	58.15 (30.27)				
8	Kaufman, Sidney	16	SwimRVA	59.83	58.54	qYNAT
	28.61	58.54 (29.93)				
9	Vernon, Allison	15	Quest Swimming	56.72	58.64	qYNAT
	28.56	58.64 (30.08)				
10	Perry, Sophie	16	YMCA of the Triangle Area	58.12	58.98	qYNAT
	28.91	58.98 (30.07)				
11	Healey, Caroline	17	YMCA of the Triangle Area	57.90	59.41	qVSR
	29.12	59.41 (30.29)				
12	Wright, Margaret Ann	15	Tide Swimming	59.66	59.62	qVSR
	29.14	59.62 (30.48)				
13	Sowers, Samantha	16	Stingrays Swim Team	57.83	59.94	qVSR
	28.89	59.94 (31.05)				
14	Kang, Sarah	17	SwimRVA	58.49	1:00.15	qVSR
	28.99	1:00.15 (31.16)				
15	Keith, Ashlyn	13	SwimRVA	1:01.55	1:00.35	qVSR
	30.27	1:00.35 (30.08)				
16	Eddy, Ava	14	Stingrays Swim Team	1:00.71	1:00.44	qVSR
	29.62	1:00.44 (30.82)				
17	McCardle, Grace	17	Battlefiels Area Star Swimmers	56.56	1:00.52	qVSR
	29.11	1:00.52 (31.41)				
18	Scherer, Anne	16	Cavalier Aquatics - Piedmont Y	1:01.11	1:00.62	qVSR
	29.98	1:00.62 (30.64)				
19	Smithson, Parker	14	Quest Swimming	1:00.79	1:00.67	qVSR
	29.64	1:00.67 (31.03)				
20	Rawlins, Sohalya	16	Tide Swimming	59.57	1:00.71	qVSR
	29.51	1:00.71 (31.20)				
21	Twigg, Madelynn	18	Winchester Swim Team	1:00.18	1:00.95	qVSR
	29.99	1:00.95 (30.96)				
22	Zimmer, Emily	16	Quest Swimming	1:01.35	1:00.99	qVSR
	30.17	1:00.99 (30.82)				
23	Musto, Bernadette	16	Tide Swimming	1:02.04	1:01.07	q
	29.44	1:01.07 (31.63)				

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 19 Women 13 & Over 100 Yard Backstroke)

	Name	Age	Team	Seed Time	Prelim Time	
24	Mithqal, Mariam	17	Cavalier Aquatics - Piedmont Y	59.09	1:01.09	q
	29.92	1:01.09 (31.17)				
25	Hoover, Davia	17	Stingrays Swim Team	1:04.79	1:01.15	q
	29.56	1:01.15 (31.59)				
26	Eichberg, Lily	17	Stingrays Swim Team	59.23	1:01.19	q
	29.87	1:01.19 (31.32)				
27	Strickland, Virginia	14	The Fish	1:01.45	1:01.20	q
	18.58	1:01.20 (42.62)				
28	Gray, Lauren	16	Tide Swimming	1:01.15	1:01.51	q
	30.22	1:01.51 (31.29)				
29	Taylor, Avery	16	Tide Swimming	1:01.87	1:01.52	q
	29.72	1:01.52 (31.80)				
30	Sivak, Audrey	16	Quest Swimming	1:00.77	1:01.60	q
	30.18	1:01.60 (31.42)				
31	Barrett, Calista	15	Stingrays Swim Team	1:01.51	1:01.65	q
	29.66	1:01.65 (31.99)				
32	Schwartz, Cameron	16	SwimRVA	59.85	1:01.66	q
	29.93	1:01.66 (31.73)				
33	Shaps, Katherine	15	Battlefiels Area Star Swimmers	1:00.65	1:01.70	
	29.95	1:01.70 (31.75)				
34	Eberle, Layla	15	Tide Swimming	1:00.74	1:01.81	
	30.55	1:01.81 (31.26)				
35	Jones, London	16	Stingrays Swim Team	1:00.81	1:01.99	
	30.15	1:01.99 (31.84)				
36	Duffy, Savannah	14	Stingrays Swim Team	1:02.55	1:02.02	
	30.10	1:02.02 (31.92)				
37	Marchione, Maris	15	Tide Swimming	1:01.54	1:02.08	
	30.65	1:02.08 (31.43)				
38	Grabowski, Arielle	16	Stingrays Swim Team	1:02.16	1:02.20	
	29.96	1:02.20 (32.24)				
39	Timmons, Madeline	17	Tide Swimming	1:01.62	1:02.37	
	30.88	1:02.37 (31.49)				
40	Baker, Haley	13	SwimRVA	1:00.93	1:02.56	
	31.20	1:02.56 (31.36)				
41	Creasey, Marshall	14	Quest Swimming	1:02.49	1:02.63	
	30.25	1:02.63 (32.38)				
42	Browne, Virginia	13	Cavalier Aquatics - Piedmont Y	1:01.35	1:02.67	
	30.72	1:02.67 (31.95)				
43	Teague, Sara	16	Tide Swimming	1:02.75	1:02.78	
	30.74	1:02.78 (32.04)				
44	Gentile, Morgan	17	YMCA of the Triangle Area	1:01.33	1:02.85	
	30.59	1:02.85 (32.26)				
45	King, Sedona	13	Cavalier Aquatics - Piedmont Y	1:02.64	1:02.95	
	30.78	1:02.95 (32.17)				
46	Miller, Molly	16	Stingrays Swim Team	59.36	1:03.37	
	30.51	1:03.37 (32.86)				
47	Green, Sarah	17	Stingrays Swim Team	1:00.66	1:03.47	
	30.97	1:03.47 (32.50)				
48	Christopherson, Virginia	14	YMCA of the Triangle Area	1:03.86	1:03.48	
	31.24	1:03.48 (32.24)				
49	O'Keefe, Paige	17	YMCA of the Triangle Area	1:00.21	1:03.51	
	31.09	1:03.51 (32.42)				

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 19 Women 13 & Over 100 Yard Backstroke)

	Name	Age	Team	Seed Time	Prelim Time
50	Durrette, Sierra	13	SwimRVA	1:04.41	1:03.56
	31.12	1:03.56 (32.44)			
51	Derrico, Campbell	15	SwimRVA	1:02.63	1:03.57
	31.24	1:03.57 (32.33)			
*52	Miyashita, Libby	16	SwimRVA	1:02.53	1:03.67
	31.31	1:03.67 (32.36)			
*52	Sheehan, Kate	15	The Fish	1:05.81	1:03.67
	30.71	1:03.67 (32.96)			
54	McCardle, Reese	15	Battlefiels Area Star Swimmers	1:04.54	1:03.72
	31.13	1:03.72 (32.59)			
55	Temple, Peyton	14	SwimRVA	1:02.29	1:03.73
	31.22	1:03.73 (32.51)			
56	Womble, Peyton	15	YMCA of the Triangle Area	1:03.31	1:03.79
	30.94	1:03.79 (32.85)			
57	Marcussen, Lise	17	Tide Swimming	1:03.54	1:04.01
	31.14	1:04.01 (32.87)			
58	Muhlenkamp, Addison	16	Stingrays Swim Team	59.00	1:04.06
	30.91	1:04.06 (33.15)			
59	DiGiacomo, Sirena	15	SwimRVA	1:02.84	1:04.08
	31.06	1:04.08 (33.02)			
60	Mitchell, Aubrey	15	YMCA of the Triangle Area	1:06.13	1:04.70
	32.15	1:04.70 (32.55)			
61	Miller, Evie	15	Stingrays Swim Team	1:03.87	1:04.71
	31.66	1:04.71 (33.05)			
62	Hoang, Angelina	16	Cavalier Aquatics - Piedmont Y	1:02.00	1:04.73
	31.23	1:04.73 (33.50)			
63	Bentley, Grace	17	Eastern Shore YMCA	1:01.89	1:04.77
	31.43	1:04.77 (33.34)			
64	Stein, Abigail	16	The Fish	1:06.69	1:04.84
	31.55	1:04.84 (33.29)			
65	Granger, Bermuda	18	Tide Swimming	1:01.47	1:04.92
	31.54	1:04.92 (33.38)			
66	Hodulik, Sydney	16	YMCA of the Triangle Area	1:05.09	1:05.01
	31.49	1:05.01 (33.52)			
67	Peters, Riley	15	The Fish	1:05.75	1:05.13
	31.78	1:05.13 (33.35)			
68	Holt, Ann-Margaret	14	Lynchburg YMCA	1:04.38	1:05.32
	31.80	1:05.32 (33.52)			
69	Walker, Madison	14	SwimRVA	1:05.75	1:05.37
	31.79	1:05.37 (33.58)			
70	Rogerson, Annika	16	SwimRVA	NT	1:05.49
	31.10	1:05.49 (34.39)			
71	Seward, Ella	14	SwimRVA	1:04.67	1:05.52
	32.40	1:05.52 (33.12)			
72	Moore, Morgan	18	Stingrays Swim Team	1:07.33	1:05.81
	32.27	1:05.81 (33.54)			
73	Witthoefft, Charlotte	15	Quest Swimming	1:02.47	1:06.03
	31.90	1:06.03 (34.13)			
74	Trovero, Valentina	13	YMCA of the Triangle Area	1:07.26	1:06.06
	32.54	1:06.06 (33.52)			
75	Caress, Lula	17	YMCA of the Triangle Area	1:02.65	1:06.12
	32.33	1:06.12 (33.79)			
76	Crowder, Audrey	16	YMCA of the Triangle Area	1:08.56	1:06.32
	32.23	1:06.32 (34.09)			

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 19 Women 13 & Over 100 Yard Backstroke)

	Name	Age	Team	Seed Time	Prelim Time
77	Lange, Campbell	13	YMCA of the Triangle Area	1:07.32	1:06.43
	32.71	1:06.43 (33.72)			
78	Scott, Bentley	15	YMCA of the Triangle Area	1:04.80	1:06.55
	33.14	1:06.55 (33.41)			
79	Cheng, Helen	16	YMCA of the Triangle Area	1:06.69	1:06.80
	32.70	1:06.80 (34.10)			
80	Wright, Ava	17	YMCA of the Triangle Area	1:06.73	1:06.88
	32.84	1:06.88 (34.04)			
81	Mason, Ansley	14	YMCA of the Triangle Area	1:05.61	1:07.31
	32.21	1:07.31 (35.10)			
82	Baraceros, Kamille	17	Quest Swimming	1:03.80	1:08.34
	32.38	1:08.34 (35.96)			
83	Lear, Reagan	15	Quest Swimming	1:05.23	1:08.42
	33.82	1:08.42 (34.60)			
84	Cox, Madelynn	15	YMCA of the Triangle Area	1:09.60	1:08.46
	33.01	1:08.46 (35.45)			
85	Henry, Emani	16	SwimRVA	1:04.10	1:08.86
	33.81	1:08.86 (35.05)			
86	Carden, Cadence	13	SwimRVA	1:06.98	1:09.26
	33.46	1:09.26 (35.80)			
87	Wertzler, Eleanor	14	The Fish	1:08.91	1:09.63
	33.05	1:09.63 (36.58)			
88	Pirone, Luca	16	YMCA of the Triangle Area	1:08.26	1:10.14
	33.86	1:10.14 (36.28)			
89	Ward, Abigail	16	Quest Swimming	1:09.38	1:10.39
	34.78	1:10.39 (35.61)			
90	Brewer, Lauren	15	YMCA of the Triangle Area	1:08.79	1:10.54
	34.22	1:10.54 (36.32)			
91	Brown, Chloe	13	SwimRVA	1:12.31	1:12.45
	34.63	1:12.45 (37.82)			
92	Gao, Annie	15	The Fish	1:10.39	1:12.74
	33.60	1:12.74 (39.14)			
93	Freeman, Casey	16	YMCA of the Triangle Area	1:15.19	1:13.85
	36.08	1:13.85 (37.77)			
94	Ruppert, Madelynn	13	Quest Swimming	1:14.69	1:16.12
	37.12	1:16.12 (39.00)			
---	Van Schaften, Josie	16	SwimRVA	59.32	DQ
	28.69	DQ (30.96)			

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 20 Men 13 & Over 100 Yard Backstroke

Meet Record: **48.13** **!** **11/4/2023** **David King** **CA-Y-VA**

49.39 **WJR USA-S Winter JRs**

51.49 **FUT USA-S Futures**

53.89 **YNAT YMCA SCY Nationals**

55.59 **VSR VSI SR Champs**

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	King, David	18	Cavalier Aquatics - Piedmont Y	49.47	48.13 !	WJR
	23.56	48.13 (24.57)				
2	Warnagiris, Joseph	16	Winchester Swim Team	50.14	50.09	FUT
	24.23	50.09 (25.86)				
3	Wilkerson, Chase	15	Tide Swimming	52.45	51.87	YNAT
	25.21	51.87 (26.66)				
4	Brooks, Henry	16	SwimRVA	53.01	51.99	YNAT
	25.11	51.99 (26.88)				
5	Hu, Charles	17	The Fish	52.31	52.00	YNAT
	24.90	52.00 (27.10)				
6	Lineberry, Alexander	18	Tide Swimming	51.44	52.81	YNAT
	25.27	52.81 (27.54)				
7	Goad, Zachary	16	Quest Swimming	53.25	52.91	YNAT
	25.15	52.91 (27.76)				
8	Puzon, Patrick	17	SwimRVA	52.78	53.11	YNAT
	25.81	53.11 (27.30)				
B - Final						
9	West, Ryan	17	YMCA of the Triangle Area	53.54	52.79	YNAT
	25.71	52.79 (27.08)				
10	McOsker, Ryan	17	Stingrays Swim Team	53.46	53.00	YNAT
	25.11	53.00 (27.89)				
11	Kelley, Collum	16	SwimRVA	54.27	53.27	YNAT
	25.15	53.27 (28.12)				
12	Charlton, William	15	Cavalier Aquatics - Piedmont Y	53.99	53.54	YNAT
	26.12	53.54 (27.42)				
13	Senfield, Thomas	15	SwimRVA	54.21	53.57	YNAT
	26.06	53.57 (27.51)				
14	Gordon, Jerry	18	Lynchburg YMCA	53.52	53.63	YNAT
	26.18	53.63 (27.45)				
15	Mori, Axel	18	YMCA of the Triangle Area	54.55	54.32	VSR
	26.30	54.32 (28.02)				
---	Loftin, Robert	18	SwimRVA	54.69	DQ	
	25.43	DQ (29.47)				
C - Final						
17	Lange, Carter	16	YMCA of the Triangle Area	55.32	53.81	YNAT
	25.84	53.81 (27.97)				
18	White, John	16	YMCA of the Triangle Area	55.69	54.77	VSR
	26.60	54.77 (28.17)				
19	Buttram, Noah	15	Stingrays Swim Team	55.71	55.37	VSR
	27.03	55.37 (28.34)				
20	Sanchez, Luca	14	The Fish	55.60	55.42	VSR
	26.73	55.42 (28.69)				
21	Gajowski, John	15	YMCA of the Triangle Area	55.39	56.07	
	27.19	56.07 (28.88)				
22	King, Brayden	16	Cavalier Aquatics - Piedmont Y	55.75	56.31	
	27.53	56.31 (28.78)				

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Results

C - Final ... (Event 20 Men 13 & Over 100 Yard Backstroke)

	Name	Age	Team	Prelim Time	Finals Time
23	Brehm, Alexander	16	SwimRVA	55.23	56.39
	27.10	56.39 (29.29)			
24	Zimmer, Julian	14	Quest Swimming	55.92	56.51
	27.42	56.51 (29.09)			

D - Final

25	Young, Floyd	14	SwimRVA	58.16	56.42
	27.73	56.42 (28.69)			
26	Woodruff, Graham	14	Lynchburg YMCA	58.23	57.58
27	Greer, Ayden	13	SwimRVA	57.58	57.81
	28.33	57.81 (29.48)			
28	Suggs DeSorbo, Matthew	14	Cavalier Aquatics - Piedmont Y	59.26	58.63
	28.47	58.63 (30.16)			
29	Charlton, Benjamin	13	Cavalier Aquatics - Piedmont Y	1:00.45	59.05
	28.73	59.05 (30.32)			
30	Fisher, Zach	13	Quest Swimming	1:01.63	1:00.14
	29.74	1:00.14 (30.40)			
31	Feighner, Nolan	13	SwimRVA	1:01.06	1:00.97
	29.94	1:00.97 (31.03)			

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 20 Men 13 & Over 100 Yard Backstroke

Meet Record: **48.13** **!** **11/4/2023** **David King** **CA-Y-VA**

49.39 **WJR USA-S Winter JRs**

51.49 **FUT USA-S Futures**

53.89 **YNAT YMCA SCY Nationals**

55.59 **VSR VSI SR Champs**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	King, David	18	Cavalier Aquatics - Piedmont Y	47.24	49.47	qFUT
	23.71	49.47 (25.76)				
2	Warnagiris, Joseph	16	Winchester Swim Team	51.15	50.14	qFUT
	24.24	50.14 (25.90)				
3	Lineberry, Alexander	18	Tide Swimming	50.72	51.44	qFUT
	24.85	51.44 (26.59)				
4	Hu, Charles	17	The Fish	52.98	52.31	qYNAT
	25.46	52.31 (26.85)				
5	Wilkerson, Chase	15	Tide Swimming	52.20	52.45	qYNAT
	25.57	52.45 (26.88)				
6	Puzon, Patrick	17	SwimRVA	53.48	52.78	qYNAT
	25.29	52.78 (27.49)				
7	Brooks, Henry	16	SwimRVA	53.89	53.01	qYNAT
	25.84	53.01 (27.17)				
8	Goad, Zachary	16	Quest Swimming	54.82	53.25	qYNAT
	25.02	53.25 (28.23)				
9	McOsker, Ryan	17	Stingrays Swim Team	52.71	53.46	qYNAT
	25.81	53.46 (27.65)				
10	Gordon, Jerry	18	Lynchburg YMCA	53.82	53.52	qYNAT
	26.04	53.52 (27.48)				
11	West, Ryan	17	YMCA of the Triangle Area	53.85	53.54	qYNAT
	26.22	53.54 (27.32)				
12	Charlton, William	15	Cavalier Aquatics - Piedmont Y	53.77	53.99	qVSR
	26.57	53.99 (27.42)				
13	Senfield, Thomas	15	SwimRVA	53.18	54.21	qVSR
	26.58	54.21 (27.63)				
14	Kelley, Collum	16	SwimRVA	55.44	54.27	qVSR
	25.74	54.27 (28.53)				
15	Mori, Axel	18	YMCA of the Triangle Area	53.41	54.55	qVSR
	26.07	54.55 (28.48)				
16	Loftin, Robert	18	SwimRVA	59.02	54.69	qVSR
	26.30	54.69 (28.39)				
17	Brehm, Alexander	16	SwimRVA	1:00.11	55.23	qVSR
	26.73	55.23 (28.50)				
18	Lange, Carter	16	YMCA of the Triangle Area	53.72	55.32	qVSR
	27.07	55.32 (28.25)				
19	Gajowski, John	15	YMCA of the Triangle Area	56.18	55.39	qVSR
	27.28	55.39 (28.11)				
20	Sanchez, Luca	14	The Fish	57.84	55.60	q
	26.48	55.60 (29.12)				
21	White, John	16	YMCA of the Triangle Area	54.44	55.69	q
	27.19	55.69 (28.50)				
22	Buttram, Noah	15	Stingrays Swim Team	57.54	55.71	q
	27.44	55.71 (28.27)				
23	King, Brayden	16	Cavalier Aquatics - Piedmont Y	56.82	55.75	q
	27.46	55.75 (28.29)				

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Results

Preliminaries ... (Event 20 Men 13 & Over 100 Yard Backstroke)

	Name	Age	Team	Seed Time	Prelim Time	
24	Craig, Crawford	15	SwimRVA	59.01	55.90	q
	27.36	55.90 (28.54)				
25	Zimmer, Julian	14	Quest Swimming	55.98	55.92	q
	27.48	55.92 (28.44)				
26	Lajoie, Benjamin	16	YMCA of the Triangle Area	56.24	56.10	q
	27.44	56.10 (28.66)				
27	Burnett, Edward	16	SwimRVA	58.08	56.12	q
	27.44	56.12 (28.68)				
28	Burkey, Tucker	16	Quest Swimming	56.62	56.15	q
	26.99	56.15 (29.16)				
29	Adye, Timothy	16	The Fish	56.86	56.16	q
	27.27	56.16 (28.89)				
30	Webster, Andrew	17	Quest Swimming	55.56	56.21	q
	28.01	56.21 (28.20)				
31	Buckner, Theodore	17	Battlefiels Area Star Swimmers	59.47	56.24	q
	27.56	56.24 (28.68)				
32	Tran, Vincent	16	Tide Swimming	56.49	56.32	q
	27.42	56.32 (28.90)				
*33	Temple, Austin	15	Tide Swimming	54.63	56.46	
	27.61	56.46 (28.85)				
*33	Xu, George	16	Lynchburg YMCA	55.24	56.46	
	27.59	56.46 (28.87)				

Swim-Off Required

35	Dykman, Robert	16	Stingrays Swim Team	1:00.61	56.47	
	26.78	56.47 (29.69)				
36	Bergmann, Theodor	16	Cavalier Aquatics - Piedmont Y	56.80	56.67	
	27.53	56.67 (29.14)				
37	Humbert, Jack	16	YMCA of the Triangle Area	54.82	56.85	
	27.61	56.85 (29.24)				
38	Zhu, Aiden	17	Cavalier Aquatics - Piedmont Y	57.26	57.22	
	27.48	57.22 (29.74)				
39	Ferreira, Lucas	18	YMCA of the Triangle Area	57.01	57.36	
	28.48	57.36 (28.88)				
40	McCarthy, Connor	16	Quest Swimming	56.21	57.37	
	27.81	57.37 (29.56)				
41	Keenan, Alexander	15	Tide Swimming	57.15	57.51	
	28.00	57.51 (29.51)				
42	Greer, Ayden	13	SwimRVA	1:00.39	57.58	
	27.71	57.58 (29.87)				
43	Hottle, Davis	16	Lynchburg YMCA	55.85	57.67	
	27.87	57.67 (29.80)				
*44	Dingman, Casey	17	SwimRVA	56.39	57.74	
	27.71	57.74 (30.03)				
*44	Salpeter, Troy	15	Tide Swimming	1:00.87	57.74	
	27.93	57.74 (29.81)				
46	Sample, Finnian	16	The Fish	57.27	57.80	
	27.85	57.80 (29.95)				
47	Tiller, Grant	17	Quest Swimming	1:00.05	57.86	
	27.45	57.86 (30.41)				
48	Dowd, Valentin	17	Battlefiels Area Star Swimmers	1:00.79	58.10	
	27.72	58.10 (30.38)				
49	Young, Floyd	14	SwimRVA	59.72	58.16	
	28.05	58.16 (30.11)				

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 20 Men 13 & Over 100 Yard Backstroke)

	Name	Age	Team	Seed Time	Prelim Time
50	Kustowski, Brian	18	Tide Swimming	56.61	58.19
	28.75	58.19 (29.44)			
*51	Walker, Demetrius	16	SwimRVA	57.27	58.23
	28.32	58.23 (29.91)			
*51	Woodruff, Graham	14	Lynchburg YMCA	59.19	58.23
	28.24	58.23 (29.99)			
53	Jones, Joshua	15	YMCA of the Triangle Area	1:02.75	58.30
	28.62	58.30 (29.68)			
54	Harris, Bennett	17	YMCA of the Triangle Area	58.54	58.34
	28.19	58.34 (30.15)			
55	Stephens, Aden	16	Stingrays Swim Team	57.45	58.65
	28.41	58.65 (30.24)			
56	Edmondson, Josiah	18	YMCA of the Triangle Area	59.57	58.95
	28.12	58.95 (30.83)			
57	Suggs DeSorbo, Matthew	14	Cavalier Aquatics - Piedmont Y	1:00.74	59.26
	28.68	59.26 (30.58)			
58	McOsker, Patrick	16	Stingrays Swim Team	58.16	59.48
	29.04	59.48 (30.44)			
59	Barger, Andrew	15	YMCA of the Triangle Area	59.60	59.64
	29.40	59.64 (30.24)			
60	Davis, James	15	YMCA of the Triangle Area	59.01	59.70
	28.87	59.70 (30.83)			
61	Bradbury, Charles	15	SwimRVA	1:03.11	59.73
	28.96	59.73 (30.77)			
62	Newman, Cole	16	YMCA of the Triangle Area	56.37	1:00.01
	28.17	1:00.01 (31.84)			
63	Shenk, Cole	16	SwimRVA	1:00.58	1:00.05
	28.46	1:00.05 (31.59)			
64	Charlton, Benjamin	13	Cavalier Aquatics - Piedmont Y	1:00.06	1:00.45
	29.25	1:00.45 (31.20)			
65	Boyden, Matthew	15	Tide Swimming	1:01.85	1:00.53
	29.70	1:00.53 (30.83)			
66	Garth, Ian	15	Tide Swimming	59.54	1:00.66
	29.45	1:00.66 (31.21)			
67	Feighner, Nolan	13	SwimRVA	1:00.53	1:01.06
	29.82	1:01.06 (31.24)			
68	Fraser, Jared	15	SwimRVA	59.47	1:01.22
	30.42	1:01.22 (30.80)			
69	Kasper, Noah	16	Lynchburg YMCA	1:01.42	1:01.42
	29.76	1:01.42 (31.66)			
70	Fisher, Zach	13	Quest Swimming	1:02.33	1:01.63
	29.54	1:01.63 (32.09)			
*71	Bennett, Craig	16	Stingrays Swim Team	1:02.11	1:02.39
	30.55	1:02.39 (31.84)			
*71	Hepburn, Evan	16	YMCA of the Triangle Area	1:02.08	1:02.39
	30.91	1:02.39 (31.48)			
73	Volpe, Andrew	17	YMCA of the Triangle Area	1:00.35	1:02.74
	30.86	1:02.74 (31.88)			
74	Dugas, Graham	16	Battlefiels Area Star Swimmers	1:04.61	1:03.43
	29.88	1:03.43 (33.55)			
75	Wiese, Cooper	17	YMCA of the Triangle Area	1:02.69	1:03.62
	30.60	1:03.62 (33.02)			
76	Wang, Edward	18	YMCA of the Triangle Area	1:03.30	1:04.08
	30.01	1:04.08 (34.07)			

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Results

Preliminaries ... (Event 20 Men 13 & Over 100 Yard Backstroke)

	Name	Age	Team	Seed Time	Prelim Time
77	Simons, Carden	16	Stingrays Swim Team	1:05.09	1:05.31
	31.54	1:05.31 (33.77)			
---	Knapp, Parker	15	Tide Swimming	53.24	DQ
	26.32	DQ (27.75)			

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 21 Women 13 & Over 500 Yard Freestyle

Meet Record: **4:46.95 ! 11/4/2023 Nicole Venema TIDE -VA**
4:53.09 WJR USA-S Winter JRs
5:02.59 FUT USA-S Futures
5:07.99 YNAT YMCA SCY Nationals
5:19.19 VSR VSI SR Champs

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	Venema, Nicole	22	Tide Swimming	5:00.15	4:46.95 !	WJR
	25.87	54.51 (28.64)	1:23.19 (28.68)	1:51.95 (28.76)		
	2:21.09 (29.14)	2:50.39 (29.30)	3:19.68 (29.29)	3:49.02 (29.34)		
	4:18.41 (29.39)	4:46.95 (28.54)				
2	Callis, Emerson	15	Quest Swimming	4:56.96	4:53.47	FUT
	26.93	56.38 (29.45)	1:25.46 (29.08)	1:54.73 (29.27)		
	2:24.33 (29.60)	2:54.09 (29.76)	3:24.40 (30.31)	3:54.69 (30.29)		
	4:24.72 (30.03)	4:53.47 (28.75)				
3	Strickland, Virginia	14	The Fish	5:00.61	5:00.33	FUT
	27.31	57.02 (29.71)	1:27.19 (30.17)	1:57.40 (30.21)		
	2:27.55 (30.15)	2:57.81 (30.26)	3:28.44 (30.63)	3:59.30 (30.86)		
	4:30.17 (30.87)	5:00.33 (30.16)				
4	Canada, Raegan	16	Quest Swimming	5:03.53	5:02.30	FUT
	28.41	59.36 (30.95)	1:29.81 (30.45)	2:00.50 (30.69)		
	2:30.83 (30.33)	3:01.19 (30.36)	3:31.50 (30.31)	4:02.13 (30.63)		
	4:32.39 (30.26)	5:02.30 (29.91)				
5	Ayres, Meghan	13	Cavalier Aquatics - Piedmont Y	5:04.10	5:05.19	YNAT
	27.31	57.45 (30.14)	1:27.85 (30.40)	1:58.74 (30.89)		
	2:30.01 (31.27)	3:01.43 (31.42)	3:32.66 (31.23)	4:04.08 (31.42)		
	4:35.17 (31.09)	5:05.19 (30.02)				
6	Vernon, Allison	15	Quest Swimming	5:06.69	5:05.25	YNAT
	28.67	1:00.00 (31.33)	1:30.67 (30.67)	2:01.69 (31.02)		
	2:32.78 (31.09)	3:03.65 (30.87)	3:34.61 (30.96)	4:05.67 (31.06)		
	4:36.27 (30.60)	5:05.25 (28.98)				
7	Sherman, Lila	14	The Fish	5:00.54	5:05.27	YNAT
	27.40	57.36 (29.96)	1:27.77 (30.41)	1:58.55 (30.78)		
	2:29.93 (31.38)	3:00.89 (30.96)	3:32.43 (31.54)	4:03.82 (31.39)		
	4:35.14 (31.32)	5:05.27 (30.13)				
8	Brecke, Avery	15	Tide Swimming	5:07.84	5:11.21	VSR
	27.36	57.26 (29.90)	1:28.13 (30.87)	1:59.49 (31.36)		
	2:31.40 (31.91)	3:03.80 (32.40)	3:35.89 (32.09)	4:08.36 (32.47)		
	4:40.43 (32.07)	5:11.21 (30.78)				
B - Final						
9	Perry, Sophie	16	YMCA of the Triangle Area	5:10.72	5:06.74	YNAT
	28.88	1:00.28 (31.40)	1:31.54 (31.26)	2:02.43 (30.89)		
	2:33.63 (31.20)	3:04.35 (30.72)	3:35.46 (31.11)	4:06.67 (31.21)		
	4:37.59 (30.92)	5:06.74 (29.15)				
10	Welsch, Layla	17	Cavalier Aquatics - Piedmont Y	5:12.64	5:06.89	YNAT
	27.87	57.97 (30.10)	1:28.87 (30.90)	2:00.15 (31.28)		
	2:31.60 (31.45)	3:02.95 (31.35)	3:34.34 (31.39)	4:05.57 (31.23)		
	4:36.83 (31.26)	5:06.89 (30.06)				
11	Osada, Elizabeth	15	Cavalier Aquatics - Piedmont Y	5:12.98	5:07.00	YNAT
	27.66	58.41 (30.75)	1:29.80 (31.39)	2:01.24 (31.44)		
	2:32.58 (31.34)	3:03.82 (31.24)	3:35.08 (31.26)	4:06.43 (31.35)		
	4:37.32 (30.89)	5:07.00 (29.68)				

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

B - Final ... (Event 21 Women 13 & Over 500 Yard Freestyle)

	Name	Age	Team	Prelim Time	Finals Time	
12	Teague, Sara	16	Tide Swimming	5:12.71	5:09.89	VSR
	27.58	58.02 (30.44)	1:29.03 (31.01)	2:00.13 (31.10)		
	2:31.28 (31.15)	3:02.47 (31.19)	3:34.12 (31.65)	4:06.38 (32.26)		
	4:38.60 (32.22)	5:09.89 (31.29)				
13	Duffy, Kayleigh	18	Tide Swimming	5:12.59	5:11.01	VSR
	27.93	58.90 (30.97)	1:30.25 (31.35)	2:01.23 (30.98)		
	2:33.06 (31.83)	3:04.89 (31.83)	3:36.91 (32.02)	4:09.19 (32.28)		
	4:40.59 (31.40)	5:11.01 (30.42)				
14	Wells, Sara	16	Cavalier Aquatics - Piedmont Y	5:12.65	5:11.57	VSR
	27.56	58.19 (30.63)	1:29.38 (31.19)	2:00.83 (31.45)		
	2:32.67 (31.84)	3:04.18 (31.51)	3:36.05 (31.87)	4:08.29 (32.24)		
	4:40.48 (32.19)	5:11.57 (31.09)				
15	Mithqal, Mariam	17	Cavalier Aquatics - Piedmont Y	5:10.67	5:14.41	VSR
	28.13	58.90 (30.77)	1:29.43 (30.53)	2:00.75 (31.32)		
	2:32.76 (32.01)	3:05.09 (32.33)	3:37.70 (32.61)	4:09.96 (32.26)		
	4:42.58 (32.62)	5:14.41 (31.83)				
16	Czirjak, Sara	16	Cavalier Aquatics - Piedmont Y	5:13.17	5:17.12	VSR
	29.30	1:00.80 (31.50)	1:32.74 (31.94)	2:04.98 (32.24)		
	2:37.16 (32.18)	3:09.47 (32.31)	3:41.74 (32.27)	4:14.05 (32.31)		
	4:45.98 (31.93)	5:17.12 (31.14)				

C - Final

17	Nicholson, Lucille	16	Cavalier Aquatics - Piedmont Y	5:14.75	5:10.06	VSR
	28.64	59.66 (31.02)	1:30.74 (31.08)	2:02.04 (31.30)		
	2:33.16 (31.12)	3:04.70 (31.54)	3:36.27 (31.57)	4:07.59 (31.32)		
	4:39.30 (31.71)	5:10.06 (30.76)				
18	Eberle, Layla	15	Tide Swimming	5:14.91	5:11.53	VSR
	28.20	59.08 (30.88)	1:30.72 (31.64)	2:02.76 (32.04)		
	2:34.77 (32.01)	3:06.59 (31.82)	3:38.51 (31.92)	4:10.20 (31.69)		
	4:41.57 (31.37)	5:11.53 (29.96)				
19	Cosner, Emerson	17	Quest Swimming	5:16.83	5:12.78	VSR
	28.38	59.16 (30.78)	1:30.37 (31.21)	2:02.28 (31.91)		
	2:34.21 (31.93)	3:06.00 (31.79)	3:37.58 (31.58)	4:09.40 (31.82)		
	4:41.42 (32.02)	5:12.78 (31.36)				
20	Gallant, Emma	15	Tide Swimming	5:18.16	5:14.48	VSR
	28.14	59.23 (31.09)	1:30.76 (31.53)	2:02.27 (31.51)		
	2:34.52 (32.25)	3:06.81 (32.29)	3:39.03 (32.22)	4:11.30 (32.27)		
	4:43.59 (32.29)	5:14.48 (30.89)				
21	Stein, Abigail	16	The Fish	5:15.48	5:15.14	VSR
	28.40	59.29 (30.89)	1:30.94 (31.65)	2:03.13 (32.19)		
	2:35.17 (32.04)	3:07.71 (32.54)	3:40.27 (32.56)	4:12.31 (32.04)		
	4:44.22 (31.91)	5:15.14 (30.92)				
22	Smith, Cameron	17	Cavalier Aquatics - Piedmont Y	5:13.96	5:15.91	VSR
	28.82	1:00.17 (31.35)	1:31.89 (31.72)	2:03.47 (31.58)		
	2:35.34 (31.87)	3:07.65 (32.31)	3:39.89 (32.24)	4:12.20 (32.31)		
	4:44.45 (32.25)	5:15.91 (31.46)				
23	King, Sedona	13	Cavalier Aquatics - Piedmont Y	5:18.54	5:18.80	VSR
	29.00	1:01.17 (32.17)	1:33.36 (32.19)	2:05.46 (32.10)		
	2:37.45 (31.99)	3:09.86 (32.41)	3:42.72 (32.86)	4:14.84 (32.12)		
	4:47.93 (33.09)	5:18.80 (30.87)				
24	Verbel, Georgia	15	Stingrays Swim Team	5:16.39	5:28.54	
	28.51	1:00.40 (31.89)	1:33.58 (33.18)	2:06.78 (33.20)		
	2:40.27 (33.49)	3:13.63 (33.36)	3:47.55 (33.92)	4:21.71 (34.16)		
	4:55.38 (33.67)	5:28.54 (33.16)				

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

D - Final ... (Event 21 Women 13 & Over 500 Yard Freestyle)

	Name	Age	Team	Prelim Time	Finals Time	
D - Final						
25	Holt, Ann-Margaret	14	Lynchburg YMCA	5:21.61	5:12.71	VSR
	29.02	1:00.88 (31.86)	1:32.47 (31.59)	2:03.58 (31.11)		
	2:34.90 (31.32)	3:06.45 (31.55)	3:38.48 (32.03)	4:10.38 (31.90)		
	4:42.25 (31.87)	5:12.71 (30.46)				
26	Browne, Virginia	13	Cavalier Aquatics - Piedmont Y	5:30.41	5:22.53	
	28.68	1:00.69 (32.01)	1:33.08 (32.39)	2:06.02 (32.94)		
	2:39.13 (33.11)	3:11.63 (32.50)	3:45.14 (33.51)	4:17.90 (32.76)		
	4:50.84 (32.94)	5:22.53 (31.69)				
27	Webb, Elizabeth	13	Lynchburg YMCA	5:25.36	5:22.98	
	29.44	1:01.81 (32.37)	1:34.69 (32.88)	2:07.36 (32.67)		
	2:40.24 (32.88)	3:13.33 (33.09)	3:46.43 (33.10)	4:19.20 (32.77)		
	4:51.84 (32.64)	5:22.98 (31.14)				
28	Eubanks, Leah	13	The Fish	5:25.25	5:25.02	
	29.25	1:01.43 (32.18)	1:33.93 (32.50)	2:06.84 (32.91)		
	2:39.90 (33.06)	3:13.42 (33.52)	3:46.41 (32.99)	4:19.83 (33.42)		
	4:52.74 (32.91)	5:25.02 (32.28)				
29	Seward, Ella	14	SwimRVA	5:26.25	5:25.19	
	29.25	1:01.36 (32.11)	1:34.03 (32.67)	2:07.40 (33.37)		
	2:40.43 (33.03)	3:13.82 (33.39)	3:46.89 (33.07)	4:20.10 (33.21)		
	4:53.30 (33.20)	5:25.19 (31.89)				
30	Snyder, Paige	14	YMCA of the Triangle Area	5:31.86	5:28.34	
	29.20	1:02.15 (32.95)	1:35.61 (33.46)	2:09.46 (33.85)		
	2:43.13 (33.67)	3:16.50 (33.37)	3:49.81 (33.31)	4:22.90 (33.09)		
	4:56.08 (33.18)	5:28.34 (32.26)				
31	Walker, Madison	14	SwimRVA	5:25.30	5:32.98	
	28.93	1:00.98 (32.05)	1:34.30 (33.32)	2:07.99 (33.69)		
	2:42.17 (34.18)	3:16.87 (34.70)	3:51.50 (34.63)	4:26.13 (34.63)		
	5:00.37 (34.24)	5:32.98 (32.61)				
32	Temple, Peyton	14	SwimRVA	5:29.76	5:35.41	
	28.54	1:00.97 (32.43)	1:34.93 (33.96)	2:09.65 (34.72)		
	2:42.93 (33.28)	3:17.54 (34.61)	3:52.54 (35.00)	4:27.58 (35.04)		
	5:01.47 (33.89)	5:35.41 (33.94)				

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Results

Event 21 Women 13 & Over 500 Yard Freestyle

Meet Record: **4:46.95 ! 11/4/2023 Nicole Venema TIDE -VA**
4:53.09 WJR USA-S Winter JRs
5:02.59 FUT USA-S Futures
5:07.99 YNAT YMCA SCY Nationals
5:19.19 VSR VSI SR Champs

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Callis, Emerson	15	Quest Swimming	4:54.63	4:56.96	qFUT
	27.93	58.18 (30.25)	1:27.90 (29.72)	1:58.05 (30.15)		
	2:28.09 (30.04)	2:58.05 (29.96)	3:27.81 (29.76)	3:58.10 (30.29)		
	4:28.07 (29.97)	4:56.96 (28.89)				
2	Venema, Nicole	22	Tide Swimming	4:50.40	5:00.15	qFUT
	27.21	56.99 (29.78)	1:27.45 (30.46)	1:58.04 (30.59)		
	2:28.67 (30.63)	2:59.48 (30.81)	3:30.16 (30.68)	4:01.07 (30.91)		
	4:31.51 (30.44)	5:00.15 (28.64)				
3	Sherman, Lila	14	The Fish	4:59.98	5:00.54	qFUT
	27.44	57.16 (29.72)	1:27.73 (30.57)	1:57.88 (30.15)		
	2:28.25 (30.37)	2:58.61 (30.36)	3:29.42 (30.81)	4:00.30 (30.88)		
	4:30.97 (30.67)	5:00.54 (29.57)				
4	Strickland, Virginia	14	The Fish	5:00.87	5:00.61	qFUT
	27.71	57.80 (30.09)	1:28.25 (30.45)	1:58.84 (30.59)		
	2:29.32 (30.48)	2:59.68 (30.36)	3:30.25 (30.57)	4:00.81 (30.56)		
	4:30.96 (30.15)	5:00.61 (29.65)				
5	Canada, Raegan	16	Quest Swimming	4:59.21	5:03.53	qYNAT
	28.09	58.40 (30.31)	1:28.56 (30.16)	1:59.27 (30.71)		
	2:30.07 (30.80)	3:00.78 (30.71)	3:31.41 (30.63)	4:02.38 (30.97)		
	4:33.37 (30.99)	5:03.53 (30.16)				
6	Ayres, Meghan	13	Cavalier Aquatics - Piedmont Y	5:04.62	5:04.10	qYNAT
	27.66	57.97 (30.31)	1:28.53 (30.56)	1:59.21 (30.68)		
	2:30.13 (30.92)	3:01.22 (31.09)	3:32.24 (31.02)	4:03.16 (30.92)		
	4:34.26 (31.10)	5:04.10 (29.84)				
7	Vernon, Allison	15	Quest Swimming	5:07.23	5:06.69	qYNAT
	28.08	59.32 (31.24)	1:29.95 (30.63)	2:00.85 (30.90)		
	2:31.85 (31.00)	3:03.12 (31.27)	3:34.42 (31.30)	4:05.52 (31.10)		
	4:36.71 (31.19)	5:06.69 (29.98)				
8	Brecke, Avery	15	Tide Swimming	5:11.57	5:07.84	qYNAT
	27.90	58.59 (30.69)	1:29.72 (31.13)	2:01.61 (31.89)		
	2:33.08 (31.47)	3:04.61 (31.53)	3:36.06 (31.45)	4:07.29 (31.23)		
	4:38.56 (31.27)	5:07.84 (29.28)				
9	Mithqal, Mariam	17	Cavalier Aquatics - Piedmont Y	5:16.55	5:10.67	qVSR
	27.82	58.52 (30.70)	1:29.57 (31.05)	2:01.10 (31.53)		
	2:32.82 (31.72)	3:04.30 (31.48)	3:36.04 (31.74)	4:07.63 (31.59)		
	4:39.22 (31.59)	5:10.67 (31.45)				
10	Perry, Sophie	16	YMCA of the Triangle Area	5:15.24	5:10.72	qVSR
	30.14	1:01.85 (31.71)	1:33.74 (31.89)	2:05.79 (32.05)		
	2:37.02 (31.23)	3:08.28 (31.26)	3:39.06 (30.78)	4:10.02 (30.96)		
	4:40.89 (30.87)	5:10.72 (29.83)				
11	Duffy, Kayleigh	18	Tide Swimming	5:22.14	5:12.59	qVSR
	26.87	57.01 (30.14)	1:28.39 (31.38)	2:00.02 (31.63)		
	2:31.97 (31.95)	3:03.79 (31.82)	3:35.28 (31.49)	4:07.97 (32.69)		
	4:40.80 (32.83)	5:12.59 (31.79)				

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 21 Women 13 & Over 500 Yard Freestyle)

	Name	Age	Team	Seed Time	Prelim Time	
12	Welsch, Layla	17	Cavalier Aquatics - Piedmont Y	5:02.54	5:12.64	qVSR
	28.57	59.97 (31.40)	1:31.92 (31.95)	2:04.17 (32.25)		
	2:36.18 (32.01)	3:07.80 (31.62)	3:39.46 (31.66)	4:11.13 (31.67)		
	4:42.65 (31.52)	5:12.64 (29.99)				
13	Wells, Sara	16	Cavalier Aquatics - Piedmont Y	5:06.75	5:12.65	qVSR
	28.43	59.95 (31.52)	1:31.69 (31.74)	2:03.60 (31.91)		
	2:36.04 (32.44)	3:07.66 (31.62)	3:39.59 (31.93)	4:11.49 (31.90)		
	4:42.78 (31.29)	5:12.65 (29.87)				
14	Teague, Sara	16	Tide Swimming	5:07.87	5:12.71	qVSR
	27.81	59.02 (31.21)	1:30.76 (31.74)	2:02.86 (32.10)		
	2:34.62 (31.76)	3:06.60 (31.98)	3:38.46 (31.86)	4:10.42 (31.96)		
	4:42.29 (31.87)	5:12.71 (30.42)				
15	Osada, Elizabeth	15	Cavalier Aquatics - Piedmont Y	5:21.82	5:12.98	qVSR
	28.77	1:01.04 (32.27)	1:33.33 (32.29)	2:05.29 (31.96)		
	2:37.20 (31.91)	3:08.84 (31.64)	3:40.57 (31.73)	4:12.31 (31.74)		
	4:42.92 (30.61)	5:12.98 (30.06)				
16	Czirjak, Sara	16	Cavalier Aquatics - Piedmont Y	5:20.35	5:13.17	qVSR
	29.14	1:01.08 (31.94)	1:33.47 (32.39)	2:05.32 (31.85)		
	2:37.13 (31.81)	3:09.02 (31.89)	3:40.72 (31.70)	4:12.33 (31.61)		
	4:43.37 (31.04)	5:13.17 (29.80)				
17	Smith, Cameron	17	Cavalier Aquatics - Piedmont Y	5:24.33	5:13.96	qVSR
	28.66	59.69 (31.03)	1:31.15 (31.46)	2:03.09 (31.94)		
	2:34.57 (31.48)	3:06.37 (31.80)	3:38.19 (31.82)	4:10.54 (32.35)		
	4:42.76 (32.22)	5:13.96 (31.20)				
18	Nicholson, Lucille	16	Cavalier Aquatics - Piedmont Y	5:10.42	5:14.75	qVSR
	28.21	59.04 (30.83)	1:30.51 (31.47)	2:01.92 (31.41)		
	2:33.74 (31.82)	3:05.98 (32.24)	3:38.22 (32.24)	4:10.55 (32.33)		
	4:42.95 (32.40)	5:14.75 (31.80)				
19	Eberle, Layla	15	Tide Swimming	5:15.42	5:14.91	qVSR
	28.99	1:00.46 (31.47)	1:32.56 (32.10)	2:04.83 (32.27)		
	2:37.02 (32.19)	3:09.16 (32.14)	3:41.21 (32.05)	4:13.23 (32.02)		
	4:44.74 (31.51)	5:14.91 (30.17)				
20	Stein, Abigail	16	The Fish	5:13.93	5:15.48	qVSR
	28.61	59.76 (31.15)	1:31.73 (31.97)	2:04.00 (32.27)		
	2:36.33 (32.33)	3:08.67 (32.34)	3:40.77 (32.10)	4:13.07 (32.30)		
	4:44.72 (31.65)	5:15.48 (30.76)				
21	Verbel, Georgia	15	Stingrays Swim Team	5:16.64	5:16.39	qVSR
	28.02	58.89 (30.87)	1:30.49 (31.60)	2:02.57 (32.08)		
	2:34.70 (32.13)	3:07.38 (32.68)	3:39.88 (32.50)	4:12.55 (32.67)		
	4:44.91 (32.36)	5:16.39 (31.48)				
22	Cosner, Emerson	17	Quest Swimming	5:08.96	5:16.83	qVSR
	28.96	1:00.51 (31.55)	1:32.66 (32.15)	2:04.51 (31.85)		
	2:36.31 (31.80)	3:08.31 (32.00)	3:40.54 (32.23)	4:12.74 (32.20)		
	4:44.93 (32.19)	5:16.83 (31.90)				
23	Gallant, Emma	15	Tide Swimming	5:15.07	5:18.16	qVSR
	28.56	59.97 (31.41)	1:32.01 (32.04)	2:04.35 (32.34)		
	2:36.91 (32.56)	3:09.55 (32.64)	3:42.06 (32.51)	4:14.70 (32.64)		
	4:47.05 (32.35)	5:18.16 (31.11)				
24	King, Sedona	13	Cavalier Aquatics - Piedmont Y	5:11.33	5:18.54	qVSR
	28.66	1:00.52 (31.86)	1:32.70 (32.18)	2:04.86 (32.16)		
	2:37.31 (32.45)	3:09.87 (32.56)	3:42.60 (32.73)	4:15.01 (32.41)		
	4:47.25 (32.24)	5:18.54 (31.29)				

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Results

Preliminaries ... (Event 21 Women 13 & Over 500 Yard Freestyle)

	Name	Age	Team	Seed Time	Prelim Time	
25	Kryszon, Madison	17	Quest Swimming	5:10.20	5:18.56	qVSR
	29.25	1:01.43 (32.18)	1:33.62 (32.19)	2:05.89 (32.27)		
	2:38.10 (32.21)	3:10.33 (32.23)	3:42.96 (32.63)	4:15.12 (32.16)		
	4:47.30 (32.18)	5:18.56 (31.26)				
26	Ix, Sara	17	Quest Swimming	5:25.39	5:18.89	qVSR
	29.13	1:00.92 (31.79)	1:32.73 (31.81)	2:05.03 (32.30)		
	2:37.38 (32.35)	3:09.88 (32.50)	3:42.38 (32.50)	4:15.15 (32.77)		
	4:47.51 (32.36)	5:18.89 (31.38)				
27	Moreno, Caprie	15	Tide Swimming	5:19.46	5:19.34	q
	28.56	1:00.39 (31.83)	1:32.84 (32.45)	2:06.17 (33.33)		
	2:38.82 (32.65)	3:11.63 (32.81)	3:44.29 (32.66)	4:17.02 (32.73)		
	4:49.22 (32.20)	5:19.34 (30.12)				
28	Gahagan, Maggie	17	Tide Swimming	5:11.80	5:19.73	q
	28.26	59.43 (31.17)	1:31.58 (32.15)	2:03.92 (32.34)		
	2:36.50 (32.58)	3:09.12 (32.62)	3:42.20 (33.08)	4:15.17 (32.97)		
	4:48.27 (33.10)	5:19.73 (31.46)				
29	Franco, Lucia	18	Tide Swimming	5:18.38	5:20.43	q
	29.88	1:02.39 (32.51)	1:35.05 (32.66)	2:07.77 (32.72)		
	2:40.28 (32.51)	3:12.98 (32.70)	3:45.11 (32.13)	4:17.21 (32.10)		
	4:49.20 (31.99)	5:20.43 (31.23)				
*30	Pogorzelski, Camryn Elise	15	Tide Swimming	5:15.53	5:20.76	q
	29.16	1:00.94 (31.78)	1:33.06 (32.12)	2:05.67 (32.61)		
	2:37.89 (32.22)	3:10.61 (32.72)	3:43.16 (32.55)	4:16.10 (32.94)		
	4:48.83 (32.73)	5:20.76 (31.93)				
*30	Brown, Sarah	18	Quest Swimming	5:19.83	5:20.76	q
	29.69	1:01.97 (32.28)	1:34.48 (32.51)	2:07.38 (32.90)		
	2:40.29 (32.91)	3:13.04 (32.75)	3:45.66 (32.62)	4:17.84 (32.18)		
	4:49.66 (31.82)	5:20.76 (31.10)				
32	Gray, Lauren	16	Tide Swimming	5:06.54	5:21.22	q
	28.55	59.34 (30.79)	1:30.93 (31.59)	2:02.62 (31.69)		
	2:35.26 (32.64)	3:08.60 (33.34)	3:41.82 (33.22)	4:15.31 (33.49)		
	4:48.86 (33.55)	5:21.22 (32.36)				
33	Holt, Ann-Margaret	14	Lynchburg YMCA	5:23.78	5:21.61	
	29.85	1:02.48 (32.63)	1:35.79 (33.31)	2:08.17 (32.38)		
	2:40.42 (32.25)	3:12.85 (32.43)	3:45.30 (32.45)	4:18.26 (32.96)		
	4:50.79 (32.53)	5:21.61 (30.82)				
34	Mortimer, Marcy	17	SwimRVA	5:14.89	5:22.67	
	29.11	1:00.41 (31.30)	1:32.15 (31.74)	2:04.21 (32.06)		
	2:36.51 (32.30)	3:08.69 (32.18)	3:41.53 (32.84)	4:15.04 (33.51)		
	4:49.17 (34.13)	5:22.67 (33.50)				
35	Ismailova, Diana	15	Cavalier Aquatics - Piedmont Y	5:24.50	5:23.14	
	28.53	59.83 (31.30)	1:31.45 (31.62)	2:03.68 (32.23)		
	2:36.06 (32.38)	3:08.71 (32.65)	3:42.05 (33.34)	4:15.58 (33.53)		
	4:49.41 (33.83)	5:23.14 (33.73)				
36	Bendall, Allisan	17	Cavalier Aquatics - Piedmont Y	5:18.12	5:24.25	
	28.44	1:00.00 (31.56)	1:32.44 (32.44)	2:05.24 (32.80)		
	2:37.85 (32.61)	3:12.01 (34.16)	3:44.94 (32.93)	4:18.14 (33.20)		
	4:51.59 (33.45)	5:24.25 (32.66)				
37	Kohler, Sofia	17	Tide Swimming	5:22.45	5:24.75	
	30.01	1:02.57 (32.56)	1:35.15 (32.58)	2:08.43 (33.28)		
	2:41.69 (33.26)	3:14.39 (32.70)	3:47.51 (33.12)	4:20.72 (33.21)		
	4:53.19 (32.47)	5:24.75 (31.56)				

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Results

Preliminaries ... (Event 21 Women 13 & Over 500 Yard Freestyle)

	Name	Age	Team	Seed Time	Prelim Time
38	Eubanks, Leah	13	The Fish	5:28.95	5:25.25
	29.27	1:01.58 (32.31)	1:34.05 (32.47)	2:06.88 (32.83)	
	2:40.01 (33.13)	3:12.64 (32.63)	3:45.80 (33.16)	4:19.05 (33.25)	
	4:52.26 (33.21)	5:25.25 (32.99)			
39	Walker, Madison	14	SwimRVA	5:23.89	5:25.30
	28.86	1:00.72 (31.86)	1:33.49 (32.77)	2:06.94 (33.45)	
	2:40.36 (33.42)	3:13.83 (33.47)	3:47.36 (33.53)	4:20.83 (33.47)	
	4:53.88 (33.05)	5:25.30 (31.42)			
40	Webb, Elizabeth	13	Lynchburg YMCA	5:26.17	5:25.36
	29.69	1:02.33 (32.64)	1:35.66 (33.33)	2:08.81 (33.15)	
	2:41.98 (33.17)	3:15.20 (33.22)	3:48.35 (33.15)	4:21.65 (33.30)	
	4:54.79 (33.14)	5:25.36 (30.57)			
41	Seward, Ella	14	SwimRVA	5:28.68	5:26.25
	29.66	1:03.08 (33.42)	1:35.94 (32.86)	2:09.72 (33.78)	
	2:42.48 (32.76)	3:16.01 (33.53)	3:48.93 (32.92)	4:22.03 (33.10)	
	4:54.73 (32.70)	5:26.25 (31.52)			
42	Thesing, Holly	17	YMCA of the Triangle Area	5:23.67	5:27.63
	29.81	1:03.37 (33.56)	1:36.36 (32.99)	2:09.53 (33.17)	
	2:42.44 (32.91)	3:15.64 (33.20)	3:48.46 (32.82)	4:21.77 (33.31)	
	4:54.98 (33.21)	5:27.63 (32.65)			
*43	Bakelaar, Katherine	16	YMCA of the Triangle Area	5:19.41	5:28.38
	29.14	1:00.64 (31.50)	1:33.24 (32.60)	2:06.41 (33.17)	
	2:39.74 (33.33)	3:13.28 (33.54)	3:47.05 (33.77)	4:21.02 (33.97)	
	4:55.00 (33.98)	5:28.38 (33.38)			
*43	Taylor, Avery	16	Tide Swimming	5:20.85	5:28.38
	28.99	1:00.83 (31.84)	1:33.63 (32.80)	2:06.51 (32.88)	
	2:39.57 (33.06)	3:12.84 (33.27)	3:46.91 (34.07)	4:20.71 (33.80)	
	4:55.13 (34.42)	5:28.38 (33.25)			
45	Witthoefft, Charlotte	15	Quest Swimming	5:26.48	5:28.70
	29.43	1:02.11 (32.68)	1:35.26 (33.15)	2:08.65 (33.39)	
	2:42.18 (33.53)	3:15.94 (33.76)	3:49.58 (33.64)	4:23.04 (33.46)	
	4:56.39 (33.35)	5:28.70 (32.31)			
46	Temple, Peyton	14	SwimRVA	5:29.32	5:29.76
	28.59	1:00.68 (32.09)	1:33.48 (32.80)	2:06.69 (33.21)	
	2:39.66 (32.97)	3:13.08 (33.42)	3:47.91 (34.83)	4:22.67 (34.76)	
	4:56.74 (34.07)	5:29.76 (33.02)			
47	Browne, Virginia	13	Cavalier Aquatics - Piedmont Y	5:24.33	5:30.41
	28.91	1:01.55 (32.64)	1:34.94 (33.39)	2:08.43 (33.49)	
	2:42.27 (33.84)	3:15.98 (33.71)	3:50.14 (34.16)	4:23.51 (33.37)	
	4:57.24 (33.73)	5:30.41 (33.17)			
48	Snyder, Paige	14	YMCA of the Triangle Area	5:28.87	5:31.86
	30.05	1:03.64 (33.59)	1:38.23 (34.59)	2:12.17 (33.94)	
	2:45.76 (33.59)	3:19.48 (33.72)	3:53.10 (33.62)	4:26.38 (33.28)	
	4:59.52 (33.14)	5:31.86 (32.34)			
49	McCardle, Reese	15	Battlefiels Area Star Swimmers	5:19.14	5:32.07
	28.92	1:00.66 (31.74)	1:33.24 (32.58)	2:06.55 (33.31)	
	2:40.02 (33.47)	3:13.69 (33.67)	3:48.34 (34.65)	4:23.25 (34.91)	
	4:58.04 (34.79)	5:32.07 (34.03)			
50	Sheehan, Kate	15	The Fish	5:32.00	5:32.11
	29.69	1:02.17 (32.48)	1:35.42 (33.25)	2:09.04 (33.62)	
	2:42.43 (33.39)	3:15.66 (33.23)	3:49.64 (33.98)	4:24.24 (34.60)	
	4:58.28 (34.04)	5:32.11 (33.83)			

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Results

Preliminaries ... (Event 21 Women 13 & Over 500 Yard Freestyle)

	Name	Age	Team	Seed Time	Prelim Time
51	Rancka, Hadley	14	SwimRVA	5:36.06	5:32.35
	29.39	1:02.43 (33.04)	1:36.25 (33.82)	2:10.42 (34.17)	
	2:44.56 (34.14)	3:18.43 (33.87)	3:52.16 (33.73)	4:25.98 (33.82)	
	4:59.58 (33.60)	5:32.35 (32.77)			
52	Eddy, Ava	14	Stingrays Swim Team	5:23.47	5:32.37
	28.43	1:00.58 (32.15)	1:34.55 (33.97)	2:08.31 (33.76)	
	2:42.92 (34.61)	3:17.22 (34.30)	3:51.46 (34.24)	4:25.60 (34.14)	
	4:59.69 (34.09)	5:32.37 (32.68)			
53	Miller, Evie	15	Stingrays Swim Team	5:11.64	5:32.57
	27.87	58.65 (30.78)	1:30.91 (32.26)	2:04.37 (33.46)	
	2:38.20 (33.83)	3:12.78 (34.58)	3:47.79 (35.01)	4:23.60 (35.81)	
	4:58.18 (34.58)	5:32.57 (34.39)			
54	Ellis, Hannah	14	Stingrays Swim Team	5:37.10	5:33.15
	30.33	1:04.88 (34.55)	1:39.31 (34.43)	2:13.18 (33.87)	
	2:47.01 (33.83)	3:20.20 (33.19)	3:53.70 (33.50)	4:27.52 (33.82)	
	5:00.69 (33.17)	5:33.15 (32.46)			
55	Jones, Kyrsten	15	Tide Swimming	5:36.50	5:33.33
	30.72	1:03.79 (33.07)	1:37.44 (33.65)	2:11.38 (33.94)	
	2:44.98 (33.60)	3:18.91 (33.93)	3:52.84 (33.93)	4:26.84 (34.00)	
	5:00.85 (34.01)	5:33.33 (32.48)			
56	Woolley, Jamison	17	Tide Swimming	5:25.77	5:33.97
	29.29	1:01.86 (32.57)	1:35.31 (33.45)	2:09.06 (33.75)	
	2:43.04 (33.98)	3:17.06 (34.02)	3:51.24 (34.18)	4:25.80 (34.56)	
	5:00.51 (34.71)	5:33.97 (33.46)			
57	Vernon, Anne	17	Quest Swimming	5:25.43	5:35.28
	30.89	1:04.69 (33.80)	1:38.15 (33.46)	2:12.39 (34.24)	
	2:46.19 (33.80)	3:21.08 (34.89)	3:54.96 (33.88)	4:28.57 (33.61)	
	5:03.25 (34.68)	5:35.28 (32.03)			
58	Brown, Scotia	17	YMCA of the Triangle Area	5:56.09	5:37.15
	29.68	1:02.21 (32.53)	1:35.76 (33.55)	2:10.09 (34.33)	
	2:44.19 (34.10)	3:18.81 (34.62)	3:53.70 (34.89)	4:28.88 (35.18)	
	5:04.21 (35.33)	5:37.15 (32.94)			
59	Giroud, Caroline	16	Tide Swimming	5:33.90	5:37.47
	30.46	1:03.61 (33.15)	1:37.31 (33.70)	2:11.50 (34.19)	
	2:45.91 (34.41)	3:20.49 (34.58)	3:55.46 (34.97)	4:30.38 (34.92)	
	5:04.39 (34.01)	5:37.47 (33.08)			
60	Mears, Annalise	16	SwimRVA	5:29.35	5:39.15
	29.91	1:02.89 (32.98)	1:37.25 (34.36)	2:10.57 (33.32)	
	2:44.42 (33.85)	3:19.03 (34.61)	3:54.41 (35.38)	4:29.75 (35.34)	
	5:04.89 (35.14)	5:39.15 (34.26)			
61	Fishburn, Poppy	14	YMCA of the Triangle Area	6:00.30	5:39.21
	30.86	1:05.28 (34.42)	1:40.00 (34.72)	2:14.33 (34.33)	
	2:48.93 (34.60)	3:24.03 (35.10)	3:58.27 (34.24)	4:32.56 (34.29)	
	5:06.81 (34.25)	5:39.21 (32.40)			
62	Creasey, Marshall	14	Quest Swimming	5:28.64	5:40.30
	30.85	1:04.50 (33.65)	1:38.30 (33.80)	2:12.37 (34.07)	
	2:46.73 (34.36)	3:21.22 (34.49)	3:56.04 (34.82)	4:31.42 (35.38)	
	5:06.15 (34.73)	5:40.30 (34.15)			
63	Cobean, Evelyn	15	Quest Swimming	6:02.52	5:41.30
	31.35	1:05.01 (33.66)	1:38.61 (33.60)	2:12.65 (34.04)	
	2:47.48 (34.83)	3:23.02 (35.54)	3:58.67 (35.65)	4:34.12 (35.45)	
	5:09.44 (35.32)	5:41.30 (31.86)			

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Results

Preliminaries ... (Event 21 Women 13 & Over 500 Yard Freestyle)

	Name	Age	Team	Seed Time	Prelim Time
64	Hodulik, Sydney	16	YMCA of the Triangle Area	5:51.27	5:42.45
	29.74	1:02.57 (32.83)	1:36.59 (34.02)	2:11.45 (34.86)	
	2:47.07 (35.62)	3:22.83 (35.76)	3:58.67 (35.84)	4:34.09 (35.42)	
	5:09.12 (35.03)	5:42.45 (33.33)			
65	McNutt, Payton	14	YMCA of the Triangle Area	5:39.17	5:46.89
	30.38	1:04.13 (33.75)	1:39.42 (35.29)	2:14.50 (35.08)	
	2:49.62 (35.12)	3:25.25 (35.63)	4:00.38 (35.13)	4:36.08 (35.70)	
	5:11.70 (35.62)	5:46.89 (35.19)			
66	Lear, Reagan	15	Quest Swimming	5:43.36	5:48.08
	31.57	1:06.31 (34.74)	1:41.57 (35.26)	2:16.99 (35.42)	
	2:52.58 (35.59)	3:28.57 (35.99)	4:03.90 (35.33)	4:38.74 (34.84)	
	5:13.84 (35.10)	5:48.08 (34.24)			
67	Scott, Bentley	15	YMCA of the Triangle Area	6:14.28	5:48.40
	33.13	1:08.27 (35.14)	1:43.69 (35.42)	2:19.56 (35.87)	
	2:55.03 (35.47)	3:30.34 (35.31)	4:05.19 (34.85)	4:40.55 (35.36)	
	5:15.00 (34.45)	5:48.40 (33.40)			
68	Hoang, Angelina	16	Cavalier Aquatics - Piedmont Y	6:01.89	5:48.52
	30.15	1:04.69 (34.54)	1:39.40 (34.71)	2:14.49 (35.09)	
	2:50.40 (35.91)	3:26.64 (36.24)	4:02.61 (35.97)	4:38.79 (36.18)	
	5:14.58 (35.79)	5:48.52 (33.94)			
69	Baraceros, Kamille	17	Quest Swimming	5:31.06	5:54.12
	30.77	1:04.56 (33.79)	1:40.02 (35.46)	2:15.93 (35.91)	
	2:52.39 (36.46)	3:28.90 (36.51)	4:05.98 (37.08)	4:42.46 (36.48)	
	5:18.42 (35.96)	5:54.12 (35.70)			
70	Sherrill, Hannah	16	SwimRVA	5:40.46	5:55.81
	31.66	1:06.01 (34.35)	1:41.37 (35.36)	2:17.34 (35.97)	
	2:53.21 (35.87)	3:29.17 (35.96)	4:05.26 (36.09)	4:41.22 (35.96)	
	5:18.43 (37.21)	5:55.81 (37.38)			
71	Strach, Maya	17	Tide Swimming	5:41.29	6:02.90
	31.19	1:05.91 (34.72)	1:41.80 (35.89)	2:18.10 (36.30)	
	2:54.77 (36.67)	3:32.36 (37.59)	4:10.18 (37.82)	4:48.62 (38.44)	
	5:26.41 (37.79)	6:02.90 (36.49)			
72	Modrak, Payton	15	Quest Swimming	6:23.87	6:06.11
	31.84	1:06.95 (35.11)	1:43.66 (36.71)	2:21.49 (37.83)	
	2:59.34 (37.85)	3:37.62 (38.28)	4:15.61 (37.99)	4:53.27 (37.66)	
	5:30.36 (37.09)	6:06.11 (35.75)			
73	Freeman, Casey	16	YMCA of the Triangle Area	6:24.95	6:15.46
	33.57	1:09.77 (36.20)	1:46.87 (37.10)	2:24.89 (38.02)	
	3:03.20 (38.31)	3:41.61 (38.41)	4:19.91 (38.30)	4:59.16 (39.25)	
	5:37.75 (38.59)	6:15.46 (37.71)			
74	Hines, Nelle	17	Battlefiels Area Star Swimmers	NT	6:24.36
	34.50	1:14.13 (39.63)	1:53.29 (39.16)	2:32.60 (39.31)	
	3:11.77 (39.17)	3:50.51 (38.74)	4:29.25 (38.74)	5:08.14 (38.89)	
	5:46.79 (38.65)	6:24.36 (37.57)			
---	Bryant, Maeve	17	Quest Swimming	5:27.29	DFS

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 22 Men 13 & Over 500 Yard Freestyle

Meet Record: **4:21.64 ! 11/4/2023 Thomas Heilman CA-Y-VA**

4:29.49 WJR USA-S Winter JRs

4:37.09 FUT USA-S Futures

4:45.49 YNAT YMCA SCY Nationals

4:55.89 VSR VSI SR Champs

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	Heilman, Thomas	16	Cavalier Aquatics - Piedmont Y	4:29.01	4:21.64 !	WJR
	23.44	50.17 (26.73)	1:17.12 (26.95)	1:43.92 (26.80)		
	2:10.95 (27.03)	2:37.57 (26.62)	3:03.80 (26.23)	3:29.81 (26.01)		
	3:55.81 (26.00)	4:21.64 (25.83)				
2	King, David	18	Cavalier Aquatics - Piedmont Y	4:31.78	4:26.95	WJR
	23.96	50.69 (26.73)	1:17.46 (26.77)	1:44.38 (26.92)		
	2:11.05 (26.67)	2:37.26 (26.21)	3:04.15 (26.89)	3:31.13 (26.98)		
	3:58.72 (27.59)	4:26.95 (28.23)				
3	Hoban, Owen	17	Stingrays Swim Team	4:39.66	4:34.34	FUT
	25.08	52.40 (27.32)	1:20.17 (27.77)	1:47.74 (27.57)		
	2:15.60 (27.86)	2:43.48 (27.88)	3:11.46 (27.98)	3:39.35 (27.89)		
	4:07.38 (28.03)	4:34.34 (26.96)				
4	King, Brayden	16	Cavalier Aquatics - Piedmont Y	4:37.47	4:39.04	YNAT
	25.13	52.37 (27.24)	1:19.93 (27.56)	1:47.96 (28.03)		
	2:16.02 (28.06)	2:44.46 (28.44)	3:13.09 (28.63)	3:41.81 (28.72)		
	4:10.88 (29.07)	4:39.04 (28.16)				
5	Charlton, William	15	Cavalier Aquatics - Piedmont Y	4:46.18	4:42.68	YNAT
	25.97	53.68 (27.71)	1:22.18 (28.50)	1:51.03 (28.85)		
	2:20.04 (29.01)	2:48.92 (28.88)	3:17.79 (28.87)	3:46.54 (28.75)		
	4:15.23 (28.69)	4:42.68 (27.45)				
6	Browne, William	16	Cavalier Aquatics - Piedmont Y	4:44.65	4:43.36	YNAT
	25.09	52.88 (27.79)	1:21.29 (28.41)	1:50.01 (28.72)		
	2:18.86 (28.85)	2:48.15 (29.29)	3:17.27 (29.12)	3:46.43 (29.16)		
	4:15.42 (28.99)	4:43.36 (27.94)				
7	Gordon, Jerry	18	Lynchburg YMCA	4:43.38	4:44.37	YNAT
	25.27	52.90 (27.63)	1:21.21 (28.31)	1:50.07 (28.86)		
	2:19.18 (29.11)	2:48.44 (29.26)	3:18.08 (29.64)	3:47.76 (29.68)		
	4:16.91 (29.15)	4:44.37 (27.46)				
8	Easton, Chase	15	Cavalier Aquatics - Piedmont Y	4:47.07	4:50.73	VSR
	25.40	53.33 (27.93)	1:22.55 (29.22)	1:51.93 (29.38)		
	2:21.86 (29.93)	2:51.92 (30.06)	3:21.71 (29.79)	3:51.81 (30.10)		
	4:21.62 (29.81)	4:50.73 (29.11)				
B - Final						
9	Edmondson, Eli	16	YMCA of the Triangle Area	4:52.49	4:41.30	YNAT
	25.12	52.62 (27.50)	1:20.61 (27.99)	1:49.23 (28.62)		
	2:17.95 (28.72)	2:46.56 (28.61)	3:15.96 (29.40)	3:44.77 (28.81)		
	4:13.50 (28.73)	4:41.30 (27.80)				
10	Marshall, Connor	17	Cavalier Aquatics - Piedmont Y	4:47.50	4:44.65	YNAT
	25.56	54.08 (28.52)	1:22.97 (28.89)	1:51.93 (28.96)		
	2:20.91 (28.98)	2:49.97 (29.06)	3:18.87 (28.90)	3:47.83 (28.96)		
	4:16.51 (28.68)	4:44.65 (28.14)				
11	Wang, Richard	16	Cavalier Aquatics - Piedmont Y	4:51.97	4:47.44	VSR
	25.86	53.77 (27.91)	1:22.16 (28.39)	1:50.83 (28.67)		
	2:20.12 (29.29)	2:49.55 (29.43)	3:19.90 (30.35)	3:50.24 (30.34)		
	4:19.65 (29.41)	4:47.44 (27.79)				

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

B - Final ... (Event 22 Men 13 & Over 500 Yard Freestyle)

	Name	Age	Team	Prelim Time	Finals Time	
12	Moore, Maxwell	18	Cavalier Aquatics - Piedmont Y	4:47.11	4:47.45	VSR
	26.03	55.08 (29.05)	1:24.31 (29.23)	1:53.15 (28.84)		
	2:22.16 (29.01)	2:51.38 (29.22)	3:20.77 (29.39)	3:50.59 (29.82)		
	4:20.00 (29.41)	4:47.45 (27.45)				
13	Tungate, Benjamin	15	Cavalier Aquatics - Piedmont Y	4:54.05	4:52.55	VSR
	26.57	55.38 (28.81)	1:24.92 (29.54)	1:54.59 (29.67)		
	2:24.48 (29.89)	2:54.28 (29.80)	3:24.11 (29.83)	3:54.06 (29.95)		
	4:23.57 (29.51)	4:52.55 (28.98)				
14	Jiminez, Patrick	15	The Fish	4:51.88	4:55.24	VSR
	26.27	54.69 (28.42)	1:24.10 (29.41)	1:53.75 (29.65)		
	2:23.80 (30.05)	2:54.16 (30.36)	3:24.59 (30.43)	3:54.92 (30.33)		
	4:25.37 (30.45)	4:55.24 (29.87)				
15	Bradley, Connor	15	Tide Swimming	4:54.08	4:58.45	
	26.16	55.24 (29.08)	1:24.43 (29.19)	1:54.32 (29.89)		
	2:24.85 (30.53)	2:55.77 (30.92)	3:27.06 (31.29)	3:58.13 (31.07)		
	4:28.89 (30.76)	4:58.45 (29.56)				
16	Sawyer, Bradley	15	Cavalier Aquatics - Piedmont Y	4:51.50	4:58.71	
	25.83	54.76 (28.93)	1:24.67 (29.91)	1:55.04 (30.37)		
	2:26.05 (31.01)	2:56.94 (30.89)	3:26.76 (29.82)	3:57.20 (30.44)		
	4:28.35 (31.15)	4:58.71 (30.36)				

C - Final

17	Knapp, Parker	15	Tide Swimming	4:56.52	4:45.59	VSR
	25.03	52.67 (27.64)	1:20.99 (28.32)	1:49.78 (28.79)		
	2:18.80 (29.02)	2:48.32 (29.52)	3:17.72 (29.40)	3:47.45 (29.73)		
	4:17.14 (29.69)	4:45.59 (28.45)				
18	VanSlyke, John	17	Tide Swimming	4:54.29	4:49.76	VSR
	25.84	54.05 (28.21)	1:22.91 (28.86)	1:52.04 (29.13)		
	2:21.49 (29.45)	2:51.22 (29.73)	3:21.27 (30.05)	3:51.00 (29.73)		
	4:20.80 (29.80)	4:49.76 (28.96)				
19	Xu, George	16	Lynchburg YMCA	4:55.89	4:52.29	VSR
	26.39	55.03 (28.64)	1:24.78 (29.75)	1:54.51 (29.73)		
	2:24.04 (29.53)	2:54.02 (29.98)	3:24.10 (30.08)	3:54.28 (30.18)		
	4:23.60 (29.32)	4:52.29 (28.69)				
20	Hottle, Luke	14	Lynchburg YMCA	4:55.63	4:54.01	VSR
	25.72	54.24 (28.52)	1:23.83 (29.59)	1:53.86 (30.03)		
	2:23.94 (30.08)	2:54.05 (30.11)	3:24.52 (30.47)	3:54.97 (30.45)		
	4:25.26 (30.29)	4:54.01 (28.75)				
21	Stratton, Nicholas	15	Tide Swimming	4:54.67	4:54.72	VSR
	26.46	55.11 (28.65)	1:24.40 (29.29)	1:53.80 (29.40)		
	2:23.37 (29.57)	2:53.46 (30.09)	3:23.61 (30.15)	3:54.69 (31.08)		
	4:25.13 (30.44)	4:54.72 (29.59)				
22	Guthrie, Hunter	15	The Fish	4:54.85	4:55.98	
	25.66	54.38 (28.72)	1:24.30 (29.92)	1:54.52 (30.22)		
	2:25.11 (30.59)	2:55.48 (30.37)	3:25.86 (30.38)	3:56.18 (30.32)		
	4:26.44 (30.26)	4:55.98 (29.54)				
23	Sanchez, Luca	14	The Fish	4:56.61	4:56.44	
	26.43	55.67 (29.24)	1:25.86 (30.19)	1:56.02 (30.16)		
	2:25.99 (29.97)	2:56.52 (30.53)	3:26.84 (30.32)	3:57.44 (30.60)		
	4:27.57 (30.13)	4:56.44 (28.87)				
24	Knight, Benjamin	16	Tide Swimming	4:55.60	4:56.73	
	26.60	55.39 (28.79)	1:25.18 (29.79)	1:55.06 (29.88)		
	2:25.13 (30.07)	2:55.54 (30.41)	3:26.11 (30.57)	3:57.13 (31.02)		
	4:27.67 (30.54)	4:56.73 (29.06)				

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

D - Final ... (Event 22 Men 13 & Over 500 Yard Freestyle)

	Name	Age	Team	Prelim Time	Finals Time	
D - Final						
25	Woodruff, Graham	14	Lynchburg YMCA	5:02.37	4:51.63	VSR
	25.86	55.20 (29.34)	1:24.63 (29.43)	1:54.63 (30.00)		
	2:24.51 (29.88)	2:54.82 (30.31)	3:24.47 (29.65)	3:54.42 (29.95)		
	4:24.06 (29.64)	4:51.63 (27.57)				
26	Weber, Josiah	14	SwimRVA	5:03.44	4:51.86	VSR
	26.39	55.75 (29.36)	1:25.25 (29.50)	1:54.26 (29.01)		
	2:24.01 (29.75)	2:53.77 (29.76)	3:23.58 (29.81)	3:53.79 (30.21)		
	4:23.23 (29.44)	4:51.86 (28.63)				
27	Dilber, Sarp	14	The Fish	4:58.66	4:56.55	
	26.53	54.95 (28.42)	1:24.32 (29.37)	1:54.34 (30.02)		
	2:24.83 (30.49)	2:55.61 (30.78)	3:26.03 (30.42)	3:56.82 (30.79)		
	4:27.67 (30.85)	4:56.55 (28.88)				
28	Rice, Hudson	14	Lynchburg YMCA	4:59.23	4:58.77	
	27.12	56.59 (29.47)	1:27.05 (30.46)	1:57.90 (30.85)		
	2:28.58 (30.68)	2:59.07 (30.49)	3:29.49 (30.42)	3:59.99 (30.50)		
	4:30.21 (30.22)	4:58.77 (28.56)				
29	Euker, Aaron	14	Stingrays Swim Team	5:06.35	4:59.78	
	26.80	56.39 (29.59)	1:26.76 (30.37)	1:57.36 (30.60)		
	2:27.81 (30.45)	2:58.73 (30.92)	3:29.54 (30.81)	4:00.55 (31.01)		
	4:31.36 (30.81)	4:59.78 (28.42)				
30	Suggs DeSorbo, Matthew	14	Cavalier Aquatics - Piedmont Y	5:03.79	5:02.00	
	26.68	56.06 (29.38)	1:26.23 (30.17)	1:56.58 (30.35)		
	2:27.32 (30.74)	2:58.23 (30.91)	3:29.30 (31.07)	4:00.72 (31.42)		
	4:32.00 (31.28)	5:02.00 (30.00)				
31	Charlton, Benjamin	13	Cavalier Aquatics - Piedmont Y	5:11.11	5:06.89	
	27.24	57.68 (30.44)	1:28.64 (30.96)	1:59.62 (30.98)		
	2:30.88 (31.26)	3:02.35 (31.47)	3:33.98 (31.63)	4:05.42 (31.44)		
	4:36.81 (31.39)	5:06.89 (30.08)				
32	Davidson, Charles	14	Cavalier Aquatics - Piedmont Y	5:15.14	5:15.77	
	28.86	1:00.44 (31.58)	1:32.54 (32.10)	2:04.34 (31.80)		
	2:36.39 (32.05)	3:08.78 (32.39)	3:41.10 (32.32)	4:13.20 (32.10)		
	4:45.03 (31.83)	5:15.77 (30.74)				

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 22 Men 13 & Over 500 Yard Freestyle

Meet Record: **4:21.64 ! 11/4/2023 Thomas Heilman CA-Y-VA**
4:29.49 WJR USA-S Winter JRs
4:37.09 FUT USA-S Futures
4:45.49 YNAT YMCA SCY Nationals
4:55.89 VSR VSI SR Champs

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Heilman, Thomas	16	Cavalier Aquatics - Piedmont Y	4:28.77	4:29.01	qWJR
	23.81	50.84 (27.03)	1:18.73 (27.89)	1:46.37 (27.64)		
	2:13.89 (27.52)	2:41.16 (27.27)	3:08.05 (26.89)	3:35.15 (27.10)		
	4:02.51 (27.36)	4:29.01 (26.50)				
2	King, David	18	Cavalier Aquatics - Piedmont Y	4:21.24	4:31.78	qFUT
	24.75	52.40 (27.65)	1:20.38 (27.98)	1:47.88 (27.50)		
	2:15.63 (27.75)	2:43.53 (27.90)	3:11.64 (28.11)	3:38.69 (27.05)		
	4:05.90 (27.21)	4:31.78 (25.88)				
3	King, Brayden	16	Cavalier Aquatics - Piedmont Y	4:34.59	4:37.47	qYNAT
	25.50	53.03 (27.53)	1:20.99 (27.96)	1:48.99 (28.00)		
	2:17.08 (28.09)	2:45.19 (28.11)	3:13.37 (28.18)	3:41.78 (28.41)		
	4:09.92 (28.14)	4:37.47 (27.55)				
4	Hoban, Owen	17	Stingrays Swim Team	4:40.89	4:39.66	qYNAT
	25.95	54.00 (28.05)	1:22.21 (28.21)	1:50.49 (28.28)		
	2:18.39 (27.90)	2:47.04 (28.65)	3:15.93 (28.89)	3:44.64 (28.71)		
	4:13.02 (28.38)	4:39.66 (26.64)				
5	Gordon, Jerry	18	Lynchburg YMCA	4:30.44	4:43.38	qYNAT
	25.78	53.71 (27.93)	1:22.27 (28.56)	1:50.87 (28.60)		
	2:19.56 (28.69)	2:48.41 (28.85)	3:17.04 (28.63)	3:45.80 (28.76)		
	4:14.96 (29.16)	4:43.38 (28.42)				
6	Browne, William	16	Cavalier Aquatics - Piedmont Y	4:45.82	4:44.65	qYNAT
	24.85	52.13 (27.28)	1:20.25 (28.12)	1:49.14 (28.89)		
	2:18.24 (29.10)	2:47.67 (29.43)	3:17.19 (29.52)	3:46.80 (29.61)		
	4:16.27 (29.47)	4:44.65 (28.38)				
7	Charlton, William	15	Cavalier Aquatics - Piedmont Y	4:38.25	4:46.18	qVSR
	25.82	53.63 (27.81)	1:22.28 (28.65)	1:51.29 (29.01)		
	2:20.57 (29.28)	2:49.66 (29.09)	3:18.99 (29.33)	3:48.11 (29.12)		
	4:17.73 (29.62)	4:46.18 (28.45)				
8	Hu, Charles	17	The Fish	4:50.64	4:46.53	qVSR
	25.37	53.87 (28.50)	1:23.29 (29.42)	1:53.29 (30.00)		
	2:23.53 (30.24)	2:52.90 (29.37)	3:21.71 (28.81)	3:51.07 (29.36)		
	4:20.31 (29.24)	4:46.53 (26.22)				
9	Easton, Chase	15	Cavalier Aquatics - Piedmont Y	4:44.99	4:47.07	qVSR
	25.88	54.27 (28.39)	1:23.14 (28.87)	1:52.40 (29.26)		
	2:21.85 (29.45)	2:50.96 (29.11)	3:20.23 (29.27)	3:49.90 (29.67)		
	4:19.26 (29.36)	4:47.07 (27.81)				
10	Moore, Maxwell	18	Cavalier Aquatics - Piedmont Y	4:50.64	4:47.11	qVSR
	25.11	53.29 (28.18)	1:22.28 (28.99)	1:51.69 (29.41)		
	2:21.34 (29.65)	2:51.06 (29.72)	3:20.59 (29.53)	3:50.49 (29.90)		
	4:19.85 (29.36)	4:47.11 (27.26)				
11	Marshall, Connor	17	Cavalier Aquatics - Piedmont Y	4:45.95	4:47.50	qVSR
	25.85	54.23 (28.38)	1:23.09 (28.86)	1:52.22 (29.13)		
	2:21.31 (29.09)	2:50.85 (29.54)	3:20.09 (29.24)	3:49.59 (29.50)		
	4:18.71 (29.12)	4:47.50 (28.79)				

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Results

Preliminaries ... (Event 22 Men 13 & Over 500 Yard Freestyle)

	Name	Age	Team	Seed Time	Prelim Time	
12	Sawyer, Bradley	15	Cavalier Aquatics - Piedmont Y	4:53.55	4:51.50	qVSR
	26.46	55.26 (28.80)	1:24.74 (29.48)	1:54.63 (29.89)		
	2:24.89 (30.26)	2:54.18 (29.29)	3:23.56 (29.38)	3:53.30 (29.74)		
	4:22.98 (29.68)	4:51.50 (28.52)				
13	Jiminez, Patrick	15	The Fish	4:51.82	4:51.88	qVSR
	26.09	54.69 (28.60)	1:23.99 (29.30)	1:53.47 (29.48)		
	2:23.26 (29.79)	2:53.11 (29.85)	3:22.83 (29.72)	3:52.71 (29.88)		
	4:22.57 (29.86)	4:51.88 (29.31)				
14	Wang, Richard	16	Cavalier Aquatics - Piedmont Y	4:41.85	4:51.97	qVSR
	25.90	53.73 (27.83)	1:22.33 (28.60)	1:51.39 (29.06)		
	2:21.26 (29.87)	2:51.67 (30.41)	3:21.97 (30.30)	3:52.28 (30.31)		
	4:23.13 (30.85)	4:51.97 (28.84)				
15	Edmondson, Eli	16	YMCA of the Triangle Area	4:48.05	4:52.49	qVSR
	25.79	54.16 (28.37)	1:23.40 (29.24)	1:53.29 (29.89)		
	2:23.33 (30.04)	2:53.64 (30.31)	3:23.58 (29.94)	3:53.57 (29.99)		
	4:23.51 (29.94)	4:52.49 (28.98)				
16	Tungate, Benjamin	15	Cavalier Aquatics - Piedmont Y	4:45.93	4:54.05	qVSR
	26.76	56.19 (29.43)	1:25.90 (29.71)	1:55.31 (29.41)		
	2:25.33 (30.02)	2:54.97 (29.64)	3:24.74 (29.77)	3:54.68 (29.94)		
	4:24.65 (29.97)	4:54.05 (29.40)				
17	Bradley, Connor	15	Tide Swimming	4:56.16	4:54.08	qVSR
	26.32	55.20 (28.88)	1:24.28 (29.08)	1:54.19 (29.91)		
	2:24.49 (30.30)	2:54.68 (30.19)	3:24.64 (29.96)	3:54.78 (30.14)		
	4:24.81 (30.03)	4:54.08 (29.27)				
18	VanSlyke, John	17	Tide Swimming	4:40.62	4:54.29	qVSR
	26.09	54.73 (28.64)	1:24.07 (29.34)	1:53.73 (29.66)		
	2:23.77 (30.04)	2:54.14 (30.37)	3:24.40 (30.26)	3:54.43 (30.03)		
	4:24.49 (30.06)	4:54.29 (29.80)				
19	Stratton, Nicholas	15	Tide Swimming	4:52.59	4:54.67	qVSR
	27.47	56.46 (28.99)	1:25.88 (29.42)	1:55.61 (29.73)		
	2:25.16 (29.55)	2:55.10 (29.94)	3:25.13 (30.03)	3:55.29 (30.16)		
	4:25.44 (30.15)	4:54.67 (29.23)				
20	Guthrie, Hunter	15	The Fish	4:56.00	4:54.85	qVSR
	26.09	55.28 (29.19)	1:25.05 (29.77)	1:55.28 (30.23)		
	2:25.21 (29.93)	2:55.30 (30.09)	3:25.45 (30.15)	3:55.87 (30.42)		
	4:25.87 (30.00)	4:54.85 (28.98)				
21	Knight, Benjamin	16	Tide Swimming	4:51.31	4:55.60	qVSR
	26.33	55.41 (29.08)	1:25.19 (29.78)	1:55.66 (30.47)		
	2:25.84 (30.18)	2:56.06 (30.22)	3:26.65 (30.59)	3:56.98 (30.33)		
	4:27.16 (30.18)	4:55.60 (28.44)				
22	Hottle, Luke	14	Lynchburg YMCA	4:52.12	4:55.63	qVSR
	26.47	55.69 (29.22)	1:25.64 (29.95)	1:56.01 (30.37)		
	2:26.63 (30.62)	2:56.88 (30.25)	3:27.28 (30.40)	3:57.35 (30.07)		
	4:27.23 (29.88)	4:55.63 (28.40)				
23	West, Ryan	17	YMCA of the Triangle Area	4:47.61	4:55.86	qVSR
	26.50	55.89 (29.39)	1:25.91 (30.02)	1:56.29 (30.38)		
	2:26.41 (30.12)	2:56.73 (30.32)	3:26.91 (30.18)	3:57.08 (30.17)		
	4:27.24 (30.16)	4:55.86 (28.62)				
24	Xu, George	16	Lynchburg YMCA	4:51.15	4:55.89	qVSR
	26.64	55.72 (29.08)	1:25.46 (29.74)	1:55.19 (29.73)		
	2:25.30 (30.11)	2:55.65 (30.35)	3:26.47 (30.82)	3:56.73 (30.26)		
	4:26.40 (29.67)	4:55.89 (29.49)				

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Results

Preliminaries ... (Event 22 Men 13 & Over 500 Yard Freestyle)

	Name	Age	Team	Seed Time	Prelim Time	
25	Knapp, Parker	15	Tide Swimming	4:48.61	4:56.52	q
	26.32	56.44 (30.12)	1:25.97 (29.53)	1:56.09 (30.12)		
	2:26.55 (30.46)	2:56.66 (30.11)	3:26.92 (30.26)	3:56.39 (29.47)		
	4:26.41 (30.02)	4:56.52 (30.11)				
26	Sanchez, Luca	14	The Fish	5:10.92	4:56.61	q
	26.38	55.68 (29.30)	1:25.49 (29.81)	1:55.88 (30.39)		
	2:25.94 (30.06)	2:56.26 (30.32)	3:26.63 (30.37)	3:57.41 (30.78)		
	4:27.54 (30.13)	4:56.61 (29.07)				
27	Pearce, William	17	YMCA of the Triangle Area	4:51.20	4:57.33	q
	25.94	54.81 (28.87)	1:24.41 (29.60)	1:54.42 (30.01)		
	2:24.44 (30.02)	2:54.89 (30.45)	3:25.77 (30.88)	3:57.18 (31.41)		
	4:27.31 (30.13)	4:57.33 (30.02)				
28	Struder IV, Leonard	17	Stingrays Swim Team	4:50.60	4:58.15	q
	26.28	55.07 (28.79)	1:24.52 (29.45)	1:54.65 (30.13)		
	2:25.01 (30.36)	2:55.29 (30.28)	3:25.69 (30.40)	3:56.49 (30.80)		
	4:27.62 (31.13)	4:58.15 (30.53)				
29	Cullaty, John	15	Cavalier Aquatics - Piedmont Y	5:03.71	4:58.58	q
	26.10	56.18 (30.08)	1:26.20 (30.02)	1:56.84 (30.64)		
	2:27.10 (30.26)	2:57.31 (30.21)	3:27.98 (30.67)	3:58.77 (30.79)		
	4:28.97 (30.20)	4:58.58 (29.61)				
30	Dilber, Sarp	14	The Fish	5:19.97	4:58.66	q
	26.88	56.57 (29.69)	1:26.63 (30.06)	1:57.33 (30.70)		
	2:28.07 (30.74)	2:58.92 (30.85)	3:29.90 (30.98)	4:00.08 (30.18)		
	4:30.41 (30.33)	4:58.66 (28.25)				
31	Rice, Hudson	14	Lynchburg YMCA	4:58.54	4:59.23	q
	27.96	58.14 (30.18)	1:28.84 (30.70)	1:58.95 (30.11)		
	2:29.66 (30.71)	3:00.12 (30.46)	3:30.65 (30.53)	4:00.91 (30.26)		
	4:31.03 (30.12)	4:59.23 (28.20)				
32	Webster, Andrew	17	Quest Swimming	4:54.62	4:59.28	q
	27.84	57.63 (29.79)	1:27.87 (30.24)	1:58.19 (30.32)		
	2:29.08 (30.89)	2:59.81 (30.73)	3:30.59 (30.78)	4:01.49 (30.90)		
	4:31.46 (29.97)	4:59.28 (27.82)				
33	Winston, Gabriel	16	Tide Swimming	4:59.26	4:59.57	
	27.28	57.37 (30.09)	1:28.33 (30.96)	1:58.93 (30.60)		
	2:29.74 (30.81)	3:00.05 (30.31)	3:30.46 (30.41)	4:01.03 (30.57)		
	4:31.07 (30.04)	4:59.57 (28.50)				
34	Swartz, Tyler	17	Tide Swimming	4:53.24	5:00.24	
	27.39	57.47 (30.08)	1:28.29 (30.82)	1:59.42 (31.13)		
	2:29.97 (30.55)	3:00.09 (30.12)	3:30.22 (30.13)	4:00.74 (30.52)		
	4:31.43 (30.69)	5:00.24 (28.81)				
35	Olson, Thomas	17	Cavalier Aquatics - Piedmont Y	4:55.48	5:00.29	
	27.66	57.48 (29.82)	1:27.38 (29.90)	1:58.04 (30.66)		
	2:28.55 (30.51)	2:59.04 (30.49)	3:29.76 (30.72)	4:00.63 (30.87)		
	4:30.80 (30.17)	5:00.29 (29.49)				
36	Wilkerson, Chase	15	Tide Swimming	4:53.53	5:00.81	
	28.02	58.36 (30.34)	1:29.23 (30.87)	2:00.14 (30.91)		
	2:30.72 (30.58)	3:01.00 (30.28)	3:31.96 (30.96)	4:03.08 (31.12)		
	4:32.93 (29.85)	5:00.81 (27.88)				
37	Moore, Ryan	15	Stingrays Swim Team	5:02.34	5:01.04	
	26.65	56.86 (30.21)	1:26.98 (30.12)	1:57.87 (30.89)		
	2:28.62 (30.75)	2:59.29 (30.67)	3:30.46 (31.17)	4:01.88 (31.42)		
	4:32.65 (30.77)	5:01.04 (28.39)				

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Results

Preliminaries ... (Event 22 Men 13 & Over 500 Yard Freestyle)

	Name	Age	Team	Seed Time	Prelim Time
38	Alexander, Charles	15	Cavalier Aquatics - Piedmont Y	5:01.51	5:01.56
	26.96	56.81 (29.85)	1:27.02 (30.21)	1:57.43 (30.41)	
	2:27.92 (30.49)	2:58.25 (30.33)	3:28.88 (30.63)	3:59.80 (30.92)	
	4:31.19 (31.39)	5:01.56 (30.37)			
39	Woodruff, Graham	14	Lynchburg YMCA	4:54.84	5:02.37
	27.62	58.22 (30.60)	1:29.07 (30.85)	2:00.25 (31.18)	
	2:31.38 (31.13)	3:02.06 (30.68)	3:32.30 (30.24)	4:03.05 (30.75)	
	4:33.64 (30.59)	5:02.37 (28.73)			
40	Morris, Cameron	15	YMCA of the Triangle Area	5:06.51	5:03.26
	27.78	58.42 (30.64)	1:29.55 (31.13)	1:59.96 (30.41)	
	2:30.26 (30.30)	3:00.79 (30.53)	3:31.42 (30.63)	4:02.51 (31.09)	
	4:33.24 (30.73)	5:03.26 (30.02)			
41	Weber, Josiah	14	SwimRVA	4:57.75	5:03.44
	27.59	58.46 (30.87)	1:29.64 (31.18)	2:01.17 (31.53)	
	2:32.37 (31.20)	3:03.79 (31.42)	3:34.83 (31.04)	4:05.36 (30.53)	
	4:34.67 (29.31)	5:03.44 (28.77)			
42	Suggs DeSorbo, Matthew	14	Cavalier Aquatics - Piedmont Y	5:13.65	5:03.79
	27.08	56.88 (29.80)	1:27.26 (30.38)	1:58.03 (30.77)	
	2:29.20 (31.17)	3:00.30 (31.10)	3:31.08 (30.78)	4:02.44 (31.36)	
	4:33.68 (31.24)	5:03.79 (30.11)			
43	Kustowski, Brian	18	Tide Swimming	4:58.99	5:03.87
	28.03	58.32 (30.29)	1:29.00 (30.68)	1:59.80 (30.80)	
	2:30.66 (30.86)	3:01.75 (31.09)	3:32.73 (30.98)	4:03.64 (30.91)	
	4:34.07 (30.43)	5:03.87 (29.80)			
44	Bennett, Craig	16	Stingrays Swim Team	4:59.86	5:03.99
	26.81	56.12 (29.31)	1:26.37 (30.25)	1:57.37 (31.00)	
	2:27.90 (30.53)	2:59.11 (31.21)	3:30.62 (31.51)	4:01.93 (31.31)	
	4:33.60 (31.67)	5:03.99 (30.39)			
*45	Buttram, Noah	15	Stingrays Swim Team	5:14.44	5:05.27
	26.73	56.35 (29.62)	1:26.77 (30.42)	1:57.61 (30.84)	
	2:28.52 (30.91)	2:59.95 (31.43)	3:31.60 (31.65)	4:03.30 (31.70)	
	4:34.88 (31.58)	5:05.27 (30.39)			
*45	DeVizia, Gabriel	15	YMCA of the Triangle Area	5:00.48	5:05.27
	27.57	58.14 (30.57)	1:29.41 (31.27)	2:00.19 (30.78)	
	2:31.77 (31.58)	3:02.82 (31.05)	3:33.67 (30.85)	4:04.63 (30.96)	
	4:35.87 (31.24)	5:05.27 (29.40)			
47	Euker, Aaron	14	Stingrays Swim Team	4:56.34	5:06.35
	27.07	57.18 (30.11)	1:27.60 (30.42)	1:58.70 (31.10)	
	2:30.22 (31.52)	3:01.18 (30.96)	3:32.79 (31.61)	4:04.70 (31.91)	
	4:35.65 (30.95)	5:06.35 (30.70)			
48	Parker, Austin	15	Stingrays Swim Team	4:55.69	5:08.40
	27.89	58.03 (30.14)	1:29.10 (31.07)	2:00.04 (30.94)	
	2:31.32 (31.28)	3:03.02 (31.70)	3:34.65 (31.63)	4:06.11 (31.46)	
	4:38.16 (32.05)	5:08.40 (30.24)			
49	Flores, Ayden	17	Tide Swimming	5:06.68	5:09.59
	28.24	58.45 (30.21)	1:29.92 (31.47)	2:01.42 (31.50)	
	2:34.10 (32.68)	3:06.22 (32.12)	3:37.71 (31.49)	4:09.44 (31.73)	
	4:40.34 (30.90)	5:09.59 (29.25)			
50	Stevenson, Declund	16	Lynchburg YMCA	5:03.11	5:10.79
	27.14	58.72 (31.58)	1:30.42 (31.70)	2:01.99 (31.57)	
	2:33.63 (31.64)	3:05.95 (32.32)	3:37.67 (31.72)	4:09.20 (31.53)	
	4:40.85 (31.65)	5:10.79 (29.94)			

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 22 Men 13 & Over 500 Yard Freestyle)

	Name	Age	Team	Seed Time	Prelim Time
51	Charlton, Benjamin	13	Cavalier Aquatics - Piedmont Y	5:04.26	5:11.11
	27.92	58.86 (30.94)	1:30.80 (31.94)	2:02.10 (31.30)	
	2:34.03 (31.93)	3:06.24 (32.21)	3:38.04 (31.80)	4:10.21 (32.17)	
	4:41.80 (31.59)	5:11.11 (29.31)			
52	Craig, Crawford	15	SwimRVA	5:13.36	5:11.62
	26.93	57.35 (30.42)	1:29.12 (31.77)	2:01.00 (31.88)	
	2:34.30 (33.30)	3:06.80 (32.50)	3:39.48 (32.68)	4:11.52 (32.04)	
	4:42.88 (31.36)	5:11.62 (28.74)			
53	Grinsell, Patrick	15	Quest Swimming	5:10.37	5:11.69
	29.41	1:00.81 (31.40)	1:32.52 (31.71)	2:04.19 (31.67)	
	2:35.59 (31.40)	3:06.86 (31.27)	3:38.36 (31.50)	4:09.75 (31.39)	
	4:41.36 (31.61)	5:11.69 (30.33)			
54	Healey, Matthew	15	Tide Swimming	5:04.60	5:11.72
	27.85	57.96 (30.11)	1:28.91 (30.95)	2:00.19 (31.28)	
	2:31.96 (31.77)	3:04.51 (32.55)	3:36.12 (31.61)	4:09.14 (33.02)	
	4:41.90 (32.76)	5:11.72 (29.82)			
55	Wells, Gregory	16	Quest Swimming	5:15.46	5:12.96
	28.36	58.92 (30.56)	1:30.85 (31.93)	2:03.25 (32.40)	
	2:35.28 (32.03)	3:07.47 (32.19)	3:39.74 (32.27)	4:11.84 (32.10)	
	4:43.49 (31.65)	5:12.96 (29.47)			
56	Fulayter, Brandon	16	Stingrays Swim Team	5:29.38	5:13.19
	27.02	57.39 (30.37)	1:29.16 (31.77)	2:00.99 (31.83)	
	2:33.00 (32.01)	3:04.91 (31.91)	3:37.55 (32.64)	4:10.40 (32.85)	
	4:42.57 (32.17)	5:13.19 (30.62)			
57	Goedecke, Colin	17	Tide Swimming	5:06.77	5:14.26
	27.38	58.01 (30.63)	1:29.43 (31.42)	2:01.39 (31.96)	
	2:33.78 (32.39)	3:06.10 (32.32)	3:38.56 (32.46)	4:11.06 (32.50)	
	4:42.88 (31.82)	5:14.26 (31.38)			
58	Davidson, Charles	14	Cavalier Aquatics - Piedmont Y	5:21.76	5:15.14
	28.85	1:00.71 (31.86)	1:33.04 (32.33)	2:05.64 (32.60)	
	2:38.32 (32.68)	3:11.15 (32.83)	3:43.63 (32.48)	4:15.98 (32.35)	
	4:47.18 (31.20)	5:15.14 (27.96)			
59	Snyder, Avery	15	Lynchburg YMCA	5:22.41	5:15.27
	27.37	58.10 (30.73)	1:29.64 (31.54)	2:01.61 (31.97)	
	2:33.31 (31.70)	3:06.09 (32.78)	3:38.39 (32.30)	4:11.21 (32.82)	
	4:44.18 (32.97)	5:15.27 (31.09)			
60	Wispelwey, Garrett	14	Cavalier Aquatics - Piedmont Y	5:25.64	5:15.70
	27.82	59.29 (31.47)	1:31.64 (32.35)	2:03.70 (32.06)	
	2:36.02 (32.32)	3:08.97 (32.95)	3:41.69 (32.72)	4:14.38 (32.69)	
	4:46.80 (32.42)	5:15.70 (28.90)			
61	Irvine, Jackson	14	Quest Swimming	5:19.88	5:16.46
	28.90	1:00.50 (31.60)	1:31.91 (31.41)	2:04.17 (32.26)	
	2:36.82 (32.65)	3:08.54 (31.72)	3:40.38 (31.84)	4:12.55 (32.17)	
	4:44.82 (32.27)	5:16.46 (31.64)			
62	Smith, Henry	13	Cavalier Aquatics - Piedmont Y	5:02.58	5:16.64
	28.60	1:00.70 (32.10)	1:32.27 (31.57)	2:04.44 (32.17)	
	2:36.51 (32.07)	3:08.86 (32.35)	3:41.12 (32.26)	4:12.80 (31.68)	
	4:45.51 (32.71)	5:16.64 (31.13)			
63	Warren, Joshua	16	Lynchburg YMCA	4:59.16	5:18.55
	29.09	1:00.69 (31.60)	1:33.16 (32.47)	2:05.62 (32.46)	
	2:38.46 (32.84)	3:11.00 (32.54)	3:43.69 (32.69)	4:16.50 (32.81)	
	4:48.84 (32.34)	5:18.55 (29.71)			

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 22 Men 13 & Over 500 Yard Freestyle)

	Name	Age	Team	Seed Time	Prelim Time
64	Stowell, Ethan	16	Tide Swimming	5:10.58	5:19.93
	28.19	59.30 (31.11)	1:31.55 (32.25)	2:04.39 (32.84)	
	2:37.53 (33.14)	3:10.27 (32.74)	3:42.82 (32.55)	4:15.55 (32.73)	
	4:48.38 (32.83)	5:19.93 (31.55)			
65	Harmon, Dahmon	17	Tide Swimming	5:00.66	5:21.26
	26.97	57.43 (30.46)	1:28.84 (31.41)	2:00.62 (31.78)	
	2:33.11 (32.49)	3:06.80 (33.69)	3:40.60 (33.80)	4:14.59 (33.99)	
	4:48.81 (34.22)	5:21.26 (32.45)			
66	Keough, Shane	14	YMCA of the Triangle Area	5:46.61	5:21.38
	28.69	1:00.37 (31.68)	1:32.81 (32.44)	2:05.50 (32.69)	
	2:38.83 (33.33)	3:12.38 (33.55)	3:45.69 (33.31)	4:18.71 (33.02)	
	4:51.61 (32.90)	5:21.38 (29.77)			
67	Fenton, Thomas	18	Lynchburg YMCA	5:09.38	5:21.61
	28.50	1:00.38 (31.88)	1:32.96 (32.58)	2:05.59 (32.63)	
	2:38.51 (32.92)	3:11.93 (33.42)	3:45.17 (33.24)	4:18.42 (33.25)	
	4:50.35 (31.93)	5:21.61 (31.26)			
68	Salpeter, Brody	17	Tide Swimming	4:56.66	5:24.78
	27.13	57.38 (30.25)	1:29.25 (31.87)	2:02.37 (33.12)	
	2:36.38 (34.01)	3:09.99 (33.61)	3:43.69 (33.70)	4:18.10 (34.41)	
	4:52.11 (34.01)	5:24.78 (32.67)			
69	Cheatham, Zachary	14	SwimRVA	5:27.36	5:25.33
	29.41	1:01.98 (32.57)	1:35.32 (33.34)	2:09.06 (33.74)	
	2:42.21 (33.15)	3:14.93 (32.72)	3:48.47 (33.54)	4:21.00 (32.53)	
	4:53.90 (32.90)	5:25.33 (31.43)			
70	Prudhomme, John	15	Tide Swimming	5:51.07	5:25.41
	28.77	1:00.67 (31.90)	1:33.95 (33.28)	2:07.74 (33.79)	
	2:40.86 (33.12)	3:14.21 (33.35)	3:47.18 (32.97)	4:21.55 (34.37)	
	4:53.94 (32.39)	5:25.41 (31.47)			
71	Nuckols, Cole	17	SwimRVA	5:07.89	5:28.75
	27.92	58.56 (30.64)	1:29.86 (31.30)	2:02.13 (32.27)	
	2:34.83 (32.70)	3:08.49 (33.66)	3:43.14 (34.65)	4:18.27 (35.13)	
	4:53.50 (35.23)	5:28.75 (35.25)			
72	Campbell, Cole	14	Lynchburg YMCA	5:21.50	5:46.41
	28.79	1:01.65 (32.86)	1:36.34 (34.69)	2:11.55 (35.21)	
	2:47.76 (36.21)	3:23.85 (36.09)	3:59.94 (36.09)	4:35.86 (35.92)	
	5:12.01 (36.15)	5:46.41 (34.40)			

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 23 Women 13 & Over 400 Yard Medley Relay

Meet Record: 3:49.42 ! 11/5/2022 Cavalier Aquatics/Piedmont YMC Caval
J Addison, S Czirjak, E Osada, M Thomas
3:47.79 WJR USA-S Winter JRs
4:00.39 YNAT YMCA SCY Nationals

	Team	Relay	Seed Time	Finals Time	
1	Cavalier Aquatics - Piedmont Y	A	4:04.89	3:51.28	YNAT
	28.31 57.95 (57.95) 1:27.47 (29.52) 2:01.25 (1:03.30)				
	2:27.28 (26.03) 2:57.89 (56.64) 3:23.30 (25.41) 3:51.28 (53.39)				
2	Quest Swimming	A	3:48.68	3:51.48	YNAT
	27.02 55.24 (55.24) 1:26.43 (31.19) 2:02.91 (1:07.67)				
	2:28.89 (25.98) 3:00.24 (57.33) 3:25.01 (24.77) 3:51.48 (51.24)				
3	Battlefiels Area Star Swimmers	A	3:47.75	3:53.09	YNAT
	26.97 56.83 (56.83) 1:29.60 (32.77) 2:05.87 (1:09.04)				
	2:30.05 (24.18) 3:00.14 (54.27) 3:25.48 (25.34) 3:53.09 (52.95)				
4	Tide Swimming	A	3:53.16	3:55.16	YNAT
	27.41 58.28 (58.28) 1:28.86 (30.58) 2:04.42 (1:06.14)				
	2:31.13 (26.71) 3:02.14 (57.72) 3:27.12 (24.98) 3:55.16 (53.02)				
5	SwimRVA	A	3:53.68	3:55.20	YNAT
	28.07 57.64 (57.64) 1:28.54 (30.90) 2:03.54 (1:05.90)				
	2:29.88 (26.34) 3:01.31 (57.77) 3:27.04 (25.73) 3:55.20 (53.89)				
6	Tide Swimming	B	3:57.84	3:59.40	YNAT
	29.02 59.59 (59.59) 1:19.04 (19.45) 2:07.75 (1:08.16)				
	2:34.89 (27.14) 3:06.56 (58.81) 3:31.90 (25.34) 3:59.40 (52.84)				
7	Stingrays Swim Team	A	3:53.14	3:59.60	YNAT
	28.64 1:00.19 (1:00.19) 1:31.84 (31.65) 2:10.18 (1:09.99)				
	2:35.01 (24.83) 3:05.81 (55.63) 3:31.35 (25.54) 3:59.60 (53.79)				
8	SwimRVA	B	4:00.10	3:59.83	YNAT
	28.49 58.26 (58.26) 1:30.44 (32.18) 2:07.24 (1:08.98)				
	2:33.57 (26.33) 3:05.26 (58.02) 3:31.56 (26.30) 3:59.83 (54.57)				
9	YMCA of the Triangle Area	A	3:55.21	3:59.90	YNAT
	28.55 59.95 (59.95) 1:19.35 (19.40) 2:07.83 (1:07.88)				
	2:26.99 (19.16) 3:06.06 (58.23) 3:31.93 (25.87) 3:59.90 (53.84)				
10	Cavalier Aquatics - Piedmont Y	B	4:11.89	3:59.95	YNAT
	29.93 1:00.39 (1:00.39) 1:31.83 (31.44) 2:08.16 (1:07.77)				
	2:35.61 (27.45) 3:07.04 (58.88) 3:32.09 (25.05) 3:59.95 (52.91)				
11	The Fish	A	3:54.31	4:00.29	YNAT
	29.54 1:01.42 (1:01.42) 1:32.92 (31.50) 2:09.88 (1:08.46)				
	2:35.63 (25.75) 3:06.10 (56.22) 3:31.91 (25.81) 4:00.29 (54.19)				
12	YMCA of the Triangle Area	B	4:01.49	4:04.47	
	29.39 1:00.71 (1:00.71) 1:32.60 (31.89) 2:08.68 (1:07.97)				
	2:37.11 (28.43) 3:09.71 (1:01.03) 3:35.53 (25.82) 4:04.47 (54.76)				
13	Stingrays Swim Team	B	4:01.74	4:08.76	
	29.75 1:02.17 (1:02.17) 1:35.31 (33.14) 2:14.24 (1:12.07)				
	2:42.32 (28.08) 3:14.24 (1:00.00) 3:40.60 (26.36) 4:08.76 (54.52)				
---	Quest Swimming	B	4:03.20	DQ	
	30.01 1:01.72 (1:01.72) 1:34.63 (32.91) 2:12.29 (1:10.57)				
	2:39.58 (27.29) 3:10.93 (58.64) 3:37.24 (26.31) DQ (55.25)				

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 24 Men 13 & Over 400 Yard Medley Relay

Meet Record: 3:18.49 ! 11/4/2023 Cavalier Aquatics - Piedmont Y CA-Y-VA
D King, M Moore, T Heilman, W Browne
3:23.39 WJR USA-S Winter JRs
3:37.19 YNAT YMCA SCY Nationals

	Team	Relay	Seed Time	Finals Time	
1	Cavalier Aquatics - Piedmont Y	A	3:24.89	3:18.49 !	WJR
	24.14 49.43 (49.43)	1:16.21 (26.78)	1:47.24 (57.81)		
	2:08.20 (20.96) 2:32.86 (45.62)	2:54.71 (21.85)	3:18.49 (45.63)		
2	YMCA of the Triangle Area	A	3:27.07	3:24.94	YNAT
	25.83 52.88 (52.88)	1:17.99 (25.11)	1:46.66 (53.78)		
	2:09.57 (22.91) 2:37.84 (51.18)	3:00.05 (22.21)	3:24.94 (47.10)		
3	Stingrays Swim Team	A	3:25.49	3:30.70	YNAT
	25.41 53.72 (53.72)	1:20.27 (26.55)	1:50.82 (57.10)		
	2:14.96 (24.14) 2:43.77 (52.95)	3:05.93 (22.16)	3:30.70 (46.93)		
4	Lynchburg YMCA	A	3:27.02	3:31.60	YNAT
	26.37 54.06 (54.06)	1:21.97 (27.91)	1:54.31 (1:00.25)		
	2:17.23 (22.92) 2:43.95 (49.64)	3:06.72 (22.77)	3:31.60 (47.65)		
5	SwimRVA	A	3:29.59	3:32.56	YNAT
	25.88 53.37 (53.37)	1:21.32 (27.95)	1:53.03 (59.66)		
	2:17.36 (24.33) 2:46.23 (53.20)	3:08.07 (21.84)	3:32.56 (46.33)		
6	YMCA of the Triangle Area	B	3:31.81	3:33.43	YNAT
	26.06 54.38 (54.38)	1:22.22 (27.84)	1:53.73 (59.35)		
	2:17.69 (23.96) 2:45.56 (51.83)	3:08.21 (22.65)	3:33.43 (47.87)		
7	Battlefiels Area Star Swimmers	A	3:37.38	3:33.52	YNAT
	26.72 54.81 (54.81)	1:21.97 (27.16)	1:53.12 (58.31)		
	2:17.45 (24.33) 2:46.17 (53.05)	3:08.47 (22.30)	3:33.52 (47.35)		
8	SwimRVA	B	3:36.96	3:35.46	YNAT
	25.77 53.13 (53.13)	1:20.86 (27.73)	1:53.62 (1:00.49)		
	2:17.44 (23.82) 2:46.38 (52.76)	3:09.41 (23.03)	3:35.46 (49.08)		
9	The Fish	A	3:40.60	3:37.42	
	24.45 51.31 (51.31)	1:18.59 (27.28)	1:51.48 (1:00.17)		
	2:17.81 (26.33) 2:48.26 (56.78)	3:11.62 (23.36)	3:37.42 (49.16)		
10	Cavalier Aquatics - Piedmont Y	B	3:32.89	3:39.69	
	26.77 55.18 (55.18)	1:24.48 (29.30)	1:58.15 (1:02.97)		
	2:22.57 (24.42) 2:51.33 (53.18)	3:14.42 (23.09)	3:39.69 (48.36)		
11	Quest Swimming	A	3:41.56	3:41.56	
	25.60 53.62 (53.62)	1:22.13 (28.51)	1:55.61 (1:01.99)		
	2:21.62 (26.01) 2:51.87 (56.26)	3:15.20 (23.33)	3:41.56 (49.69)		
12	Lynchburg YMCA	B	3:37.52	3:46.04	
	27.11 55.78 (55.78)	1:25.82 (30.04)	1:59.96 (1:04.18)		
	2:25.99 (26.03) 2:56.26 (56.30)	3:20.16 (23.90)	3:46.04 (49.78)		
13	Stingrays Swim Team	B	3:40.20	3:46.32	
	26.90 55.56 (55.56)	1:24.72 (29.16)	1:59.38 (1:03.82)		
	2:25.43 (26.05) 2:56.84 (57.46)	3:20.46 (23.62)	3:46.32 (49.48)		
14	Quest Swimming	B	3:46.20	3:48.97	
	27.32 56.20 (56.20)	1:26.72 (30.52)	2:01.50 (1:05.30)		
	2:27.11 (25.61) 2:58.14 (56.64)	3:22.77 (24.63)	3:48.97 (50.83)		
15	Battlefiels Area Star Swimmers	B	4:03.37	4:08.88	
	28.10 57.78 (57.78)	1:29.81 (32.03)	2:06.59 (1:08.81)		
	2:36.60 (30.01) 3:10.36 (1:03.77)	3:38.19 (27.83)	4:08.88 (58.52)		
---	Tide Swimming	A	3:26.74	DQ	
	24.36 51.67 (51.67)	1:11.05 (19.38)	1:51.17 (59.50)		
	2:15.34 (24.17) 2:42.94 (51.77)	3:05.62 (22.68)	DQ (47.49)		

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

(Event 24 Men 13 & Over 400 Yard Medley Relay)

	Team	Relay	Seed Time	Finals Time
---	Tide Swimming	B	3:32.92	DQ
	25.45	52.74 (52.74)	1:21.88 (29.14)	1:55.12 (1:02.38)
	2:19.64 (24.52)	2:47.93 (52.81)	3:10.34 (22.41)	DQ (47.43)

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 25 Women 13 & Over 200 Yard Medley Relay

Meet Record: 1:45.11 ! 11/6/2022 Cavalier Aquatics/Piedmont YMC Caval
J Addison, S Czirjak, E Osada, M Thomas
1:50.99 YNAT YMCA SCY Nationals

	Team	Relay	Seed Time	Finals Time	
1	Cavalier Aquatics - Piedmont Y	A	1:47.89	1:46.16	YNAT
	27.02	56.40 (29.38)	1:22.04 (25.64)	1:46.16 (24.12)	
2	Tide Swimming	A	1:48.73	1:46.79	YNAT
	26.69	56.54 (29.85)	1:23.25 (26.71)	1:46.79 (23.54)	
3	Quest Swimming	A	1:47.13	1:46.88	YNAT
	26.57	57.99 (31.42)	1:23.45 (25.46)	1:46.88 (23.43)	
4	SwimRVA	A	1:47.90	1:47.33	YNAT
	26.84	57.14 (30.30)	1:23.19 (26.05)	1:47.33 (24.14)	
5	Battlefiels Area Star Swimmers	A	1:50.54	1:48.39	YNAT
	25.98	58.27 (32.29)	1:23.45 (25.18)	1:48.39 (24.94)	
6	YMCA of the Triangle Area	A	1:47.71	1:48.72	YNAT
	27.45	58.15 (30.70)	1:24.57 (26.42)	1:48.72 (24.15)	
7	The Fish	A	1:49.95	1:48.77	YNAT
	27.72	56.83 (29.11)	1:23.83 (27.00)	1:48.77 (24.94)	
8	Tide Swimming	B	1:51.00	1:48.97	YNAT
	28.42	58.87 (30.45)	1:25.04 (26.17)	1:48.97 (23.93)	
9	Stingrays Swim Team	A	1:48.97	1:50.72	YNAT
	27.40	59.23 (31.83)	1:25.46 (26.23)	1:50.72 (25.26)	
10	Cavalier Aquatics - Piedmont Y	B	1:54.89	1:51.75	
	28.99	1:00.74 (31.75)	1:27.43 (26.69)	1:51.75 (24.32)	
11	SwimRVA	B	1:54.15	1:52.13	
	29.00	1:01.00 (32.00)	1:27.48 (26.48)	1:52.13 (24.65)	
12	YMCA of the Triangle Area	B	1:48.51	1:52.37	
	28.29	1:00.04 (31.75)	1:27.63 (27.59)	1:52.37 (24.74)	
13	Stingrays Swim Team	B	1:55.03	1:52.66	
	28.52	1:00.05 (31.53)	1:27.47 (27.42)	1:52.66 (25.19)	
14	Quest Swimming	B	1:51.97	1:53.44	
	28.89	1:01.20 (32.31)	1:27.64 (26.44)	1:53.44 (25.80)	
15	Battlefiels Area Star Swimmers	B	2:01.40	2:00.06	
	30.97	1:05.40 (34.43)	1:34.05 (28.65)	2:00.06 (26.01)	

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Results

Event 26 Men 13 & Over 200 Yard Medley Relay

Meet Record: 1:29.93 ! 11/5/2023 Cavalier Aquatics - Piedmont Y CA-Y-VA

D King, M Moore, T Heilman, W Browne

1:39.79 YNAT YMCA SCY Nationals

	Team	Relay	Seed Time	Finals Time	
1	Cavalier Aquatics - Piedmont Y	A	1:33.89	1:29.93 !	YNAT
	22.93	48.89 (25.96)	1:09.24 (20.35)	1:29.93 (20.69)	
2	SwimRVA	A	1:37.87	1:34.24	YNAT
	24.71	51.60 (26.89)	1:13.65 (22.05)	1:34.24 (20.59)	
3	YMCA of the Triangle Area	A	1:37.88	1:34.79	YNAT
	25.32	50.86 (25.54)	1:13.93 (23.07)	1:34.79 (20.86)	
4	Tide Swimming	A	1:36.50	1:35.56	YNAT
	23.77	50.81 (27.04)	1:14.31 (23.50)	1:35.56 (21.25)	
5	Lynchburg YMCA	A	1:42.81	1:37.03	YNAT
	25.07	52.92 (27.85)	1:15.36 (22.44)	1:37.03 (21.67)	
6	YMCA of the Triangle Area	B	1:40.36	1:37.58	YNAT
	24.87	52.13 (27.26)	1:15.55 (23.42)	1:37.58 (22.03)	
7	SwimRVA	B	1:41.50	1:37.65	YNAT
	24.76	52.59 (27.83)	1:15.40 (22.81)	1:37.65 (22.25)	
8	Cavalier Aquatics - Piedmont Y	B	1:53.89	1:38.32	YNAT
	25.11	53.40 (28.29)	1:16.78 (23.38)	1:38.32 (21.54)	
9	Stingrays Swim Team	A	1:32.06	1:38.78	YNAT
	26.62	53.12 (26.50)	1:17.43 (24.31)	1:38.78 (21.35)	
10	Battlefiels Area Star Swimmers	A	1:42.97	1:39.64	YNAT
	26.18	53.40 (27.22)	1:17.73 (24.33)	1:39.64 (21.91)	
11	Tide Swimming	B	1:38.50	1:39.73	YNAT
	24.68	53.91 (29.23)	1:17.75 (23.84)	1:39.73 (21.98)	
12	The Fish	A	1:42.90	1:40.44	
	23.40	52.91 (29.51)	1:18.00 (25.09)	1:40.44 (22.44)	
13	Quest Swimming	A	1:41.68	1:40.78	
	24.68	53.49 (28.81)	1:18.51 (25.02)	1:40.78 (22.27)	
14	Woodberry Forest Swimming	A	1:40.33	1:41.23	
	23.74	51.27 (27.53)	1:16.07 (24.80)	1:41.23 (25.16)	
15	Quest Swimming	B	1:46.87	1:43.68	
	25.71	56.00 (30.29)	1:20.82 (24.82)	1:43.68 (22.86)	
16	Lynchburg YMCA	B	1:48.45	1:43.86	
	26.61	56.30 (29.69)	1:21.38 (25.08)	1:43.86 (22.48)	
17	Stingrays Swim Team	B	1:45.00	1:44.40	
	27.43	56.58 (29.15)	1:21.17 (24.59)	1:44.40 (23.23)	

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 27 Women 13 & Over 200 Yard Backstroke

Meet Record: **1:59.85 ! 11/6/2022 Grey Davis BASS-VA**
1:59.39 WJR USA-S Winter JRs
2:04.19 FUT USA-S Futures
2:07.59 YNAT YMCA SCY Nationals
2:12.29 VSR VSI SR Champs

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	Redman, Emma	17	The Fish	2:01.25	2:00.27	FUT
	28.00	58.46 (30.46)	1:29.82 (31.36)	2:00.27 (30.45)		
2	Davis, Grey	17	Battlefiels Area Star Swimmers	2:04.51	2:01.35	FUT
	27.75	58.80 (31.05)	1:30.34 (31.54)	2:01.35 (31.01)		
3	Callis, Emerson	15	Quest Swimming	2:03.25	2:02.80	FUT
	29.14	1:00.56 (31.42)	1:31.91 (31.35)	2:02.80 (30.89)		
4	Mierenfeld, Ellie	15	SwimRVA	2:05.37	2:03.92	FUT
	29.11	1:00.45 (31.34)	1:32.42 (31.97)	2:03.92 (31.50)		
5	Vernon, Allison	15	Quest Swimming	2:07.71	2:04.78	YNAT
	29.70	1:00.82 (31.12)	1:32.94 (32.12)	2:04.78 (31.84)		
6	Wright, Margaret Ann	15	Tide Swimming	2:06.67	2:06.99	YNAT
	30.15	1:02.42 (32.27)	1:35.00 (32.58)	2:06.99 (31.99)		
7	Sherman, Lila	14	The Fish	2:04.67	2:07.22	YNAT
	28.49	1:00.84 (32.35)	1:34.71 (33.87)	2:07.22 (32.51)		
8	Canada, Raegan	16	Quest Swimming	2:04.77	2:10.33	VSR
	30.42	1:03.26 (32.84)	1:36.72 (33.46)	2:10.33 (33.61)		
B - Final						
9	Czirjak, Sara	16	Cavalier Aquatics - Piedmont Y	2:08.07	2:04.27	YNAT
	30.08	1:01.65 (31.57)	1:33.35 (31.70)	2:04.27 (30.92)		
10	Kang, Sarah	17	SwimRVA	2:08.58	2:05.75	YNAT
	29.97	1:01.64 (31.67)	1:33.60 (31.96)	2:05.75 (32.15)		
11	Meyer, Amelie	14	Cavalier Aquatics - Piedmont Y	2:09.67	2:07.17	YNAT
	29.97	1:02.70 (32.73)	1:35.26 (32.56)	2:07.17 (31.91)		
12	Price, Piper	16	SwimRVA	2:09.10	2:09.52	VSR
	30.66	1:02.80 (32.14)	1:35.91 (33.11)	2:09.52 (33.61)		
13	Zimmer, Emily	16	Quest Swimming	2:09.29	2:09.88	VSR
	30.80	1:04.09 (33.29)	1:37.80 (33.71)	2:09.88 (32.08)		
14	Eberle, Layla	15	Tide Swimming	2:10.50	2:10.33	VSR
	31.22	1:03.81 (32.59)	1:37.16 (33.35)	2:10.33 (33.17)		
15	Perry, Sophie	16	YMCA of the Triangle Area	2:10.45	2:10.35	VSR
	31.36	1:04.62 (33.26)	1:37.88 (33.26)	2:10.35 (32.47)		
16	Sivak, Audrey	16	Quest Swimming	2:10.49	2:11.83	VSR
	30.81	1:03.96 (33.15)	1:37.93 (33.97)	2:11.83 (33.90)		
C - Final						
17	Kaufman, Sidney	16	SwimRVA	2:10.64	2:08.18	VSR
	29.54	1:02.31 (32.77)	1:35.62 (33.31)	2:08.18 (32.56)		
18	Lerch, Savannah	13	Stingrays Swim Team	2:11.50	2:10.30	VSR
	30.50	1:03.31 (32.81)	1:36.71 (33.40)	2:10.30 (33.59)		
19	Osada, Elizabeth	15	Cavalier Aquatics - Piedmont Y	2:12.60	2:10.68	VSR
	30.71	1:03.54 (32.83)	1:37.01 (33.47)	2:10.68 (33.67)		
20	King, Sedona	13	Cavalier Aquatics - Piedmont Y	2:11.52	2:13.08	
	31.49	1:05.02 (33.53)	1:39.70 (34.68)	2:13.08 (33.38)		
21	Grabowski, Arielle	16	Stingrays Swim Team	2:11.82	2:13.34	
	30.80	1:04.68 (33.88)	1:38.89 (34.21)	2:13.34 (34.45)		
22	Strickland, Virginia	14	The Fish	2:11.23	2:14.93	
	32.03	1:06.09 (34.06)	1:40.64 (34.55)	2:14.93 (34.29)		

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Results

C - Final ... (Event 27 Women 13 & Over 200 Yard Backstroke)

	Name	Age	Team	Prelim Time	Finals Time	
23	Ix, Sara	17	Quest Swimming	2:11.39	2:15.38	
	31.00	1:05.08 (34.08)	1:40.01 (34.93)	2:15.38 (35.37)		
24	Nicholson, Lucille	16	Cavalier Aquatics - Piedmont Y	2:12.84	2:16.75	
	31.65	1:06.53 (34.88)	1:41.87 (35.34)	2:16.75 (34.88)		

D - Final

25	Smithson, Parker	14	Quest Swimming	2:12.99	2:10.12	VSR
	30.51	1:03.11 (32.60)	1:36.60 (33.49)	2:10.12 (33.52)		
26	Eddy, Ava	14	Stingrays Swim Team	2:13.34	2:11.26	VSR
	30.51	1:03.95 (33.44)	1:38.05 (34.10)	2:11.26 (33.21)		
27	Holt, Ann-Margaret	14	Lynchburg YMCA	2:18.52	2:15.62	
	32.64	1:06.74 (34.10)	1:41.53 (34.79)	2:15.62 (34.09)		
28	Baker, Haley	13	SwimRVA	2:15.43	2:15.69	
	32.48	1:07.35 (34.87)	1:42.46 (35.11)	2:15.69 (33.23)		
29	Christopherson, Virginia	14	YMCA of the Triangle Area	2:14.07	2:16.01	
	31.34	1:05.30 (33.96)	1:40.61 (35.31)	2:16.01 (35.40)		
30	Woodruff, Taylor	13	Lynchburg YMCA	2:15.99	2:17.05	
	31.88	1:07.89 (36.01)	1:43.18 (35.29)	2:17.05 (33.87)		
31	Keith, Ashlyn	13	SwimRVA	2:14.53	2:17.20	
	33.21	1:08.84 (35.63)	1:44.43 (35.59)	2:17.20 (32.77)		
32	Nicholson, Samantha	14	Cavalier Aquatics - Piedmont Y	2:16.52	2:17.53	
	32.58	1:07.69 (35.11)	1:43.46 (35.77)	2:17.53 (34.07)		

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 27 Women 13 & Over 200 Yard Backstroke

Meet Record: **1:59.85 ! 11/6/2022 Grey Davis BASS-VA**
1:59.39 WJR USA-S Winter JRs
2:04.19 FUT USA-S Futures
2:07.59 YNAT YMCA SCY Nationals
2:12.29 VSR VSI SR Champs

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Redman, Emma	17	The Fish	1:59.52	2:01.25	qFUT
	28.78	59.11 (30.33)	1:30.44 (31.33)	2:01.25 (30.81)		
2	Callis, Emerson	15	Quest Swimming	2:03.10	2:03.25	qFUT
	29.83	1:01.40 (31.57)	1:32.69 (31.29)	2:03.25 (30.56)		
3	Davis, Grey	17	Battlefiels Area Star Swimmers	1:59.55	2:04.51	qYNAT
	28.61	1:00.00 (31.39)	1:32.45 (32.45)	2:04.51 (32.06)		
4	Sherman, Lila	14	The Fish	2:04.86	2:04.67	qYNAT
	29.24	1:00.76 (31.52)	1:33.21 (32.45)	2:04.67 (31.46)		
5	Canada, Raegan	16	Quest Swimming	2:04.35	2:04.77	qYNAT
	30.54	1:02.44 (31.90)	1:33.62 (31.18)	2:04.77 (31.15)		
6	Mierenfeld, Ellie	15	SwimRVA	2:07.29	2:05.37	qYNAT
	29.51	1:01.20 (31.69)	1:33.55 (32.35)	2:05.37 (31.82)		
7	Wright, Margaret Ann	15	Tide Swimming	2:06.89	2:06.67	qYNAT
	30.51	1:02.56 (32.05)	1:34.64 (32.08)	2:06.67 (32.03)		
8	Duffy, Kayleigh	18	Tide Swimming	2:07.97	2:07.34	qYNAT
	29.30	1:01.46 (32.16)	1:34.40 (32.94)	2:07.34 (32.94)		
9	Vernon, Allison	15	Quest Swimming	2:03.65	2:07.71	qVSR
	30.57	1:02.82 (32.25)	1:35.68 (32.86)	2:07.71 (32.03)		
10	Czirjak, Sara	16	Cavalier Aquatics - Piedmont Y	2:07.35	2:08.07	qVSR
	30.45	1:02.55 (32.10)	1:35.59 (33.04)	2:08.07 (32.48)		
11	Kang, Sarah	17	SwimRVA	2:06.03	2:08.58	qVSR
	30.51	1:03.16 (32.65)	1:35.95 (32.79)	2:08.58 (32.63)		
12	Price, Piper	16	SwimRVA	2:05.23	2:09.10	qVSR
	30.71	1:02.93 (32.22)	1:35.72 (32.79)	2:09.10 (33.38)		
13	Kohler, Sofia	17	Tide Swimming	2:06.26	2:09.15	qVSR
	30.60	1:03.00 (32.40)	1:36.18 (33.18)	2:09.15 (32.97)		
14	Gray, Lauren	16	Tide Swimming	2:08.29	2:09.16	qVSR
	30.53	1:02.65 (32.12)	1:35.62 (32.97)	2:09.16 (33.54)		
15	Zimmer, Emily	16	Quest Swimming	2:11.52	2:09.29	qVSR
	30.87	1:03.56 (32.69)	1:36.47 (32.91)	2:09.29 (32.82)		
16	Meyer, Amelie	14	Cavalier Aquatics - Piedmont Y	2:07.06	2:09.67	qVSR
	30.11	1:02.62 (32.51)	1:36.34 (33.72)	2:09.67 (33.33)		
17	Perry, Sophie	16	YMCA of the Triangle Area	2:06.75	2:10.45	qVSR
	31.16	1:04.08 (32.92)	1:37.19 (33.11)	2:10.45 (33.26)		
18	Sivak, Audrey	16	Quest Swimming	2:11.12	2:10.49	qVSR
	31.24	1:03.91 (32.67)	1:37.09 (33.18)	2:10.49 (33.40)		
19	Eberle, Layla	15	Tide Swimming	2:10.84	2:10.50	qVSR
	31.53	1:04.53 (33.00)	1:37.56 (33.03)	2:10.50 (32.94)		
20	Kaufman, Sidney	16	SwimRVA	NT	2:10.64	qVSR
	29.66	1:02.64 (32.98)	1:36.88 (34.24)	2:10.64 (33.76)		
21	Mithqal, Mariam	17	Cavalier Aquatics - Piedmont Y	2:09.63	2:10.87	qVSR
	31.23	1:04.30 (33.07)	1:37.39 (33.09)	2:10.87 (33.48)		
22	Strickland, Virginia	14	The Fish	2:10.13	2:11.23	qVSR
	31.54	1:04.50 (32.96)	1:37.89 (33.39)	2:11.23 (33.34)		
23	Ix, Sara	17	Quest Swimming	2:13.66	2:11.39	qVSR
	30.99	1:04.04 (33.05)	1:37.49 (33.45)	2:11.39 (33.90)		

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 27 Women 13 & Over 200 Yard Backstroke)

	Name	Age	Team	Seed Time	Prelim Time	
24	Lerch, Savannah	13	Stingrays Swim Team	2:12.82	2:11.50	qVSR
	30.51	1:03.44 (32.93)	1:37.33 (33.89)	2:11.50 (34.17)		
25	King, Sedona	13	Cavalier Aquatics - Piedmont Y	2:10.63	2:11.52	qVSR
	31.19	1:04.79 (33.60)	1:39.04 (34.25)	2:11.52 (32.48)		
26	Grabowski, Arielle	16	Stingrays Swim Team	2:16.18	2:11.82	qVSR
	31.34	1:05.32 (33.98)	1:38.76 (33.44)	2:11.82 (33.06)		
27	Osada, Elizabeth	15	Cavalier Aquatics - Piedmont Y	2:13.00	2:12.60	q
	31.12	1:04.47 (33.35)	1:38.64 (34.17)	2:12.60 (33.96)		
28	Nicholson, Lucille	16	Cavalier Aquatics - Piedmont Y	2:11.39	2:12.84	q
	30.70	1:03.81 (33.11)	1:38.29 (34.48)	2:12.84 (34.55)		
29	Smithson, Parker	14	Quest Swimming	2:13.60	2:12.99	q
	32.11	1:05.70 (33.59)	1:39.57 (33.87)	2:12.99 (33.42)		
30	Eddy, Ava	14	Stingrays Swim Team	2:13.04	2:13.34	q
	31.59	1:05.27 (33.68)	1:39.82 (34.55)	2:13.34 (33.52)		
31	Twigg, Madelynn	18	Winchester Swim Team	2:10.34	2:13.37	q
	31.27	1:05.03 (33.76)	1:39.45 (34.42)	2:13.37 (33.92)		
32	Christopherson, Virginia	14	YMCA of the Triangle Area	2:20.80	2:14.07	q
	31.45	1:05.09 (33.64)	1:39.46 (34.37)	2:14.07 (34.61)		
33	Barrett, Calista	15	Stingrays Swim Team	2:13.36	2:14.09	
	31.19	1:04.70 (33.51)	1:39.20 (34.50)	2:14.09 (34.89)		
34	Keith, Ashlyn	13	SwimRVA	2:10.26	2:14.53	
	32.92	1:08.29 (35.37)	1:42.12 (33.83)	2:14.53 (32.41)		
*35	Lundeberg, Ilsa	17	Quest Swimming	2:16.00	2:15.42	
	32.77	1:07.15 (34.38)	1:41.62 (34.47)	2:15.42 (33.80)		
*35	Rawlins, Sohalya	16	Tide Swimming	2:11.47	2:15.42	
	32.35	1:06.39 (34.04)	1:41.07 (34.68)	2:15.42 (34.35)		
37	Baker, Haley	13	SwimRVA	2:12.47	2:15.43	
	32.44	1:07.07 (34.63)	1:41.56 (34.49)	2:15.43 (33.87)		
38	Woodruff, Taylor	13	Lynchburg YMCA	2:18.17	2:15.99	
	32.39	1:07.01 (34.62)	1:42.05 (35.04)	2:15.99 (33.94)		
39	Gentile, Morgan	17	YMCA of the Triangle Area	2:14.15	2:16.12	
	32.81	1:07.32 (34.51)	1:41.55 (34.23)	2:16.12 (34.57)		
*40	Derrico, Campbell	15	SwimRVA	2:11.34	2:16.45	
	31.59	1:05.70 (34.11)	1:40.89 (35.19)	2:16.45 (35.56)		
*40	Miller, Molly	16	Stingrays Swim Team	2:07.19	2:16.45	
	30.67	1:04.58 (33.91)	1:40.28 (35.70)	2:16.45 (36.17)		
42	Nicholson, Samantha	14	Cavalier Aquatics - Piedmont Y	2:20.76	2:16.52	
	33.00	1:07.59 (34.59)	1:42.57 (34.98)	2:16.52 (33.95)		
43	Schwartz, Cameron	16	SwimRVA	2:10.25	2:16.80	
	31.58	1:05.91 (34.33)	1:41.34 (35.43)	2:16.80 (35.46)		
44	Granger, Bermuda	18	Tide Swimming	2:15.26	2:17.86	
	32.07	1:07.10 (35.03)	1:42.18 (35.08)	2:17.86 (35.68)		
45	Holt, Ann-Margaret	14	Lynchburg YMCA	2:16.39	2:18.52	
	32.95	1:08.01 (35.06)	1:43.49 (35.48)	2:18.52 (35.03)		
46	Sheehan, Kate	15	The Fish	2:20.01	2:18.60	
	32.26	1:06.96 (34.70)	1:42.45 (35.49)	2:18.60 (36.15)		
47	Timmons, Madeline	17	Tide Swimming	2:17.58	2:19.34	
	33.10	1:09.00 (35.90)	1:44.79 (35.79)	2:19.34 (34.55)		
48	Witthoefft, Charlotte	15	Quest Swimming	2:13.93	2:19.63	
	33.14	1:08.28 (35.14)	1:44.21 (35.93)	2:19.63 (35.42)		
49	Bryant, Maeve	17	Quest Swimming	2:14.82	2:19.79	
	33.07	1:08.19 (35.12)	1:44.02 (35.83)	2:19.79 (35.77)		

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 27 Women 13 & Over 200 Yard Backstroke)

	Name	Age	Team	Seed Time	Prelim Time
50	Marcussen, Lise	17	Tide Swimming	2:15.40	2:20.65
	32.34	1:07.52 (35.18)	1:44.45 (36.93)	2:20.65 (36.20)	
51	Temple, Peyton	14	SwimRVA	2:18.65	2:21.04
	32.95	1:09.43 (36.48)	1:45.72 (36.29)	2:21.04 (35.32)	
52	Scott, Bentley	15	YMCA of the Triangle Area	2:25.54	2:22.08
	34.47	1:09.95 (35.48)	1:46.10 (36.15)	2:22.08 (35.98)	
53	Miller, Evie	15	Stingrays Swim Team	2:13.20	2:22.30
	32.40	1:07.66 (35.26)	1:44.99 (37.33)	2:22.30 (37.31)	
54	Wright, Ava	17	YMCA of the Triangle Area	2:18.14	2:22.69
	34.14	1:10.15 (36.01)	1:46.97 (36.82)	2:22.69 (35.72)	
55	Walker, Madison	14	SwimRVA	2:21.15	2:22.86
	33.42	1:09.53 (36.11)	1:46.70 (37.17)	2:22.86 (36.16)	
56	Muhlenkamp, Addison	16	Stingrays Swim Team	2:10.66	2:23.44
	32.92	1:08.61 (35.69)	1:45.85 (37.24)	2:23.44 (37.59)	
57	Bentley, Grace	17	Eastern Shore YMCA	2:18.09	2:23.53
	32.90	1:09.16 (36.26)	1:46.80 (37.64)	2:23.53 (36.73)	
58	Cheng, Helen	16	YMCA of the Triangle Area	2:22.06	2:23.80
	33.94	1:10.21 (36.27)	1:46.62 (36.41)	2:23.80 (37.18)	
59	VanderBroek, Allie	17	YMCA of the Triangle Area	2:26.20	2:24.15
	34.83	1:11.04 (36.21)	1:48.13 (37.09)	2:24.15 (36.02)	
60	Mason, Ansley	14	YMCA of the Triangle Area	2:23.77	2:24.28
	33.76	1:10.08 (36.32)	1:47.12 (37.04)	2:24.28 (37.16)	
61	Lange, Campbell	13	YMCA of the Triangle Area	2:25.03	2:24.54
	33.75	1:10.22 (36.47)	1:48.04 (37.82)	2:24.54 (36.50)	
62	Trovero, Valentina	13	YMCA of the Triangle Area	2:41.93	2:24.61
	34.33	1:10.34 (36.01)	1:47.61 (37.27)	2:24.61 (37.00)	
63	Zhu, Emily	15	Cavalier Aquatics - Piedmont Y	2:22.88	2:24.78
	33.05	1:09.58 (36.53)	1:47.41 (37.83)	2:24.78 (37.37)	
64	Ilina, Paulina	16	Stingrays Swim Team	2:30.07	2:26.58
	35.38	1:12.28 (36.90)	1:49.62 (37.34)	2:26.58 (36.96)	
65	Baraceros, Kamille	17	Quest Swimming	2:18.87	2:27.59
	33.56	1:10.45 (36.89)	1:49.00 (38.55)	2:27.59 (38.59)	
66	Ruppert, Madelynn	13	Quest Swimming	2:41.44	2:39.61
	37.92	1:18.24 (40.32)	1:58.88 (40.64)	2:39.61 (40.73)	
---	McCardle, Grace	17	Battlefiels Area Star Swimmers	2:03.52	DFS

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 28 Men 13 & Over 200 Yard Backstroke

Meet Record: **1:47.22 ! 11/5/2023 David King CA-Y-VA**
1:48.29 WJR USA-S Winter JRs
1:52.79 FUT USA-S Futures
1:56.59 YNAT YMCA SCY Nationals
2:01.19 VSR VSI SR Champs

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	King, David	18	Cavalier Aquatics - Piedmont Y	1:47.22	1:43.97 !	WJR
	24.21	50.69 (26.48)	1:17.69 (27.00)	1:43.97 (26.28)		
2	Heilman, Thomas	16	Cavalier Aquatics - Piedmont Y	1:49.39	1:47.32	WJR
	25.06	52.42 (27.36)	1:20.08 (27.66)	1:47.32 (27.24)		
3	Hoban, Owen	17	Stingrays Swim Team	1:49.73	1:50.14	FUT
	25.75	53.03 (27.28)	1:21.61 (28.58)	1:50.14 (28.53)		
4	Warnagiris, Joseph	16	Winchester Swim Team	1:51.16	1:50.85	FUT
	25.96	54.30 (28.34)	1:23.03 (28.73)	1:50.85 (27.82)		
5	West, Ryan	17	YMCA of the Triangle Area	1:54.79	1:54.09	YNAT
	27.05	55.85 (28.80)	1:25.08 (29.23)	1:54.09 (29.01)		
6	Gordon, Jerry	18	Lynchburg YMCA	1:57.22	1:56.70	VSR
	26.84	55.86 (29.02)	1:26.45 (30.59)	1:56.70 (30.25)		
7	Goad, Zachary	16	Quest Swimming	1:57.82	1:58.34	VSR
	27.57	57.12 (29.55)	1:27.50 (30.38)	1:58.34 (30.84)		
8	Charlton, William	15	Cavalier Aquatics - Piedmont Y	1:56.13	1:59.81	VSR
	27.47	57.83 (30.36)	1:29.08 (31.25)	1:59.81 (30.73)		
B - Final						
9	King, Brayden	16	Cavalier Aquatics - Piedmont Y	1:59.34	1:56.15	YNAT
	27.94	57.45 (29.51)	1:27.01 (29.56)	1:56.15 (29.14)		
10	Sanchez, Luca	14	The Fish	2:00.35	1:59.63	VSR
	27.74	58.23 (30.49)	1:29.13 (30.90)	1:59.63 (30.50)		
11	Burnett, Edward	16	SwimRVA	2:01.29	1:59.78	VSR
	28.01	58.00 (29.99)	1:28.98 (30.98)	1:59.78 (30.80)		
12	Webster, Andrew	17	Quest Swimming	2:02.59	2:00.37	VSR
	29.38	59.60 (30.22)	1:30.23 (30.63)	2:00.37 (30.14)		
13	Edmondson, Eli	16	YMCA of the Triangle Area	2:01.14	2:01.45	
	29.01	59.83 (30.82)	1:30.61 (30.78)	2:01.45 (30.84)		
14	Craig, Crawford	15	SwimRVA	2:02.68	2:01.49	
	28.43	59.51 (31.08)	1:31.70 (32.19)	2:01.49 (29.79)		
15	Cullaty, John	15	Cavalier Aquatics - Piedmont Y	2:02.21	2:02.69	
	29.07	1:00.33 (31.26)	1:31.51 (31.18)	2:02.69 (31.18)		
---	Salpeter, Troy	15	Tide Swimming	2:02.47	DQ	
	28.70	1:00.29 (31.59)	1:32.90 (32.61)	DQ (33.43)		
C - Final						
17	Brooks, Henry	16	SwimRVA	2:03.26	1:58.81	VSR
	28.30	58.94 (30.64)	1:29.08 (30.14)	1:58.81 (29.73)		
18	Lajoie, Benjamin	16	YMCA of the Triangle Area	2:02.89	2:00.25	VSR
	29.08	59.44 (30.36)	1:30.45 (31.01)	2:00.25 (29.80)		
19	Hottle, Davis	16	Lynchburg YMCA	2:04.44	2:02.49	
	28.51	59.16 (30.65)	1:31.11 (31.95)	2:02.49 (31.38)		
20	Ferreira, Lucas	18	YMCA of the Triangle Area	2:04.34	2:03.46	
	29.19	1:00.71 (31.52)	1:32.50 (31.79)	2:03.46 (30.96)		
21	McCarthy, Connor	16	Quest Swimming	2:04.68	2:03.57	
	28.64	1:00.18 (31.54)	1:31.42 (31.24)	2:03.57 (32.15)		
22	Gajowski, John	15	YMCA of the Triangle Area	2:03.45	2:04.24	
	29.59	1:01.09 (31.50)	1:32.95 (31.86)	2:04.24 (31.29)		

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Results

C - Final ... (Event 28 Men 13 & Over 200 Yard Backstroke)

	Name	Age	Team	Prelim Time	Finals Time
23	White, John	16	YMCA of the Triangle Area	2:03.59	2:04.78
	28.28	59.33 (31.05)	1:31.84 (32.51)	2:04.78 (32.94)	

D - Final

25	Greer, Ayden	13	SwimRVA	2:07.89	2:04.56
	29.40	1:01.49 (32.09)	1:33.76 (32.27)	2:04.56 (30.80)	
26	Suggs DeSorbo, Matthew	14	Cavalier Aquatics - Piedmont Y	2:08.80	2:04.96
	30.12	1:02.29 (32.17)	1:34.07 (31.78)	2:04.96 (30.89)	
27	Charlton, Benjamin	13	Cavalier Aquatics - Piedmont Y	2:09.66	2:06.97
	29.62	1:01.81 (32.19)	1:35.06 (33.25)	2:06.97 (31.91)	

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 28 Men 13 & Over 200 Yard Backstroke

Meet Record: **1:47.22 ! 11/5/2023 David King CA-Y-VA**
1:48.29 WJR USA-S Winter JRs
1:52.79 FUT USA-S Futures
1:56.59 YNAT YMCA SCY Nationals
2:01.19 VSR VSI SR Champs

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	King, David	18	Cavalier Aquatics - Piedmont Y	1:42.89	1:47.22 !	qWJR
	25.19	52.45 (27.26)	1:19.94 (27.49)	1:47.22 (27.28)		
2	Heilman, Thomas	16	Cavalier Aquatics - Piedmont Y	1:51.22	1:49.39	qFUT
	25.18	52.82 (27.64)	1:21.14 (28.32)	1:49.39 (28.25)		
3	Hoban, Owen	17	Stingrays Swim Team	1:49.70	1:49.73	qFUT
	26.21	54.17 (27.96)	1:22.47 (28.30)	1:49.73 (27.26)		
4	Leachman, Scott	16	Woodberry Forest Swimming	1:53.02	1:50.96	qFUT
	25.93	54.12 (28.19)	1:22.57 (28.45)	1:50.96 (28.39)		
5	Warnagiris, Joseph	16	Winchester Swim Team	1:52.10	1:51.16	qFUT
	26.05	54.10 (28.05)	1:23.14 (29.04)	1:51.16 (28.02)		
6	Lineberry, Alexander	18	Tide Swimming	1:52.56	1:53.55	qYNAT
	26.00	54.59 (28.59)	1:23.73 (29.14)	1:53.55 (29.82)		
7	West, Ryan	17	YMCA of the Triangle Area	1:53.88	1:54.79	qYNAT
	27.17	56.30 (29.13)	1:25.87 (29.57)	1:54.79 (28.92)		
8	Charlton, William	15	Cavalier Aquatics - Piedmont Y	1:53.78	1:56.13	qYNAT
	27.64	56.86 (29.22)	1:26.79 (29.93)	1:56.13 (29.34)		
9	Knapp, Parker	15	Tide Swimming	1:53.32	1:56.53	qYNAT
	27.42	56.98 (29.56)	1:26.93 (29.95)	1:56.53 (29.60)		
10	Gordon, Jerry	18	Lynchburg YMCA	1:55.80	1:57.22	qVSR
	26.74	55.81 (29.07)	1:26.71 (30.90)	1:57.22 (30.51)		
11	Wilkerson, Chase	15	Tide Swimming	1:53.45	1:57.26	qVSR
	28.10	57.98 (29.88)	1:27.78 (29.80)	1:57.26 (29.48)		
12	Goad, Zachary	16	Quest Swimming	1:59.29	1:57.82	qVSR
	27.74	58.13 (30.39)	1:27.92 (29.79)	1:57.82 (29.90)		
13	Hu, Charles	17	The Fish	2:00.23	1:58.10	qVSR
	27.12	57.24 (30.12)	1:28.09 (30.85)	1:58.10 (30.01)		
14	King, Brayden	16	Cavalier Aquatics - Piedmont Y	2:01.93	1:59.34	qVSR
	28.61	58.79 (30.18)	1:29.14 (30.35)	1:59.34 (30.20)		
15	Sanchez, Luca	14	The Fish	1:59.76	2:00.35	qVSR
	27.46	57.82 (30.36)	1:29.03 (31.21)	2:00.35 (31.32)		
16	Edmondson, Eli	16	YMCA of the Triangle Area	2:04.11	2:01.14	qVSR
	29.09	1:00.54 (31.45)	1:31.17 (30.63)	2:01.14 (29.97)		
17	Burnett, Edward	16	SwimRVA	2:02.90	2:01.29	q
	28.56	58.83 (30.27)	1:30.05 (31.22)	2:01.29 (31.24)		
18	Xu, George	16	Lynchburg YMCA	1:59.94	2:01.36	q
	28.79	59.08 (30.29)	1:30.15 (31.07)	2:01.36 (31.21)		
19	Cullaty, John	15	Cavalier Aquatics - Piedmont Y	2:11.59	2:02.21	q
	28.88	1:00.82 (31.94)	1:31.96 (31.14)	2:02.21 (30.25)		
20	Salpeter, Troy	15	Tide Swimming	2:06.30	2:02.47	q
	28.96	59.97 (31.01)	1:31.46 (31.49)	2:02.47 (31.01)		
21	Webster, Andrew	17	Quest Swimming	2:06.45	2:02.59	q
	29.75	1:00.67 (30.92)	1:32.20 (31.53)	2:02.59 (30.39)		
22	Craig, Crawford	15	SwimRVA	2:09.31	2:02.68	q
	28.56	59.68 (31.12)	1:32.42 (32.74)	2:02.68 (30.26)		
23	Lajoie, Benjamin	16	YMCA of the Triangle Area	1:58.29	2:02.89	q
	29.19	59.84 (30.65)	1:31.24 (31.40)	2:02.89 (31.65)		

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Results

Preliminaries ... (Event 28 Men 13 & Over 200 Yard Backstroke)

	Name	Age	Team	Seed Time	Prelim Time	
24	Brooks, Henry	16	SwimRVA	1:59.91	2:03.26	q
	27.96	58.60 (30.64)	1:31.30 (32.70)	2:03.26 (31.96)		
25	Gajowski, John	15	YMCA of the Triangle Area	2:02.76	2:03.45	q
	29.11	59.98 (30.87)	1:31.92 (31.94)	2:03.45 (31.53)		
26	White, John	16	YMCA of the Triangle Area	2:02.41	2:03.59	q
	28.10	59.19 (31.09)	1:31.01 (31.82)	2:03.59 (32.58)		
27	Ferreira, Lucas	18	YMCA of the Triangle Area	2:06.56	2:04.34	q
	29.65	1:00.88 (31.23)	1:32.60 (31.72)	2:04.34 (31.74)		
28	Zhu, Aiden	17	Cavalier Aquatics - Piedmont Y	2:11.64	2:04.38	q
	28.68	59.84 (31.16)	1:32.11 (32.27)	2:04.38 (32.27)		
29	Hottle, Davis	16	Lynchburg YMCA	2:00.93	2:04.44	q
	28.68	1:00.04 (31.36)	1:32.55 (32.51)	2:04.44 (31.89)		
30	Temple, Austin	15	Tide Swimming	2:01.54	2:04.46	q
	28.46	59.33 (30.87)	1:31.94 (32.61)	2:04.46 (32.52)		
31	McCarthy, Connor	16	Quest Swimming	1:58.54	2:04.68	q
	29.01	1:00.62 (31.61)	1:32.58 (31.96)	2:04.68 (32.10)		
32	Keenan, Alexander	15	Tide Swimming	2:05.50	2:04.81	q
	29.06	1:00.79 (31.73)	1:32.67 (31.88)	2:04.81 (32.14)		
33	Buttram, Noah	15	Stingrays Swim Team	2:04.96	2:05.12	
	29.64	1:01.68 (32.04)	1:33.77 (32.09)	2:05.12 (31.35)		
34	Adye, Timothy	16	The Fish	2:07.58	2:05.37	
	28.99	1:00.83 (31.84)	1:33.28 (32.45)	2:05.37 (32.09)		
35	Munoz, Ethan	16	Stingrays Swim Team	2:02.71	2:05.94	
	29.98	1:02.08 (32.10)	1:34.19 (32.11)	2:05.94 (31.75)		
36	Barger, Andrew	15	YMCA of the Triangle Area	2:09.08	2:06.16	
	30.15	1:01.67 (31.52)	1:33.99 (32.32)	2:06.16 (32.17)		
37	Dingman, Casey	17	SwimRVA	2:05.49	2:06.46	
	28.86	1:00.00 (31.14)	1:32.92 (32.92)	2:06.46 (33.54)		
38	Burkey, Tucker	16	Quest Swimming	2:06.77	2:07.74	
	29.75	1:02.02 (32.27)	1:34.99 (32.97)	2:07.74 (32.75)		
39	Greer, Ayden	13	SwimRVA	2:08.41	2:07.89	
	29.51	1:02.68 (33.17)	1:35.39 (32.71)	2:07.89 (32.50)		
40	Dowd, Valentin	17	Battlefiels Area Star Swimmers	2:04.19	2:08.28	
	28.65	1:00.46 (31.81)	1:33.75 (33.29)	2:08.28 (34.53)		
41	Suggs DeSorbo, Matthew	14	Cavalier Aquatics - Piedmont Y	2:07.99	2:08.80	
	30.17	1:03.25 (33.08)	1:36.69 (33.44)	2:08.80 (32.11)		
42	Tran, Vincent	16	Tide Swimming	2:04.70	2:09.63	
	29.22	1:01.53 (32.31)	1:35.54 (34.01)	2:09.63 (34.09)		
43	Charlton, Benjamin	13	Cavalier Aquatics - Piedmont Y	2:13.19	2:09.66	
	29.94	1:02.55 (32.61)	1:36.63 (34.08)	2:09.66 (33.03)		
44	Davis, James	15	YMCA of the Triangle Area	2:14.59	2:10.80	
	29.75	1:03.04 (33.29)	1:36.92 (33.88)	2:10.80 (33.88)		
45	Shenk, Cole	16	SwimRVA	2:11.83	2:11.84	
	30.69	1:04.74 (34.05)	1:38.58 (33.84)	2:11.84 (33.26)		
46	Walker, Demetrius	16	SwimRVA	2:10.86	2:12.06	
	30.02	1:03.16 (33.14)	1:37.95 (34.79)	2:12.06 (34.11)		
47	Newman, Cole	16	YMCA of the Triangle Area	2:01.76	2:12.59	
	29.93	1:03.63 (33.70)	1:38.13 (34.50)	2:12.59 (34.46)		
48	Kasper, Noah	16	Lynchburg YMCA	2:17.26	2:14.29	
	31.46	1:05.15 (33.69)	1:39.69 (34.54)	2:14.29 (34.60)		
49	Salpeter, Brody	17	Tide Swimming	2:10.98	2:16.40	
	31.21	1:05.53 (34.32)	1:41.01 (35.48)	2:16.40 (35.39)		

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 28 Men 13 & Over 200 Yard Backstroke)

	Name	Age	Team	Seed Time	Prelim Time
50	Davidson, Charles	14	Cavalier Aquatics - Piedmont Y	2:19.31	2:17.26
	32.66	1:07.41 (34.75)	1:42.95 (35.54)	2:17.26 (34.31)	
51	Boyden, Matthew	15	Tide Swimming	2:11.41	2:18.04
	31.71	1:06.59 (34.88)	1:42.68 (36.09)	2:18.04 (35.36)	
52	Lychak, Michael	15	YMCA of the Triangle Area	2:19.80	2:18.69
	32.55	1:07.35 (34.80)	1:43.28 (35.93)	2:18.69 (35.41)	
---	Senfield, Thomas	15	SwimRVA	1:54.73	DQ
	27.54	56.78 (29.24)	1:26.74 (29.96)	DQ (29.94)	

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 29 Women 13 & Over 100 Yard Freestyle

Meet Record: **49.40** **!** **11/5/2023** **Nicole Venema** **TIDE -VA**
50.39 **WJR USA-S Winter JRs**
51.89 **FUT USA-S Futures**
53.39 **YNAT YMCA SCY Nationals**
54.79 **VSR VSI SR Champs**

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	Fuller, Alexandra	16	Battlefiels Area Star Swimmers	52.85	51.60	FUT
	24.30	51.60 (27.30)				
2	Canada, Raegan	16	Quest Swimming	52.21	51.78	FUT
	25.04	51.78 (26.74)				
3	Vernon, Allison	15	Quest Swimming	52.93	51.94	YNAT
	25.41	51.94 (26.53)				
4	Moreno, Caprie	15	Tide Swimming	53.41	52.82	YNAT
	25.37	52.82 (27.45)				
5	Rawlins, Afsana	16	Tide Swimming	53.04	53.34	YNAT
	25.58	53.34 (27.76)				
6	Sowers, Samantha	16	Stingrays Swim Team	52.35	53.72	VSR
	25.32	53.72 (28.40)				
7	Cosner, Emerson	17	Quest Swimming	53.71	54.45	VSR
	26.23	54.45 (28.22)				
8	Sherman, Lila	14	The Fish	53.33	54.50	VSR
	26.41	54.50 (28.09)				
B - Final						
9	Smith, Cameron	17	Cavalier Aquatics - Piedmont Y	53.78	53.26	YNAT
	25.64	53.26 (27.62)				
*10	Pirone, Luca	16	YMCA of the Triangle Area	54.41	53.71	VSR
	25.55	53.71 (28.16)				
*10	Marchione, Maris	15	Tide Swimming	53.78	53.71	VSR
	26.01	53.71 (27.70)				
12	Ismailova, Diana	15	Cavalier Aquatics - Piedmont Y	54.28	53.74	VSR
	25.88	53.74 (27.86)				
13	Browne, Virginia	13	Cavalier Aquatics - Piedmont Y	53.99	53.77	VSR
	26.09	53.77 (27.68)				
14	Duffy, Savannah	14	Stingrays Swim Team	54.11	53.80	VSR
	26.05	53.80 (27.75)				
15	Phillips, Lily	15	Cavalier Aquatics - Piedmont Y	54.05	53.84	VSR
	25.83	53.84 (28.01)				
16	Wells, Sara	16	Cavalier Aquatics - Piedmont Y	54.39	54.23	VSR
	26.21	54.23 (28.02)				
C - Final						
*17	McCardle, Grace	17	Battlefiels Area Star Swimmers	54.90	53.52	VSR
	25.58	53.52 (27.94)				
*17	Lange, Campbell	13	YMCA of the Triangle Area	54.71	53.52	VSR
	25.42	53.52 (28.10)				
19	Meyer, Amelie	14	Cavalier Aquatics - Piedmont Y	54.59	54.15	VSR
	26.33	54.15 (27.82)				
20	Bailey, Brooke	17	SwimRVA	54.54	54.51	VSR
	26.24	54.51 (28.27)				
21	Grabowski, Arielle	16	Stingrays Swim Team	54.46	54.57	VSR
	26.20	54.57 (28.37)				
22	Eddy, Ava	14	Stingrays Swim Team	54.61	54.62	VSR
	26.09	54.62 (28.53)				

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

C - Final ... (Event 29 Women 13 & Over 100 Yard Freestyle)

	Name	Age	Team	Prelim Time	Finals Time
23	Taylor, Avery	16	Tide Swimming	55.01	55.12
	26.25	55.12 (28.87)			
24	Rawlins, Sohalya	16	Tide Swimming	55.11	55.38
	26.43	55.38 (28.95)			

D - Final

25	Holt, Ann-Margaret	14	Lynchburg YMCA	55.36	54.91
	26.67	54.91 (28.24)			
26	Durrette, Sierra	13	SwimRVA	56.03	54.94
	26.68	54.94 (28.26)			
27	Snyder, Paige	14	YMCA of the Triangle Area	55.30	55.43
	27.05	55.43 (28.38)			
28	Keith, Ashlyn	13	SwimRVA	56.58	55.47
	27.53	55.47 (27.94)			
29	Strickland, Virginia	14	The Fish	55.31	55.49
	26.81	55.49 (28.68)			
30	Fishburn, Poppy	14	YMCA of the Triangle Area	55.56	55.57
	27.27	55.57 (28.30)			
31	Walker, Madison	14	SwimRVA	56.85	57.18
	27.44	57.18 (29.74)			
32	Rancka, Hadley	14	SwimRVA	56.49	57.25
	27.47	57.25 (29.78)			

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 29 Women 13 & Over 100 Yard Freestyle

Meet Record: **49.40 ! 11/5/2023 Nicole Venema TIDE -VA**
50.39 WJR USA-S Winter JRs
51.89 FUT USA-S Futures
53.39 YNAT YMCA SCY Nationals
54.79 VSR VSI SR Champs

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Venema, Nicole	22	Tide Swimming	48.33	49.40 !	qWJR
	23.81	49.40 (25.59)				
2	Duffy, Kayleigh	18	Tide Swimming	51.14	51.46	qFUT
	24.74	51.46 (26.72)				
3	Canada, Raegan	16	Quest Swimming	51.00	52.21	qYNAT
	25.48	52.21 (26.73)				
4	Sowers, Samantha	16	Stingrays Swim Team	52.30	52.35	qYNAT
	25.27	52.35 (27.08)				
5	Fuller, Alexandra	16	Battlefiels Area Star Swimmers	51.24	52.85	qYNAT
	25.00	52.85 (27.85)				
6	Vernon, Allison	15	Quest Swimming	51.25	52.93	qYNAT
	26.01	52.93 (26.92)				
7	Rawlins, Afsana	16	Tide Swimming	53.59	53.04	qYNAT
	25.75	53.04 (27.29)				
8	Kohler, Sofia	17	Tide Swimming	52.42	53.06	qYNAT
	25.36	53.06 (27.70)				
9	Duffy, Dara	16	Tide Swimming	52.53	53.24	qYNAT
	25.62	53.24 (27.62)				
10	Sherman, Lila	14	The Fish	53.64	53.33	qYNAT
	25.76	53.33 (27.57)				
11	Moreno, Caprie	15	Tide Swimming	53.49	53.41	qVSR
	25.78	53.41 (27.63)				
12	Teague, Sara	16	Tide Swimming	52.41	53.44	qVSR
	25.58	53.44 (27.86)				
13	Cosner, Emerson	17	Quest Swimming	53.12	53.71	qVSR
	25.97	53.71 (27.74)				
14	Smith, Cameron	17	Cavalier Aquatics - Piedmont Y	53.14	53.78	qVSR
	26.29	53.78 (27.49)				
15	Marchione, Maris	15	Tide Swimming	54.14	J53.78	qVSR
	26.29	53.78 (27.49)				
16	Browne, Virginia	13	Cavalier Aquatics - Piedmont Y	57.51	53.99	qVSR
	25.95	53.99 (28.04)				
17	Phillips, Lily	15	Cavalier Aquatics - Piedmont Y	53.61	54.05	qVSR
	25.75	54.05 (28.30)				
18	Duffy, Savannah	14	Stingrays Swim Team	54.74	54.11	qVSR
	26.24	54.11 (27.87)				
19	Ismailova, Diana	15	Cavalier Aquatics - Piedmont Y	53.27	54.28	qVSR
	25.99	54.28 (28.29)				
20	Wells, Sara	16	Cavalier Aquatics - Piedmont Y	54.45	54.39	qVSR
	26.24	54.39 (28.15)				
21	Pirone, Luca	16	YMCA of the Triangle Area	53.62	54.41	qVSR
	26.69	54.41 (27.72)				
22	Grabowski, Arielle	16	Stingrays Swim Team	55.10	54.46	qVSR
	26.13	54.46 (28.33)				
23	Gahagan, Maggie	17	Tide Swimming	53.81	54.50	qVSR
	26.44	54.50 (28.06)				

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 29 Women 13 & Over 100 Yard Freestyle)

	Name	Age	Team	Seed Time	Prelim Time	
24	Bailey, Brooke	17	SwimRVA	54.13	54.54	qVSR
	26.12	54.54 (28.42)				
25	Meyer, Amelie	14	Cavalier Aquatics - Piedmont Y	53.75	54.59	qVSR
	26.33	54.59 (28.26)				
26	Eddy, Ava	14	Stingrays Swim Team	54.26	54.61	qVSR
	26.18	54.61 (28.43)				
27	Lange, Campbell	13	YMCA of the Triangle Area	56.40	54.71	qVSR
	26.81	54.71 (27.90)				
28	McCardle, Grace	17	Battlefiels Area Star Swimmers	52.39	54.90	q
	26.26	54.90 (28.64)				
29	Taylor, Avery	16	Tide Swimming	55.55	55.01	q
	26.42	55.01 (28.59)				
30	Rawlins, Sohalya	16	Tide Swimming	54.28	55.11	q
	26.62	55.11 (28.49)				
31	Witthoefft, Charlotte	15	Quest Swimming	55.20	55.13	q
	26.71	55.13 (28.42)				
32	Watts, Emma	15	The Fish	53.75	55.14	q
	26.38	55.14 (28.76)				
33	Mierenfeld, Ellie	15	SwimRVA	55.73	J55.14	
	26.84	55.14 (28.30)				
34	Brecke, Avery	15	Tide Swimming	54.77	55.21	
	26.87	55.21 (28.34)				
35	Twigg, Madelynn	18	Winchester Swim Team	54.11	55.23	
	26.52	55.23 (28.71)				
36	Hinton, Carter	16	Quest Swimming	54.40	55.29	
	26.80	55.29 (28.49)				
37	Snyder, Paige	14	YMCA of the Triangle Area	55.61	55.30	
	27.24	55.30 (28.06)				
38	Strickland, Virginia	14	The Fish	54.09	55.31	
	26.66	55.31 (28.65)				
39	Schmidt, Meghan	18	SwimRVA	53.84	55.33	
	27.09	55.33 (28.24)				
40	Holt, Ann-Margaret	14	Lynchburg YMCA	56.19	55.36	
	26.72	55.36 (28.64)				
41	Kang, Sarah	17	SwimRVA	54.54	55.43	
	26.81	55.43 (28.62)				
42	Smith, Breanna	17	YMCA of the Triangle Area	54.02	55.46	
	26.94	55.46 (28.52)				
43	Womble, Peyton	15	YMCA of the Triangle Area	55.90	55.52	
	27.23	55.52 (28.29)				
44	Fishburn, Poppy	14	YMCA of the Triangle Area	56.35	55.56	
	26.83	55.56 (28.73)				
45	Musto, Bernadette	16	Tide Swimming	54.40	55.62	
	26.58	55.62 (29.04)				
46	Mortimer, Marcy	17	SwimRVA	54.42	55.64	
	26.96	55.64 (28.68)				
47	Barrett, Calista	15	Stingrays Swim Team	56.46	55.65	
	27.16	55.65 (28.49)				
48	Scherer, Anne	16	Cavalier Aquatics - Piedmont Y	56.23	55.68	
	27.23	55.68 (28.45)				
49	Peters, Riley	15	The Fish	55.25	55.72	
	26.58	55.72 (29.14)				

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 29 Women 13 & Over 100 Yard Freestyle)

	Name	Age	Team	Seed Time	Prelim Time
50	Henry, Emani	16	SwimRVA	54.38	55.80
	26.74	55.80 (29.06)			
51	Hoover, Davia	17	Stingrays Swim Team	55.94	55.81
	26.96	55.81 (28.85)			
52	Moore, Morgan	18	Stingrays Swim Team	55.66	55.82
	27.10	55.82 (28.72)			
53	Kryszon, Madison	17	Quest Swimming	55.10	55.91
	27.17	55.91 (28.74)			
54	Giroud, Caroline	16	Tide Swimming	54.17	55.94
	27.11	55.94 (28.83)			
55	Durrette, Sierra	13	SwimRVA	56.90	56.03
	26.95	56.03 (29.08)			
56	Whiteman, Sydney	15	Tide Swimming	55.13	56.09
	27.38	56.09 (28.71)			
*57	Mithqal, Mariam	17	Cavalier Aquatics - Piedmont Y	53.47	56.15
	27.18	56.15 (28.97)			
*57	Everhart, Charlotte	17	Tide Swimming	55.99	56.15
	27.17	56.15 (28.98)			
59	Woolley, Jamison	17	Tide Swimming	56.22	56.21
	26.80	56.21 (29.41)			
60	Brown, Scotia	17	YMCA of the Triangle Area	58.07	56.23
	26.88	56.23 (29.35)			
61	Everhart, Norah	15	Tide Swimming	55.55	56.24
	27.30	56.24 (28.94)			
62	Bakelaar, Katherine	16	YMCA of the Triangle Area	55.82	56.26
	27.26	56.26 (29.00)			
63	Brown, Sarah	18	Quest Swimming	54.56	56.30
	27.15	56.30 (29.15)			
64	Bendall, Allisan	17	Cavalier Aquatics - Piedmont Y	56.40	56.33
	27.16	56.33 (29.17)			
65	Vernon, Anne	17	Quest Swimming	55.26	56.36
	26.92	56.36 (29.44)			
*66	Hoang, Angelina	16	Cavalier Aquatics - Piedmont Y	56.20	56.39
	26.61	56.39 (29.78)			
*66	Eberle, Layla	15	Tide Swimming	55.26	56.39
	27.36	56.39 (29.03)			
68	Eichberg, Lily	17	Stingrays Swim Team	54.79	56.40
	27.02	56.40 (29.38)			
69	Kaufman, Sidney	16	SwimRVA	56.50	56.42
	27.01	56.42 (29.41)			
70	Miyashita, Libby	16	SwimRVA	56.26	56.44
	27.22	56.44 (29.22)			
71	Schoenfeld, Elyse	15	Tide Swimming	57.06	56.47
	26.72	56.47 (29.75)			
72	Schwartz, Cameron	16	SwimRVA	55.26	56.48
	27.52	56.48 (28.96)			
73	Rancka, Hadley	14	SwimRVA	57.66	56.49
	26.80	56.49 (29.69)			
*74	Keith, Ashlyn	13	SwimRVA	55.40	56.58
	28.35	56.58 (28.23)			
*74	Lear, Reagan	15	Quest Swimming	56.08	56.58
	27.45	56.58 (29.13)			
76	Mears, Annalise	16	SwimRVA	55.59	56.64
	27.75	56.64 (28.89)			

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Results

Preliminaries ... (Event 29 Women 13 & Over 100 Yard Freestyle)

	Name	Age	Team	Seed Time	Prelim Time
77	Oluwabusola, Mya	16	Tide Swimming	55.45	56.65
	27.06	56.65 (29.59)			
78	McCardle, Reese	15	Battlefiels Area Star Swimmers	57.95	56.67
	26.75	56.67 (29.92)			
79	Rogerson, Annika	16	SwimRVA	57.70	56.72
	27.63	56.72 (29.09)			
80	Organ, Macy	16	YMCA of the Triangle Area	56.32	56.73
	27.29	56.73 (29.44)			
*81	Seward, Ella	14	SwimRVA	56.09	56.75
	27.49	56.75 (29.26)			
*81	Gallant, Emma	15	Tide Swimming	55.60	56.75
	27.72	56.75 (29.03)			
83	Timmons, Madeline	17	Tide Swimming	55.26	56.78
	27.45	56.78 (29.33)			
84	Walker, Madison	14	SwimRVA	56.10	56.85
	27.44	56.85 (29.41)			
*85	Eubanks, Leah	13	The Fish	56.15	56.88
	27.80	56.88 (29.08)			
*85	Mitchell, Aubrey	15	YMCA of the Triangle Area	58.06	56.88
	27.20	56.88 (29.68)			
87	Thesing, Holly	17	YMCA of the Triangle Area	55.71	56.90
	27.47	56.90 (29.43)			
88	Wang, Sophie	13	Cavalier Aquatics - Piedmont Y	56.31	57.00
	27.55	57.00 (29.45)			
89	Schundler, Elizabeth	17	Battlefiels Area Star Swimmers	54.74	57.05
	27.58	57.05 (29.47)			
90	Stein, Abigail	16	The Fish	57.78	57.06
	27.29	57.06 (29.77)			
91	Wertzler, Eleanor	14	The Fish	56.12	57.16
	27.20	57.16 (29.96)			
92	King, Sedona	13	Cavalier Aquatics - Piedmont Y	55.71	57.20
	27.71	57.20 (29.49)			
93	Hodulik, Sydney	16	YMCA of the Triangle Area	56.38	57.25
	27.50	57.25 (29.75)			
94	Scott, Bentley	15	YMCA of the Triangle Area	57.30	57.34
	27.61	57.34 (29.73)			
95	Creasey, Marshall	14	Quest Swimming	56.21	57.38
	27.61	57.38 (29.77)			
96	Modrak, Payton	15	Quest Swimming	58.11	57.39
	27.74	57.39 (29.65)			
97	Pogorzelski, Camryn Elise	15	Tide Swimming	57.63	57.44
	27.72	57.44 (29.72)			
98	Cox, Madelynn	15	YMCA of the Triangle Area	56.18	57.59
	27.97	57.59 (29.62)			
*99	DiGiacomo, Sirena	15	SwimRVA	56.87	57.61
	27.73	57.61 (29.88)			
*99	Lerch, Savannah	13	Stingrays Swim Team	56.49	57.61
	27.74	57.61 (29.87)			
101	Bentley, Grace	17	Eastern Shore YMCA	55.63	57.69
	27.71	57.69 (29.98)			
102	McNutt, Payton	14	YMCA of the Triangle Area	59.19	57.82
	27.62	57.82 (30.20)			
103	Derrico, Campbell	15	SwimRVA	54.76	57.85
	27.47	57.85 (30.38)			

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 29 Women 13 & Over 100 Yard Freestyle)

	Name	Age	Team	Seed Time	Prelim Time
104	Baker, Haley	13	SwimRVA	56.57	57.86
	28.11	57.86 (29.75)			
105	Crowder, Audrey	16	YMCA of the Triangle Area	55.72	57.87
	27.72	57.87 (30.15)			
106	Miller, Molly	16	Stingrays Swim Team	54.65	57.99
	27.19	57.99 (30.80)			
107	Smithson, Parker	14	Quest Swimming	58.50	58.12
	28.22	58.12 (29.90)			
108	Carden, Cadence	13	SwimRVA	58.48	58.16
	27.60	58.16 (30.56)			
109	Swafford, Elizabeth	16	YMCA of the Triangle Area	57.97	58.19
	27.43	58.19 (30.76)			
110	Young, Arianna	15	SwimRVA	58.93	58.21
	27.73	58.21 (30.48)			
111	Brewer, Lauren	15	YMCA of the Triangle Area	57.57	58.24
	27.30	58.24 (30.94)			
112	Ilina, Paulina	16	Stingrays Swim Team	58.28	58.26
	28.09	58.26 (30.17)			
113	Skelly, Marilyn	16	YMCA of the Triangle Area	59.93	58.36
	28.12	58.36 (30.24)			
114	Sivak, Audrey	16	Quest Swimming	56.38	58.41
	28.22	58.41 (30.19)			
115	Temple, Peyton	14	SwimRVA	57.76	58.43
	28.10	58.43 (30.33)			
116	Miller, Evie	15	Stingrays Swim Team	55.39	58.54
	27.84	58.54 (30.70)			
117	Jones, Kyrsten	15	Tide Swimming	59.87	58.59
	27.94	58.59 (30.65)			
*118	Baraceros, Kamille	17	Quest Swimming	56.03	58.72
	27.89	58.72 (30.83)			
*118	Stuart, Winifred	15	YMCA of the Triangle Area	58.79	58.72
	28.28	58.72 (30.44)			
120	Volpe, Alena	15	YMCA of the Triangle Area	57.00	58.77
	28.18	58.77 (30.59)			
121	Lehmann, Zofia	15	Tide Swimming	59.84	58.84
	28.01	58.84 (30.83)			
122	Mason, Ansley	14	YMCA of the Triangle Area	57.28	58.97
	27.96	58.97 (31.01)			
123	Granger, Bermuda	18	Tide Swimming	57.82	59.04
	28.04	59.04 (31.00)			
124	Webb, Elizabeth	13	Lynchburg YMCA	59.39	59.08
	28.34	59.08 (30.74)			
125	Pittenger, Olivia	13	YMCA of the Triangle Area	1:04.27	59.49
	28.84	59.49 (30.65)			
126	Woodruff, Taylor	13	Lynchburg YMCA	57.70	59.61
	28.10	59.61 (31.51)			
127	Trovero, Valentina	13	YMCA of the Triangle Area	1:00.89	59.63
	29.03	59.63 (30.60)			
128	Caress, Lula	17	YMCA of the Triangle Area	1:00.78	59.84
	28.74	59.84 (31.10)			
129	Cheng, Helen	16	YMCA of the Triangle Area	58.37	1:00.23
	29.11	1:00.23 (31.12)			
130	Zimmer, Emily	16	Quest Swimming	56.22	1:00.56
	29.05	1:00.56 (31.51)			

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Results

Preliminaries ... (Event 29 Women 13 & Over 100 Yard Freestyle)

	Name	Age	Team	Seed Time	Prelim Time
131	Gao, Annie	15	The Fish	59.59	1:00.64
	28.05	1:00.64 (32.59)			
132	Avery, Anne	17	Tide Swimming	58.16	1:00.90
	28.98	1:00.90 (31.92)			
133	Strach, Maya	17	Tide Swimming	58.73	1:01.28
	28.73	1:01.28 (32.55)			
134	Ruppert, Madelynn	13	Quest Swimming	1:01.92	1:02.47
	30.14	1:02.47 (32.33)			
135	Muhlenkamp, Addison	16	Stingrays Swim Team	56.95	1:02.92
	29.67	1:02.92 (33.25)			
136	Brown, Chloe	13	SwimRVA	1:04.89	1:03.91
	30.78	1:03.91 (33.13)			
137	Sherrill, Hannah	16	SwimRVA	59.19	1:04.05
	30.10	1:04.05 (33.95)			
138	Freeman, Casey	16	YMCA of the Triangle Area	1:07.40	1:07.69
	32.88	1:07.69 (34.81)			

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Results

Event 30 Men 13 & Over 100 Yard Freestyle

Meet Record: **44.47 ! 11/6/2022 Brendan Whitfield LY-VA**
45.09 WJR USA-S Winter JRs
46.39 FUT USA-S Futures
48.19 YNAT YMCA SCY Nationals
49.49 VSR VSI SR Champs

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	Heilman, Thomas	16	Cavalier Aquatics - Piedmont Y	45.02	43.25 !	WJR
	21.14	43.25 (22.11)				
2	King, David	18	Cavalier Aquatics - Piedmont Y	46.03	45.12	FUT
	21.85	45.12 (23.27)				
3	Mills, Jack	18	Lynchburg YMCA	45.35	45.64	FUT
	21.83	45.64 (23.81)				
4	Pfannenstein, Jeffrey	26	SwimRVA	46.08	46.08	FUT
	22.18	46.08 (23.90)				
5	Puzon, Patrick	17	SwimRVA	46.61	46.84	YNAT
	22.21	46.84 (24.63)				
6	Moore, Maxwell	18	Cavalier Aquatics - Piedmont Y	47.55	47.10	YNAT
	22.98	47.10 (24.12)				
7	Hu, Charles	17	The Fish	46.85	47.16	YNAT
	22.78	47.16 (24.38)				
8	Moore, Ryan	15	Stingrays Swim Team	48.09	47.63	YNAT
	22.82	47.63 (24.81)				
B - Final						
9	Easton, Chase	15	Cavalier Aquatics - Piedmont Y	48.46	46.97	YNAT
	22.61	46.97 (24.36)				
10	Lange, Carter	16	YMCA of the Triangle Area	48.33	48.01	YNAT
	23.05	48.01 (24.96)				
11	Schonfelder, Maxwell	17	Lynchburg YMCA	48.91	48.23	VSR
	23.00	48.23 (25.23)				
12	Hathaway, Jacques	16	Battlefiels Area Star Swimmers	48.60	48.34	VSR
	23.26	48.34 (25.08)				
13	Brooks, Henry	16	SwimRVA	48.79	48.46	VSR
	23.45	48.46 (25.01)				
14	Adye, Timothy	16	The Fish	48.88	48.94	VSR
	23.46	48.94 (25.48)				
15	Gordon, Jerry	18	Lynchburg YMCA	48.63	49.39	VSR
	23.78	49.39 (25.61)				
16	Wang, Richard	16	Cavalier Aquatics - Piedmont Y	48.80	49.66	
	23.63	49.66 (26.03)				
C - Final						
17	Hodges, Joshua	16	Battlefiels Area Star Swimmers	49.44	47.54	YNAT
	22.82	47.54 (24.72)				
18	Wang, Edward	18	YMCA of the Triangle Area	49.15	48.44	VSR
	23.37	48.44 (25.07)				
19	Wiese, Cooper	17	YMCA of the Triangle Area	49.10	48.53	VSR
	23.51	48.53 (25.02)				
20	Struder IV, Leonard	17	Stingrays Swim Team	49.04	49.43	VSR
	23.63	49.43 (25.80)				
21	Volpe, Andrew	17	YMCA of the Triangle Area	49.08	49.54	
	24.12	49.54 (25.42)				
22	Bergmann, Theodor	16	Cavalier Aquatics - Piedmont Y	49.13	49.74	
	23.96	49.74 (25.78)				

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

C - Final ... (Event 30 Men 13 & Over 100 Yard Freestyle)

	Name	Age	Team	Prelim Time	Finals Time	
23	Goad, Zachary	16	Quest Swimming	49.28	50.60	
	24.17	50.60 (26.43)				
24	Sawyer, Bradley	15	Cavalier Aquatics - Piedmont Y	49.48	51.16	
	24.30	51.16 (26.86)				

D - Final

25	Woodruff, Graham	14	Lynchburg YMCA	50.54	48.81	VSR
	23.56	48.81 (25.25)				
26	Euker, Aaron	14	Stingrays Swim Team	50.34	49.84	
	24.53	49.84 (25.31)				
27	Weber, Josiah	14	SwimRVA	50.18	50.46	
	24.27	50.46 (26.19)				
28	Hottle, Luke	14	Lynchburg YMCA	51.23	50.57	
	24.44	50.57 (26.13)				
29	Zimmer, Julian	14	Quest Swimming	51.21	50.61	
	24.54	50.61 (26.07)				
30	Rice, Hudson	14	Lynchburg YMCA	51.01	50.71	
	24.66	50.71 (26.05)				
31	Young, Floyd	14	SwimRVA	50.45	50.82	
	24.34	50.82 (26.48)				
32	Fisher, Zach	13	Quest Swimming	52.17	51.73	
	25.05	51.73 (26.68)				

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 30 Men 13 & Over 100 Yard Freestyle

Meet Record: **44.47 ! 11/6/2022 Brendan Whitfield LY-VA**
45.09 WJR USA-S Winter JRs
46.39 FUT USA-S Futures
48.19 YNAT YMCA SCY Nationals
49.49 VSR VSI SR Champs

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Heilman, Thomas	16	Cavalier Aquatics - Piedmont Y	42.61	45.02	qWJR
	21.79	45.02 (23.23)				
2	Mills, Jack	18	Lynchburg YMCA	45.50	45.35	qFUT
	22.01	45.35 (23.34)				
3	King, David	18	Cavalier Aquatics - Piedmont Y	45.58	46.03	qFUT
	22.49	46.03 (23.54)				
4	Browne, William	16	Cavalier Aquatics - Piedmont Y	45.30	46.04	qFUT
	22.41	46.04 (23.63)				
5	Pfannenstein, Jeffrey	26	SwimRVA	45.46	46.08	qFUT
	21.86	46.08 (24.22)				
6	Puzon, Patrick	17	SwimRVA	47.05	46.61	qYNAT
	22.27	46.61 (24.34)				
7	Hu, Charles	17	The Fish	47.13	46.85	qYNAT
	22.47	46.85 (24.38)				
8	Taylor, John	19	YMCA of the Triangle Area	47.32	46.99	qYNAT
	22.48	46.99 (24.51)				
9	Moore, Maxwell	18	Cavalier Aquatics - Piedmont Y	47.76	47.55	qYNAT
	23.27	47.55 (24.28)				
10	Moore, Ryan	15	Stingrays Swim Team	47.68	48.09	qYNAT
	23.27	48.09 (24.82)				
11	Keenan, Nathaniel	18	Tide Swimming	46.82	48.11	qYNAT
	23.31	48.11 (24.80)				
12	Leachman, Scott	16	Woodberry Forest Swimming	48.53	48.27	qVSR
	22.92	48.27 (25.35)				
13	Lange, Carter	16	YMCA of the Triangle Area	47.44	48.33	qVSR
	23.16	48.33 (25.17)				
14	Easton, Chase	15	Cavalier Aquatics - Piedmont Y	47.37	48.46	qVSR
	23.41	48.46 (25.05)				
15	Spade, Gage	17	Tide Swimming	48.39	48.55	qVSR
	23.57	48.55 (24.98)				
16	Hathaway, Jacques	16	Battlefiels Area Star Swimmers	50.00	48.60	qVSR
	23.22	48.60 (25.38)				
17	Gordon, Jerry	18	Lynchburg YMCA	47.39	48.63	qVSR
	23.58	48.63 (25.05)				
18	Wilkerson, Chase	15	Tide Swimming	48.93	48.73	qVSR
	23.47	48.73 (25.26)				
19	Brooks, Henry	16	SwimRVA	48.75	48.79	qVSR
	23.64	48.79 (25.15)				
20	Wang, Richard	16	Cavalier Aquatics - Piedmont Y	47.60	48.80	qVSR
	23.35	48.80 (25.45)				
*21	Knight, Benjamin	16	Tide Swimming	49.82	48.88	qVSR
	23.62	48.88 (25.26)				
*21	Adye, Timothy	16	The Fish	49.05	48.88	qVSR
	23.83	48.88 (25.05)				
23	Mori, Axel	18	YMCA of the Triangle Area	47.64	48.90	qVSR
	23.30	48.90 (25.60)				

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 30 Men 13 & Over 100 Yard Freestyle)

	Name	Age	Team	Seed Time	Prelim Time	
24	Schonfelder, Maxwell	17	Lynchburg YMCA	47.21	48.91	qVSR
	23.54	48.91 (25.37)				
25	VanSlyke, John	17	Tide Swimming	46.78	48.99	qVSR
	23.64	48.99 (25.35)				
26	Struder IV, Leonard	17	Stingrays Swim Team	49.78	49.04	qVSR
	23.63	49.04 (25.41)				
27	Temple, Austin	15	Tide Swimming	47.43	49.07	qVSR
	23.58	49.07 (25.49)				
28	Volpe, Andrew	17	YMCA of the Triangle Area	49.50	49.08	qVSR
	23.87	49.08 (25.21)				
29	Wiese, Cooper	17	YMCA of the Triangle Area	47.96	49.10	qVSR
	23.75	49.10 (25.35)				
30	Bergmann, Theodor	16	Cavalier Aquatics - Piedmont Y	50.69	49.13	qVSR
	23.54	49.13 (25.59)				
31	Wang, Edward	18	YMCA of the Triangle Area	46.76	49.15	qVSR
	23.22	49.15 (25.93)				
32	Kelley, Collum	16	SwimRVA	50.78	49.17	qVSR
	23.53	49.17 (25.64)				
33	Knapp, Parker	15	Tide Swimming	48.86	49.27	VSR
	23.76	49.27 (25.51)				
34	Goad, Zachary	16	Quest Swimming	49.09	49.28	VSR
	23.55	49.28 (25.73)				
35	Hodges, Joshua	16	Battlefiels Area Star Swimmers	47.70	49.44	VSR
	23.64	49.44 (25.80)				
36	Sawyer, Bradley	15	Cavalier Aquatics - Piedmont Y	49.67	49.48	VSR
	24.12	49.48 (25.36)				
37	Dykman, Robert	16	Stingrays Swim Team	51.20	49.54	
	23.53	49.54 (26.01)				
38	Xu, George	16	Lynchburg YMCA	49.15	49.64	
	24.06	49.64 (25.58)				
39	Moncur, Ayrton	16	Woodberry Forest Swimming	50.33	49.65	
	23.90	49.65 (25.75)				
40	Ellenberger, Carson	15	SwimRVA	50.59	49.80	
	24.18	49.80 (25.62)				
41	Harris, Bennett	17	YMCA of the Triangle Area	49.49	49.87	
	23.87	49.87 (26.00)				
42	Garth, Ian	15	Tide Swimming	48.70	49.88	
	24.08	49.88 (25.80)				
43	Tiller, Grant	17	Quest Swimming	50.73	49.94	
	23.76	49.94 (26.18)				
44	Alexander, Charles	15	Cavalier Aquatics - Piedmont Y	49.68	50.04	
	24.00	50.04 (26.04)				
45	Lineberry, Alexander	18	Tide Swimming	49.02	50.06	
	23.85	50.06 (26.21)				
46	Weber, Josiah	14	SwimRVA	50.18	50.18	
	23.80	50.18 (26.38)				
47	Loftin, Robert	18	SwimRVA	50.90	50.22	
	24.18	50.22 (26.04)				
48	Edmondson, Josiah	18	YMCA of the Triangle Area	49.56	50.23	
	23.87	50.23 (26.36)				
49	Humbert, Jack	16	YMCA of the Triangle Area	50.14	50.25	
	24.17	50.25 (26.08)				

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 30 Men 13 & Over 100 Yard Freestyle)

	Name	Age	Team	Seed Time	Prelim Time
50	Tungate, Benjamin	15	Cavalier Aquatics - Piedmont Y	50.64	50.29
	24.18	50.29 (26.11)			
51	Euker, Aaron	14	Stingrays Swim Team	49.65	50.34
	24.69	50.34 (25.65)			
52	Dingman, Casey	17	SwimRVA	51.06	50.35
	24.29	50.35 (26.06)			
53	Kashinejad, Kaleb	17	SwimRVA	48.73	50.37
	24.18	50.37 (26.19)			
54	Young, Floyd	14	SwimRVA	50.59	50.45
	23.98	50.45 (26.47)			
*55	Nuckols, Cole	17	SwimRVA	49.44	50.47
	24.22	50.47 (26.25)			
*55	Pearce, William	17	YMCA of the Triangle Area	50.18	50.47
	24.39	50.47 (26.08)			
*57	McCoy, Colt	16	Tide Swimming	51.50	50.51
	24.03	50.51 (26.48)			
*57	Webster, Andrew	17	Quest Swimming	50.68	50.51
	24.22	50.51 (26.29)			
59	Stephens, Aden	16	Stingrays Swim Team	51.21	50.53
	24.16	50.53 (26.37)			
60	Woodruff, Graham	14	Lynchburg YMCA	49.25	50.54
	24.28	50.54 (26.26)			
61	Winston, Gabriel	16	Tide Swimming	52.94	50.58
	24.51	50.58 (26.07)			
62	Bradley, Connor	15	Tide Swimming	51.74	50.66
	24.60	50.66 (26.06)			
63	Stein, Nathaniel	18	Woodberry Forest Swimming	49.11	50.69
	24.31	50.69 (26.38)			
64	Bradbury, Charles	15	SwimRVA	52.77	50.70
	23.96	50.70 (26.74)			
65	Stevenson, Declund	16	Lynchburg YMCA	50.47	50.73
	24.25	50.73 (26.48)			
66	Buckner, Theodore	17	Battlefiels Area Star Swimmers	52.91	50.75
	24.51	50.75 (26.24)			
67	Barger, Andrew	15	YMCA of the Triangle Area	52.99	50.76
	25.14	50.76 (25.62)			
68	Burnett, Edward	16	SwimRVA	52.47	50.80
	24.26	50.80 (26.54)			
69	Spinnanger, Andrew	18	Stingrays Swim Team	50.20	50.92
	24.20	50.92 (26.72)			
*70	Hess, Malcolm	15	Quest Swimming	51.10	51.01
	24.39	51.01 (26.62)			
*70	Rice, Hudson	14	Lynchburg YMCA	52.68	51.01
	24.81	51.01 (26.20)			
72	Luzak, Landon	17	Tide Swimming	50.09	51.05
	24.36	51.05 (26.69)			
73	Soliman, David	16	YMCA of the Triangle Area	52.22	51.07
	24.53	51.07 (26.54)			
*74	Salpeter, Troy	15	Tide Swimming	52.04	51.09
	24.66	51.09 (26.43)			
*74	Sample, Finnian	16	The Fish	50.47	51.09
	24.27	51.09 (26.82)			
*76	Ferreira, Lucas	18	YMCA of the Triangle Area	51.26	51.11
	24.88	51.11 (26.23)			

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 30 Men 13 & Over 100 Yard Freestyle)

	Name	Age	Team	Seed Time	Prelim Time
*76	DeVizia, Gabriel	15	YMCA of the Triangle Area	50.87	51.11
	24.91	51.11 (26.20)			
78	Nabors, Carter	17	SwimRVA	49.03	51.17
	24.61	51.17 (26.56)			
79	Stratton, Nicholas	15	Tide Swimming	50.57	51.18
	24.45	51.18 (26.73)			
80	Zimmer, Julian	14	Quest Swimming	52.70	51.21
	24.80	51.21 (26.41)			
81	Hottle, Luke	14	Lynchburg YMCA	50.14	51.23
	24.74	51.23 (26.49)			
82	Healey, Matthew	15	Tide Swimming	50.83	51.28
	24.27	51.28 (27.01)			
83	Fulayter, Brandon	16	Stingrays Swim Team	50.97	51.39
	24.31	51.39 (27.08)			
84	Bettis, William	17	Tide Swimming	49.47	51.42
	24.53	51.42 (26.89)			
85	Swartz, Tyler	17	Tide Swimming	50.92	51.54
	24.80	51.54 (26.74)			
86	Harmon, Dahmon	17	Tide Swimming	50.26	51.60
	24.34	51.60 (27.26)			
87	Buttram, Noah	15	Stingrays Swim Team	52.48	51.62
	24.88	51.62 (26.74)			
88	Alexander, Jonathan	18	Battlefiels Area Star Swimmers	50.13	51.68
	24.76	51.68 (26.92)			
89	Jiminez, Patrick	15	The Fish	52.62	51.69
	24.83	51.69 (26.86)			
90	Jones, Joshua	15	YMCA of the Triangle Area	54.08	51.71
	24.99	51.71 (26.72)			
91	Kasper, Noah	16	Lynchburg YMCA	52.53	51.75
	25.14	51.75 (26.61)			
92	Goedecke, Colin	17	Tide Swimming	50.87	51.79
	25.19	51.79 (26.60)			
93	Salpeter, Brody	17	Tide Swimming	51.73	51.90
	24.91	51.90 (26.99)			
*94	Tran, Patrick	17	Tide Swimming	52.17	51.91
	25.33	51.91 (26.58)			
*94	Zhu, Aiden	17	Cavalier Aquatics - Piedmont Y	52.31	51.91
	25.44	51.91 (26.47)			
96	Shelton, Evan	17	Tide Swimming	53.04	51.93
	25.30	51.93 (26.63)			
97	Rogers, Andrew	18	Lynchburg YMCA	51.15	51.96
	24.99	51.96 (26.97)			
98	Hottle, Davis	16	Lynchburg YMCA	49.91	52.04
	24.98	52.04 (27.06)			
99	Dowd, Valentin	17	Battlefiels Area Star Swimmers	52.97	52.12
	24.72	52.12 (27.40)			
100	Page, Logan	17	YMCA of the Triangle Area	52.35	52.14
	25.51	52.14 (26.63)			
101	Fisher, Zach	13	Quest Swimming	52.62	52.17
	25.07	52.17 (27.10)			
102	Davies, Brody	16	Stingrays Swim Team	52.77	52.20
	24.99	52.20 (27.21)			
103	Charlton, Benjamin	13	Cavalier Aquatics - Piedmont Y	52.06	52.23
	25.05	52.23 (27.18)			

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 30 Men 13 & Over 100 Yard Freestyle)

	Name	Age	Team	Seed Time	Prelim Time
104	Klimkiewicz, Owen	16	Tide Swimming	51.92	52.37
	24.44	52.37 (27.93)			
*105	Shenk, Cole	16	SwimRVA	52.40	52.39
	24.63	52.39 (27.76)			
*105	Parker, Austin	15	Stingrays Swim Team	52.58	52.39
	24.98	52.39 (27.41)			
107	Warren, Joshua	16	Lynchburg YMCA	51.66	52.42
	25.24	52.42 (27.18)			
*108	Walker, Demetrius	16	SwimRVA	52.41	52.44
	25.62	52.44 (26.82)			
*108	Boyden, Matthew	15	Tide Swimming	52.57	52.44
	24.89	52.44 (27.55)			
110	Morris, Cameron	15	YMCA of the Triangle Area	54.49	52.49
	25.44	52.49 (27.05)			
111	Dilber, Sarp	14	The Fish	56.64	52.60
	25.70	52.60 (26.90)			
112	Kustowski, Brian	18	Tide Swimming	51.30	52.66
	25.42	52.66 (27.24)			
113	Ross, Bennett	17	Tide Swimming	51.34	52.71
	25.09	52.71 (27.62)			
114	Sanders, Barrett	13	SwimRVA	54.48	52.89
	25.26	52.89 (27.63)			
115	Goad, Jackson	17	Quest Swimming	51.83	52.96
	25.52	52.96 (27.44)			
116	Robertson, Thatcher	15	Quest Swimming	52.03	53.16
	25.33	53.16 (27.83)			
117	Feighner, Nolan	13	SwimRVA	54.51	53.23
	26.00	53.23 (27.23)			
118	Davis, James	15	YMCA of the Triangle Area	52.72	53.29
	25.69	53.29 (27.60)			
119	Keenan, Alexander	15	Tide Swimming	53.03	53.42
	25.41	53.42 (28.01)			
120	Nelson, Broderick	13	Lynchburg YMCA	52.96	53.48
	25.69	53.48 (27.79)			
121	Snyder, Avery	15	Lynchburg YMCA	54.17	53.62
	25.63	53.62 (27.99)			
122	Munoz, Ethan	16	Stingrays Swim Team	53.63	53.70
	25.84	53.70 (27.86)			
123	Newman, Cole	16	YMCA of the Triangle Area	51.59	53.72
	25.76	53.72 (27.96)			
124	Fraser, Jared	15	SwimRVA	54.20	53.97
	25.97	53.97 (28.00)			
125	Campbell, Cole	14	Lynchburg YMCA	50.87	54.15
	24.83	54.15 (29.32)			
126	Kessler, Jared	16	Stingrays Swim Team	53.50	54.35
	25.75	54.35 (28.60)			
127	Keough, Shane	14	YMCA of the Triangle Area	55.35	54.47
	25.98	54.47 (28.49)			
128	Fenton, Thomas	18	Lynchburg YMCA	50.75	54.70
	26.08	54.70 (28.62)			
129	Wells, Gregory	16	Quest Swimming	54.58	55.31
	27.30	55.31 (28.01)			
130	Cheatham, Zachary	14	SwimRVA	55.88	55.61
	26.59	55.61 (29.02)			

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 30 Men 13 & Over 100 Yard Freestyle)

	Name	Age	Team	Seed Time	Prelim Time
131	Prudhomme, John	15	Tide Swimming	58.80	55.82
	26.93	55.82 (28.89)			
132	Stowell, Ethan	16	Tide Swimming	54.68	55.93
	27.08	55.93 (28.85)			
133	Kibler, Christian	13	Battlefiels Area Star Swimmers	54.77	56.45
	26.97	56.45 (29.48)			
134	Watterson, Landon	16	Stingrays Swim Team	58.33	57.88
	28.03	57.88 (29.85)			

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 31 Women 13 & Over 200 Yard IM

Meet Record: **2:02.83 ! 11/5/2023 Emerson Callis QSTS -VA**

2:02.19 WJR USA-S Winter JRs

2:06.39 FUT USA-S Futures

2:09.79 YNAT YMCA SCY Nationals

2:14.49 VSR VSI SR Champs

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	Callis, Emerson	15	Quest Swimming	2:02.83	2:02.12 !	WJR
	26.52	57.53 (31.01)	1:33.70 (36.17)	2:02.12 (28.42)		
2	Redman, Emma	17	The Fish	2:03.66	2:02.13	WJR
	27.08	57.78 (30.70)	1:33.81 (36.03)	2:02.13 (28.32)		
3	Vernon, Allison	15	Quest Swimming	2:10.37	2:05.97	FUT
	27.39	58.99 (31.60)	1:37.55 (38.56)	2:05.97 (28.42)		
4	Czirjak, Sara	16	Cavalier Aquatics - Piedmont Y	2:08.63	2:06.39	FUT
	28.87	1:00.61 (31.74)	1:36.42 (35.81)	2:06.39 (29.97)		
5	Smith, Cameron	17	Cavalier Aquatics - Piedmont Y	2:10.96	2:09.58	YNAT
	28.01	1:02.92 (34.91)	1:40.47 (37.55)	2:09.58 (29.11)		
6	Moreno, Caprie	15	Tide Swimming	2:11.54	2:09.60	YNAT
	28.41	1:02.99 (34.58)	1:40.76 (37.77)	2:09.60 (28.84)		
7	Eichberg, Lily	17	Stingrays Swim Team	2:11.66	2:10.28	VSR
	27.76	1:00.92 (33.16)	1:39.51 (38.59)	2:10.28 (30.77)		
8	Price, Piper	16	SwimRVA	2:11.41	2:12.50	VSR
	28.13	1:01.86 (33.73)	1:39.88 (38.02)	2:12.50 (32.62)		
B - Final						
9	Bendall, Allisan	17	Cavalier Aquatics - Piedmont Y	2:12.87	2:11.36	VSR
	29.78	1:04.34 (34.56)	1:40.54 (36.20)	2:11.36 (30.82)		
10	Osada, Elizabeth	15	Cavalier Aquatics - Piedmont Y	2:13.28	2:11.87	VSR
	28.10	1:01.88 (33.78)	1:41.49 (39.61)	2:11.87 (30.38)		
11	Watts, Emma	15	The Fish	2:13.92	2:12.39	VSR
	27.96	1:01.47 (33.51)	1:40.84 (39.37)	2:12.39 (31.55)		
12	Smith, Breanna	17	YMCA of the Triangle Area	2:13.66	2:12.44	VSR
	28.77	1:04.12 (35.35)	1:41.54 (37.42)	2:12.44 (30.90)		
13	Ayres, Meghan	13	Cavalier Aquatics - Piedmont Y	2:12.92	2:13.73	VSR
	29.51	1:04.72 (35.21)	1:42.46 (37.74)	2:13.73 (31.27)		
14	Grabowski, Arielle	16	Stingrays Swim Team	2:13.89	2:14.43	VSR
	28.85	1:03.36 (34.51)	1:43.00 (39.64)	2:14.43 (31.43)		
15	Shaps, Katherine	15	Battlefiels Area Star Swimmers	2:13.11	2:15.56	
	28.79	1:04.32 (35.53)	1:45.30 (40.98)	2:15.56 (30.26)		
16	Ix, Sara	17	Quest Swimming	2:12.94	2:16.55	
	28.96	1:04.15 (35.19)	1:44.63 (40.48)	2:16.55 (31.92)		
C - Final						
17	Scherer, Anne	16	Cavalier Aquatics - Piedmont Y	2:15.01	2:11.54	VSR
	29.89	1:02.32 (32.43)	1:40.78 (38.46)	2:11.54 (30.76)		
18	Phillips, Lily	15	Cavalier Aquatics - Piedmont Y	2:13.94	2:11.56	VSR
	28.91	1:01.50 (32.59)	1:41.97 (40.47)	2:11.56 (29.59)		
19	Mortimer, Marcy	17	SwimRVA	2:14.65	2:11.86	VSR
	28.01	1:01.68 (33.67)	1:40.44 (38.76)	2:11.86 (31.42)		
20	Everhart, Charlotte	17	Tide Swimming	2:14.87	2:13.10	VSR
	29.64	1:04.03 (34.39)	1:42.80 (38.77)	2:13.10 (30.30)		
21	Ismailova, Diana	15	Cavalier Aquatics - Piedmont Y	2:14.30	2:13.14	VSR
	28.71	1:03.35 (34.64)	1:42.57 (39.22)	2:13.14 (30.57)		
22	Bailey, Brooke	17	SwimRVA	2:13.96	2:14.23	VSR
	29.14	1:04.26 (35.12)	1:44.16 (39.90)	2:14.23 (30.07)		

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C - Final ... (Event 31 Women 13 & Over 200 Yard IM)

	Name	Age	Team	Prelim Time	Finals Time	
23	Cosner, Emerson	17	Quest Swimming	2:14.31	2:15.96	
	28.35	1:04.21 (35.86)	1:45.60 (41.39)	2:15.96 (30.36)		
24	Browne, Virginia	13	Cavalier Aquatics - Piedmont Y	2:15.42	2:18.00	
	28.52	1:04.36 (35.84)	1:45.89 (41.53)	2:18.00 (32.11)		

D - Final

25	Duffy, Savannah	14	Stingrays Swim Team	2:15.92	2:12.97	VSR
	27.33	1:01.50 (34.17)	1:42.10 (40.60)	2:12.97 (30.87)		
26	Ellis, Hannah	14	Stingrays Swim Team	2:17.97	2:15.94	
	28.90	1:02.98 (34.08)	1:43.08 (40.10)	2:15.94 (32.86)		
27	Durrette, Sierra	13	SwimRVA	2:18.72	2:16.58	
	30.36	1:05.77 (35.41)	1:45.50 (39.73)	2:16.58 (31.08)		
28	Wang, Sophie	13	Cavalier Aquatics - Piedmont Y	2:21.81	2:17.26	
	29.48	1:04.53 (35.05)	1:44.94 (40.41)	2:17.26 (32.32)		
29	King, Sedona	13	Cavalier Aquatics - Piedmont Y	2:18.47	2:18.14	
	30.69	1:05.04 (34.35)	1:46.62 (41.58)	2:18.14 (31.52)		
30	Creasey, Marshall	14	Quest Swimming	2:20.50	2:18.51	
	30.63	1:05.59 (34.96)	1:45.42 (39.83)	2:18.51 (33.09)		
31	Nicholson, Samantha	14	Cavalier Aquatics - Piedmont Y	2:20.06	2:20.76	
	31.61	1:07.62 (36.01)	1:48.21 (40.59)	2:20.76 (32.55)		
32	Rancka, Hadley	14	SwimRVA	2:21.48	2:24.56	
	30.53	1:06.79 (36.26)	1:52.15 (45.36)	2:24.56 (32.41)		

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Event 31 Women 13 & Over 200 Yard IM

Meet Record: **2:02.83 ! 11/5/2023 Emerson Callis QSTS -VA**
2:02.19 WJR USA-S Winter JRs
2:06.39 FUT USA-S Futures
2:09.79 YNAT YMCA SCY Nationals
2:14.49 VSR VSI SR Champs

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Callis, Emerson	15	Quest Swimming	1:59.70	2:02.83 !	qFUT
	26.66	57.56 (30.90)	1:33.77 (36.21)	2:02.83 (29.06)		
2	Redman, Emma	17	The Fish	1:59.46	2:03.66	qFUT
	27.01	57.41 (30.40)	1:34.11 (36.70)	2:03.66 (29.55)		
3	Czirjak, Sara	16	Cavalier Aquatics - Piedmont Y	2:05.04	2:08.63	qYNAT
	29.23	1:01.89 (32.66)	1:38.24 (36.35)	2:08.63 (30.39)		
4	Davis, Grey	17	Battlefiels Area Star Swimmers	2:00.73	2:08.80	qYNAT
	26.98	59.92 (32.94)	1:39.02 (39.10)	2:08.80 (29.78)		
5	Vernon, Allison	15	Quest Swimming	2:04.41	2:10.37	qVSR
	27.62	59.95 (32.33)	1:40.64 (40.69)	2:10.37 (29.73)		
6	Smith, Cameron	17	Cavalier Aquatics - Piedmont Y	2:06.78	2:10.96	qVSR
	28.40	1:02.28 (33.88)	1:39.91 (37.63)	2:10.96 (31.05)		
7	Price, Piper	16	SwimRVA	2:06.70	2:11.41	qVSR
	28.37	1:02.54 (34.17)	1:39.53 (36.99)	2:11.41 (31.88)		
8	Moreno, Caprie	15	Tide Swimming	2:08.76	2:11.54	qVSR
	28.30	1:03.00 (34.70)	1:41.98 (38.98)	2:11.54 (29.56)		
9	Eichberg, Lily	17	Stingrays Swim Team	2:06.78	2:11.66	qVSR
	28.36	1:01.95 (33.59)	1:40.38 (38.43)	2:11.66 (31.28)		
10	Mithqal, Mariam	17	Cavalier Aquatics - Piedmont Y	2:12.56	2:12.01	qVSR
	29.89	1:04.36 (34.47)	1:42.40 (38.04)	2:12.01 (29.61)		
11	Gray, Lauren	16	Tide Swimming	2:13.89	2:12.81	qVSR
	29.32	1:03.69 (34.37)	1:42.11 (38.42)	2:12.81 (30.70)		
12	Bendall, Allisan	17	Cavalier Aquatics - Piedmont Y	2:10.59	2:12.87	qVSR
	29.87	1:04.79 (34.92)	1:41.27 (36.48)	2:12.87 (31.60)		
13	Ayres, Meghan	13	Cavalier Aquatics - Piedmont Y	2:11.20	2:12.92	qVSR
	29.23	1:04.34 (35.11)	1:42.15 (37.81)	2:12.92 (30.77)		
14	Ix, Sara	17	Quest Swimming	2:13.36	2:12.94	qVSR
	28.77	1:02.59 (33.82)	1:41.99 (39.40)	2:12.94 (30.95)		
15	Shaps, Katherine	15	Battlefiels Area Star Swimmers	2:10.67	2:13.11	qVSR
	28.07	1:01.52 (33.45)	1:42.37 (40.85)	2:13.11 (30.74)		
16	Osada, Elizabeth	15	Cavalier Aquatics - Piedmont Y	2:11.26	2:13.28	qVSR
	28.06	1:02.60 (34.54)	1:43.87 (41.27)	2:13.28 (29.41)		
17	Smith, Breanna	17	YMCA of the Triangle Area	2:08.98	2:13.66	qVSR
	29.06	1:03.69 (34.63)	1:42.34 (38.65)	2:13.66 (31.32)		
18	Teague, Sara	16	Tide Swimming	2:09.00	2:13.67	qVSR
	29.30	1:02.75 (33.45)	1:43.57 (40.82)	2:13.67 (30.10)		
19	Grabowski, Arielle	16	Stingrays Swim Team	2:15.38	2:13.89	qVSR
	29.14	1:02.81 (33.67)	1:42.39 (39.58)	2:13.89 (31.50)		
20	Watts, Emma	15	The Fish	2:09.44	2:13.92	qVSR
	28.79	1:03.06 (34.27)	1:43.01 (39.95)	2:13.92 (30.91)		
21	Phillips, Lily	15	Cavalier Aquatics - Piedmont Y	2:15.17	2:13.94	qVSR
	28.79	1:02.11 (33.32)	1:42.64 (40.53)	2:13.94 (31.30)		
22	Bailey, Brooke	17	SwimRVA	2:09.39	2:13.96	qVSR
	28.53	1:02.82 (34.29)	1:43.30 (40.48)	2:13.96 (30.66)		
23	Ismailova, Diana	15	Cavalier Aquatics - Piedmont Y	2:11.98	2:14.30	qVSR
	28.94	1:03.82 (34.88)	1:43.23 (39.41)	2:14.30 (31.07)		

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Preliminaries ... (Event 31 Women 13 & Over 200 Yard IM)

	Name	Age	Team	Seed Time	Prelim Time	
24	Cosner, Emerson	17	Quest Swimming	2:11.65	2:14.31	qVSR
	27.92	1:03.43 (35.51)	1:43.90 (40.47)	2:14.31 (30.41)		
25	Mortimer, Marcy	17	SwimRVA	2:10.51	2:14.65	q
	28.86	1:03.43 (34.57)	1:42.78 (39.35)	2:14.65 (31.87)		
26	Duffy, Dara	16	Tide Swimming	2:15.07	2:14.66	q
	29.51	1:03.30 (33.79)	1:44.81 (41.51)	2:14.66 (29.85)		
27	Everhart, Charlotte	17	Tide Swimming	2:13.25	2:14.87	q
	29.66	1:05.35 (35.69)	1:45.31 (39.96)	2:14.87 (29.56)		
28	Scherer, Anne	16	Cavalier Aquatics - Piedmont Y	2:16.16	2:15.01	q
	30.84	1:05.84 (35.00)	1:44.06 (38.22)	2:15.01 (30.95)		
29	Browne, Virginia	13	Cavalier Aquatics - Piedmont Y	2:14.12	2:15.42	q
	28.74	1:03.83 (35.09)	1:44.88 (41.05)	2:15.42 (30.54)		
30	Eberle, Layla	15	Tide Swimming	2:14.53	2:15.65	q
	29.97	1:04.36 (34.39)	1:44.86 (40.50)	2:15.65 (30.79)		
31	Barrett, Calista	15	Stingrays Swim Team	2:15.08	2:15.83	q
	29.06	1:03.01 (33.95)	1:44.20 (41.19)	2:15.83 (31.63)		
32	Duffy, Savannah	14	Stingrays Swim Team	2:13.53	2:15.92	q
	27.46	1:02.40 (34.94)	1:43.82 (41.42)	2:15.92 (32.10)		
33	Rawlins, Afsana	16	Tide Swimming	2:14.84	2:16.66	
	28.71	1:04.89 (36.18)	1:44.68 (39.79)	2:16.66 (31.98)		
34	Everhart, Norah	15	Tide Swimming	2:15.78	2:16.93	
	29.15	1:04.92 (35.77)	1:44.79 (39.87)	2:16.93 (32.14)		
35	Gahagan, Maggie	17	Tide Swimming	2:14.57	2:16.99	
	30.72	1:05.79 (35.07)	1:46.20 (40.41)	2:16.99 (30.79)		
36	Taylor, Avery	16	Tide Swimming	2:14.81	2:17.14	
	29.82	1:03.90 (34.08)	1:46.25 (42.35)	2:17.14 (30.89)		
37	Hoover, Davia	17	Stingrays Swim Team	2:18.39	2:17.16	
	28.53	1:03.09 (34.56)	1:45.30 (42.21)	2:17.16 (31.86)		
38	Mierenfeld, Ellie	15	SwimRVA	2:18.17	2:17.20	
	29.45	1:03.28 (33.83)	1:45.35 (42.07)	2:17.20 (31.85)		
39	Miyashita, Libby	16	SwimRVA	2:16.35	2:17.29	
	28.56	1:03.17 (34.61)	1:44.34 (41.17)	2:17.29 (32.95)		
40	Twigg, Madelynn	18	Winchester Swim Team	2:18.33	2:17.93	
	29.38	1:02.97 (33.59)	1:46.21 (43.24)	2:17.93 (31.72)		
41	Ellis, Hannah	14	Stingrays Swim Team	2:18.75	2:17.97	
	28.78	1:03.12 (34.34)	1:45.34 (42.22)	2:17.97 (32.63)		
42	King, Sedona	13	Cavalier Aquatics - Piedmont Y	2:14.23	2:18.47	
	30.81	1:05.07 (34.26)	1:48.04 (42.97)	2:18.47 (30.43)		
43	McCardle, Reese	15	Battlefiels Area Star Swimmers	2:21.71	2:18.62	
	29.91	1:04.58 (34.67)	1:47.52 (42.94)	2:18.62 (31.10)		
44	Durrette, Sierra	13	SwimRVA	2:17.47	2:18.72	
	30.80	1:06.36 (35.56)	1:46.46 (40.10)	2:18.72 (32.26)		
45	Schundler, Elizabeth	17	Battlefiels Area Star Swimmers	2:11.63	2:18.73	
	28.96	1:04.67 (35.71)	1:46.03 (41.36)	2:18.73 (32.70)		
46	Kryszon, Madison	17	Quest Swimming	2:18.42	2:18.99	
	30.63	1:07.48 (36.85)	1:47.60 (40.12)	2:18.99 (31.39)		
47	O'Keefe, Paige	17	YMCA of the Triangle Area	2:12.56	2:19.22	
	30.34	1:05.17 (34.83)	1:48.49 (43.32)	2:19.22 (30.73)		
48	Sivak, Audrey	16	Quest Swimming	2:16.90	2:19.57	
	30.09	1:04.94 (34.85)	1:47.01 (42.07)	2:19.57 (32.56)		
49	Stein, Abigail	16	The Fish	2:22.10	2:19.68	
	30.95	1:06.36 (35.41)	1:48.56 (42.20)	2:19.68 (31.12)		

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	Name	Age	Team	Seed Time	Prelim Time
50	Healey, Caroline	17	YMCA of the Triangle Area	2:20.51	2:19.87
	29.39	1:04.18 (34.79)	1:47.79 (43.61)	2:19.87 (32.08)	
51	Mitchell, Aubrey	15	YMCA of the Triangle Area	2:23.23	2:19.90
	28.84	1:04.25 (35.41)	1:48.37 (44.12)	2:19.90 (31.53)	
52	Nicholson, Samantha	14	Cavalier Aquatics - Piedmont Y	2:17.17	2:20.06
	30.45	1:06.18 (35.73)	1:47.66 (41.48)	2:20.06 (32.40)	
53	Stuart, Winifred	15	YMCA of the Triangle Area	2:16.84	2:20.21
	30.16	1:05.80 (35.64)	1:47.16 (41.36)	2:20.21 (33.05)	
54	Schoenfeld, Elyse	15	Tide Swimming	2:23.49	2:20.26
	31.20	1:06.70 (35.50)	1:48.18 (41.48)	2:20.26 (32.08)	
55	Womble, Peyton	15	YMCA of the Triangle Area	2:22.54	2:20.28
	29.08	1:06.10 (37.02)	1:49.17 (43.07)	2:20.28 (31.11)	
56	Hinton, Carter	16	Quest Swimming	2:22.42	2:20.31
	30.43	1:06.51 (36.08)	1:48.39 (41.88)	2:20.31 (31.92)	
57	Creasey, Marshall	14	Quest Swimming	2:18.46	2:20.50
	31.15	1:06.36 (35.21)	1:46.85 (40.49)	2:20.50 (33.65)	
58	Schmidt, Meghan	18	SwimRVA	2:15.09	2:20.71
	30.77	1:07.42 (36.65)	1:48.93 (41.51)	2:20.71 (31.78)	
59	Marcussen, Lise	17	Tide Swimming	2:18.26	2:20.90
	30.55	1:06.06 (35.51)	1:48.10 (42.04)	2:20.90 (32.80)	
60	Crowder, Audrey	16	YMCA of the Triangle Area	2:13.38	2:20.92
	30.50	1:07.01 (36.51)	1:48.18 (41.17)	2:20.92 (32.74)	
61	Hoang, Angelina	16	Cavalier Aquatics - Piedmont Y	2:25.30	2:20.97
	28.93	1:03.93 (35.00)	1:48.01 (44.08)	2:20.97 (32.96)	
62	Rancka, Hadley	14	SwimRVA	2:23.30	2:21.48
	30.06	1:05.87 (35.81)	1:49.16 (43.29)	2:21.48 (32.32)	
63	Brown, Sarah	18	Quest Swimming	2:13.33	2:21.51
	30.23	1:06.83 (36.60)	1:49.65 (42.82)	2:21.51 (31.86)	
64	Oluwabusola, Mya	16	Tide Swimming	2:17.47	2:21.80
	29.06	1:10.11 (41.05)	1:50.26 (40.15)	2:21.80 (31.54)	
65	Wang, Sophie	13	Cavalier Aquatics - Piedmont Y	2:20.35	2:21.81
	30.37	1:06.61 (36.24)	1:48.18 (41.57)	2:21.81 (33.63)	
66	VanderBroek, Allie	17	YMCA of the Triangle Area	2:18.17	2:21.95
	30.36	1:07.72 (37.36)	1:48.62 (40.90)	2:21.95 (33.33)	
67	Moore, Morgan	18	Stingrays Swim Team	2:26.56	2:22.03
	31.22	1:07.97 (36.75)	1:50.30 (42.33)	2:22.03 (31.73)	
68	Rogerson, Annika	16	SwimRVA	2:20.60	2:22.17
	29.29	1:05.33 (36.04)	1:49.98 (44.65)	2:22.17 (32.19)	
69	Pogorzelski, Camryn Elise	15	Tide Swimming	2:22.84	2:22.44
	31.94	1:07.92 (35.98)	1:50.34 (42.42)	2:22.44 (32.10)	
*70	Bakelaar, Katherine	16	YMCA of the Triangle Area	2:16.70	2:22.75
	29.70	1:06.91 (37.21)	1:50.35 (43.44)	2:22.75 (32.40)	
*70	Woolley, Jamison	17	Tide Swimming	2:24.91	2:22.75
	30.14	1:07.09 (36.95)	1:51.44 (44.35)	2:22.75 (31.31)	
72	Whiteman, Sydney	15	Tide Swimming	2:15.89	2:22.95
	30.69	1:07.04 (36.35)	1:49.97 (42.93)	2:22.95 (32.98)	
73	Christopherson, Virginia	14	YMCA of the Triangle Area	2:25.78	2:23.01
	30.67	1:06.56 (35.89)	1:51.11 (44.55)	2:23.01 (31.90)	
74	Peters, Riley	15	The Fish	2:25.26	2:23.07
	31.60	1:07.89 (36.29)	1:51.20 (43.31)	2:23.07 (31.87)	
75	Wright, Ava	17	YMCA of the Triangle Area	2:22.17	2:23.17
	33.61	1:11.66 (38.05)	1:50.60 (38.94)	2:23.17 (32.57)	
76	Caress, Lula	17	YMCA of the Triangle Area	2:22.40	2:23.26
	31.58	1:07.14 (35.56)	1:49.92 (42.78)	2:23.26 (33.34)	

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	Name	Age	Team	Seed Time	Prelim Time
77	Hodulik, Sydney	16	YMCA of the Triangle Area	2:20.74	2:23.43
	31.59	1:06.83 (35.24)	1:50.60 (43.77)	2:23.43 (32.83)	
78	Webb, Elizabeth	13	Lynchburg YMCA	2:24.11	2:23.64
	32.43	1:09.67 (37.24)	1:51.31 (41.64)	2:23.64 (32.33)	
79	Granger, Bermuda	18	Tide Swimming	2:21.49	2:23.83
	31.46	1:07.87 (36.41)	1:51.43 (43.56)	2:23.83 (32.40)	
80	Snyder, Paige	14	YMCA of the Triangle Area	2:22.68	2:24.30
	30.86	1:09.05 (38.19)	1:52.33 (43.28)	2:24.30 (31.97)	
81	Organ, Macy	16	YMCA of the Triangle Area	2:23.08	2:24.37
	29.20	1:08.67 (39.47)	1:50.39 (41.72)	2:24.37 (33.98)	
82	Brown, Scotia	17	YMCA of the Triangle Area	2:31.04	2:24.50
	30.11	1:10.26 (40.15)	1:52.65 (42.39)	2:24.50 (31.85)	
83	Zhu, Emily	15	Cavalier Aquatics - Piedmont Y	2:19.58	2:24.80
	31.50	1:08.03 (36.53)	1:50.17 (42.14)	2:24.80 (34.63)	
84	Swafford, Elizabeth	16	YMCA of the Triangle Area	2:21.41	2:24.81
	31.42	1:08.10 (36.68)	1:51.07 (42.97)	2:24.81 (33.74)	
85	Musto, Bernadette	16	Tide Swimming	2:18.23	2:25.27
	30.58	1:06.62 (36.04)	1:52.18 (45.56)	2:25.27 (33.09)	
86	Giroud, Caroline	16	Tide Swimming	2:22.34	2:25.64
	31.04	1:08.80 (37.76)	1:52.90 (44.10)	2:25.64 (32.74)	
87	McNutt, Payton	14	YMCA of the Triangle Area	2:24.33	2:25.83
	29.73	1:09.75 (40.02)	1:52.34 (42.59)	2:25.83 (33.49)	
88	Miller, Evie	15	Stingrays Swim Team	2:17.58	2:25.88
	31.45	1:07.47 (36.02)	1:53.80 (46.33)	2:25.88 (32.08)	
89	Cox, Madelynn	15	YMCA of the Triangle Area	2:22.91	2:26.45
	31.01	1:08.14 (37.13)	1:50.07 (41.93)	2:26.45 (36.38)	
90	DiGiacomo, Sirena	15	SwimRVA	2:24.68	2:26.80
	30.26	1:06.19 (35.93)	1:50.94 (44.75)	2:26.80 (35.86)	
*91	Avery, Anne	17	Tide Swimming	2:14.72	2:26.88
	32.81	1:10.39 (37.58)	1:53.79 (43.40)	2:26.88 (33.09)	
*91	Volpe, Alena	15	YMCA of the Triangle Area	2:24.53	2:26.88
	31.55	1:10.44 (38.89)	1:52.86 (42.42)	2:26.88 (34.02)	
93	Pittenger, Olivia	13	YMCA of the Triangle Area	2:42.40	2:27.03
	33.33	1:10.33 (37.00)	1:52.51 (42.18)	2:27.03 (34.52)	
94	Muhlenkamp, Addison	16	Stingrays Swim Team	2:15.14	2:27.25
	31.43	1:08.14 (36.71)	1:52.23 (44.09)	2:27.25 (35.02)	
95	Lehmann, Zofia	15	Tide Swimming	2:45.39	2:27.62
	32.03	1:11.73 (39.70)	1:54.44 (42.71)	2:27.62 (33.18)	
96	Lear, Reagan	15	Quest Swimming	2:25.98	2:29.69
	30.81	1:08.30 (37.49)	1:55.71 (47.41)	2:29.69 (33.98)	
97	Carden, Cadence	13	SwimRVA	2:28.71	2:30.20
	31.94	1:09.62 (37.68)	1:55.01 (45.39)	2:30.20 (35.19)	
98	Fishburn, Poppy	14	YMCA of the Triangle Area	2:27.37	2:31.36
	33.65	1:11.83 (38.18)	2:00.34 (48.51)	2:31.36 (31.02)	
99	Baraceros, Kamille	17	Quest Swimming	2:23.27	2:31.75
	31.53	1:10.85 (39.32)	1:57.39 (46.54)	2:31.75 (34.36)	
100	Wertzler, Eleanor	14	The Fish	2:35.26	2:31.87
	31.10	1:08.72 (37.62)	1:56.57 (47.85)	2:31.87 (35.30)	
101	Eubanks, Leah	13	The Fish	2:36.30	2:32.45
	31.93	1:10.08 (38.15)	1:59.33 (49.25)	2:32.45 (33.12)	
102	Strach, Maya	17	Tide Swimming	2:23.27	2:33.55
	31.78	1:10.96 (39.18)	1:57.49 (46.53)	2:33.55 (36.06)	
103	Ruppert, Madelynn	13	Quest Swimming	2:41.76	2:37.45
	38.43	1:18.27 (39.84)	2:01.99 (43.72)	2:37.45 (35.46)	

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 31 Women 13 & Over 200 Yard IM)

	Name	Age	Team	Seed Time	Prelim Time
104	Sherrill, Hannah	16	SwimRVA	2:25.85	2:37.61
	31.56	1:12.41 (40.85)	2:00.29 (47.88)	2:37.61 (37.32)	
105	Brown, Chloe	13	SwimRVA	2:38.76	2:38.49
	33.15	1:16.30 (43.15)	1:59.15 (42.85)	2:38.49 (39.34)	
106	Gao, Annie	15	The Fish	2:35.31	2:41.73
	32.71	1:12.47 (39.76)	2:02.87 (50.40)	2:41.73 (38.86)	
107	Freeman, Casey	16	YMCA of the Triangle Area	2:54.09	2:53.70
	37.43	1:18.97 (41.54)	2:16.40 (57.43)	2:53.70 (37.30)	
---	Lundeberg, Ilsa	17	Quest Swimming	2:11.98	DQ
	28.16	1:02.61 (34.45)	1:40.78 (38.17)	DQ (30.81)	
---	Young, Arianna	15	SwimRVA	2:28.48	DQ
	30.90	1:10.50 (39.60)	1:53.07 (42.57)	DQ (35.31)	

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 32 Men 13 & Over 200 Yard IM

Meet Record: **1:51.28 ! 11/5/2023 Thomas Heilman CA-Y-VA**
1:50.09 WJR USA-S Winter JRs
1:53.89 FUT USA-S Futures
1:57.79 YNAT YMCA SCY Nationals
2:02.69 VSR VSI SR Champs

	Name	Age	Team	Prelim Time	Finals Time	
A - Final						
1	Heilman, Thomas	16	Cavalier Aquatics - Piedmont Y	1:51.28	1:45.95 !	WJR
	23.00	50.67 (27.67)	1:21.57 (30.90)	1:45.95 (24.38)		
2	Hoban, Owen	17	Stingrays Swim Team	1:52.03	1:49.37	WJR
	23.66	50.88 (27.22)	1:23.01 (32.13)	1:49.37 (26.36)		
3	Taylor, John	19	YMCA of the Triangle Area	1:51.96	1:49.79	WJR
	24.28	53.83 (29.55)	1:23.42 (29.59)	1:49.79 (26.37)		
4	King, David	18	Cavalier Aquatics - Piedmont Y	1:54.28	1:52.74	FUT
	24.44	52.78 (28.34)	1:26.18 (33.40)	1:52.74 (26.56)		
5	Warnagiris, Joseph	16	Winchester Swim Team	1:54.65	1:54.09	YNAT
	24.97	53.51 (28.54)	1:27.13 (33.62)	1:54.09 (26.96)		
6	Moore, Maxwell	18	Cavalier Aquatics - Piedmont Y	1:55.42	1:55.03	YNAT
	25.40	55.34 (29.94)	1:28.10 (32.76)	1:55.03 (26.93)		
7	Mori, Axel	18	YMCA of the Triangle Area	1:58.75	1:56.99	YNAT
	24.09	54.01 (29.92)	1:30.20 (36.19)	1:56.99 (26.79)		
---	Mills, Jack	18	Lynchburg YMCA	1:56.20	DQ	
	25.44	57.06 (31.62)	1:33.60 (36.54)	DQ (28.08)		
B - Final						
9	Senfield, Thomas	15	SwimRVA	1:59.65	1:57.39	YNAT
	25.35	55.07 (29.72)	1:29.73 (34.66)	1:57.39 (27.66)		
10	Hu, Charles	17	The Fish	1:58.83	1:57.92	VSR
	25.88	55.93 (30.05)	1:32.20 (36.27)	1:57.92 (25.72)		
11	Marshall, Connor	17	Cavalier Aquatics - Piedmont Y	2:00.75	2:01.86	VSR
	25.61	56.81 (31.20)	1:33.05 (36.24)	2:01.86 (28.81)		
12	Clippinger, Jack	16	SwimRVA	2:01.31	2:01.88	VSR
	25.96	59.08 (33.12)	1:33.54 (34.46)	2:01.88 (28.34)		
13	Wang, Richard	16	Cavalier Aquatics - Piedmont Y	1:59.66	2:01.92	VSR
	24.98	57.04 (32.06)	1:33.35 (36.31)	2:01.92 (28.57)		
14	Goad, Zachary	16	Quest Swimming	2:00.63	2:02.57	VSR
	25.20	55.32 (30.12)	1:33.37 (38.05)	2:02.57 (29.20)		
15	West, Ryan	17	YMCA of the Triangle Area	2:01.50	2:05.19	
	27.19	58.56 (31.37)	1:35.93 (37.37)	2:05.19 (29.26)		
---	Cullaty, John	15	Cavalier Aquatics - Piedmont Y	2:01.02	DQ	
	25.96	58.93 (32.97)	1:35.46 (36.53)	DQ (31.05)		
C - Final						
17	Hodges, Joshua	16	Battlefiels Area Star Swimmers	2:02.69	1:58.28	VSR
	24.77	55.56 (30.79)	1:29.98 (34.42)	1:58.28 (28.30)		
18	Edmondson, Eli	16	YMCA of the Triangle Area	2:02.07	1:58.75	VSR
	24.67	55.55 (30.88)	1:30.99 (35.44)	1:58.75 (27.76)		
19	Schonfelder, Maxwell	17	Lynchburg YMCA	2:01.92	1:58.92	VSR
	25.78	57.11 (31.33)	1:31.36 (34.25)	1:58.92 (27.56)		
20	Lajoie, Benjamin	16	YMCA of the Triangle Area	2:02.96	2:02.20	VSR
	26.77	57.50 (30.73)	1:33.83 (36.33)	2:02.20 (28.37)		
21	Salpeter, Troy	15	Tide Swimming	2:02.83	2:04.78	
	27.26	58.70 (31.44)	1:34.90 (36.20)	2:04.78 (29.88)		
22	Jiminez, Patrick	15	The Fish	2:02.51	2:05.26	
	27.03	59.78 (32.75)	1:35.70 (35.92)	2:05.26 (29.56)		

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Results

C - Final ... (Event 32 Men 13 & Over 200 Yard IM)

	Name	Age	Team	Prelim Time	Finals Time	
23	Bergmann, Theodor	16	Cavalier Aquatics - Piedmont Y	2:02.02	2:06.14	
	27.14	59.13 (31.99)	1:37.07 (37.94)	2:06.14 (29.07)		
24	Dykman, Robert	16	Stingrays Swim Team	2:02.86	2:07.77	
	25.45	56.90 (31.45)	1:36.30 (39.40)	2:07.77 (31.47)		

D - Final

25	Hottle, Luke	14	Lynchburg YMCA	2:04.68	2:00.84	VSR
	26.55	58.77 (32.22)	1:33.07 (34.30)	2:00.84 (27.77)		
26	Zimmer, Julian	14	Quest Swimming	2:04.11	2:01.65	VSR
	26.52	57.55 (31.03)	1:33.87 (36.32)	2:01.65 (27.78)		
27	Sanchez, Luca	14	The Fish	2:04.80	2:04.79	
	27.09	57.97 (30.88)	1:35.53 (37.56)	2:04.79 (29.26)		
28	Rice, Hudson	14	Lynchburg YMCA	2:05.93	2:04.86	
	26.90	59.77 (32.87)	1:36.71 (36.94)	2:04.86 (28.15)		
29	Greer, Ayden	13	SwimRVA	2:05.24	2:05.88	
	28.17	1:00.82 (32.65)	1:35.59 (34.77)	2:05.88 (30.29)		
30	Sanders, Barrett	13	SwimRVA	2:07.04	2:05.99	
	26.80	59.08 (32.28)	1:36.29 (37.21)	2:05.99 (29.70)		
31	Young, Floyd	14	SwimRVA	2:05.29	2:06.25	
	27.39	1:00.00 (32.61)	1:36.73 (36.73)	2:06.25 (29.52)		
---	Woodruff, Graham	14	Lynchburg YMCA	2:05.69	DQ	
	26.66	58.51 (31.85)	1:37.55 (39.04)	DQ (27.63)		

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 32 Men 13 & Over 200 Yard IM

Meet Record: **1:51.28 ! 11/5/2023 Thomas Heilman CA-Y-VA**
1:50.09 WJR USA-S Winter JRs
1:53.89 FUT USA-S Futures
1:57.79 YNAT YMCA SCY Nationals
2:02.69 VSR VSI SR Champs

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Heilman, Thomas	16	Cavalier Aquatics - Piedmont Y	1:41.71	1:51.28!	qFUT
	23.40	51.27 (27.87)	1:23.78 (32.51)	1:51.28 (27.50)		
2	Taylor, John	19	YMCA of the Triangle Area	1:54.99	1:51.96	qFUT
	25.28	54.86 (29.58)	1:25.00 (30.14)	1:51.96 (26.96)		
3	Hoban, Owen	17	Stingrays Swim Team	1:49.89	1:52.03	qFUT
	24.18	52.65 (28.47)	1:25.20 (32.55)	1:52.03 (26.83)		
4	Browne, William	16	Cavalier Aquatics - Piedmont Y	1:47.72	1:52.70	qFUT
	24.08	53.21 (29.13)	1:26.29 (33.08)	1:52.70 (26.41)		
5	King, David	18	Cavalier Aquatics - Piedmont Y	1:49.60	1:54.28	qYNAT
	24.27	52.23 (27.96)	1:26.32 (34.09)	1:54.28 (27.96)		
6	Warnagiris, Joseph	16	Winchester Swim Team	1:54.65	1:54.65	qYNAT
	24.72	53.52 (28.80)	1:27.63 (34.11)	1:54.65 (27.02)		
7	Moore, Maxwell	18	Cavalier Aquatics - Piedmont Y	1:52.63	1:55.42	qYNAT
	25.11	55.25 (30.14)	1:28.28 (33.03)	1:55.42 (27.14)		
8	Mills, Jack	18	Lynchburg YMCA	1:51.28	1:56.20	qYNAT
	24.17	54.21 (30.04)	1:29.06 (34.85)	1:56.20 (27.14)		
9	Mori, Axel	18	YMCA of the Triangle Area	1:54.67	1:58.75	qVSR
	25.11	55.53 (30.42)	1:31.12 (35.59)	1:58.75 (27.63)		
10	Hu, Charles	17	The Fish	1:59.78	1:58.83	qVSR
	26.45	56.97 (30.52)	1:32.34 (35.37)	1:58.83 (26.49)		
11	Senfield, Thomas	15	SwimRVA	1:58.85	1:59.65	qVSR
	26.06	56.40 (30.34)	1:31.74 (35.34)	1:59.65 (27.91)		
12	Wang, Richard	16	Cavalier Aquatics - Piedmont Y	2:00.04	1:59.66	qVSR
	25.02	55.04 (30.02)	1:31.82 (36.78)	1:59.66 (27.84)		
13	Lineberry, Alexander	18	Tide Swimming	1:59.16	1:59.87	qVSR
	27.41	55.39 (27.98)	1:31.25 (35.86)	1:59.87 (28.62)		
14	VanSlyke, John	17	Tide Swimming	1:59.10	2:00.46	qVSR
	26.11	57.50 (31.39)	1:33.88 (36.38)	2:00.46 (26.58)		
15	Goad, Zachary	16	Quest Swimming	2:00.40	2:00.63	qVSR
	24.94	55.60 (30.66)	1:31.66 (36.06)	2:00.63 (28.97)		
16	Marshall, Connor	17	Cavalier Aquatics - Piedmont Y	2:09.92	2:00.75	qVSR
	25.32	56.24 (30.92)	1:31.88 (35.64)	2:00.75 (28.87)		
17	Cullaty, John	15	Cavalier Aquatics - Piedmont Y	2:02.70	2:01.02	qVSR
	25.63	55.71 (30.08)	1:32.12 (36.41)	2:01.02 (28.90)		
18	Clippinger, Jack	16	SwimRVA	1:59.75	2:01.31	qVSR
	25.73	58.36 (32.63)	1:32.81 (34.45)	2:01.31 (28.50)		
19	West, Ryan	17	YMCA of the Triangle Area	2:04.39	2:01.50	qVSR
	26.21	56.18 (29.97)	1:32.81 (36.63)	2:01.50 (28.69)		
20	Schonfelder, Maxwell	17	Lynchburg YMCA	1:56.02	2:01.92	qVSR
	26.08	58.20 (32.12)	1:33.66 (35.46)	2:01.92 (28.26)		
21	Bergmann, Theodor	16	Cavalier Aquatics - Piedmont Y	2:06.47	2:02.02	qVSR
	26.23	57.39 (31.16)	1:33.65 (36.26)	2:02.02 (28.37)		
22	Edmondson, Eli	16	YMCA of the Triangle Area	1:58.81	2:02.07	qVSR
	25.54	57.71 (32.17)	1:33.63 (35.92)	2:02.07 (28.44)		
23	Wilkerson, Chase	15	Tide Swimming	2:05.51	2:02.18	qVSR
	26.54	55.99 (29.45)	1:33.19 (37.20)	2:02.18 (28.99)		

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Results

Preliminaries ... (Event 32 Men 13 & Over 200 Yard IM)

	Name	Age	Team	Seed Time	Prelim Time	
24	Jiminez, Patrick	15	The Fish	2:04.36	2:02.51	qVSR
	26.25	59.31 (33.06)	1:34.05 (34.74)	2:02.51 (28.46)		
25	Olson, Thomas	17	Cavalier Aquatics - Piedmont Y	1:58.68	2:02.58	qVSR
	27.25	59.06 (31.81)	1:33.42 (34.36)	2:02.58 (29.16)		
26	McCoy, Colt	16	Tide Swimming	2:03.09	2:02.63	qVSR
	27.37	57.82 (30.45)	1:33.76 (35.94)	2:02.63 (28.87)		
27	Hodges, Joshua	16	Battlefiels Area Star Swimmers	1:56.22	2:02.69	qVSR
	25.61	57.73 (32.12)	1:33.40 (35.67)	2:02.69 (29.29)		
28	Salpeter, Troy	15	Tide Swimming	2:03.85	2:02.83	q
	27.12	58.22 (31.10)	1:33.76 (35.54)	2:02.83 (29.07)		
29	Dykman, Robert	16	Stingrays Swim Team	2:07.07	2:02.86	q
	25.19	56.01 (30.82)	1:33.34 (37.33)	2:02.86 (29.52)		
30	Luzak, Landon	17	Tide Swimming	1:59.64	2:02.88	q
	26.92	59.51 (32.59)	1:34.35 (34.84)	2:02.88 (28.53)		
31	Lajoie, Benjamin	16	YMCA of the Triangle Area	1:57.65	2:02.96	q
	26.83	57.53 (30.70)	1:34.45 (36.92)	2:02.96 (28.51)		
32	Xu, George	16	Lynchburg YMCA	1:59.47	2:03.36	q
	27.02	57.35 (30.33)	1:35.26 (37.91)	2:03.36 (28.10)		
*33	Keenan, Nathaniel	18	Tide Swimming	2:04.76	2:03.38	
	25.35	57.76 (32.41)	1:36.79 (39.03)	2:03.38 (26.59)		
*33	Soliman, David	16	YMCA of the Triangle Area	2:07.70	2:03.38	
	26.05	58.34 (32.29)	1:35.73 (37.39)	2:03.38 (27.65)		

Swim-Off Required

35	Struder IV, Leonard	17	Stingrays Swim Team	2:09.82	2:03.60	
	26.46	56.66 (30.20)	1:34.37 (37.71)	2:03.60 (29.23)		
36	Zhu, Aiden	17	Cavalier Aquatics - Piedmont Y	2:04.42	2:03.87	
	26.18	56.91 (30.73)	1:33.78 (36.87)	2:03.87 (30.09)		
*37	Sample, Finnian	16	The Fish	2:10.11	2:04.11	
	25.72	56.79 (31.07)	1:34.46 (37.67)	2:04.11 (29.65)		
*37	Zimmer, Julian	14	Quest Swimming	2:02.99	2:04.11	
	26.64	58.21 (31.57)	1:35.07 (36.86)	2:04.11 (29.04)		
39	Page, Logan	17	YMCA of the Triangle Area	2:02.62	2:04.22	
	27.01	1:00.35 (33.34)	1:34.66 (34.31)	2:04.22 (29.56)		
40	Craig, Crawford	15	SwimRVA	2:08.27	2:04.27	
	27.94	59.47 (31.53)	1:36.37 (36.90)	2:04.27 (27.90)		
41	Burkey, Tucker	16	Quest Swimming	2:05.26	2:04.29	
	27.26	59.49 (32.23)	1:35.81 (36.32)	2:04.29 (28.48)		
42	Morris, Cameron	15	YMCA of the Triangle Area	2:06.85	2:04.35	
	26.99	58.92 (31.93)	1:35.18 (36.26)	2:04.35 (29.17)		
43	Easton, Chase	15	Cavalier Aquatics - Piedmont Y	2:02.60	2:04.66	
	25.75	57.65 (31.90)	1:36.78 (39.13)	2:04.66 (27.88)		
44	Hottle, Luke	14	Lynchburg YMCA	2:02.63	2:04.68	
	27.51	1:01.08 (33.57)	1:36.82 (35.74)	2:04.68 (27.86)		
45	Volpe, Andrew	17	YMCA of the Triangle Area	1:57.12	2:04.71	
	27.11	59.22 (32.11)	1:35.17 (35.95)	2:04.71 (29.54)		
46	Sanchez, Luca	14	The Fish	2:09.62	2:04.80	
	26.45	56.89 (30.44)	1:35.18 (38.29)	2:04.80 (29.62)		
47	McCarthy, Connor	16	Quest Swimming	2:04.66	2:04.86	
	26.78	57.58 (30.80)	1:35.32 (37.74)	2:04.86 (29.54)		
48	Harris, Bennett	17	YMCA of the Triangle Area	2:03.26	2:04.95	
	27.05	59.27 (32.22)	1:36.69 (37.42)	2:04.95 (28.26)		
49	Kashinejad, Kaleb	17	SwimRVA	2:10.35	2:04.96	
	26.78	58.75 (31.97)	1:35.34 (36.59)	2:04.96 (29.62)		

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Preliminaries ... (Event 32 Men 13 & Over 200 Yard IM)

	Name	Age	Team	Seed Time	Prelim Time
50	Bettis, William	17	Tide Swimming	2:04.76	2:04.98
	26.44	59.39 (32.95)	1:36.44 (37.05)	2:04.98 (28.54)	
51	Greer, Ayden	13	SwimRVA	2:09.95	2:05.24
	27.78	1:01.67 (33.89)	1:35.10 (33.43)	2:05.24 (30.14)	
52	Young, Floyd	14	SwimRVA	2:05.07	2:05.29
	26.49	59.22 (32.73)	1:35.77 (36.55)	2:05.29 (29.52)	
53	Fulayter, Brandon	16	Stingrays Swim Team	2:05.31	2:05.38
	26.41	58.14 (31.73)	1:35.11 (36.97)	2:05.38 (30.27)	
54	Moncur, Ayrton	16	Woodberry Forest Swimming	2:08.16	2:05.42
	25.63	57.72 (32.09)	1:34.37 (36.65)	2:05.42 (31.05)	
55	Woodruff, Graham	14	Lynchburg YMCA	2:10.20	2:05.69
	26.44	58.54 (32.10)	1:37.44 (38.90)	2:05.69 (28.25)	
56	Rice, Hudson	14	Lynchburg YMCA	2:04.60	2:05.93
	27.08	1:00.03 (32.95)	1:37.75 (37.72)	2:05.93 (28.18)	
57	Kustowski, Brian	18	Tide Swimming	2:06.33	2:05.94
	27.69	59.46 (31.77)	1:36.72 (37.26)	2:05.94 (29.22)	
58	Hepburn, Evan	16	YMCA of the Triangle Area	2:04.83	2:06.02
	27.68	1:01.66 (33.98)	1:36.09 (34.43)	2:06.02 (29.93)	
59	Humbert, Jack	16	YMCA of the Triangle Area	2:08.85	2:06.53
	25.69	59.32 (33.63)	1:37.53 (38.21)	2:06.53 (29.00)	
60	Swartz, Tyler	17	Tide Swimming	1:58.12	2:06.92
	27.08	1:00.75 (33.67)	1:37.63 (36.88)	2:06.92 (29.29)	
61	Flores, Ayden	17	Tide Swimming	2:11.38	2:06.94
	27.20	1:01.18 (33.98)	1:37.57 (36.39)	2:06.94 (29.37)	
*62	Winston, Gabriel	16	Tide Swimming	2:10.46	2:06.99
	27.31	1:00.15 (32.84)	1:38.05 (37.90)	2:06.99 (28.94)	
*62	Guthrie, Hunter	15	The Fish	2:10.10	2:06.99
	26.65	59.00 (32.35)	1:38.25 (39.25)	2:06.99 (28.74)	
64	Sanders, Barrett	13	SwimRVA	2:14.45	2:07.04
	26.87	59.10 (32.23)	1:37.31 (38.21)	2:07.04 (29.73)	
65	Jones, Joshua	15	YMCA of the Triangle Area	2:13.85	2:07.08
	26.55	58.47 (31.92)	1:37.21 (38.74)	2:07.08 (29.87)	
66	Moore, Ryan	15	Stingrays Swim Team	2:11.78	2:07.15
	26.13	57.81 (31.68)	1:40.10 (42.29)	2:07.15 (27.05)	
67	Robertson, Thatcher	15	Quest Swimming	2:07.38	2:07.43
	27.19	1:01.72 (34.53)	1:36.92 (35.20)	2:07.43 (30.51)	
68	DeVizia, Gabriel	15	YMCA of the Triangle Area	2:05.23	2:07.46
	29.12	1:02.56 (33.44)	1:38.17 (35.61)	2:07.46 (29.29)	
69	Fenton, Thomas	18	Lynchburg YMCA	2:00.25	2:07.61
	27.48	1:02.23 (34.75)	1:37.73 (35.50)	2:07.61 (29.88)	
70	Nelson, Broderick	13	Lynchburg YMCA	2:08.45	2:07.74
	27.48	1:02.28 (34.80)	1:38.31 (36.03)	2:07.74 (29.43)	
71	Stratton, Nicholas	15	Tide Swimming	2:11.11	2:07.83
	27.58	1:00.37 (32.79)	1:39.17 (38.80)	2:07.83 (28.66)	
72	Edmondson, Josiah	18	YMCA of the Triangle Area	2:06.09	2:08.22
	24.82	57.70 (32.88)	1:39.81 (42.11)	2:08.22 (28.41)	
73	Spinnanger, Andrew	18	Stingrays Swim Team	2:04.07	2:08.28
	26.72	59.63 (32.91)	1:38.18 (38.55)	2:08.28 (30.10)	
74	Tiller, Grant	17	Quest Swimming	2:10.57	2:08.33
	27.41	59.37 (31.96)	1:39.13 (39.76)	2:08.33 (29.20)	
75	Ross, Bennett	17	Tide Swimming	2:05.15	2:08.43
	27.36	59.81 (32.45)	1:36.68 (36.87)	2:08.43 (31.75)	
76	Stevenson, Declund	16	Lynchburg YMCA	2:11.22	2:08.59
	27.96	1:03.31 (35.35)	1:39.47 (36.16)	2:08.59 (29.12)	

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Results

Preliminaries ... (Event 32 Men 13 & Over 200 Yard IM)

	Name	Age	Team	Seed Time	Prelim Time
*77	Smith, Henry	13	Cavalier Aquatics - Piedmont Y	2:07.71	2:08.81
	28.22	1:02.39 (34.17)	1:39.58 (37.19)	2:08.81 (29.23)	
*77	Salpeter, Brody	17	Tide Swimming	2:05.55	2:08.81
	27.71	1:01.69 (33.98)	1:38.93 (37.24)	2:08.81 (29.88)	
79	Tran, Patrick	17	Tide Swimming	2:10.20	2:08.88
	27.41	1:01.97 (34.56)	1:39.98 (38.01)	2:08.88 (28.90)	
80	Knapp, Parker	15	Tide Swimming	2:03.24	2:09.00
	26.13	58.27 (32.14)	1:40.35 (42.08)	2:09.00 (28.65)	
81	Wang, Edward	18	YMCA of the Triangle Area	2:07.00	2:09.05
	26.93	1:03.68 (36.75)	1:40.19 (36.51)	2:09.05 (28.86)	
82	Goad, Jackson	17	Quest Swimming	2:05.35	2:09.08
	27.11	1:00.21 (33.10)	1:39.17 (38.96)	2:09.08 (29.91)	
*83	Parker, Austin	15	Stingrays Swim Team	2:10.17	2:09.10
	27.83	1:01.39 (33.56)	1:39.83 (38.44)	2:09.10 (29.27)	
*83	Healey, Matthew	15	Tide Swimming	2:09.61	2:09.10
	26.38	58.92 (32.54)	1:39.44 (40.52)	2:09.10 (29.66)	
*83	Fisher, Zach	13	Quest Swimming	2:09.11	2:09.10
	27.07	59.96 (32.89)	1:40.05 (40.09)	2:09.10 (29.05)	
86	Buttram, Noah	15	Stingrays Swim Team	2:11.30	2:09.15
	28.27	1:00.11 (31.84)	1:40.07 (39.96)	2:09.15 (29.08)	
87	Goedecke, Colin	17	Tide Swimming	2:06.68	2:09.40
	27.16	1:01.23 (34.07)	1:39.62 (38.39)	2:09.40 (29.78)	
88	Shelton, Evan	17	Tide Swimming	2:10.99	2:09.57
	27.52	1:03.83 (36.31)	1:40.14 (36.31)	2:09.57 (29.43)	
89	Hottle, Davis	16	Lynchburg YMCA	2:03.74	2:09.61
	27.50	1:00.89 (33.39)	1:39.88 (38.99)	2:09.61 (29.73)	
90	Wiese, Cooper	17	YMCA of the Triangle Area	2:04.98	2:09.81
	25.98	1:03.22 (37.24)	1:41.97 (38.75)	2:09.81 (27.84)	
91	Keough, Shane	14	YMCA of the Triangle Area	2:14.61	2:09.99
	28.19	1:03.21 (35.02)	1:38.98 (35.77)	2:09.99 (31.01)	
92	Euker, Aaron	14	Stingrays Swim Team	2:02.87	2:10.03
	28.55	1:02.51 (33.96)	1:41.07 (38.56)	2:10.03 (28.96)	
93	Grinsell, Patrick	15	Quest Swimming	2:09.66	2:10.20
	28.13	1:02.19 (34.06)	1:40.58 (38.39)	2:10.20 (29.62)	
94	Buckner, Theodore	17	Battlefiels Area Star Swimmers	2:08.64	2:10.23
	29.03	1:01.40 (32.37)	1:39.85 (38.45)	2:10.23 (30.38)	
95	Ellenberger, Carson	15	SwimRVA	2:13.58	2:10.37
	26.82	1:00.67 (33.85)	1:39.25 (38.58)	2:10.37 (31.12)	
96	Gajowski, John	15	YMCA of the Triangle Area	2:16.66	2:10.61
	27.69	1:00.22 (32.53)	1:40.29 (40.07)	2:10.61 (30.32)	
97	Davies, Brody	16	Stingrays Swim Team	2:05.27	2:10.66
	28.80	1:01.78 (32.98)	1:40.18 (38.40)	2:10.66 (30.48)	
98	Munoz, Ethan	16	Stingrays Swim Team	2:07.12	2:11.32
	28.46	1:00.51 (32.05)	1:39.54 (39.03)	2:11.32 (31.78)	
99	Davidson, Charles	14	Cavalier Aquatics - Piedmont Y	2:11.25	2:11.92
	30.33	1:04.34 (34.01)	1:41.66 (37.32)	2:11.92 (30.26)	
100	Feighner, Nolan	13	SwimRVA	2:14.02	2:12.31
	27.29	1:00.76 (33.47)	1:41.73 (40.97)	2:12.31 (30.58)	
101	Irvine, Jackson	14	Quest Swimming	2:10.60	2:12.51
	27.82	1:02.77 (34.95)	1:41.78 (39.01)	2:12.51 (30.73)	
102	Snyder, Avery	15	Lynchburg YMCA	2:10.30	2:12.60
	27.85	1:02.47 (34.62)	1:41.72 (39.25)	2:12.60 (30.88)	
103	Stein, Nathaniel	18	Woodberry Forest Swimming	2:09.87	2:12.84
	27.23	1:02.57 (35.34)	1:42.50 (39.93)	2:12.84 (30.34)	

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Results

Preliminaries ... (Event 32 Men 13 & Over 200 Yard IM)

	Name	Age	Team	Seed Time	Prelim Time
104	Klimkiewicz, Owen	16	Tide Swimming	2:10.98	2:13.18
	28.22	1:03.45 (35.23)	1:41.61 (38.16)	2:13.18 (31.57)	
105	Prudhomme, John	15	Tide Swimming	2:19.73	2:13.20
	28.98	1:05.50 (36.52)	1:41.62 (36.12)	2:13.20 (31.58)	
106	Nuckols, Cole	17	SwimRVA	2:05.02	2:13.25
	26.05	58.88 (32.83)	1:42.54 (43.66)	2:13.25 (30.71)	
107	Wispelwey, Garrett	14	Cavalier Aquatics - Piedmont Y	2:14.37	2:13.64
	29.36	1:04.02 (34.66)	1:42.69 (38.67)	2:13.64 (30.95)	
108	Hess, Malcolm	15	Quest Swimming	2:14.99	2:13.75
	27.92	1:01.62 (33.70)	1:44.37 (42.75)	2:13.75 (29.38)	
109	Garth, Ian	15	Tide Swimming	2:04.65	2:14.05
	26.90	1:01.29 (34.39)	1:42.27 (40.98)	2:14.05 (31.78)	
110	Wells, Gregory	16	Quest Swimming	2:13.75	2:14.18
	29.74	1:05.83 (36.09)	1:44.01 (38.18)	2:14.18 (30.17)	
111	Tran, Vincent	16	Tide Swimming	2:10.13	2:14.20
	26.86	1:00.26 (33.40)	1:43.43 (43.17)	2:14.20 (30.77)	
112	Harmon, Dahmon	17	Tide Swimming	2:08.18	2:14.41
	27.52	1:01.76 (34.24)	1:43.56 (41.80)	2:14.41 (30.85)	
113	Kessler, Jared	16	Stingrays Swim Team	2:16.81	2:14.95
	28.34	1:04.30 (35.96)	1:42.37 (38.07)	2:14.95 (32.58)	
114	Lychak, Michael	15	YMCA of the Triangle Area	2:16.18	2:15.03
	28.03	1:03.09 (35.06)	1:41.53 (38.44)	2:15.03 (33.50)	
115	Cheatham, Zachary	14	SwimRVA	2:18.43	2:16.59
	30.06	1:05.53 (35.47)	1:44.41 (38.88)	2:16.59 (32.18)	
116	Charlton, Benjamin	13	Cavalier Aquatics - Piedmont Y	2:10.84	2:17.68
	29.14	1:03.63 (34.49)	1:46.74 (43.11)	2:17.68 (30.94)	
117	Fraser, Jared	15	SwimRVA	2:15.54	2:17.77
	28.38	1:03.46 (35.08)	1:44.64 (41.18)	2:17.77 (33.13)	
118	Watterson, Landon	16	Stingrays Swim Team	2:20.31	2:20.50
	31.56	1:07.94 (36.38)	1:47.70 (39.76)	2:20.50 (32.80)	
119	Kibler, Christian	13	Battlefiels Area Star Swimmers	2:20.80	2:29.31
	30.36	1:14.13 (43.77)	1:54.36 (40.23)	2:29.31 (34.95)	
---	Stephens, Aden	16	Stingrays Swim Team	2:07.28	DQ
	26.90	59.26 (32.36)	1:39.69 (40.43)	DQ (30.99)	
---	Weber, Josiah	14	SwimRVA	2:04.18	DQ
	26.34	1:00.29 (33.95)	1:35.93 (35.64)	DQ (29.82)	
---	Hathaway, Jacques	16	Battlefiels Area Star Swimmers	2:03.14	DFS

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 33 Women 13 & Over 400 Yard Freestyle Relay

Meet Record: 3:30.20 ! 11/5/2023 TIDE Swimming TIDE -VA

S Teague, S Kohler, D Duffy, K Duffy

3:27.49 WJR USA-S Winter JRs

3:35.59 YNAT YMCA SCY Nationals

	Team	Relay	Seed Time	Finals Time	
1	Quest Swimming	A	3:26.85	3:29.20 !	YNAT
	25.75	53.86 (53.86)	1:19.34 (25.48)	1:47.11 (53.25)	
	2:11.76 (24.65)	2:38.14 (51.03)	3:02.61 (24.47)	3:29.20 (51.06)	
2	Tide Swimming	A	3:28.50	3:30.20	YNAT
	25.75	53.69 (53.69)	1:18.61 (24.92)	1:46.81 (53.12)	
	2:11.55 (24.74)	2:39.32 (52.51)	3:03.43 (24.11)	3:30.20 (50.88)	
3	Battlefiels Area Star Swimmers	A	3:28.98	3:30.88	YNAT
	25.71	53.41 (53.41)	1:19.24 (25.83)	1:47.66 (54.25)	
	2:11.49 (23.83)	2:38.59 (50.93)	3:03.09 (24.50)	3:30.88 (52.29)	
4	SwimRVA	A	3:36.77	3:36.61	
	26.33	54.99 (54.99)	1:20.61 (25.62)	1:48.76 (53.77)	
	2:15.24 (26.48)	2:43.55 (54.79)	3:08.47 (24.92)	3:36.61 (53.06)	
5	YMCA of the Triangle Area	A	3:34.75	3:36.71	
	25.84	54.22 (54.22)	1:19.79 (25.57)	1:48.14 (53.92)	
	2:13.68 (25.54)	2:42.01 (53.87)	3:08.08 (26.07)	3:36.71 (54.70)	
6	Cavalier Aquatics - Piedmont Y	A	3:38.89	3:36.87	
	25.93	53.96 (53.96)	1:19.51 (25.55)	1:47.98 (54.02)	
	2:13.86 (25.88)	2:42.76 (54.78)	3:08.63 (25.87)	3:36.87 (54.11)	
7	Tide Swimming	B	3:35.50	3:37.25	
	26.54	54.71 (54.71)	1:20.55 (25.84)	1:48.94 (54.23)	
	2:14.86 (25.92)	2:44.31 (55.37)	3:09.13 (24.82)	3:37.25 (52.94)	
8	Stingrays Swim Team	A	3:35.80	3:37.26	
	25.67	53.67 (53.67)	1:19.56 (25.89)	1:48.04 (54.37)	
	2:14.16 (26.12)	2:42.81 (54.77)	3:08.68 (25.87)	3:37.26 (54.45)	
9	Cavalier Aquatics - Piedmont Y	B	3:40.89	3:37.64	
	26.03	54.07 (54.07)	1:19.99 (25.92)	1:48.30 (54.23)	
	2:13.88 (25.58)	2:42.24 (53.94)	3:08.47 (26.23)	3:37.64 (55.40)	
10	The Fish	A	3:33.25	3:38.67	
	26.47	55.23 (55.23)	1:20.70 (25.47)	1:50.60 (55.37)	
	2:16.95 (26.35)	2:45.88 (55.28)	3:10.95 (25.07)	3:38.67 (52.79)	
11	YMCA of the Triangle Area	B	3:41.79	3:39.51	
	26.44	54.64 (54.64)	1:21.36 (26.72)	1:50.34 (55.70)	
	2:16.91 (26.57)	2:45.31 (54.97)	3:11.22 (25.91)	3:39.51 (54.20)	
12	SwimRVA	B	3:39.28	3:39.57	
	26.81	55.12 (55.12)	1:21.29 (26.17)	1:50.15 (55.03)	
	2:16.59 (26.44)	2:44.84 (54.69)	3:11.08 (26.24)	3:39.57 (54.73)	
13	Quest Swimming	B	3:39.26	3:42.87	
	26.50	55.55 (55.55)	1:21.87 (26.32)	1:50.62 (55.07)	
	2:17.79 (27.17)	2:47.53 (56.91)	3:13.76 (26.23)	3:42.87 (55.34)	
14	Stingrays Swim Team	B	3:40.02	3:46.17	
	27.14	56.74 (56.74)	1:23.23 (26.49)	1:52.68 (55.94)	
	2:20.23 (27.55)	2:50.66 (57.98)	3:17.08 (26.42)	3:46.17 (55.51)	
15	Battlefiels Area Star Swimmers	B	3:53.78	3:54.15	
	26.71	57.01 (57.01)	1:25.02 (28.01)	1:57.59 (1:00.58)	
	2:25.06 (27.47)	2:57.39 (59.80)	3:24.71 (27.32)	3:54.15 (56.76)	

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 34 Men 13 & Over 400 Yard Freestyle Relay

Meet Record: 3:09.34 ! 11/6/2022 TIDE Swimming TIDE
C Mamaril, N Keenan, J VanSlyke, R DiNunzio
3:05.79 WJR USA-S Winter JRs
3:13.89 YNAT YMCA SCY Nationals

	Team	Relay	Seed Time	Finals Time	
1	Cavalier Aquatics - Piedmont Y	A	3:06.89	3:03.25 !	WJR
	21.90 45.16 (45.16) 1:08.31 (23.15) 1:33.11 (47.95)				
	1:55.30 (22.19) 2:19.83 (46.72) 2:40.16 (20.33) 3:03.25 (43.42)				
2	SwimRVA	A	3:09.99	3:10.88	YNAT
	22.58 47.20 (47.20) 1:09.16 (21.96) 1:33.29 (46.09)				
	1:56.71 (23.42) 2:22.25 (48.96) 2:45.42 (23.17) 3:10.88 (48.63)				
3	Lynchburg YMCA	A	3:07.63	3:11.81	YNAT
	22.68 46.45 (46.45) 1:09.86 (23.41) 1:35.35 (48.90)				
	1:58.40 (23.05) 2:23.49 (48.14) 2:46.80 (23.31) 3:11.81 (48.32)				
4	Tide Swimming	A	3:09.96	3:12.73	YNAT
	23.34 48.53 (48.53) 1:11.68 (23.15) 1:37.05 (48.52)				
	2:00.37 (23.32) 2:25.30 (48.25) 2:48.49 (23.19) 3:12.73 (47.43)				
5	Tide Swimming	B	3:14.97	3:13.83	YNAT
	23.42 48.61 (48.61) 1:11.62 (23.01) 1:36.71 (48.10)				
	2:00.04 (23.33) 2:25.76 (49.05) 2:48.82 (23.06) 3:13.83 (48.07)				
6	Battlefiels Area Star Swimmers	A	3:18.94	3:15.47	
	23.70 49.91 (49.91) 1:12.92 (23.01) 1:38.03 (48.12)				
	2:01.72 (23.69) 2:27.75 (49.72) 2:50.35 (22.60) 3:15.47 (47.72)				
7	Cavalier Aquatics - Piedmont Y	B	3:12.89	3:16.48	
	23.60 48.85 (48.85) 1:11.97 (23.12) 1:37.69 (48.84)				
	2:00.83 (23.14) 2:27.04 (49.35) 2:50.73 (23.69) 3:16.48 (49.44)				
8	The Fish	A	3:18.50	3:17.99	
	22.55 46.50 (46.50) 1:09.22 (22.72) 1:35.80 (49.30)				
	2:00.61 (24.81) 2:28.71 (52.91) 2:52.20 (23.49) 3:17.99 (49.28)				
9	YMCA of the Triangle Area	B	3:15.44	3:19.52	
	23.49 48.83 (48.83) 1:13.29 (24.46) 1:40.49 (51.66)				
	2:04.08 (23.59) 2:30.32 (49.83) 2:53.23 (22.91) 3:19.52 (49.20)				
10	SwimRVA	B	3:19.12	3:19.59	
	23.71 49.51 (49.51) 1:13.16 (23.65) 1:39.33 (49.82)				
	2:03.39 (24.06) 2:30.12 (50.79) 2:53.74 (23.62) 3:19.59 (49.47)				
11	Quest Swimming	B	3:27.09	3:24.33	
	24.50 50.74 (50.74) 1:14.98 (24.24) 1:41.10 (50.36)				
	2:05.42 (24.32) 2:33.20 (52.10) 2:57.74 (24.54) 3:24.33 (51.13)				
12	Lynchburg YMCA	B	3:18.45	3:25.40	
	24.26 50.85 (50.85) 1:14.67 (23.82) 1:40.99 (50.14)				
	2:06.22 (25.23) 2:32.81 (51.82) 2:57.59 (24.78) 3:25.40 (52.59)				
13	Stingrays Swim Team	B	3:20.60	3:27.08	
	24.56 52.10 (52.10) 1:16.13 (24.03) 1:43.51 (51.41)				
	2:08.08 (24.57) 2:35.91 (52.40) 3:00.89 (24.98) 3:27.08 (51.17)				
14	Woodberry Forest Swimming	A	3:20.33	3:27.21	
	27.08 56.68 (56.68) 1:20.80 (24.12) 1:47.59 (50.91)				
	2:12.45 (24.86) 2:39.61 (52.02) 3:01.96 (22.35) 3:27.21 (47.60)				
---	YMCA of the Triangle Area	A	3:09.16	DQ	
	23.39 48.56 (48.56) 1:10.82 (22.26) 1:36.24 (47.68)				
	1:58.77 (22.53) 2:23.64 (47.40) 2:45.34 (21.70) DQ (45.55)				
---	Quest Swimming	A	3:22.14	DQ	
	23.49 48.93 (48.93) 1:13.26 (24.33) 1:39.50 (50.57)				
	2:03.10 (23.60) 2:30.32 (50.82) 2:52.89 (22.57) DQ (48.11)				

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

(Event 34 Men 13 & Over 400 Yard Freestyle Relay)

	Team	Relay	Seed Time	Finals Time
---	Stingrays Swim Team	A	3:06.61	DQ

22.21	46.39 (46.39)	1:09.42 (23.03)	1:34.96 (48.57)
1:58.36 (23.40)	2:24.27 (49.31)	2:46.11 (21.84)	DQ (47.38)

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 35 Women 13 & Over 1650 Yard Freestyle

Meet Record: 17:24.49 ! 11/6/2022 Raegan Canada QSTS -VA

16:54.79 WJR USA-S Winter JRs

17:14.39 FUT USA-S Futures

17:32.99 YNAT YMCA SCY Nationals

19:08.99 VSR VSI SR Champs

	Name	Age	Team	Seed Time	Finals Time	
1	Callis, Emerson	15	Quest Swimming	17:04.17	16:46.87 !	WJR
	27.88	58.05 (30.17)	1:28.60 (30.55)	1:59.46 (30.86)		
	2:30.19 (30.73)	3:00.93 (30.74)	3:31.69 (30.76)	4:02.45 (30.76)		
	4:33.29 (30.84)	5:03.60 (30.31)	5:33.66 (30.06)	6:03.98 (30.32)		
	6:34.53 (30.55)	7:05.12 (30.59)	7:35.54 (30.42)	8:06.10 (30.56)		
	8:36.59 (30.49)	9:07.53 (30.94)	9:38.37 (30.84)	10:08.86 (30.49)		
	10:39.12 (30.26)	11:09.81 (30.69)	11:40.54 (30.73)	12:11.60 (31.06)		
	12:42.47 (30.87)	13:13.33 (30.86)	13:44.01 (30.68)	14:14.82 (30.81)		
	14:45.80 (30.98)	15:16.44 (30.64)	15:47.12 (30.68)	16:17.75 (30.63)	16:46.87 (29.12)	
2	Strickland, Virginia	14	The Fish	17:05.25	16:52.40	WJR
	27.39	57.28 (29.89)	1:27.44 (30.16)	1:57.81 (30.37)		
	2:28.29 (30.48)	2:58.94 (30.65)	3:29.64 (30.70)	4:00.36 (30.72)		
	4:31.20 (30.84)	5:01.95 (30.75)	5:32.62 (30.67)	6:03.41 (30.79)		
	6:34.52 (31.11)	7:05.05 (30.53)	7:36.20 (31.15)	8:07.36 (31.16)		
	8:38.34 (30.98)	9:09.80 (31.46)	9:41.07 (31.27)	10:12.23 (31.16)		
	10:43.30 (31.07)	11:14.22 (30.92)	11:45.13 (30.91)	12:16.03 (30.90)		
	12:46.84 (30.81)	13:17.47 (30.63)	13:48.31 (30.84)	14:19.32 (31.01)		
	14:50.05 (30.73)	15:21.07 (31.02)	15:51.86 (30.79)	16:22.44 (30.58)	16:52.40 (29.96)	
3	Sherman, Lila	14	The Fish	16:57.82	17:03.59	FUT
	27.56	57.52 (29.96)	1:28.15 (30.63)	1:59.03 (30.88)		
	2:29.72 (30.69)	3:00.85 (31.13)	3:31.76 (30.91)	4:02.54 (30.78)		
	4:33.49 (30.95)	5:04.14 (30.65)	5:34.79 (30.65)	6:05.66 (30.87)		
	6:36.51 (30.85)	7:07.51 (31.00)	7:38.54 (31.03)	8:10.16 (31.62)		
	8:41.53 (31.37)	9:12.81 (31.28)	9:43.91 (31.10)	10:14.85 (30.94)		
	10:46.20 (31.35)	11:17.44 (31.24)	11:49.14 (31.70)	12:20.49 (31.35)		
	12:51.70 (31.21)	13:23.16 (31.46)	13:54.72 (31.56)	14:26.29 (31.57)		
	14:58.04 (31.75)	15:29.77 (31.73)	16:01.54 (31.77)	16:33.27 (31.73)	17:03.59 (30.32)	
4	Canada, Raegan	16	Quest Swimming	17:06.58	17:23.42	YNAT
	28.43	59.50 (31.07)	1:31.08 (31.58)	2:02.97 (31.89)		
	2:34.65 (31.68)	3:06.40 (31.75)	3:38.25 (31.85)	4:10.09 (31.84)		
	4:42.19 (32.10)	5:13.59 (31.40)	5:44.94 (31.35)	6:16.79 (31.85)		
	6:48.49 (31.70)	7:20.09 (31.60)	7:52.20 (32.11)	8:24.47 (32.27)		
	8:55.84 (31.37)	9:27.83 (31.99)	9:59.96 (32.13)	10:31.75 (31.79)		
	11:03.47 (31.72)	11:35.72 (32.25)	12:08.03 (32.31)	12:39.88 (31.85)		
	13:11.78 (31.90)	13:44.21 (32.43)	14:16.46 (32.25)	14:48.85 (32.39)		
	15:20.87 (32.02)	15:53.04 (32.17)	16:25.24 (32.20)	16:56.93 (31.69)	17:23.42 (26.49)	
5	Ayres, Meghan	13	Cavalier Aquatics - Piedmont Y	18:05.37	17:39.89	VSR
	29.30	1:01.43 (32.13)	1:33.92 (32.49)	2:06.22 (32.30)		
	2:38.47 (32.25)	3:11.16 (32.69)	3:44.11 (32.95)	4:16.54 (32.43)		
	4:49.82 (33.28)	5:22.02 (32.20)	5:54.09 (32.07)	6:26.11 (32.02)		
	6:58.15 (32.04)	7:30.13 (31.98)	8:02.31 (32.18)	8:34.60 (32.29)		
	9:07.00 (32.40)	9:39.39 (32.39)	10:11.96 (32.57)	10:44.41 (32.45)		
	11:16.94 (32.53)	11:49.57 (32.63)	12:21.72 (32.15)	12:53.85 (32.13)		
	13:25.70 (31.85)	13:57.80 (32.10)	14:29.59 (31.79)	15:02.11 (32.52)		
	15:34.08 (31.97)	16:06.10 (32.02)	16:38.00 (31.90)	17:09.68 (31.68)	17:39.89 (30.21)	

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

(Event 35 Women 13 & Over 1650 Yard Freestyle)

	Name	Age	Team	Seed Time	Finals Time	
6	Nicholson, Lucille	16	Cavalier Aquatics - Piedmont Y	17:51.86	17:46.38	VSR
	28.59	1:00.15 (31.56)	1:31.52 (31.37)	2:03.35 (31.83)		
	2:35.26 (31.91)	3:07.25 (31.99)	3:39.34 (32.09)	4:11.57 (32.23)		
	4:43.93 (32.36)	5:16.34 (32.41)	5:48.77 (32.43)	6:21.56 (32.79)		
	6:54.43 (32.87)	7:27.01 (32.58)	7:59.68 (32.67)	8:32.65 (32.97)		
	9:05.39 (32.74)	9:38.39 (33.00)	10:11.32 (32.93)	10:44.22 (32.90)		
	11:16.93 (32.71)	11:49.82 (32.89)	12:22.58 (32.76)	12:55.54 (32.96)		
	13:28.22 (32.68)	14:01.03 (32.81)	14:34.03 (33.00)	15:06.98 (32.95)		
	15:39.59 (32.61)	16:12.10 (32.51)	16:44.43 (32.33)	17:16.18 (31.75)	17:46.38 (30.20)	
7	Wells, Sara	16	Cavalier Aquatics - Piedmont Y	17:49.69	17:46.50	VSR
	27.97	59.38 (31.41)	1:31.03 (31.65)	2:02.77 (31.74)		
	2:34.51 (31.74)	3:06.25 (31.74)	3:38.17 (31.92)	4:09.96 (31.79)		
	4:42.05 (32.09)	5:13.83 (31.78)	5:45.39 (31.56)	6:18.14 (32.75)		
	6:50.80 (32.66)	7:23.62 (32.82)	7:56.40 (32.78)	8:29.37 (32.97)		
	9:02.18 (32.81)	9:35.17 (32.99)	10:08.16 (32.99)	10:41.37 (33.21)		
	11:13.99 (32.62)	11:47.13 (33.14)	12:20.36 (33.23)	12:53.61 (33.25)		
	13:26.79 (33.18)	13:59.60 (32.81)	14:32.76 (33.16)	15:05.83 (33.07)		
	15:38.84 (33.01)	16:11.53 (32.69)	16:44.03 (32.50)	17:15.83 (31.80)	17:46.50 (30.67)	
8	Stein, Abigail	16	The Fish	17:56.56	17:46.92	VSR
	28.63	59.77 (31.14)	1:31.77 (32.00)	2:03.60 (31.83)		
	2:35.70 (32.10)	3:08.02 (32.32)	3:40.53 (32.51)	4:12.95 (32.42)		
	4:45.67 (32.72)	5:18.12 (32.45)	5:51.05 (32.93)	6:23.71 (32.66)		
	6:56.58 (32.87)	7:29.28 (32.70)	8:02.23 (32.95)	8:35.02 (32.79)		
	9:07.52 (32.50)	9:40.54 (33.02)	10:12.96 (32.42)	10:45.60 (32.64)		
	11:18.00 (32.40)	11:50.73 (32.73)	12:23.52 (32.79)	12:56.25 (32.73)		
	13:28.69 (32.44)	14:01.52 (32.83)	14:34.36 (32.84)	15:07.03 (32.67)		
	15:39.62 (32.59)	16:12.43 (32.81)	16:44.84 (32.41)	17:16.69 (31.85)	17:46.92 (30.23)	
9	Lundeberg, Ilsa	17	Quest Swimming	18:24.18	17:53.97	VSR
	29.71	1:02.41 (32.70)	1:35.33 (32.92)	2:08.12 (32.79)		
	2:40.74 (32.62)	3:13.23 (32.49)	3:46.13 (32.90)	4:18.75 (32.62)		
	4:51.37 (32.62)	5:23.95 (32.58)	5:55.20 (31.25)	6:27.14 (31.94)		
	6:59.51 (32.37)	7:32.09 (32.58)	8:04.73 (32.64)	8:37.40 (32.67)		
	9:10.11 (32.71)	9:43.02 (32.91)	10:15.97 (32.95)	10:49.01 (33.04)		
	11:21.38 (32.37)	11:53.96 (32.58)	12:26.80 (32.84)	12:59.62 (32.82)		
	13:32.34 (32.72)	14:05.29 (32.95)	14:38.52 (33.23)	15:11.99 (33.47)		
	15:44.87 (32.88)	16:17.79 (32.92)	16:50.19 (32.40)	17:22.92 (32.73)	17:53.97 (31.05)	
10	Perry, Sophie	16	YMCA of the Triangle Area	18:24.31	18:02.00	VSR
	30.93	1:04.38 (33.45)	1:38.29 (33.91)	2:12.10 (33.81)		
	2:45.80 (33.70)	3:19.52 (33.72)	3:53.08 (33.56)	4:26.35 (33.27)		
	4:59.62 (33.27)	5:32.72 (33.10)	6:05.81 (33.09)	6:38.79 (32.98)		
	7:11.76 (32.97)	7:44.75 (32.99)	8:17.89 (33.14)	8:50.75 (32.86)		
	9:23.39 (32.64)	9:56.32 (32.93)	10:28.92 (32.60)	11:01.70 (32.78)		
	11:34.17 (32.47)	12:06.46 (32.29)	12:38.65 (32.19)	13:11.15 (32.50)		
	13:43.66 (32.51)	14:16.34 (32.68)	14:48.91 (32.57)	15:21.41 (32.50)		
	15:54.10 (32.69)	16:26.76 (32.66)	16:59.02 (32.26)	17:31.06 (32.04)	18:02.00 (30.94)	
11	Kryszon, Madison	17	Quest Swimming	17:59.37	18:05.08	VSR
	29.77	1:02.76 (32.99)	1:36.20 (33.44)	2:09.52 (33.32)		
	2:42.75 (33.23)	3:16.14 (33.39)	3:49.23 (33.09)	4:22.57 (33.34)		
	4:55.96 (33.39)	5:28.86 (32.90)	6:01.56 (32.70)	6:34.31 (32.75)		
	7:07.30 (32.99)	7:39.97 (32.67)	8:12.80 (32.83)	8:45.67 (32.87)		
	9:18.59 (32.92)	9:51.22 (32.63)	10:24.10 (32.88)	10:56.76 (32.66)		
	11:29.64 (32.88)	12:02.42 (32.78)	12:35.25 (32.83)	13:08.37 (33.12)		
	13:41.44 (33.07)	14:14.07 (32.63)	14:46.98 (32.91)	15:19.99 (33.01)		
	15:52.84 (32.85)	16:26.41 (33.57)	16:59.53 (33.12)	17:32.97 (33.44)	18:05.08 (32.11)	

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Results

(Event 35 Women 13 & Over 1650 Yard Freestyle)

	Name	Age	Team	Seed Time	Finals Time	
12	Shaps, Katherine	15	Battlefiels Area Star Swimmers	17:44.24	18:11.25	VSR
	29.20	1:01.34 (32.14)	1:34.15 (32.81)	2:07.33 (33.18)		
	2:40.38 (33.05)	3:13.28 (32.90)	3:46.47 (33.19)	4:19.39 (32.92)		
	4:52.74 (33.35)	5:25.94 (33.20)	5:59.25 (33.31)	6:32.71 (33.46)		
	7:06.26 (33.55)	7:39.67 (33.41)	8:13.27 (33.60)	8:46.74 (33.47)		
	9:19.99 (33.25)	9:53.52 (33.53)	10:26.93 (33.41)	11:00.23 (33.30)		
	11:33.99 (33.76)	12:07.71 (33.72)	12:40.86 (33.15)	13:14.36 (33.50)		
	13:48.13 (33.77)	14:21.47 (33.34)	14:55.24 (33.77)	15:28.86 (33.62)		
	16:02.02 (33.16)	16:34.89 (32.87)	17:07.34 (32.45)	17:39.39 (32.05)	18:11.25 (31.86)	
13	Cosner, Emerson	17	Quest Swimming	18:17.55	18:13.87	VSR
	30.86	1:04.21 (33.35)	1:37.55 (33.34)	2:11.31 (33.76)		
	2:44.95 (33.64)	3:18.47 (33.52)	3:51.82 (33.35)	4:25.11 (33.29)		
	4:58.33 (33.22)	5:31.49 (33.16)	6:04.45 (32.96)	6:37.25 (32.80)		
	7:09.85 (32.60)	7:42.50 (32.65)	8:15.30 (32.80)	8:48.09 (32.79)		
	9:20.99 (32.90)	9:53.90 (32.91)	10:26.54 (32.64)	10:59.48 (32.94)		
	11:32.63 (33.15)	12:05.89 (33.26)	12:39.15 (33.26)	13:12.67 (33.52)		
	13:46.03 (33.36)	14:19.46 (33.43)	14:52.96 (33.50)	15:26.48 (33.52)		
	16:00.13 (33.65)	16:33.84 (33.71)	17:07.49 (33.65)	17:40.65 (33.16)	18:13.87 (33.22)	
14	Gallant, Emma	15	Tide Swimming	18:33.69	18:17.73	VSR
	29.80	1:02.55 (32.75)	1:35.71 (33.16)	2:09.03 (33.32)		
	2:42.11 (33.08)	3:15.65 (33.54)	3:48.39 (32.74)	4:21.51 (33.12)		
	4:54.73 (33.22)	5:27.87 (33.14)	6:01.64 (33.77)	6:35.17 (33.53)		
	7:08.32 (33.15)	7:41.55 (33.23)	8:14.92 (33.37)	8:48.62 (33.70)		
	9:21.82 (33.20)	9:55.48 (33.66)	10:29.62 (34.14)	11:03.13 (33.51)		
	11:36.98 (33.85)	12:10.57 (33.59)	12:43.98 (33.41)	13:17.49 (33.51)		
	13:51.29 (33.80)	14:24.67 (33.38)	14:58.41 (33.74)	15:32.30 (33.89)		
	16:05.92 (33.62)	16:39.37 (33.45)	17:13.17 (33.80)	17:46.19 (33.02)	18:17.73 (31.54)	
15	Holt, Ann-Margaret	14	Lynchburg YMCA	18:46.48	18:28.25	VSR
	32.40	1:07.53 (35.13)	1:42.13 (34.60)	2:16.63 (34.50)		
	2:50.92 (34.29)	3:24.71 (33.79)	3:58.62 (33.91)	4:31.84 (33.22)		
	5:05.89 (34.05)	5:39.94 (34.05)	6:13.88 (33.94)	6:47.60 (33.72)		
	7:21.46 (33.86)	7:55.49 (34.03)	8:29.73 (34.24)	9:03.46 (33.73)		
	9:37.17 (33.71)	10:11.16 (33.99)	10:44.96 (33.80)	11:18.79 (33.83)		
	11:52.58 (33.79)	12:25.98 (33.40)	13:00.10 (34.12)	13:33.57 (33.47)		
	14:07.13 (33.56)	14:40.40 (33.27)	15:13.50 (33.10)	15:46.93 (33.43)		
	16:20.00 (33.07)	16:53.23 (33.23)	17:25.79 (32.56)	17:57.71 (31.92)	18:28.25 (30.54)	
16	Ix, Sara	17	Quest Swimming	18:42.56	18:34.30	VSR
	31.64	1:05.76 (34.12)	1:40.14 (34.38)	2:15.14 (35.00)		
	2:50.23 (35.09)	3:24.36 (34.13)	3:58.81 (34.45)	4:33.60 (34.79)		
	5:07.47 (33.87)	5:41.19 (33.72)	6:15.23 (34.04)	6:49.16 (33.93)		
	7:22.98 (33.82)	7:56.97 (33.99)	8:30.76 (33.79)	9:04.62 (33.86)		
	9:38.44 (33.82)	10:12.22 (33.78)	10:46.10 (33.88)	11:20.00 (33.90)		
	11:53.70 (33.70)	12:27.47 (33.77)	13:01.59 (34.12)	13:35.56 (33.97)		
	14:09.89 (34.33)	14:44.06 (34.17)	15:18.19 (34.13)	15:52.13 (33.94)		
	16:26.00 (33.87)	16:58.57 (32.57)	17:31.73 (33.16)	18:04.10 (32.37)	18:34.30 (30.20)	
17	Gentile, Morgan	17	YMCA of the Triangle Area	19:54.48	18:41.25	VSR
	32.13	1:06.52 (34.39)	1:41.22 (34.70)	2:15.81 (34.59)		
	2:50.69 (34.88)	3:24.94 (34.25)	3:59.24 (34.30)	4:33.53 (34.29)		
	5:08.04 (34.51)	5:42.30 (34.26)	6:16.61 (34.31)	6:50.65 (34.04)		
	7:24.20 (33.55)	7:58.79 (34.59)	8:33.33 (34.54)	9:07.33 (34.00)		
	9:41.51 (34.18)	10:15.49 (33.98)	10:49.05 (33.56)	11:22.21 (33.16)		
	11:56.05 (33.84)	12:29.69 (33.64)	13:03.21 (33.52)	13:36.95 (33.74)		
	14:10.97 (34.02)	14:44.85 (33.88)	15:18.71 (33.86)	15:52.65 (33.94)		
	16:26.90 (34.25)	17:00.63 (33.73)	17:34.55 (33.92)	18:08.92 (34.37)	18:41.25 (32.33)	

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Results

(Event 35 Women 13 & Over 1650 Yard Freestyle)

	Name	Age	Team	Seed Time	Finals Time	
18	Johnson, Sidney	14	Stingrays Swim Team	18:38.26	18:44.97	VSR
	29.87	1:02.71 (32.84)	1:36.11 (33.40)	2:09.61 (33.50)		
	2:42.72 (33.11)	3:16.16 (33.44)	3:49.85 (33.69)	4:23.57 (33.72)		
	4:56.85 (33.28)	5:30.62 (33.77)	6:04.05 (33.43)	6:37.47 (33.42)		
	7:11.63 (34.16)	7:45.95 (34.32)	8:20.27 (34.32)	8:54.59 (34.32)		
	9:29.13 (34.54)	10:03.85 (34.72)	10:38.52 (34.67)	11:13.08 (34.56)		
	11:47.77 (34.69)	12:22.66 (34.89)	12:57.54 (34.88)	13:32.37 (34.83)		
	14:07.28 (34.91)	14:42.60 (35.32)	15:17.51 (34.91)	15:52.31 (34.80)		
	16:27.06 (34.75)	17:02.15 (35.09)	17:36.90 (34.75)	18:11.42 (34.52)	18:44.97 (33.55)	
19	Seward, Ella	14	SwimRVA	19:09.24	18:46.81	VSR
	31.79	1:05.75 (33.96)	1:40.29 (34.54)	2:14.81 (34.52)		
	2:49.74 (34.93)	3:24.08 (34.34)	3:58.81 (34.73)	4:33.35 (34.54)		
	5:07.88 (34.53)	5:42.18 (34.30)	6:16.89 (34.71)	6:51.30 (34.41)		
	7:25.59 (34.29)	7:59.94 (34.35)	8:34.11 (34.17)	9:08.28 (34.17)		
	9:42.29 (34.01)	10:16.19 (33.90)	10:50.21 (34.02)	11:24.44 (34.23)		
	11:58.71 (34.27)	12:33.08 (34.37)	13:07.36 (34.28)	13:41.64 (34.28)		
	14:15.86 (34.22)	14:49.98 (34.12)	15:24.48 (34.50)	15:58.55 (34.07)		
	16:32.76 (34.21)	17:07.38 (34.62)	17:41.54 (34.16)	18:14.93 (33.39)	18:46.81 (31.88)	
20	Rancka, Hadley	14	SwimRVA	19:25.94	18:46.88	VSR
	29.76	1:02.58 (32.82)	1:36.87 (34.29)	2:11.50 (34.63)		
	2:45.83 (34.33)	3:20.16 (34.33)	3:54.44 (34.28)	4:29.16 (34.72)		
	5:03.77 (34.61)	5:38.48 (34.71)	6:13.10 (34.62)	6:47.72 (34.62)		
	7:22.39 (34.67)	7:56.95 (34.56)	8:31.47 (34.52)	9:05.97 (34.50)		
	9:40.24 (34.27)	10:14.38 (34.14)	10:48.59 (34.21)	11:22.77 (34.18)		
	11:57.03 (34.26)	12:31.44 (34.41)	13:05.88 (34.44)	13:40.14 (34.26)		
	14:14.76 (34.62)	14:48.94 (34.18)	15:23.22 (34.28)	15:57.74 (34.52)		
	16:32.05 (34.31)	17:06.09 (34.04)	17:40.15 (34.06)	18:14.15 (34.00)	18:46.88 (32.73)	
21	Jones, Kyrsten	15	Tide Swimming	19:05.49	18:56.04	VSR
	30.79	1:04.76 (33.97)	1:38.88 (34.12)	2:13.23 (34.35)		
	2:47.19 (33.96)	3:21.61 (34.42)	3:55.62 (34.01)	4:30.02 (34.40)		
	5:04.47 (34.45)	5:38.96 (34.49)	6:13.36 (34.40)	6:47.78 (34.42)		
	7:22.25 (34.47)	7:56.44 (34.19)	8:31.05 (34.61)	9:05.38 (34.33)		
	9:40.26 (34.88)	10:15.17 (34.91)	10:49.93 (34.76)	11:24.92 (34.99)		
	11:59.76 (34.84)	12:34.28 (34.52)	13:08.89 (34.61)	13:43.65 (34.76)		
	14:18.59 (34.94)	14:53.53 (34.94)	15:28.41 (34.88)	16:03.49 (35.08)		
	16:38.45 (34.96)	17:13.18 (34.73)	17:48.30 (35.12)	18:22.90 (34.60)	18:56.04 (33.14)	
22	Witthoefft, Charlotte	15	Quest Swimming	18:40.23	18:56.76	VSR
	30.09	1:03.38 (33.29)	1:37.33 (33.95)	2:11.64 (34.31)		
	2:46.00 (34.36)	3:20.86 (34.86)	3:55.49 (34.63)	4:30.29 (34.80)		
	5:04.93 (34.64)	5:39.75 (34.82)	6:14.07 (34.32)	6:48.82 (34.75)		
	7:23.39 (34.57)	7:57.87 (34.48)	8:32.66 (34.79)	9:07.06 (34.40)		
	9:41.75 (34.69)	10:16.85 (35.10)	10:51.78 (34.93)	11:26.45 (34.67)		
	12:00.93 (34.48)	12:35.62 (34.69)	13:10.71 (35.09)	13:45.63 (34.92)		
	14:20.62 (34.99)	14:55.63 (35.01)	15:30.56 (34.93)	16:05.19 (34.63)		
	16:39.94 (34.75)	17:14.53 (34.59)	17:48.96 (34.43)	18:23.10 (34.14)	18:56.76 (33.66)	
23	Verbel, Georgia	15	Stingrays Swim Team	19:04.03	19:01.72	VSR
	30.68	1:04.46 (33.78)	1:38.52 (34.06)	2:12.67 (34.15)		
	2:46.80 (34.13)	3:21.18 (34.38)	3:55.37 (34.19)	4:29.74 (34.37)		
	5:04.06 (34.32)	5:37.94 (33.88)	6:12.08 (34.14)	6:46.91 (34.83)		
	7:21.14 (34.23)	7:55.83 (34.69)	8:30.84 (35.01)	9:05.79 (34.95)		
	9:41.18 (35.39)	10:15.64 (34.46)	10:50.68 (35.04)	11:25.87 (35.19)		
	12:00.93 (35.06)	12:36.59 (35.66)	13:12.14 (35.55)	13:47.65 (35.51)		
	14:22.92 (35.27)	14:58.23 (35.31)	15:34.00 (35.77)	16:09.17 (35.17)		
	16:44.23 (35.06)	17:19.55 (35.32)	17:54.87 (35.32)	18:29.13 (34.26)	19:01.72 (32.59)	

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

(Event 35 Women 13 & Over 1650 Yard Freestyle)

	Name	Age	Team	Seed Time	Finals Time	
24	Walker, Madison	14	SwimRVA	19:03.71	19:02.56	VSR
	30.80	1:04.75 (33.95)	1:39.07 (34.32)	2:13.58 (34.51)		
	2:48.30 (34.72)	3:22.68 (34.38)	3:57.07 (34.39)	4:31.85 (34.78)		
	5:06.59 (34.74)	5:41.40 (34.81)	6:15.88 (34.48)	6:50.57 (34.69)		
	7:25.34 (34.77)	8:00.53 (35.19)	8:34.87 (34.34)	9:09.74 (34.87)		
	9:44.52 (34.78)	10:19.41 (34.89)	10:54.31 (34.90)	11:28.82 (34.51)		
	12:03.67 (34.85)	12:38.61 (34.94)	13:13.34 (34.73)	13:48.54 (35.20)		
	14:23.65 (35.11)	14:58.77 (35.12)	15:33.91 (35.14)	16:09.29 (35.38)		
	16:44.61 (35.32)	17:19.63 (35.02)	17:54.96 (35.33)	18:29.69 (34.73)	19:02.56 (32.87)	
25	Stuart, Winifred	15	YMCA of the Triangle Area	19:50.89	19:09.49	
	29.54	1:02.88 (33.34)	1:37.43 (34.55)	2:11.81 (34.38)		
	2:46.39 (34.58)	3:20.75 (34.36)	3:55.50 (34.75)	4:30.42 (34.92)		
	5:05.54 (35.12)	5:40.30 (34.76)	6:15.15 (34.85)	6:50.09 (34.94)		
	7:25.35 (35.26)	8:00.66 (35.31)	8:36.10 (35.44)	9:11.44 (35.34)		
	9:46.88 (35.44)	10:21.65 (34.77)	10:57.59 (35.94)	11:32.68 (35.09)		
	12:07.89 (35.21)	12:43.47 (35.58)	13:18.60 (35.13)	13:54.51 (35.91)		
	14:29.90 (35.39)	15:06.18 (36.28)	15:41.77 (35.59)	16:17.18 (35.41)		
	16:52.67 (35.49)	17:27.14 (34.47)	18:02.00 (34.86)	18:36.67 (34.67)	19:09.49 (32.82)	
26	Baker, Haley	13	SwimRVA	19:11.34	19:11.07	
	31.53	1:06.69 (35.16)	1:42.70 (36.01)	2:17.58 (34.88)		
	2:52.49 (34.91)	3:27.78 (35.29)	4:03.14 (35.36)	4:38.63 (35.49)		
	5:14.14 (35.51)	5:49.59 (35.45)	6:24.98 (35.39)	7:00.27 (35.29)		
	7:35.75 (35.48)	8:11.03 (35.28)	8:46.68 (35.65)	9:21.89 (35.21)		
	9:57.12 (35.23)	10:32.84 (35.72)	11:08.11 (35.27)	11:43.22 (35.11)		
	12:18.58 (35.36)	12:53.57 (34.99)	13:28.87 (35.30)	14:03.91 (35.04)		
	14:39.13 (35.22)	15:14.21 (35.08)	15:49.21 (35.00)	16:24.16 (34.95)		
	16:58.56 (34.40)	17:32.88 (34.32)	18:07.04 (34.16)	18:40.22 (33.18)	19:11.07 (30.85)	
27	Thesing, Holly	17	YMCA of the Triangle Area	NT	19:12.15	
	32.03	1:08.63 (36.60)	1:45.07 (36.44)	2:21.75 (36.68)		
	2:58.03 (36.28)	3:33.93 (35.90)	4:09.83 (35.90)	4:45.48 (35.65)		
	5:21.50 (36.02)	5:56.72 (35.22)	6:31.65 (34.93)	7:06.68 (35.03)		
	7:41.50 (34.82)	8:16.23 (34.73)	8:51.06 (34.83)	9:25.91 (34.85)		
	10:00.88 (34.97)	10:35.73 (34.85)	11:10.38 (34.65)	11:44.75 (34.37)		
	12:19.41 (34.66)	12:54.21 (34.80)	13:28.76 (34.55)	14:03.52 (34.76)		
	14:38.06 (34.54)	15:13.25 (35.19)	15:47.74 (34.49)	16:22.50 (34.76)		
	16:57.13 (34.63)	17:31.80 (34.67)	18:06.02 (34.22)	18:39.60 (33.58)	19:12.15 (32.55)	
28	Sheehan, Kate	15	The Fish	19:22.73	19:12.66	
	31.28	1:05.56 (34.28)	1:40.43 (34.87)	2:15.85 (35.42)		
	2:50.79 (34.94)	3:25.29 (34.50)	4:00.07 (34.78)	4:34.87 (34.80)		
	5:09.74 (34.87)	5:45.01 (35.27)	6:19.52 (34.51)	6:54.47 (34.95)		
	7:29.54 (35.07)	8:04.50 (34.96)	8:39.20 (34.70)	9:14.21 (35.01)		
	9:49.39 (35.18)	10:24.47 (35.08)	10:59.60 (35.13)	11:34.60 (35.00)		
	12:09.83 (35.23)	12:45.06 (35.23)	13:20.13 (35.07)	13:55.40 (35.27)		
	14:30.74 (35.34)	15:06.26 (35.52)	15:41.54 (35.28)	16:16.47 (34.93)		
	16:51.81 (35.34)	17:27.04 (35.23)	18:02.32 (35.28)	18:37.65 (35.33)	19:12.66 (35.01)	
29	Fickenscher, Elliot	16	Tide Swimming	19:00.94	19:23.77	
	29.98	1:03.58 (33.60)	1:37.77 (34.19)	2:12.29 (34.52)		
	2:47.06 (34.77)	3:22.30 (35.24)	3:57.18 (34.88)	4:32.12 (34.94)		
	5:07.21 (35.09)	5:42.50 (35.29)	6:18.26 (35.76)	6:53.79 (35.53)		
	7:29.58 (35.79)	8:05.25 (35.67)	8:41.02 (35.77)	9:16.78 (35.76)		
	9:52.71 (35.93)	10:28.86 (36.15)	11:05.24 (36.38)	11:41.05 (35.81)		
	12:17.00 (35.95)	12:53.06 (36.06)	13:28.95 (35.89)	14:04.72 (35.77)		
	14:40.67 (35.95)	15:16.77 (36.10)	15:52.40 (35.63)	16:27.79 (35.39)		
	17:03.80 (36.01)	17:39.19 (35.39)	18:13.97 (34.78)	18:49.58 (35.61)	19:23.77 (34.19)	

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

(Event 35 Women 13 & Over 1650 Yard Freestyle)

	Name	Age	Team	Seed Time	Finals Time
30	Palace, Kelly	62	Un-Fl	19:40.35	19:24.90
	32.18	1:06.67 (34.49)	1:41.56 (34.89)	2:16.87 (35.31)	
	2:52.13 (35.26)	3:27.35 (35.22)	4:02.50 (35.15)	4:37.90 (35.40)	
	5:13.19 (35.29)	5:48.70 (35.51)	6:23.91 (35.21)	6:59.37 (35.46)	
	7:34.68 (35.31)	8:10.20 (35.52)	8:45.67 (35.47)	9:21.02 (35.35)	
	9:56.71 (35.69)	10:32.38 (35.67)	11:07.76 (35.38)	11:43.19 (35.43)	
	12:18.83 (35.64)	12:55.47 (36.64)	13:31.05 (35.58)	14:06.63 (35.58)	
	14:42.14 (35.51)	15:18.05 (35.91)	15:54.09 (36.04)	16:29.75 (35.66)	
	17:05.61 (35.86)	17:41.20 (35.59)	18:16.46 (35.26)	18:51.61 (35.15)	19:24.90 (33.29)
31	Durrette, Sierra	13	SwimRVA	19:57.37	19:26.56
	32.24	1:08.68 (36.44)	1:45.05 (36.37)	2:21.59 (36.54)	
	2:57.87 (36.28)	3:34.29 (36.42)	4:10.40 (36.11)	4:46.79 (36.39)	
	5:22.95 (36.16)	5:58.90 (35.95)	6:34.61 (35.71)	7:10.02 (35.41)	
	7:45.39 (35.37)	8:21.05 (35.66)	8:56.37 (35.32)	9:31.76 (35.39)	
	10:07.05 (35.29)	10:42.43 (35.38)	11:17.96 (35.53)	11:53.50 (35.54)	
	12:28.61 (35.11)	13:03.65 (35.04)	13:39.32 (35.67)	14:14.53 (35.21)	
	14:49.93 (35.40)	15:25.23 (35.30)	15:59.78 (34.55)	16:34.99 (35.21)	
	17:10.09 (35.10)	17:45.22 (35.13)	18:19.78 (34.56)	18:53.98 (34.20)	19:26.56 (32.58)
32	Mears, Annalise	16	SwimRVA	20:33.10	19:29.24
	31.67	1:07.05 (35.38)	1:42.32 (35.27)	2:17.66 (35.34)	
	2:52.79 (35.13)	3:28.28 (35.49)	4:04.03 (35.75)	4:39.54 (35.51)	
	5:14.78 (35.24)	5:50.23 (35.45)	6:25.44 (35.21)	7:00.79 (35.35)	
	7:36.45 (35.66)	8:12.38 (35.93)	8:48.03 (35.65)	9:23.76 (35.73)	
	9:59.55 (35.79)	10:35.57 (36.02)	11:11.79 (36.22)	11:47.65 (35.86)	
	12:23.89 (36.24)	12:59.62 (35.73)	13:35.56 (35.94)	14:11.23 (35.67)	
	14:46.79 (35.56)	15:22.60 (35.81)	15:58.09 (35.49)	16:33.82 (35.73)	
	17:09.79 (35.97)	17:45.71 (35.92)	18:21.10 (35.39)	18:55.82 (34.72)	19:29.24 (33.42)
33	Woolley, Jamison	17	Tide Swimming	19:13.54	19:42.08
	30.79	1:05.20 (34.41)	1:40.10 (34.90)	2:15.41 (35.31)	
	2:50.74 (35.33)	3:26.14 (35.40)	4:00.87 (34.73)	4:35.58 (34.71)	
	5:10.62 (35.04)	5:45.95 (35.33)	6:21.88 (35.93)	6:57.78 (35.90)	
	7:33.85 (36.07)	8:09.85 (36.00)	8:46.21 (36.36)	9:22.99 (36.78)	
	9:58.96 (35.97)	10:35.16 (36.20)	11:11.27 (36.11)	11:47.75 (36.48)	
	12:24.12 (36.37)	13:00.84 (36.72)	13:37.71 (36.87)	14:14.59 (36.88)	
	14:51.71 (37.12)	15:28.51 (36.80)	16:05.24 (36.73)	16:41.98 (36.74)	
	17:18.40 (36.42)	17:54.92 (36.52)	18:30.70 (35.78)	19:06.67 (35.97)	19:42.08 (35.41)

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 36 Men 13 & Over 1650 Yard Freestyle

Meet Record: 15:36.61 ! 11/6/2022 David King Cavalier Aquatic
15:40.39 WJR USA-S Winter JRs
16:05.49 FUT USA-S Futures
16:22.99 YNAT YMCA SCY Nationals
17:35.09 VSR VSI SR Champs

	Name	Age	Team	Seed Time	Finals Time	
1	King, Brayden	16	Cavalier Aquatics - Piedmont Y	15:38.80	15:45.51	FUT
	25.81	54.38 (28.57)	1:23.01 (28.63)	1:51.87 (28.86)		
	2:20.71 (28.84)	2:49.71 (29.00)	3:18.81 (29.10)	3:47.67 (28.86)		
	4:16.52 (28.85)	4:45.38 (28.86)	5:14.17 (28.79)	5:42.81 (28.64)		
	6:11.65 (28.84)	6:40.46 (28.81)	7:09.34 (28.88)	7:38.35 (29.01)		
	8:06.97 (28.62)	8:35.72 (28.75)	9:04.34 (28.62)	9:32.99 (28.65)		
	10:01.59 (28.60)	10:30.28 (28.69)	10:58.86 (28.58)	11:27.53 (28.67)		
	11:56.35 (28.82)	12:24.98 (28.63)	12:53.85 (28.87)	13:22.76 (28.91)		
	13:51.61 (28.85)	14:20.43 (28.82)	14:49.17 (28.74)	15:18.00 (28.83)	15:45.51 (27.51)	
2	Charlton, William	15	Cavalier Aquatics - Piedmont Y	16:13.31	16:13.98	YNAT
	26.13	54.57 (28.44)	1:23.54 (28.97)	1:52.68 (29.14)		
	2:21.95 (29.27)	2:51.10 (29.15)	3:20.30 (29.20)	3:49.66 (29.36)		
	4:19.44 (29.78)	4:48.91 (29.47)	5:18.57 (29.66)	5:47.93 (29.36)		
	6:17.70 (29.77)	6:47.51 (29.81)	7:17.62 (30.11)	7:47.41 (29.79)		
	8:17.33 (29.92)	8:46.99 (29.66)	9:16.59 (29.60)	9:46.55 (29.96)		
	10:16.92 (30.37)	10:46.57 (29.65)	11:16.28 (29.71)	11:46.22 (29.94)		
	12:16.44 (30.22)	12:46.31 (29.87)	13:16.35 (30.04)	13:45.56 (29.21)		
	14:15.45 (29.89)	14:45.40 (29.95)	15:15.62 (30.22)	15:45.23 (29.61)	16:13.98 (28.75)	
3	Guthrie, Hunter	15	The Fish	17:02.83	16:27.80	VSR
	25.83	55.08 (29.25)	1:25.17 (30.09)	1:55.48 (30.31)		
	2:26.05 (30.57)	2:56.40 (30.35)	3:26.56 (30.16)	3:56.97 (30.41)		
	4:27.27 (30.30)	4:57.58 (30.31)	5:27.98 (30.40)	5:58.50 (30.52)		
	6:29.15 (30.65)	6:59.59 (30.44)	7:29.90 (30.31)	8:00.17 (30.27)		
	8:30.08 (29.91)	8:59.75 (29.67)	9:29.78 (30.03)	9:59.11 (29.33)		
	10:29.68 (30.57)	10:59.81 (30.13)	11:30.07 (30.26)	12:00.24 (30.17)		
	12:30.38 (30.14)	13:00.53 (30.15)	13:30.39 (29.86)	14:00.49 (30.10)		
	14:30.71 (30.22)	15:00.95 (30.24)	15:30.83 (29.88)	16:00.25 (29.42)	16:27.80 (27.55)	
4	Marshall, Connor	17	Cavalier Aquatics - Piedmont Y	16:26.19	16:29.88	VSR
	26.65	55.84 (29.19)	1:25.55 (29.71)	1:55.48 (29.93)		
	2:25.60 (30.12)	2:55.52 (29.92)	3:25.92 (30.40)	3:55.99 (30.07)		
	4:26.25 (30.26)	4:56.60 (30.35)	5:27.13 (30.53)	5:57.31 (30.18)		
	6:27.12 (29.81)	6:57.09 (29.97)	7:26.95 (29.86)	7:57.18 (30.23)		
	8:27.43 (30.25)	8:57.83 (30.40)	9:28.19 (30.36)	9:58.68 (30.49)		
	10:28.77 (30.09)	10:59.02 (30.25)	11:29.28 (30.26)	11:59.64 (30.36)		
	12:30.01 (30.37)	13:00.34 (30.33)	13:30.50 (30.16)	14:00.57 (30.07)		
	14:30.69 (30.12)	15:00.86 (30.17)	15:30.77 (29.91)	16:00.70 (29.93)	16:29.88 (29.18)	
5	Sawyer, Bradley	15	Cavalier Aquatics - Piedmont Y	16:27.86	16:30.09	VSR
	26.77	55.90 (29.13)	1:25.42 (29.52)	1:55.20 (29.78)		
	2:24.85 (29.65)	2:54.68 (29.83)	3:24.49 (29.81)	3:54.47 (29.98)		
	4:24.75 (30.28)	4:55.02 (30.27)	5:24.83 (29.81)	5:54.50 (29.67)		
	6:24.57 (30.07)	6:54.64 (30.07)	7:24.62 (29.98)	7:54.64 (30.02)		
	8:24.90 (30.26)	8:54.78 (29.88)	9:25.12 (30.34)	9:55.43 (30.31)		
	10:25.54 (30.11)	10:55.86 (30.32)	11:26.47 (30.61)	11:57.17 (30.70)		
	12:27.86 (30.69)	12:58.68 (30.82)	13:29.43 (30.75)	14:00.18 (30.75)		
	14:30.52 (30.34)	15:01.25 (30.73)	15:31.74 (30.49)	16:02.11 (30.37)	16:30.09 (27.98)	

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Results

(Event 36 Men 13 & Over 1650 Yard Freestyle)

	Name	Age	Team	Seed Time	Finals Time	
6	Tungate, Benjamin	15	Cavalier Aquatics - Piedmont Y	16:38.41	16:39.24	VSR
	26.99	56.30 (29.31)	1:25.95 (29.65)	1:55.86 (29.91)		
	2:25.76 (29.90)	2:55.53 (29.77)	3:25.53 (30.00)	3:55.40 (29.87)		
	4:25.69 (30.29)	4:56.29 (30.60)	5:26.68 (30.39)	5:57.17 (30.49)		
	6:27.71 (30.54)	6:58.08 (30.37)	7:28.31 (30.23)	7:59.47 (31.16)		
	8:29.84 (30.37)	9:00.31 (30.47)	9:30.99 (30.68)	10:01.50 (30.51)		
	10:32.11 (30.61)	11:02.66 (30.55)	11:33.48 (30.82)	12:04.20 (30.72)		
	12:35.03 (30.83)	13:05.90 (30.87)	13:36.25 (30.35)	14:07.25 (31.00)		
	14:38.00 (30.75)	15:08.48 (30.48)	15:38.94 (30.46)	16:09.56 (30.62)	16:39.24 (29.68)	
7	Harris, Bennett	17	YMCA of the Triangle Area	16:16.37	16:42.79	VSR
	26.37	55.79 (29.42)	1:25.89 (30.10)	1:56.05 (30.16)		
	2:26.52 (30.47)	2:56.98 (30.46)	3:27.66 (30.68)	3:58.41 (30.75)		
	4:29.12 (30.71)	4:59.88 (30.76)	5:30.63 (30.75)	6:01.40 (30.77)		
	6:32.26 (30.86)	7:03.12 (30.86)	7:34.09 (30.97)	8:04.87 (30.78)		
	8:35.61 (30.74)	9:06.33 (30.72)	9:37.19 (30.86)	10:08.14 (30.95)		
	10:38.86 (30.72)	11:09.67 (30.81)	11:40.48 (30.81)	12:11.33 (30.85)		
	12:41.88 (30.55)	13:12.40 (30.52)	13:42.85 (30.45)	14:13.30 (30.45)		
	14:43.45 (30.15)	15:13.88 (30.43)	15:44.05 (30.17)	16:13.88 (29.83)	16:42.79 (28.91)	
8	Jiminez, Patrick	15	The Fish	16:40.96	16:48.57	VSR
	26.46	55.31 (28.85)	1:25.41 (30.10)	1:55.69 (30.28)		
	2:26.14 (30.45)	2:56.81 (30.67)	3:27.34 (30.53)	3:57.62 (30.28)		
	4:28.23 (30.61)	4:58.98 (30.75)	5:29.39 (30.41)	6:00.14 (30.75)		
	6:30.76 (30.62)	7:01.19 (30.43)	7:32.07 (30.88)	8:02.81 (30.74)		
	8:33.76 (30.95)	9:04.89 (31.13)	9:35.75 (30.86)	10:06.90 (31.15)		
	10:37.99 (31.09)	11:09.10 (31.11)	11:40.16 (31.06)	12:11.19 (31.03)		
	12:42.27 (31.08)	13:13.51 (31.24)	13:44.47 (30.96)	14:15.26 (30.79)		
	14:46.34 (31.08)	15:17.13 (30.79)	15:47.99 (30.86)	16:18.84 (30.85)	16:48.57 (29.73)	
9	Clippinger, Jack	16	SwimRVA	17:29.18	16:52.41	VSR
	26.87	57.06 (30.19)	1:28.23 (31.17)	1:59.14 (30.91)		
	2:28.98 (29.84)	2:59.51 (30.53)	3:29.96 (30.45)	4:01.02 (31.06)		
	4:32.19 (31.17)	5:03.20 (31.01)	5:34.19 (30.99)	6:05.02 (30.83)		
	6:36.28 (31.26)	7:07.05 (30.77)	7:38.66 (31.61)	8:09.83 (31.17)		
	8:40.68 (30.85)	9:11.45 (30.77)	9:42.54 (31.09)	10:13.84 (31.30)		
	10:44.89 (31.05)	11:15.85 (30.96)	11:47.01 (31.16)	12:17.87 (30.86)		
	12:48.75 (30.88)	13:19.46 (30.71)	13:50.51 (31.05)	14:21.38 (30.87)		
	14:52.19 (30.81)	15:22.69 (30.50)	15:53.06 (30.37)	16:23.87 (30.81)	16:52.41 (28.54)	
10	Bradley, Connor	15	Tide Swimming	17:40.26	16:57.12	VSR
	27.82	58.17 (30.35)	1:28.76 (30.59)	1:59.24 (30.48)		
	2:30.04 (30.80)	3:00.73 (30.69)	3:31.60 (30.87)	4:02.20 (30.60)		
	4:32.94 (30.74)	5:03.86 (30.92)	5:35.16 (31.30)	6:06.02 (30.86)		
	6:37.37 (31.35)	7:08.52 (31.15)	7:39.89 (31.37)	8:11.11 (31.22)		
	8:41.87 (30.76)	9:12.90 (31.03)	9:43.98 (31.08)	10:14.82 (30.84)		
	10:45.41 (30.59)	11:16.51 (31.10)	11:47.30 (30.79)	12:18.42 (31.12)		
	12:49.73 (31.31)	13:20.82 (31.09)	13:51.83 (31.01)	14:23.36 (31.53)		
	14:54.87 (31.51)	15:26.12 (31.25)	15:57.01 (30.89)	16:27.67 (30.66)	16:57.12 (29.45)	
11	Hottle, Luke	14	Lynchburg YMCA	17:16.10	16:59.81	VSR
	27.56	57.94 (30.38)	1:28.98 (31.04)	2:00.18 (31.20)		
	2:31.14 (30.96)	3:02.91 (31.77)	3:33.74 (30.83)	4:05.15 (31.41)		
	4:36.41 (31.26)	5:07.53 (31.12)	5:38.11 (30.58)	6:09.40 (31.29)		
	6:40.41 (31.01)	7:11.78 (31.37)	7:43.02 (31.24)	8:14.50 (31.48)		
	8:45.63 (31.13)	9:16.75 (31.12)	9:47.99 (31.24)	10:19.64 (31.65)		
	10:50.54 (30.90)	11:21.58 (31.04)	11:53.05 (31.47)	12:24.08 (31.03)		
	12:55.23 (31.15)	13:26.46 (31.23)	13:57.25 (30.79)	14:28.23 (30.98)		
	14:59.25 (31.02)	15:30.06 (30.81)	16:00.48 (30.42)	16:31.02 (30.54)	16:59.81 (28.79)	

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Results

(Event 36 Men 13 & Over 1650 Yard Freestyle)

	Name	Age	Team	Seed Time	Finals Time	
12	Sanchez, Luca	14	The Fish	18:06.40	17:00.51	VSR
	27.83	58.33 (30.50)	1:29.38 (31.05)	2:00.56 (31.18)		
	2:31.65 (31.09)	3:02.83 (31.18)	3:33.96 (31.13)	4:04.75 (30.79)		
	4:35.74 (30.99)	5:06.65 (30.91)	5:37.60 (30.95)	6:08.54 (30.94)		
	6:39.50 (30.96)	7:10.52 (31.02)	7:41.37 (30.85)	8:12.48 (31.11)		
	8:43.52 (31.04)	9:14.56 (31.04)	9:45.68 (31.12)	10:17.20 (31.52)		
	10:48.39 (31.19)	11:19.80 (31.41)	11:51.19 (31.39)	12:22.30 (31.11)		
	12:53.89 (31.59)	13:25.30 (31.41)	13:56.72 (31.42)	14:28.14 (31.42)		
	14:59.34 (31.20)	15:30.12 (30.78)	16:00.67 (30.55)	16:31.38 (30.71)	17:00.51 (29.13)	
13	Swartz, Tyler	17	Tide Swimming	16:33.06	17:03.88	VSR
	26.96	56.89 (29.93)	1:27.35 (30.46)	1:58.22 (30.87)		
	2:29.35 (31.13)	3:00.46 (31.11)	3:31.76 (31.30)	4:03.16 (31.40)		
	4:34.54 (31.38)	5:05.69 (31.15)	5:37.06 (31.37)	6:08.45 (31.39)		
	6:39.96 (31.51)	7:11.53 (31.57)	7:42.84 (31.31)	8:14.00 (31.16)		
	8:45.31 (31.31)	9:16.84 (31.53)	9:48.31 (31.47)	10:19.72 (31.41)		
	10:50.55 (30.83)	11:22.02 (31.47)	11:53.30 (31.28)	12:24.55 (31.25)		
	12:56.18 (31.63)	13:27.39 (31.21)	13:57.95 (30.56)	14:29.39 (31.44)		
	15:00.87 (31.48)	15:31.82 (30.95)	16:02.82 (31.00)	16:33.79 (30.97)	17:03.88 (30.09)	
14	Stratton, Nicholas	15	Tide Swimming	16:58.62	17:05.37	VSR
	27.48	57.16 (29.68)	1:27.27 (30.11)	1:58.46 (31.19)		
	2:29.15 (30.69)	3:00.43 (31.28)	3:31.52 (31.09)	4:02.98 (31.46)		
	4:33.74 (30.76)	5:04.78 (31.04)	5:35.78 (31.00)	6:06.98 (31.20)		
	6:37.88 (30.90)	7:09.63 (31.75)	7:41.45 (31.82)	8:12.50 (31.05)		
	8:43.66 (31.16)	9:15.26 (31.60)	9:46.60 (31.34)	10:18.07 (31.47)		
	10:49.42 (31.35)	11:20.36 (30.94)	11:51.67 (31.31)	12:23.42 (31.75)		
	12:54.71 (31.29)	13:26.51 (31.80)	13:58.21 (31.70)	14:29.19 (30.98)		
	15:01.41 (32.22)	15:32.83 (31.42)	16:04.09 (31.26)	16:35.38 (31.29)	17:05.37 (29.99)	
15	Rice, Hudson	14	Lynchburg YMCA	17:20.63	17:08.61	VSR
	28.43	59.13 (30.70)	1:30.35 (31.22)	2:02.17 (31.82)		
	2:33.61 (31.44)	3:05.00 (31.39)	3:36.35 (31.35)	4:07.90 (31.55)		
	4:39.14 (31.24)	5:10.65 (31.51)	5:41.98 (31.33)	6:13.68 (31.70)		
	6:45.03 (31.35)	7:16.58 (31.55)	7:47.76 (31.18)	8:18.96 (31.20)		
	8:50.47 (31.51)	9:22.06 (31.59)	9:53.61 (31.55)	10:24.48 (30.87)		
	10:56.01 (31.53)	11:27.29 (31.28)	11:58.77 (31.48)	12:30.16 (31.39)		
	13:01.33 (31.17)	13:32.62 (31.29)	14:04.22 (31.60)	14:35.70 (31.48)		
	15:07.11 (31.41)	15:38.48 (31.37)	16:08.93 (30.45)	16:39.47 (30.54)	17:08.61 (29.14)	
16	Dilber, Sarp	14	The Fish	19:29.85	17:12.71	VSR
	28.26	59.01 (30.75)	1:30.62 (31.61)	2:02.52 (31.90)		
	2:34.54 (32.02)	3:06.89 (32.35)	3:38.65 (31.76)	4:09.76 (31.11)		
	4:41.46 (31.70)	5:12.97 (31.51)	5:44.41 (31.44)	6:16.27 (31.86)		
	6:48.52 (32.25)	7:20.11 (31.59)	7:50.92 (30.81)	8:22.97 (32.05)		
	8:55.38 (32.41)	9:27.35 (31.97)	9:59.05 (31.70)	10:30.70 (31.65)		
	11:01.34 (30.64)	11:33.07 (31.73)	12:04.62 (31.55)	12:35.93 (31.31)		
	13:06.51 (30.58)	13:38.15 (31.64)	14:09.43 (31.28)	14:40.45 (31.02)		
	15:11.77 (31.32)	15:42.98 (31.21)	16:14.12 (31.14)	16:44.86 (30.74)	17:12.71 (27.85)	
17	Woodruff, Graham	14	Lynchburg YMCA	17:56.98	17:17.08	VSR
	29.15	1:00.54 (31.39)	1:32.19 (31.65)	2:04.63 (32.44)		
	2:37.02 (32.39)	3:08.76 (31.74)	3:40.68 (31.92)	4:12.56 (31.88)		
	4:44.59 (32.03)	5:16.85 (32.26)	5:48.59 (31.74)	6:20.10 (31.51)		
	6:51.83 (31.73)	7:23.92 (32.09)	7:55.77 (31.85)	8:27.56 (31.79)		
	8:59.03 (31.47)	9:30.71 (31.68)	10:02.27 (31.56)	10:33.62 (31.35)		
	11:05.02 (31.40)	11:36.94 (31.92)	12:08.29 (31.35)	12:39.84 (31.55)		
	13:11.51 (31.67)	13:42.62 (31.11)	14:13.88 (31.26)	14:44.88 (31.00)		
	15:16.17 (31.29)	15:47.57 (31.40)	16:18.43 (30.86)	16:48.59 (30.16)	17:17.08 (28.49)	

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Results

(Event 36 Men 13 & Over 1650 Yard Freestyle)

	Name	Age	Team	Seed Time	Finals Time	
18	Kustowski, Brian	18	Tide Swimming	17:09.08	17:26.32	VSR
	28.15	58.59 (30.44)	1:29.55 (30.96)	2:00.70 (31.15)		
	2:32.01 (31.31)	3:03.37 (31.36)	3:34.80 (31.43)	4:06.28 (31.48)		
	4:38.24 (31.96)	5:09.85 (31.61)	5:42.15 (32.30)	6:14.03 (31.88)		
	6:46.02 (31.99)	7:17.93 (31.91)	7:49.96 (32.03)	8:21.76 (31.80)		
	8:53.65 (31.89)	9:25.78 (32.13)	9:57.74 (31.96)	10:29.78 (32.04)		
	11:01.97 (32.19)	11:34.18 (32.21)	12:06.40 (32.22)	12:39.03 (32.63)		
	13:11.52 (32.49)	13:44.00 (32.48)	14:16.32 (32.32)	14:48.41 (32.09)		
	15:20.30 (31.89)	15:52.09 (31.79)	16:24.05 (31.96)	16:55.62 (31.57)	17:26.32 (30.70)	
19	Alexander, Charles	15	Cavalier Aquatics - Piedmont Y	17:56.89	17:27.40	VSR
	28.74	59.92 (31.18)	1:31.84 (31.92)	2:03.84 (32.00)		
	2:35.53 (31.69)	3:07.56 (32.03)	3:40.09 (32.53)	4:12.61 (32.52)		
	4:44.76 (32.15)	5:16.41 (31.65)	5:47.62 (31.21)	6:19.36 (31.74)		
	6:50.89 (31.53)	7:22.16 (31.27)	7:53.76 (31.60)	8:25.42 (31.66)		
	8:57.09 (31.67)	9:29.01 (31.92)	10:01.08 (32.07)	10:32.99 (31.91)		
	11:04.74 (31.75)	11:36.19 (31.45)	12:07.76 (31.57)	12:39.54 (31.78)		
	13:11.68 (32.14)	13:44.15 (32.47)	14:16.60 (32.45)	14:49.41 (32.81)		
	15:21.26 (31.85)	15:52.62 (31.36)	16:24.57 (31.95)	16:56.60 (32.03)	17:27.40 (30.80)	
20	Smith, Henry	13	Cavalier Aquatics - Piedmont Y	17:24.23	17:28.95	VSR
	29.00	1:00.84 (31.84)	1:33.15 (32.31)	2:05.35 (32.20)		
	2:37.51 (32.16)	3:10.01 (32.50)	3:42.37 (32.36)	4:14.68 (32.31)		
	4:46.58 (31.90)	5:18.77 (32.19)	5:50.49 (31.72)	6:21.90 (31.41)		
	6:53.93 (32.03)	7:25.99 (32.06)	7:58.10 (32.11)	8:30.34 (32.24)		
	9:02.48 (32.14)	9:34.74 (32.26)	10:06.70 (31.96)	10:38.86 (32.16)		
	11:10.61 (31.75)	11:42.65 (32.04)	12:14.23 (31.58)	12:45.64 (31.41)		
	13:17.66 (32.02)	13:49.47 (31.81)	14:21.87 (32.40)	14:53.71 (31.84)		
	15:25.71 (32.00)	15:56.77 (31.06)	16:28.03 (31.26)	16:58.99 (30.96)	17:28.95 (29.96)	
21	Suggs DeSorbo, Matthew	14	Cavalier Aquatics - Piedmont Y	17:58.89	17:30.76	VSR
	28.55	59.48 (30.93)	1:31.72 (32.24)	2:04.09 (32.37)		
	2:36.23 (32.14)	3:08.44 (32.21)	3:40.65 (32.21)	4:12.69 (32.04)		
	4:44.90 (32.21)	5:16.93 (32.03)	5:48.51 (31.58)	6:20.38 (31.87)		
	6:52.64 (32.26)	7:24.41 (31.77)	7:56.54 (32.13)	8:28.76 (32.22)		
	9:00.61 (31.85)	9:32.17 (31.56)	10:04.14 (31.97)	10:36.14 (32.00)		
	11:07.40 (31.26)	11:39.34 (31.94)	12:11.76 (32.42)	12:44.12 (32.36)		
	13:16.61 (32.49)	13:48.89 (32.28)	14:20.60 (31.71)	14:53.28 (32.68)		
	15:25.20 (31.92)	15:57.22 (32.02)	16:29.37 (32.15)	17:00.88 (31.51)	17:30.76 (29.88)	
22	Flores, Ayden	17	Tide Swimming	17:48.17	17:33.71	VSR
	28.34	58.70 (30.36)	1:29.45 (30.75)	2:00.72 (31.27)		
	2:32.56 (31.84)	3:04.70 (32.14)	3:36.55 (31.85)	4:09.34 (32.79)		
	4:41.71 (32.37)	5:14.02 (32.31)	5:46.80 (32.78)	6:19.19 (32.39)		
	6:52.18 (32.99)	7:24.32 (32.14)	7:56.25 (31.93)	8:28.78 (32.53)		
	9:01.16 (32.38)	9:33.53 (32.37)	10:05.60 (32.07)	10:37.58 (31.98)		
	11:09.72 (32.14)	11:42.09 (32.37)	12:13.99 (31.90)	12:46.06 (32.07)		
	13:18.50 (32.44)	13:51.05 (32.55)	14:23.63 (32.58)	14:56.13 (32.50)		
	15:28.40 (32.27)	16:00.65 (32.25)	16:33.34 (32.69)	17:04.37 (31.03)	17:33.71 (29.34)	
23	Olson, Thomas	17	Cavalier Aquatics - Piedmont Y	17:00.74	17:37.65	
	27.78	57.30 (29.52)	1:27.71 (30.41)	1:58.33 (30.62)		
	2:29.45 (31.12)	3:00.68 (31.23)	3:31.98 (31.30)	4:02.71 (30.73)		
	4:33.76 (31.05)	5:04.77 (31.01)	5:36.11 (31.34)	6:07.57 (31.46)		
	6:39.18 (31.61)	7:10.69 (31.51)	7:42.24 (31.55)	8:14.70 (32.46)		
	8:46.73 (32.03)	9:19.46 (32.73)	9:51.96 (32.50)	10:25.08 (33.12)		
	10:57.63 (32.55)	11:30.44 (32.81)	12:03.18 (32.74)	12:36.16 (32.98)		
	13:09.75 (33.59)	13:42.85 (33.10)	14:16.29 (33.44)	14:50.21 (33.92)		
	15:23.84 (33.63)	15:57.27 (33.43)	16:30.98 (33.71)	17:04.77 (33.79)	17:37.65 (32.88)	

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Results

(Event 36 Men 13 & Over 1650 Yard Freestyle)

	Name	Age	Team	Seed Time	Finals Time
24	Parker, Austin	15	Stingrays Swim Team	17:00.81	17:44.15
	28.20	58.80 (30.60)	1:29.91 (31.11)	2:01.28 (31.37)	
	2:32.89 (31.61)	3:04.83 (31.94)	3:36.76 (31.93)	4:08.41 (31.65)	
	4:40.50 (32.09)	5:12.80 (32.30)	5:45.21 (32.41)	6:17.59 (32.38)	
	6:50.17 (32.58)	7:22.67 (32.50)	7:55.25 (32.58)	8:27.92 (32.67)	
	9:00.56 (32.64)	9:33.14 (32.58)	10:05.88 (32.74)	10:38.42 (32.54)	
	11:11.26 (32.84)	11:44.18 (32.92)	12:17.12 (32.94)	12:49.85 (32.73)	
	13:22.71 (32.86)	13:55.32 (32.61)	14:28.70 (33.38)	15:01.81 (33.11)	
	15:34.75 (32.94)	16:07.32 (32.57)	16:39.94 (32.62)	17:12.65 (32.71)	17:44.15 (31.50)
25	Nelson, Broderick	13	Lynchburg YMCA	NT	17:47.16
	28.90	1:01.03 (32.13)	1:33.39 (32.36)	2:05.23 (31.84)	
	2:37.54 (32.31)	3:10.24 (32.70)	3:43.20 (32.96)	4:15.24 (32.04)	
	4:48.13 (32.89)	5:21.15 (33.02)	5:53.48 (32.33)	6:26.36 (32.88)	
	6:58.79 (32.43)	7:31.55 (32.76)	8:04.36 (32.81)	8:37.15 (32.79)	
	9:09.62 (32.47)	9:42.34 (32.72)	10:14.99 (32.65)	10:47.96 (32.97)	
	11:20.54 (32.58)	11:53.29 (32.75)	12:25.81 (32.52)	12:58.14 (32.33)	
	13:30.97 (32.83)	14:03.34 (32.37)	14:35.98 (32.64)	15:08.28 (32.30)	
	15:40.70 (32.42)	16:12.85 (32.15)	16:44.73 (31.88)	17:16.46 (31.73)	17:47.16 (30.70)
26	Grinsell, Patrick	15	Quest Swimming	17:53.36	17:53.16
	29.35	1:01.11 (31.76)	1:33.54 (32.43)	2:06.13 (32.59)	
	2:38.69 (32.56)	3:11.41 (32.72)	3:44.28 (32.87)	4:16.93 (32.65)	
	4:49.93 (33.00)	5:23.18 (33.25)	5:55.84 (32.66)	6:28.66 (32.82)	
	7:01.14 (32.48)	7:33.87 (32.73)	8:06.74 (32.87)	8:39.09 (32.35)	
	9:11.96 (32.87)	9:44.72 (32.76)	10:17.39 (32.67)	10:50.46 (33.07)	
	11:23.42 (32.96)	11:56.31 (32.89)	12:29.27 (32.96)	13:01.55 (32.28)	
	13:33.94 (32.39)	14:06.30 (32.36)	14:39.03 (32.73)	15:11.72 (32.69)	
	15:44.48 (32.76)	16:16.98 (32.50)	16:49.60 (32.62)	17:22.13 (32.53)	17:53.16 (31.03)
27	Weber, Josiah	14	SwimRVA	17:12.17	17:54.77
	27.68	58.65 (30.97)	1:30.49 (31.84)	2:01.89 (31.40)	
	2:32.93 (31.04)	3:04.40 (31.47)	3:35.70 (31.30)	4:07.44 (31.74)	
	4:38.90 (31.46)	5:11.13 (32.23)	5:43.77 (32.64)	6:16.40 (32.63)	
	6:48.93 (32.53)	7:22.04 (33.11)	7:55.11 (33.07)	8:28.32 (33.21)	
	9:01.97 (33.65)	9:34.90 (32.93)	10:09.35 (34.45)	10:41.70 (32.35)	
	11:14.39 (32.69)	11:48.16 (33.77)	12:21.50 (33.34)	12:54.85 (33.35)	
	13:28.34 (33.49)	14:01.46 (33.12)	14:35.16 (33.70)	15:09.16 (34.00)	
	15:42.48 (33.32)	16:16.00 (33.52)	16:49.35 (33.35)	17:22.58 (33.23)	17:54.77 (32.19)
28	White, Colton	16	Stingrays Swim Team	17:42.04	18:01.08
	26.82	56.74 (29.92)	1:27.94 (31.20)	1:59.06 (31.12)	
	2:30.56 (31.50)	3:02.90 (32.34)	3:35.96 (33.06)	4:09.16 (33.20)	
	4:42.23 (33.07)	5:15.49 (33.26)	5:48.54 (33.05)	6:21.99 (33.45)	
	6:55.57 (33.58)	7:28.65 (33.08)	8:00.69 (32.04)	8:33.86 (33.17)	
	9:07.41 (33.55)	9:40.07 (32.66)	10:13.36 (33.29)	10:47.08 (33.72)	
	11:20.52 (33.44)	11:53.72 (33.20)	12:27.92 (34.20)	13:01.61 (33.69)	
	13:35.31 (33.70)	14:09.48 (34.17)	14:42.81 (33.33)	15:15.85 (33.04)	
	15:49.59 (33.74)	16:22.50 (32.91)	16:55.33 (32.83)	17:28.81 (33.48)	18:01.08 (32.27)
29	Stowell, Ethan	16	Tide Swimming	18:32.42	18:08.26
	29.15	1:00.67 (31.52)	1:32.70 (32.03)	2:04.90 (32.20)	
	2:37.28 (32.38)	3:09.94 (32.66)	3:42.89 (32.95)	4:15.85 (32.96)	
	4:49.14 (33.29)	5:22.19 (33.05)	5:55.23 (33.04)	6:28.41 (33.18)	
	7:02.17 (33.76)	7:36.14 (33.97)	8:10.16 (34.02)	8:43.72 (33.56)	
	9:17.10 (33.38)	9:50.80 (33.70)	10:24.12 (33.32)	10:57.69 (33.57)	
	11:31.30 (33.61)	12:04.89 (33.59)	12:38.15 (33.26)	13:11.76 (33.61)	
	13:44.58 (32.82)	14:17.46 (32.88)	14:50.66 (33.20)	15:23.94 (33.28)	
	15:57.24 (33.30)	16:30.23 (32.99)	17:03.02 (32.79)	17:36.15 (33.13)	18:08.26 (32.11)

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

(Event 36 Men 13 & Over 1650 Yard Freestyle)

	Name	Age	Team	Seed Time	Finals Time
30	Young, Floyd	14	SwimRVA	17:56.16	18:21.61
	27.75	58.78 (31.03)	1:30.12 (31.34)	2:02.00 (31.88)	
	2:34.39 (32.39)	3:07.05 (32.66)	3:39.93 (32.88)	4:13.36 (33.43)	
	4:46.66 (33.30)	5:20.19 (33.53)	5:53.58 (33.39)	6:27.57 (33.99)	
	7:01.46 (33.89)	7:35.58 (34.12)	8:09.87 (34.29)	8:44.35 (34.48)	
	9:18.60 (34.25)	9:52.47 (33.87)	10:26.79 (34.32)	11:01.12 (34.33)	
	11:35.18 (34.06)	12:08.58 (33.40)	12:42.30 (33.72)	13:16.66 (34.36)	
	13:50.62 (33.96)	14:25.26 (34.64)	14:59.99 (34.73)	15:34.48 (34.49)	
	16:08.80 (34.32)	16:42.30 (33.50)	17:15.85 (33.55)	17:49.44 (33.59)	18:21.61 (32.17)
31	Irvine, Jackson	14	Quest Swimming	18:31.05	18:39.32
	30.85	1:04.34 (33.49)	1:39.04 (34.70)	2:13.63 (34.59)	
	2:48.78 (35.15)	3:23.75 (34.97)	3:58.97 (35.22)	4:33.95 (34.98)	
	5:09.13 (35.18)	5:42.53 (33.40)	6:16.78 (34.25)	6:50.24 (33.46)	
	7:24.29 (34.05)	7:58.75 (34.46)	8:32.57 (33.82)	9:06.70 (34.13)	
	9:41.17 (34.47)	10:15.60 (34.43)	10:50.09 (34.49)	11:23.53 (33.44)	
	11:55.95 (32.42)	12:28.96 (33.01)	13:02.52 (33.56)	13:36.43 (33.91)	
	14:10.42 (33.99)	14:44.35 (33.93)	15:18.45 (34.10)	15:51.90 (33.45)	
	16:26.06 (34.16)	16:59.91 (33.85)	17:33.39 (33.48)	18:06.86 (33.47)	18:39.32 (32.46)

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 135 Women 13 & Over 1000 Yard Freestyle split from 1650

	Name	Age	Team	Seed Time	Finals Time
1	Callis, Emerson	15	Quest Swimming	NT	10:08.86
2	Strickland, Virginia	14	The Fish	NT	10:12.23
3	Sherman, Lila	14	The Fish	NT	10:14.85
4	Canada, Raegan	16	Quest Swimming	NT	10:31.75
5	Wells, Sara	16	Cavalier Aquatics - Piedmont Y	NT	10:41.37
6	Nicholson, Lucille	16	Cavalier Aquatics - Piedmont Y	NT	10:44.22
7	Ayres, Meghan	13	Cavalier Aquatics - Piedmont Y	NT	10:44.41
8	Stein, Abigail	16	The Fish	NT	10:45.60
9	Lundeberg, Ilsa	17	Quest Swimming	NT	10:49.01
10	Kryszon, Madison	17	Quest Swimming	NT	10:56.76
11	Cosner, Emerson	17	Quest Swimming	NT	10:59.48
12	Shaps, Katherine	15	Battlefiels Area Star Swimmers	NT	11:00.23
13	Perry, Sophie	16	YMCA of the Triangle Area	NT	11:01.70
14	Gallant, Emma	15	Tide Swimming	NT	11:03.13
15	Johnson, Sidney	14	Stingrays Swim Team	NT	11:13.08
16	Holt, Ann-Margaret	14	Lynchburg YMCA	NT	11:18.79
17	Ix, Sara	17	Quest Swimming	NT	11:20.00
18	Gentile, Morgan	17	YMCA of the Triangle Area	NT	11:22.21
19	Rancka, Hadley	14	SwimRVA	NT	11:22.77
20	Seward, Ella	14	SwimRVA	NT	11:24.44
21	Jones, Kyrsten	15	Tide Swimming	NT	11:24.92
22	Verbel, Georgia	15	Stingrays Swim Team	NT	11:25.87
23	Witthoefft, Charlotte	15	Quest Swimming	NT	11:26.45
24	Walker, Madison	14	SwimRVA	NT	11:28.82
25	Stuart, Winifred	15	YMCA of the Triangle Area	NT	11:32.68
26	Sheehan, Kate	15	The Fish	NT	11:34.60
27	Fickenscher, Elliot	16	Tide Swimming	NT	11:41.05
28	Palace, Kelly	62	Un-Fl	NT	11:43.19
29	Baker, Haley	13	SwimRVA	NT	11:43.22
30	Thesing, Holly	17	YMCA of the Triangle Area	NT	11:44.75
31	Mears, Annalise	16	SwimRVA	NT	11:47.65
32	Woolley, Jamison	17	Tide Swimming	NT	11:47.75
33	Durrette, Sierra	13	SwimRVA	NT	11:53.50

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 136 Men 13 & Over 1000 Yard Freestyle split from 1650

	Name	Age	Team	Seed Time	Finals Time
1	King, Brayden	16	Cavalier Aquatics - Piedmont Y	NT	9:32.99
2	Charlton, William	15	Cavalier Aquatics - Piedmont Y	NT	9:46.55
3	Sawyer, Bradley	15	Cavalier Aquatics - Piedmont Y	NT	9:55.43
4	Marshall, Connor	17	Cavalier Aquatics - Piedmont Y	NT	9:58.68
5	Guthrie, Hunter	15	The Fish	NT	9:59.11
6	Tungate, Benjamin	15	Cavalier Aquatics - Piedmont Y	NT	10:01.50
7	Jiminez, Patrick	15	The Fish	NT	10:06.90
8	Harris, Bennett	17	YMCA of the Triangle Area	NT	10:08.14
9	Clippinger, Jack	16	SwimRVA	NT	10:13.84
10	Bradley, Connor	15	Tide Swimming	NT	10:14.82
11	Sanchez, Luca	14	The Fish	NT	10:17.20
12	Stratton, Nicholas	15	Tide Swimming	NT	10:18.07
13	Hottle, Luke	14	Lynchburg YMCA	NT	10:19.64
14	Swartz, Tyler	17	Tide Swimming	NT	10:19.72
15	Rice, Hudson	14	Lynchburg YMCA	NT	10:24.48
16	Olson, Thomas	17	Cavalier Aquatics - Piedmont Y	NT	10:25.09
17	Kustowski, Brian	18	Tide Swimming	NT	10:29.78
18	Dilber, Sarp	14	The Fish	NT	10:30.70
19	Alexander, Charles	15	Cavalier Aquatics - Piedmont Y	NT	10:32.99
20	Woodruff, Graham	14	Lynchburg YMCA	NT	10:33.62
21	Suggs DeSorbo, Matthew	14	Cavalier Aquatics - Piedmont Y	NT	10:36.14
22	Flores, Ayden	17	Tide Swimming	NT	10:37.58
23	Parker, Austin	15	Stingrays Swim Team	NT	10:38.42
24	Smith, Henry	13	Cavalier Aquatics - Piedmont Y	NT	10:38.86
25	Weber, Josiah	14	SwimRVA	NT	10:41.70
26	White, Colton	16	Stingrays Swim Team	NT	10:47.08
27	Nelson, Broderick	13	Lynchburg YMCA	NT	10:47.96
28	Grinsell, Patrick	15	Quest Swimming	NT	10:50.46
29	Stowell, Ethan	16	Tide Swimming	NT	10:57.69
30	Young, Floyd	14	SwimRVA	NT	11:01.12
31	Irvine, Jackson	14	Quest Swimming	NT	11:23.53

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 224 Men 13 & Over 100 Yard Backstroke split E24H2L7

49.39 WJR USA-S Winter JRs
51.49 FUT USA-S Futures
53.89 YNAT YMCA SCY Nationals
55.59 VSR VSI SR Champs

	Name	Age	Team	Seed Time	Finals Time	
1	Hu, Charles	17	The Fish	NT	51.31	FUT

2023 Commonwealth Cup - 11/3/2023 to 11/5/2023

Results

Event 334 Men 13 & Over 100 Yard Freestyle split E34H2L4

Meet Record:	**48.66**	**!**	**11/6/2022**	**Daniel Gibbs**
	45.09	**WJR USA-S Winter JRs**		
	46.39	**FUT USA-S Futures**		
	48.19	**YNAT YMCA SCY Nationals**		
	49.49	**VSR VSI SR Champs**		

RAYS -VA

	Name	Age	Team	Seed Time	Finals Time
1	Hu, Charles	17	The Fish	NT	46.50 ! YNAT