



A FEW FUN FACTS ABOUT WATER POLO

- The average water polo player swims 1,600 meters in a game (28 minutes).
- Water polo is among one of the fastest growing high school sports in America. It ranks sixth for boys and fifth for girls according the National Federation of High Schools.
 - <http://www.nfhs.org/ParticipationStatics/ParticipationStatics.aspx/>
- Women's USA Water Polo has been the top 3 in Olympics since 2000.
- Athletes from the ages of 14 to 45 have competed in Olympic Water Polo so far.
- Blake Dunson was the first ever SwimRVA Water Polo player to get a scholarship to play in college. Hopefully the first of many!
- The first organized activity considered to be water polo can be traced back to 1877 in Scotland where swimming teacher William Wilson created rules for a game called "*aquatic football*." Today, he is generally credited as the founder of water polo.