



# SwimRVA Pool Schedule

## November 5th - November 11th

rev: 11-5-18

\*\*\* pool schedules are subject to change \*\*\*

	COMPETITION POOL		THERAPY POOL	INSTRUCTIONAL POOL		
	Hours	Lap Lanes		Hours	Lap Lanes	Family Swim
<b>MONDAY</b> November 5	6:00a-7:15a (50M) 7:15a-9:00a (50M) 9:00a-11:45a (25Y) 11:45a-1:00p (50M) 1:00p-2:00p 2:00a-3:45p (25Y) 3:45p-5:00p (25Y) <b>5:00p-7:00p (25y)</b> 7:00p-7:45p (25Y) 7:45p-8:30p (25Y) 8:30p-9:00p (25Y)	2 lanes 8 lanes 6 lanes 8 lanes <b>CLOSED</b> 21 lanes 6 lanes <b>0 lanes</b> 5 lanes 13 lanes 17 lanes	6:00a-7:30a open <b>7:30a-6:00p closed</b> 6:00p-9:00p open  *45 minute limit on treadmills	6:00a-7:00a 7:00a-9:30a 9:30a-11:30a 11:30a-1:00p 1:00p-3:15p <b>3:15p-3:45p</b> 3:45p-4:30p <b>4:30p-5:30p</b> 5:30p-6:00p <b>6:00p-7:00p</b> 7:00p-7:45p 7:45p-9:00p	<b>0 lanes</b> 2 lanes 2 lanes 2 lanes 2 lanes <b>closed</b> 2 lanes <b>closed</b> 2 lanes <b>closed</b> 2 lanes 2 lanes	limited <b>not avail</b> avail <b>not avail</b> avail <b>closed</b> avail <b>not avail</b> <b>closed</b> <b>not avail</b> <b>not avail</b> avail
<b>TUESDAY</b> November 6	6:00a-7:30a (25Y) 7:30a-9:00a (25Y) 9:00a-9:45a (25Y) 9:45p-12:00p (25Y) 12:00p-1:00p (25Y) 1:00p-1:30p (25Y) 1:30p-3:45p (25Y) 3:45p-5:00p (25Y) <b>5:00p-7:00p (25Y)</b> 7:00p-7:45p (25Y) 7:45p-9:00p (25Y)	15 lanes 21 lanes 17 lanes 21 lanes 13 lanes 19 lanes 21 lanes 6 lanes <b>0 lanes</b> 5 lanes 16 lanes	6:00a-7:30a open <b>7:30a-6:00p closed</b> 6:00p-9:00p open  *45 minute limit on treadmills	6:00a-7:00a 7:00a-9:30a 9:30a-12:30p 12:30p-1:00p 1:00p-3:15p <b>3:15p-3:45p</b> 3:45p-4:30p <b>4:30p-5:30p</b> 5:30p-6:00p <b>6:00p-7:00p</b> 7:00p-8:00p 8:00p-9:00p	2 lanes 2 lanes 2 lanes 2 lanes 2 lanes <b>closed</b> 1 lane <b>closed</b> 2 lanes <b>closed</b> 2 lanes 2 lanes	avail <b>not avail</b> avail <b>not avail</b> avail <b>closed</b> <b>not avail</b> <b>closed</b> <b>not avail</b> <b>not avail</b> avail
<b>WEDNESDAY</b> November 7	6:00a-7:15a (25Y) 7:15a-9:00a (25Y) 9:00a-11:45a (25Y) 11:45a-3:45p (25Y) 3:45p-5:00p (25Y) 5:00p-6:00p (25Y) <b>5:00p-7:15p (25y)</b> 7:15p-7:45p (25Y) 7:45p-8:30p (25Y) 8:30p-9:00p (25Y)	8 lanes 21 lanes 19 lanes 21 lanes 6 lanes 5 lanes <b>0 lanes</b> 5 lanes 13 lanes 17 lanes	6:00a-7:30a open <b>7:30a-6:00p closed</b> 6:00p-9:00p open  *45 minute limit on treadmills	6:00a-7:00a 7:00a-9:30a 9:30a-10:15a 10:15a-1:30p 1:30p-3:15p <b>3:15p-3:45p</b> 3:45p-4:30p <b>4:30p-5:30p</b> 5:30p-6:00p <b>6:00p-7:00p</b> 7:00p-7:45p 7:45p-9:00p	<b>0 lanes</b> 2 lanes 2 lanes 2 lanes 2 lanes <b>closed</b> 2 lanes <b>closed</b> 2 lanes <b>closed</b> 2 lanes 2 lanes	limited <b>not avail</b> avail <b>not avail</b> avail <b>closed</b> avail <b>closed</b> <b>not avail</b> <b>closed</b> <b>not avail</b> avail



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	COMPETITION POOL		THERAPY POOL	INSTRUCTIONAL POOL		
	Hours	Lap Lanes		Hours	Lap Lanes	Family Swim
<b>THURSDAY</b> November 8	6:00a-7:30a (25Y) 7:30a-9:00a (25Y) 9:00a-10:30a (25Y) 10:30a-12:00p (25Y) 12:00p-1:00p (25Y) 1:00p-1:30p (25Y) 1:30p-3:45p (25Y) 3:45p-5:00p (25Y) 5:00p-6:00p (25y) 6:00p-7:00p (25Y) 7:00p-7:45p (25Y) 7:45p-9:00p (25Y)	15 lanes 21 lanes 17 lanes 21 lanes 13 lanes 19 lanes 21 lanes 6 lanes 10 lanes 5 lanes 6 lanes 17 lanes	6:00a-9:00p open  *45 minute limit on treadmills	6:00a-7:00a 7:00a-9:30p 9:30a-12:30p 12:30p-1:00p 1:00p-3:15p <b>3:15p-3:45p</b> 3:45p-4:30p <b>4:30p-5:30p</b> 5:30p-6:00p <b>6:00p-7:00p</b> 7:00p-8:00p 8:00p-9:00p	2 lanes 2 lanes 2 lanes 2 lanes 2 lanes <b>closed</b> 1 lane <b>closed</b> 2 lanes <b>closed</b> 2 lanes 2 lanes	avail <b>not avail</b> avail <b>not avail</b> avail <b>not avail</b> <b>not avail</b> <b>not avail</b> <b>not avail</b> avail
<b>FRIDAY</b> November 9	6:00a-7:15a (25Y) 7:15a-10:00a (25Y) 10:00a-11:45a (25Y) 11:45a-3:45p (25Y) 3:45p-5:00p (25Y) 5:00p-8:00p (25Y)	8 lanes 21 lanes 19 lanes 21 lanes 6 lanes 10 lanes	6:00a-7:30a open <b>7:30a-4:00p closed</b>  *45 minute limit on treadmills	6:00a-7:00a 7:00a-9:30a 9:30a-8:00p	<b>0 lanes</b> 2 lanes 2 lanes	limited <b>not avail</b> avail
<b>SATURDAY</b> November 10	10:00a-5:00p	<b>0 lanes</b>	12:00p-5:00p open	12:00p-5:00p	2 lanes	Avail
	<b>WAC SWIM MEET</b>					
<b>SUNDAY</b> November 11	12:00p-5:00p	<b>0 lanes</b>	12:00p-5:00p open	12:00p-5:00p	2 lanes	Avail
	<b>WAC SWIM MEET</b>					