



SwimRVA Pool Schedule

September 17th - September 23rd

rev: 9-1-18

*** pool schedules are subject to change ***

	COMPETITION POOL		THERAPY POOL	INSTRUCTIONAL POOL		
	Hours	Lap Lanes		Hours	Lap Lanes	Family Swim
MONDAY September 17	6:00a-7:15a (50M) 7:15a-9:00a (50M) 9:00a-11:45a (50M) 11:45a-1:00p (50M) 1:00p-2:00p (25Y) 2:00p-3:45p (25Y) 3:45p-5:00p (25Y) 5:00p-7:00p (25y) 7:00p-8:00p (25y) 8:00p-8:30p (25y) 8:30p-9:00p (25y)	4 lanes 8 lanes 6 lanes 8 lanes 0 lanes 21 lanes 10 lanes 0 lanes 5 lanes 16 lanes 21 lanes	6:00a-7:30a open 7:30a-6:00p closed 6:00p-9:00p open *45 minute limit on treadmills	6:00a-7:00a 7:00a-9:30a 9:30a-11:30a 11:30a-1:00p 1:00p-3:15p 3:15p-3:45p 3:45p-4:30p 4:30p-5:30p 5:30p-6:00p 6:00p-7:00p 7:00p-7:45p 7:45p-9:00p	0 lanes 2 lanes 2 lanes 2 lanes 2 lanes closed 2 lanes closed 2 lanes closed 2 lanes 2 lanes	limited not avail avail not avail avail closed avail not avail closed not avail not avail avail
TUESDAY September 18	6:00a-7:30a (25Y) 7:30a-9:00a (25Y) 9:00a-9:45a (25Y) 9:45p-12:00p (25Y) 12:00p-1:00p (25Y) 1:00p-1:30p (25Y) 1:30p-3:45p (25Y) 3:45p-5:00p (25Y) 5:00p-7:00p (25y) 7:00p-8:00p (25y) 8:00p-8:30p (25y) 8:30p-9:00p (25y)	18 lanes 21 lanes 18 lanes 21 lanes 13 lanes 19 lanes 21 lanes 10 lanes 0 lanes 5 lanes 16 lanes 21 lanes	6:00a-7:30a open 7:30a-6:00p closed 6:00p-9:00p open *45 minute limit on treadmills	6:00a-7:00a 7:00a-9:30a 9:30a-12:30p 12:30p-1:00p 1:00p-3:15p 3:15p-3:45p 3:45p-4:30p 4:30p-5:30p 5:30p-6:00p 6:00p-7:00p 7:00p-8:00p 8:00p-9:00p	2 lanes 2 lanes 2 lanes 2 lanes 2 lanes closed 1 lane closed 2 lanes closed 2 lanes 2 lanes	avail not avail avail not avail avail closed not avail closed not avail not avail avail
WEDNESDAY September 19	6:00a-7:15a (50m) 7:15a-9:00a (50m) 9:00a-11:45a (50m) 11:45a-1:00p (50m) 1:00p-2:00p 2:00p-3:45p (25Y) 3:45p-5:00p (25Y) 5:00p-7:00p (25y) 7:00p-8:00p (25y) 8:00p-8:30p (25y) 8:30p-9:00p (25y)	0 lanes 8 lanes 6 lanes 8 lanes 0 lanes 21 lanes 10 lanes 0 lanes 5 lanes 16 lanes 21 lanes	6:00a-7:30a open 7:30a-6:00p closed 6:00p-9:00p open	6:00a-7:00a 7:00a-9:30a 9:30a-12:45p 12:45p-1:30p 1:30p-3:15p 3:15p-3:45p 3:45p-4:30p 4:30p-5:30p 5:30p-6:00p 6:00p-7:00p 7:00p-7:45p 7:45p-9:00p	0 lanes 2 lanes 2 lanes 2 lanes 2 lanes closed 2 lanes closed 2 lanes closed 2 lanes 2 lanes	limited not avail avail not avail avail closed avail closed not avail closed not avail avail



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	COMPETITION POOL		THERAPY POOL	INSTRUCTIONAL POOL		
	Hours	Lap Lanes		Hours	Lap Lanes	Family Swim
THURSDAY September 20	6:00a-7:30a (25Y) 7:30a-9:00a (25Y) 9:00a-10:30a (25Y) 10:30a-12:00p (25Y) 12:00p-1:00p (25Y) 1:00p-1:30p (25Y) 1:30p-3:45p (25Y) 3:45p-5:00p (25Y) 5:00p-7:00p (25y) 7:00p-8:00p (25y) 8:00p-8:30p (25y) 8:30p-9:00p (25y)	18 lanes 21 lanes 18 lanes 21 lanes 13 lanes 19 lanes 21 lanes 10 lanes 0 lanes 5 lanes 16 lanes 21 lanes	6:00a-9:00p open *45 minute limit on treadmills	6:00a-7:00a 7:00a-9:30p 9:30a-12:30p 12:30p-1:00p 1:00p-3:15p 3:15p-3:45p 3:45p-4:30p 4:30p-5:30p 5:30p-6:00p 6:00p-7:00p 7:00p-8:00p 8:00p-9:00p	2 lanes 2 lanes 2 lanes 2 lanes 2 lanes closed 1 lane closed 2 lanes closed 2 lanes 2 lanes	avail not avail avail not avail avail closed not avail closed not avail not avail avail
FRIDAY September 21	6:00a-7:15a (50m) 7:15a-10:00a (50M) 10:00a-11:45a (50M) 11:45a-1:00p (50M) 1:00p-2:00p 2:00p-3:45p (25Y) 3:45-8:00p (25Y)	0 lanes 8 lanes 6 lanes 8 lanes 0 lanes 21 lanes 9 lanes	6:00a-7:30a open 7:30a-4:00p closed 4:00p-8:00p open *45 minute limit on treadmills	6:00a-7:00a 7:00a-9:30a 9:30a-8:00p	0 lanes 2 lanes 2 lanes	limited not avail avail
SATURDAY September 22	10:00a-1:30p (50m) 1:30p-5:00p (50m)	4 lanes 8 lanes	10:00p-5:00p open	10:00a-3:00p	2 lanes	avail
SUNDAY September 23	12:00p-5:00p (50m)	8 lanes	12:00p-5:00p open	12:00p-5:00p	2 lanes	avail