



SwimRVA Pool Schedule

July 16th - July 22nd

rev. 6-14-18

*** pool schedules are subject to change ***

	COMPETITION POOL		THERAPY POOL	INSTRUCTIONAL POOL		
	Hours	Lap Lanes		Hours	Lap Lanes	Family Swim
MONDAY July 16	6:00a-7:15a (50M) 7:15a-9:00a (50M) 9:00a-10:45a (50M) 10:45a-11:45p (50M) 11:45p-1:00p (50M) 1:00p-2:00p (25Y) 2:00p-3:45p (25Y) 3:45p-4:45p (25Y) 4:45p-6:00p (25Y) 6:00p-7:15p (25Y) 7:15p-8:30p (25y) 8:30p-9:00p (25y)	4 lanes 8 lanes 6 lanes 2 lanes 4 lanes 0 lanes 21 lanes 17 lanes 21 lanes 8 lanes 17 lanes 21 lanes	6:00a-7:30a open 7:30a-6:00p closed 6:00p-9:00p open *45 minute limit on treadmills	6:00a-7:00a 7:00a-3:15p 3:15p-3:45p 3:45p-4:30p 4:30p-5:30p 5:30p-6:00p 6:00p-7:00p 7:00p-7:45p 7:45p-9:00p	0 lanes 2 lanes closed 2 lanes closed 2 lanes closed 2 lanes 2 lanes	limited not avail closed avail closed not avail not avail avail
TUESDAY July 17	6:00a-7:30a (25Y) 7:30a-9:00a (25Y) 9:00a-9:45a (25Y) 9:45p-12:00p (25Y) 12:00p-1:00p (25Y) 1:00p-1:30p (25Y) 1:30p-3:45p (25Y) 3:45p-4:45p (25Y) 4:45p-6:00p (25y) 6:00p-7:00p (25y) 7:00p-8:30p (25y) 8:30p-9:00p (25y)	18 lanes 21 lanes 18 lanes 21 lanes 13 lanes 19 lanes 21 lanes 17 lanes 21 lanes 15 lanes 17 lanes 21 lanes	6:00a-7:30a open 7:30a-6:00p closed 6:00p-9:00p open *45 minute limit on treadmills	6:00a-7:00a 7:00a-3:15p 3:15p-3:45p 3:45p-4:30p 4:30p-5:30p 5:30p-6:00p 6:00p-7:00p 7:00p-8:00p 8:00p-9:00p	2 lanes 2 lanes closed 1 lane closed 2 lanes closed 2 lanes 2 lanes	avail not avail closed not avail closed not avail not avail avail
WEDNESDAY July 18	6:00a-7:15a (50m) 7:15a-9:45a (50m) 9:45a-10:45a (50m) 10:45a-11:45a (50m) 11:45a-1:00p (50m) 1:00p-2:00p 2:00p-3:45p (25y) 3:45p-4:45p (25y) 4:45p-6:00p (25y) 6:00p-7:15p (25y) 7:15p-8:30p (25y) 8:30p-9:00p (25y)	4 lanes 6 lanes 3 lanes 6 lanes 8 lanes 0 lanes 21 lanes 17 lanes 21 lanes 8 lanes 17 lanes 21 lanes	6:00a-7:30a open 7:30a-6:00p closed 6:00p-9:00p open	6:00a-7:00a 7:00a-3:15p 3:15p-3:45p 3:45p-4:30p 4:30p-5:30p 5:30p-6:00p 6:00p-7:00p 7:00p-7:45p 7:45p-9:00p	0 lanes 2 lanes closed 2 lanes closed 2 lanes closed 2 lanes 2 lanes	limited not avail closed avail closed not avail closed not avail avail



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	COMPETITION POOL		THERAPY POOL	INSTRUCTIONAL POOL		
	Hours	Lap Lanes		Hours	Lap Lanes	Family Swim
THURSDAY July 19	6:00a-7:30a (25Y) 7:30a-9:00a (25Y) 9:00a-10:30a (25Y) 10:30a-12:00p (25Y) 12:00p-1:00p (25Y) 1:00p-1:30p (25Y) 1:30p-3:45p (25Y) 3:45p-4:45p (25Y) 4:45p-6:00p (25Y) 6:00p-7:00p (25Y) 7:00p-8:30p (25Y) 8:30p-9:00p (25Y)	18 lanes 21 lanes 18 lanes 21 lanes 13 lanes 19 lanes 21 lanes 17 lanes 21 lanes 15 lanes 17 lanes 21 lanes	6:00a-9:00p open *45 minute limit on treadmills	6:00a-7:00a 7:00a-3:15p 3:15p-3:45p 3:45p-4:30p 4:30p-5:30p 5:30p-6:00p 6:00p-7:00p 7:00p-8:00p 8:00p-9:00p	2 lanes 2 lanes closed 1 lane closed 2 lanes closed 2 lanes 2 lanes	avail not avail closed not avail not avail closed not avail avail
FRIDAY July 20	6:00a-7:15a (50M) 7:15a-10:00a (50M) 10:00a-11:45a (50M) 11:45a-5:45p (50M) 5:45p-7:00p (50M) 7:00-8:00p (50M)	4 lanes 8 lanes 6 lanes 8 lanes 6 lanes 8 lanes	6:00a-7:30a open 7:30a-4:00p closed 4:00p-8:00p open *45 minute limit on treadmills	6:00a-7:00a 7:00a-12:15p 12:15p-1:00p 1:00p-3:30p 3:30p-8:00p	0 lanes 2 lanes 2 lanes 2 lanes 2 lanes	limited not avail avail not avail avail
SATURDAY July 21	10:00a-5:00p (25y)	10 lanes	11:00p-5:00p open	10:00a-5:00p	2 lanes	avail
SUNDAY July 22	12:00p-5:00p (25y)	10 lanes	12:00p-5:00p open	12:00p-5:00p	2 lanes	avail