



# SwimRVA Pool Schedule

## March 19 - March 25, 2018

rev. 3-21-18

\*\*\* pool schedules are subject to change \*\*\*

	COMPETITION POOL		THERAPY POOL	INSTRUCTIONAL POOL		
	Hours	Lap Lanes		Hours	Lap Lanes	Family Swim
<b>MONDAY</b> March 19	6:00a-7:15a (50M) 7:15a-9:00a (50M) 9:00a-11:45a (50M) 11:45a-1:00p (50M) <b>1:00p-2:00p</b> 2:00p-3:45p (25Y) 3:45p-4:45p (25Y) 4:45p-6:00p (25Y) 6:00p-7:15p (25Y) 7:15p-8:30p (25Y) 8:30p-9:00p (25Y)	4 lanes 8 lanes 6 lanes 8 lanes <b>0 lanes</b> 21 lanes 17 lanes 21 lanes 8 lanes 17 lanes 21 lanes	6:00a-7:30a open <b>7:30a-6:00p closed</b> 6:00p-9:00p open  *45 minute limit on treadmills	6:00a-7:00a 7:00a-9:30a 9:30a-10:00a 10:00a-1:00p 1:00p-3:15p <b>3:15p-3:45p</b> 3:45p-4:30p <b>4:30p-5:30p</b> 5:30p-6:00p <b>6:00p-7:00p</b> 7:00p-7:45p 7:45p-9:00p	<b>0 lanes</b> 2 lanes 2 lanes 2 lanes 2 lanes <b>closed</b> 2 lanes <b>closed</b> 2 lanes <b>closed</b> 2 lanes 2 lanes	avail <b>not avail</b> avail <b>not avail</b> avail <b>closed</b> avail <b>closed</b> <b>not avail</b> <b>closed</b> <b>not avail</b> avail
<b>TUESDAY</b> March 20	6:00a-7:30a (25Y) 7:30a-9:00a (25Y) 9:00a-9:45a (25Y) 9:45a-1:00p (25Y) 1:00p-1:30p (25Y) 1:30p-3:45p (25Y) 3:45p-4:45p (25Y) 4:45p-6:00p (25Y) 6:00p-7:00p (25Y) 7:00p-8:30p (25Y) 8:30p-9:00p (25Y)	18 lanes 21 lanes 18 lanes 21 lanes 18 lanes 21 lanes 17 lanes 21 lanes 15 lanes 17 lanes 21 lanes	6:00a-8:00a open <b>8:00a-6:00p closed</b> 6:00p-9:00p open  *45 minute limit on treadmills	6:00a-7:00a 7:00a-9:30a 9:30a-12:30p <b>12:30p-1:30p</b> 1:30p-3:15p <b>3:15p-3:45p</b> 3:45p-4:30p <b>4:30p-5:30p</b> 5:30p-6:00p <b>6:00p-7:00p</b> 7:00p-8:00p 8:00p-9:00p	2 lanes 2 lanes 2 lanes <b>closed</b> 2 lanes <b>closed</b> 1 lane <b>closed</b> 2 lanes <b>closed</b> 2 lanes 2 lanes	avail <b>not avail</b> avail <b>closed</b> avail <b>closed</b> <b>not avail</b> <b>closed</b> <b>not avail</b> <b>closed</b> <b>not avail</b> avail
<b>WEDNESDAY</b> March 21	6:00a-7:15a (50M) 7:15a-9:00a (50M) 9:00a-11:45a (50M) 11:45a-1:00p (50M) <b>1:00p-2:00p</b> 2:00p-3:45p (25Y) 3:45p-4:45p (25Y) 4:45p-6:00p (25Y) 6:00p-7:15p (25Y) 7:15p-8:30p (25Y) 8:30p-9:00p (25Y)	4 lanes 8 lanes 6 lanes 8 lanes <b>0 lanes</b> 21 lanes 17 lanes 21 lanes 8 lanes 17 lanes 21 lanes	6:00a-7:30a open <b>7:30a-6:00p closed</b> 6:00p-9:00p open  *45 minute limit on treadmills	6:00a-7:00a 7:00a-12:30p <b>12:30p-1:30p</b> 1:30p-3:15p <b>3:15p-3:45p</b> 3:45p-4:30p <b>4:30p-5:30p</b> 5:30p-6:00p <b>6:00p-7:00p</b> 7:00p-7:45p 7:45p-9:00p	<b>0 lanes</b> 2 lanes <b>closed</b> 2 lanes <b>closed</b> 2 lanes <b>closed</b> 2 lanes <b>closed</b> 2 lanes 2 lanes	avail <b>not avail</b> <b>closed</b> avail <b>closed</b> <b>not avail</b> <b>closed</b> <b>not avail</b> <b>closed</b> <b>not avail</b> avail





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	COMPETITION POOL		THERAPY POOL	INSTRUCTIONAL POOL		
	Hours	Lap Lanes		Hours	Lap Lanes	Family Swim
<b>THURSDAY</b> <b>March 22</b>	6:00a-7:30a (25Y) 7:30a-9:00a (25Y) 9:00a-10:30a (25Y) 10:30a-1:00p (25Y) 1:00p-1:30p (25Y) 1:30p-3:45p (25Y) 3:45p-4:45p (25Y) 4:45p-6:00p (25Y) 6:00p-7:00p (25Y) 7:00p-8:30p (25Y) 8:30p-9:00p (25Y)	18 lanes 21 lanes 18 lanes 21 lanes 18 lanes 21 lanes 17 lanes 21 lanes 15 lanes 17 lanes 21 lanes	6:00a-1:00p open <b>1:00p-4:00p closed</b> 4:00p-9:00p open  *45 minute limit on treadmills	6:00a-7:00a 7:00a-9:30a 9:30a-12:30p <b>12:30p-1:30p</b> 1:30p-3:15p <b>3:15p-3:45p</b> 3:45p-4:30p <b>4:30p-5:30p</b> 5:30p-6:00p <b>6:00p-7:00p</b> 7:00p-8:00p 8:00p-9:00p	2 lanes 2 lanes 2 lanes <b>closed</b> 2 lanes <b>closed</b> 1 lane <b>closed</b> 2 lanes <b>closed</b> 2 lanes 2 lanes	avail <b>not avail</b> avail <b>closed</b> avail <b>not avail</b> <b>closed</b> <b>not avail</b> <b>not avail</b> avail
<b>FRIDAY</b> <b>March 23</b>	6:00a-7:15a (50M) 7:15a-10:00a (50M) 10:00a-11:45a (50M) 11:45a-1:00p (50M) <b>1:00p-2:00p</b> 2:00p-5:45p (25Y) 5:45p-7:00p (25Y) 7:00p-8:00p (25Y)	4 lanes 8 lanes 6 lanes 8 lanes <b>0 lanes</b> 21 lanes 19 lanes 21 lanes	6:00a-7:30a open <b>7:30a-4:00p closed</b> 4:00p-8:00p open  *45 minute limit on treadmills	6:00a-7:00a 7:00a-9:30a 9:30a-8:00p	<b>0 lanes</b> 2 lanes 2 lanes	avail <b>not avail</b> avail
<b>SATURDAY</b> <b>March 24</b>	 <b>Closed for the YMCA Spring Champs</b>					
<b>SUNDAY</b> <b>March 25</b>	12:00p-5:00p (25Y)  <b>SwimRVA Water Polo Tournament</b>	2 lanes	12:00p-5:00p open  *45 minute limit on treadmills	12:00p-4:00p <b>4:00p-5:00p</b>	2 lanes <b>closed</b>	avail