



SwimRVA Pool Schedule

July 10 - July 16, 2017

*** pool schedules are subject to change ***

	COMPETITION POOL		THERAPY POOL	INSTRUCTIONAL POOL		
	Hours	Lap Lanes		Hours	Lap Lanes	Family Swim
MONDAY July 10	6:00a-7:15a (50M) 7:15a-9:00a (50M) 9:00a-10:00a (50M) 10:00a-12:00p (50M) 12:00p-1:00p (50M) 1:00p-2:00p 2:00p-3:45p (25Y) 3:45p-6:00p (25Y) 6:00p-7:00p (25Y) 7:00p-8:30p (25Y) 8:30p-9:00p (25Y)	0 lanes 4 lanes 2 lanes 6 lanes 8 lanes 0 lanes 11 lanes 8 lanes 1 lanes 7 lanes 11 lanes	6:00a-7:30a open 7:30a-6:00p closed 6:00p-9:00p open *45 minute limit on treadmills	6:00a-7:00a 7:00a-3:30p 3:30p-5:00p 5:00p-6:00p 6:00p-7:00p 7:00p-9:00p	2 lanes 2 lanes 2 lanes 2 lanes closed 2 lanes	avail not avail avail not avail closed avail
TUESDAY July 11	6:00a-7:30a (25Y) 7:30a-9:00a (25Y) 9:00a-10:00p (25Y) 10:00a-12:30p (25Y) 12:30p-3:45p (25Y) 3:45p-6:00p (25Y) 6:00p-7:00p (25Y) 7:00p-8:30p (25Y) 8:30p-9:00p (25Y)	8 lanes 11 lanes 8 lanes 11 lanes 8 lanes 7 lanes 5 lanes 7 lanes 11 lanes	6:00a-8:00a open 8:00a-2:00p closed 2:00p-9:00p open *45 minute limit on treadmills	6:00a-7:00a 7:00a-12:45p 12:45p-4:30p 4:30p-5:30p 5:30p-6:00p 6:00p-7:00p 7:00p-7:30p 7:30p-9:00p	2 lanes 2 lanes 1 lanes closed 2 lane closed 2 lanes closed	avail not avail not avail closed not avail not avail closed
WEDNESDAY July 12	6:00a-7:15a (50M) 7:15a-9:00a (50M) 9:00a-10:00a (50M) 10:00a-11:45a (50M) 11:45a-1:00p (50M) 1:00p-2:00p 2:00p-6:00p (25Y) 6:00p-7:15p (25Y) 7:15p-8:30p (25Y) 8:30p-9:00p (25Y)	0 lanes 2 lanes 0 lanes 6 lanes 8 lanes 0 lanes 7 lanes 1 lanes 7 lanes 11 lanes	6:00a-7:30a open 7:30a-6:00p closed 6:00p-9:00p open *45 minute limit on treadmills	6:00a-7:00a 7:00a-12:00p 12:00p-12:45p 12:45p-4:30p 4:30p-5:00p 5:00p-6:00p 6:00p-7:00p 7:00p-7:45p 7:45p-9:00p	2 lanes 2 lanes 2 lanes 1 lanes 2 lanes 2 lanes closed 2 lanes 2 lanes	avail not avail avail not avail avail not avail closed not avail avail





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	COMPETITION POOL		THERAPY POOL	INSTRUCTIONAL POOL		
	Hours	Lap Lanes		Hours	Lap Lanes	Family Swim
THURSDAY July 13	6:00a-7:30a (25Y) 7:30a-9:00a (25Y) 9:00a-10:30p (25Y) 10:30p-12:30p (25Y) 12:30p-2:00p (25Y) 2:00p-3:45p (25Y) 3:45p-6:00p (25Y) 6:00p-7:00p (25Y) 7:00p-8:30p (25Y) 8:30p-9:00p (25Y)	8 lanes 11 lanes 9 lanes 11 lanes 8 lanes 11 lanes 7 lanes 5 lanes 7 lanes 11 lanes	6:00a-1:30p open 1:30p-2:30p closed 2:30p-9:00p open *45 minute limit on treadmills	6:00a-7:00a 7:00a-12:00p 12:00p-12:30p 12:30p-2:30p 2:30p-3:45p 3:45p-4:30p 4:30p-5:30p 5:30p-6:00p 6:00p-7:00p 7:00p-8:00p 8:00p-9:00p	2 lanes 2 lanes 2 lanes closed 2 lanes 1 lanes closed 2 lane closed 2 lanes 2 lanes	avail not avail avail closed not avail not avail closed not avail not avail avail
FRIDAY July 14	6:00a-7:15a (50M) 7:15a-10:00a (50M) 10:00a-11:45a (50M) 11:45a-2:45p (50M) 2:45p-8:00p (50M)	0 lanes 4 lanes 6 lanes 8 lanes 3 lanes	6:00a-7:30a open 7:30a-8:00p closed maintenance on Friday evenings	6:00a-7:00a 7:00a-3:30a 3:30p-8:00p	2 lanes 2 lanes 2 lanes	avail not avail avail
SATURDAY July 15	12:00p-5:00p (50M)	8 lanes	12:00p-5:00p open *45 minute limit on treadmills	12:00p-5:00p	2 lanes	avail
SUNDAY July 16	12:00p-5:00p (50M)	8 lanes	12:00p-5:00p open *45 minute limit on treadmills	12:00p-5:00p	2 lanes	avail