



SwimRVA Pool Schedule

April 17 - April 23, 2017

*** pool schedules are subject to change ***

	COMPETITION POOL		THERAPY POOL	INSTRUCTIONAL POOL		
	Hours	Lap Lanes		Hours	Lap Lanes	Family Swim
MONDAY April 17	6:00a-6:30a (50M) 6:30a-7:15a (50M) 7:15a-9:00a (50M) 9:00a-12:00p (50M) 12:00p-1:00p (50M) 1:00p-2:00p 2:00p-3:45p (25Y) 3:45p-6:00p (25Y) 6:00p-7:00p (25Y) 7:00p-8:30p (25Y) 8:30p-9:00p (25Y)	0 lanes 4 lanes 8 lanes 6 lanes 8 lanes 0 lanes 11 lanes 8 lanes 1 lanes 7 lanes 11 lanes	6:00a-7:30a open 7:30a-6:00p closed 6:00p-9:00p open *45 minute limit on treadmills	6:00a-7:00a 7:00a-9:30a 9:30a-10:00a 10:00a-12:30p 12:30p-5:30p 5:30p-6:00p 6:00p-7:00p 7:00p-7:45p 7:45p-9:00p	2 lanes 2 lanes 2 lanes 2 lanes 2 lanes 2 lanes closed 2 lanes 2 lanes	avail not avail avail not avail avail not avail closed not avail avail
TUESDAY April 18	6:00a-7:30a (25Y) 7:30a-9:00a (25Y) 9:00a-10:00p (25Y) 10:00a-1:00p (25Y) 1:00p-1:30p (25Y) 1:30p-3:45p (25Y) 3:45p-6:00p (25Y) 6:00p-7:00p (25Y) 7:00p-8:30p (25Y) 8:30p-9:00p (25Y)	8 lanes 11 lanes 8 lanes 11 lanes 8 lanes 11 lanes 8 lanes 5 lanes 7 lanes 11 lanes	6:00a-8:00a open 8:00a-2:00p closed 2:00p-9:00p open *45 minute limit on treadmills	6:00a-7:00a 7:00a-9:30a 9:30a-10:00p 10:00p-1:30p 1:30p-3:15p 3:15p-4:00p 4:00p-6:00p 6:00p-7:00p 7:00p-8:00p 8:00p-9:00p	2 lanes 2 lanes 2 lanes 2 lane 2 lanes 1 lanes 2 lane closed 2 lanes 2 lanes	avail not avail avail not avail avail not avail not avail closed not avail avail
WEDNESDAY April 19	6:00a-6:30a (50M) 6:30a-7:15a (50M) 7:15a-9:00a (50M) 9:00a-11:45a (50M) 11:45a-1:00p (50M) 1:00p-2:00p 2:00p-3:45p (25Y) 3:45p-6:00p (25Y) 6:00p-7:15p (25Y) 7:15p-8:30p (25Y) 8:30p-9:00p (25Y)	0 lanes 4 lanes 8 lanes 6 lanes 8 lanes 0 lanes 11 lanes 8 lanes 1 lanes 7 lanes 11 lanes	6:00a-7:30a open 7:30a-6:00p closed 6:00p-9:00p open *45 minute limit on treadmills	6:00a-7:00a 7:00a-9:30a 9:30a-10:00a 10:00a-1:30p 1:30p-5:30p 5:30p-6:00p 6:00p-9:00p	2 lanes 2 lanes 2 lanes 2 lanes 2 lanes 2 lanes closed	avail not avail avail not avail avail not avail closed






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	COMPETITION POOL		THERAPY POOL	INSTRUCTIONAL POOL		
	Hours	Lap Lanes		Hours	Lap Lanes	Family Swim
THURSDAY April 20	6:00a-7:30a (25Y) 7:30a-9:00a (25Y) 9:00a-10:30p (25Y) 10:00p-1:00p (25Y) 1:00p-1:30p (25Y) 1:30p-3:45p (25Y) 3:45p-6:00p (25Y) 6:00p-7:00p (25Y) 7:00p-8:30p (25Y) 8:30p-9:00p (25Y)	8 lanes 11 lanes 9 lanes 11 lanes 8 lanes 11 lanes 8 lanes 5 lanes 7 lanes 11 lanes	6:00a-1:30p open 1:30p-2:30p closed 2:30p-9:00p open *45 minute limit on treadmills	6:00a-7:00a 7:00a-9:30a 9:30a-10:00a 10:00a-1:30p 1:30p-2:30p 2:30p-3:15p 3:15p-4:00p 4:00p-6:00p 6:00p-7:00p 7:00p-8:00p 8:00p-9:00p	2 lanes 2 lanes 2 lanes 2 lanes closed 2 lanes 1 lanes 2 lanes closed 2 lanes 2 lanes	avail not avail avail not avail not avail not avail not avail avail
FRIDAY April 21	6:00a-6:30a (50M) 6:30a-7:15a (50M) 7:15a-10:00a (50M) 10:00a-11:45a (50M) 11:45a-2:45p (50M) 2:45p-8:00p (50M)	0 lanes 4 lanes 8 lanes 6 lanes 8 lanes 3 lanes	6:00a-7:30a open 7:30a-8:00p closed *45 minute limit on treadmills maintenance on Friday evenings	6:00a-7:00a 7:00a-9:30a 9:30a-10:00a 10:00a-12:30a 12:30p-8:00p	2 lanes 2 lanes 2 lanes 2 lanes 2 lanes	avail not avail avail not avail avail
SATURDAY April 22	12:00p-5:00p (25Y)	11 lanes	12:00p-5:00p open *45 minute limit on treadmills	12:00p-5:00p	2 lanes	avail
SUNDAY April 23	 Closed for Special Olympics Regional Meet					